



Mistrzostwa Polski Juniorów młodszych 14 w pływaniu  
Olsztyn, 5- - 7-7-2019

Konkurencja 11  
2019-07-05 - 18:45

Dziewcz t, 400m zmienny

14 lat  
Wyniki Finał

Rekod Polski Open	4:36.95	BARANOWSKA Katarzyna	POL	Beijing (CHN)	2008-08-09
Rekod Polski 14	4:52.05	KNOP Aleksandra	POL	Lublin	2017-05-19

Punkty: FINA 2019

Pozycja	Rok ur.								Czas	Pkt.	
<b>Finał A</b>											
1. SZALAST Karolina	05	UKS Tri-Team Rumia							<b>5:13.95</b>	610	
50m:	33.95	33.95	150m:	1:53.52	41.15	250m:	3:18.65	45.14	350m:	4:40.40	36.57
100m:	1:12.37	38.42	200m:	2:33.51	39.99	300m:	4:03.83	45.18	400m:	5:13.95	33.55
2. LUBI SKA Alicja	05	UKP UNIA O WI CIM							<b>5:14.42</b>	607	
50m:	32.01	32.01	150m:	1:49.54	40.20	250m:	3:13.13	43.84	350m:	4:37.15	39.26
100m:	1:09.34	37.33	200m:	2:29.29	39.75	300m:	3:57.89	44.76	400m:	5:14.42	37.27
3. AMILKIEWICZ Aleksandra	05	KS OLIMPIA Lublin							<b>5:14.90</b>	605	
50m:	33.24	33.24	150m:	1:53.52	41.79	250m:	3:19.18	44.72	350m:	4:39.84	36.33
100m:	1:11.73	38.49	200m:	2:34.46	40.94	300m:	4:03.51	44.33	400m:	5:14.90	35.06
4. SŁABOSZ Emilia	05	MOSM Tychy							<b>5:15.34</b>	602	
50m:	33.18	33.18	150m:	1:52.81	40.37	250m:	3:18.16	46.38	350m:	4:41.34	34.90
100m:	1:12.44	39.26	200m:	2:31.78	38.97	300m:	4:06.44	48.28	400m:	5:15.34	34.00
5. TŁOCZEK Wiktoria	05	MKS Znicz Koszalin							<b>5:16.31</b>	597	
50m:	32.60	32.60	150m:	1:54.00	41.49	250m:	3:17.62	43.02	350m:	4:40.00	38.63
100m:	1:12.51	39.91	200m:	2:34.60	40.60	300m:	4:01.37	43.75	400m:	5:16.31	36.31
6. URBA SKA Patrycja	05	MKS Jedyńka Łód							<b>5:19.81</b>	577	
50m:	33.65	33.65	150m:	1:53.72	40.37	250m:	3:19.70	45.76	350m:	4:44.04	36.82
100m:	1:13.35	39.70	200m:	2:33.94	40.22	300m:	4:07.22	47.52	400m:	5:19.81	35.77
7. S DŁAK Alicja	05	MUKS "Pi tnaśka"							<b>5:25.93</b>	545	
50m:	33.54	33.54	150m:	1:57.68	43.70	250m:	3:24.96	44.54	350m:	4:50.38	39.14
100m:	1:13.98	40.44	200m:	2:40.42	42.74	300m:	4:11.24	46.28	400m:	5:25.93	35.55
8. JAKUBIK Julia	05	UKP UNIA O WI CIM							<b>5:26.88</b>	541	
50m:	34.03	34.03	150m:	1:59.50	44.44	250m:	3:25.96	45.62	350m:	4:51.25	38.40
100m:	1:15.06	41.03	200m:	2:40.34	40.84	300m:	4:12.85	46.89	400m:	5:26.88	35.63
9. ZI BA Anastazja	05	MTKP Delfin Toru							<b>5:27.49</b>	538	
50m:	32.86	32.86	150m:	1:56.88	45.34	250m:	3:27.33	47.47	350m:	4:52.23	38.12
100m:	1:11.54	38.68	200m:	2:39.86	42.98	300m:	4:14.11	46.78	400m:	5:27.49	35.26
10. BURDYN Dominika	05	Mi dzyszkołny UKS „Olimpijczyk” Suwałk							<b>5:29.29</b>	529	
50m:	32.79	32.79	150m:	1:54.86	42.80	250m:	3:25.11	48.81	350m:	4:52.43	38.23
100m:	1:12.06	39.27	200m:	2:36.30	41.44	300m:	4:14.20	49.09	400m:	5:29.29	36.86
<b>Finał B</b>											
11. KARLI SKA Paula	05	IUKP „WODNIK” Police							<b>5:25.42</b>	548	
50m:	33.54	33.54	150m:	1:55.31	42.44	250m:	3:23.88	46.82	350m:	4:49.43	37.97
100m:	1:12.87	39.33	200m:	2:37.06	41.75	300m:	4:11.46	47.58	400m:	5:25.42	35.99
12. RAPKIEWICZ Natalia	05	UKS SMS Galicja Kraków							<b>5:34.64</b>	504	
50m:	33.51	33.51	150m:	1:59.20	44.87	250m:	3:27.71	45.45	350m:	4:55.61	40.71
100m:	1:14.33	40.82	200m:	2:42.26	43.06	300m:	4:14.90	47.19	400m:	5:34.64	39.03
13. SOSNÓWKA Oliwia	05	UKP Fala Kra nik							<b>5:36.79</b>	494	
50m:	34.16	34.16	150m:	1:58.71	46.13	250m:	3:29.49	46.07	350m:	4:58.33	40.82
100m:	1:12.58	38.42	200m:	2:43.42	44.71	300m:	4:17.51	48.02	400m:	5:36.79	38.46
14. MICHALSKA Julia	05	MUKP Korona-Swim Kielce							<b>5:39.26</b>	483	
50m:	34.59	34.59	150m:	2:01.32	44.51	250m:	3:33.38	50.25	350m:	5:03.37	38.14
100m:	1:16.81	42.22	200m:	2:43.13	41.81	300m:	4:25.23	51.85	400m:	5:39.26	35.89
15. PYSZNIAK Alicja	05	KS OLIMPIA Lublin							<b>5:39.50</b>	482	
50m:	35.25	35.25	150m:	2:00.96	44.07	250m:	3:34.94	49.94	350m:	5:02.99	38.16
100m:	1:16.89	41.64	200m:	2:45.00	44.04	300m:	4:24.83	49.89	400m:	5:39.50	36.51



