



Mistrzostwa Polski Juniorów młodszych 14 w pływaniu
Olsztyn, 5- - 7-7-2019

Konkurencja 19
2019-07-06 - 17:28

Dziewcz t, 400m dowolny

14 lat
Wyniki Finał

Rekod Polski Open	4:04.23	JEDRZEJCZAK Otylia	POL	Melbourne (AUS)	2007-03-25
Rekod Polski 14	4:16.54	KILIJA SKA Donata	POL	Tampere (FIN)	2009-07-20

Punkty: FINA 2019

Pozycja Rok ur. Czas Pkt.

Finał A

1. CIERPIAŁOWSKA Paulina	05	WOPR Malbork	4:29.74	673
50m: 31.86 31.86	150m: 1:41.38 34.78	250m: 2:50.07 33.61	350m: 3:57.96 33.73	
100m: 1:06.60 34.74	200m: 2:16.46 35.08	300m: 3:24.23 34.16	400m: 4:29.74 31.78	
2. KULIK Julia	05	UKS GOS Raszyn	4:29.95	672
50m: 31.81 31.81	150m: 1:41.52 34.65	250m: 2:50.21 33.60	350m: 3:58.24 33.85	
100m: 1:06.87 35.06	200m: 2:16.61 35.09	300m: 3:24.39 34.18	400m: 4:29.95 31.71	
3. KOWALSKA Klara	05	UKS Olimpijczyk 23	4:34.12	641
50m: 31.25 31.25	150m: 1:41.88 35.38	250m: 2:51.69 34.42	350m: 4:01.12 34.56	
100m: 1:06.50 35.25	200m: 2:17.27 35.39	300m: 3:26.56 34.87	400m: 4:34.12 33.00	
4. KOSSOWSKA Julita	05	UKS 190 Łód	4:35.97	629
50m: 31.22 31.22	150m: 1:41.75 35.59	250m: 2:52.63 35.46	350m: 4:02.50 34.99	
100m: 1:06.16 34.94	200m: 2:17.17 35.42	300m: 3:27.51 34.88	400m: 4:35.97 33.47	
5. KLUSEK Aleksandra	05	UKP „Polonia Warszawa”	4:36.72	623
50m: 31.73 31.73	150m: 1:41.83 34.78	250m: 2:50.83 33.82	350m: 4:01.33 35.29	
100m: 1:07.05 35.32	200m: 2:17.01 35.18	300m: 3:26.04 35.21	400m: 4:36.72 35.39	
6. MARCINKOWSKA Maja	05	MKS Jedyńka Łód	4:37.48	618
50m: 31.89 31.89	150m: 1:41.81 35.77	250m: 2:52.83 36.07	350m: 4:03.73 35.72	
100m: 1:06.04 34.15	200m: 2:16.76 34.95	300m: 3:28.01 35.18	400m: 4:37.48 33.75	
7. SŁABOSZ Emilia	05	MOSM Tychy	4:40.22	600
50m: 31.56 31.56	150m: 1:43.27 36.09	250m: 2:55.24 36.10	350m: 4:06.98 35.82	
100m: 1:07.18 35.62	200m: 2:19.14 35.87	300m: 3:31.16 35.92	400m: 4:40.22 33.24	
8. SUJKOWSKA Roksana	05	MTP Kormoran Olsztyn	4:40.37	599
50m: 1:43.03 1:43.03	150m:	250m:	350m:	
100m: 1:07.09	200m: 2:18.60	300m: 3:30.51	400m: 4:40.37	
9. KRASZEWSKA Martyna	05	MTP Kormoran Olsztyn	4:40.54	598
50m: 31.02 31.02	150m: 1:39.55 34.48	250m: 2:51.48 36.20	350m: 4:06.35 37.29	
100m: 1:05.07 34.05	200m: 2:15.28 35.73	300m: 3:29.06 37.58	400m: 4:40.54 34.19	
10. GAWEDZKA Natalia	05	UKS MOS Ełk	4:42.41	586
50m: 31.94 31.94	150m: 1:42.88 36.09	250m: 2:55.72 36.57	350m: 4:08.42 36.26	
100m: 1:06.79 34.85	200m: 2:19.15 36.27	300m: 3:32.16 36.44	400m: 4:42.41 33.99	

Finał B

11. MLECZEK Natalia	05	LKS Jedno 32 Przyszowice	4:41.65	591
50m: 31.75 31.75	150m: 1:42.55 35.54	250m: 2:54.74 35.93	350m: 4:06.75 35.64	
100m: 1:07.01 35.26	200m: 2:18.81 36.26	300m: 3:31.11 36.37	400m: 4:41.65 34.90	
12. DADEJ Julia	05	BOSiR Brzesko	4:42.00	589
50m: 32.47 32.47	150m: 1:42.69 35.36	250m: 2:55.12 36.24	350m: 4:07.12 35.67	
100m: 1:07.33 34.86	200m: 2:18.88 36.19	300m: 3:31.45 36.33	400m: 4:42.00 34.88	
13. MAKSYMOWICZ Nina	05	UKS G-8 Bielany Warszawa	4:43.83	578
50m: 32.47 32.47	150m: 1:43.82 35.80	250m: 2:56.82 36.57	350m: 4:09.29 35.55	
100m: 1:08.02 35.55	200m: 2:20.25 36.43	300m: 3:33.74 36.92	400m: 4:43.83 34.54	
14. GÓRSKA Zofia	05	UKP „Polonia Warszawa”	4:45.05	570
50m: 31.93 31.93	150m: 1:43.86 36.54	250m: 2:57.07 36.64	350m: 4:09.98 36.24	
100m: 1:07.32 35.39	200m: 2:20.43 36.57	300m: 3:33.74 36.67	400m: 4:45.05 35.07	
15. CYGANIEK Nina	05	UKS „P.S.Salwator”	4:47.02	559
50m: 34.19 34.19	150m: 1:47.03 35.93	250m: 2:59.47 35.44	350m: 4:12.34 35.82	
100m: 1:11.10 36.91	200m: 2:24.03 37.00	300m: 3:36.52 37.05	400m: 4:47.02 34.68	



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Pozycja	Rok ur.								Czas	Pkt.	
16. ZI BA Anastazja	05 MTKP Delfin Toru								4:49.07	547	
50m:	32.42	32.42	150m:	1:46.15	36.79	250m:	3:01.05	37.45	350m:	4:14.77	36.66
100m:	1:09.36	36.94	200m:	2:23.60	37.45	300m:	3:38.11	37.06	400m:	4:49.07	34.30
17. TOFIL Emilia	05 KS Delfin Gdynia								4:49.65	544	
50m:	32.