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Pozycja					Rok ur.					Czas	Pkt.	
16.	OLECKA Amelia				05	UKS „GIM 92 Ursynów”				<b>5:40.27</b>	479	
	50m:	34.46	34.46	150m:	2:03.19	46.88	250m:	3:38.34	48.59	350m:	5:05.09	37.80
	100m:	1:16.31	41.85	200m:	2:49.75	46.56	300m:	4:27.29	48.95	400m:	5:40.27	35.18
17.	MOTOR Magdalena				05	KP Sokół Rzeszów				<b>5:41.67</b>	473	
	50m:	36.65	36.65	150m:	2:06.23	45.13	250m:	3:38.97	48.99	350m:	5:05.99	37.18
	100m:	1:21.10	44.45	200m:	2:49.98	43.75	300m:	4:28.81	49.84	400m:	5:41.67	35.68
18.	NOWAK Paulina				05	UKS Tri-Team Rumia				<b>5:42.50</b>	470	
	50m:	36.74	36.74	150m:	2:06.30	44.99	250m:	3:38.24	48.17	350m:	5:04.81	38.32
	100m:	1:21.31	44.57	200m:	2:50.07	43.77	300m:	4:26.49	48.25	400m:	5:42.50	37.69
19.	TROJNACKA Oliwia				05	MKS „IKAR” Mielec				<b>5:45.11</b>	459	
	50m:	33.21	33.21	150m:	1:59.11	45.35	250m:	3:36.44	52.75	350m:	5:07.98	39.24
	100m:	1:13.76	40.55	200m:	2:43.69	44.58	300m:	4:28.74	52.30	400m:	5:45.11	37.13
DYSKW.	ZARZECZNA Olga				05	KS Poznań Poznań				<b>5:46.07</b>		
	Z3/G8											
	50m:	36.40	36.40	150m:	2:08.11	46.34	250m:	3:38.26	44.24	350m:	5:08.16	41.33
	100m:	1:21.77	45.37	200m:	2:54.02	45.91	300m:	4:26.83	48.57	400m:	5:46.07	37.91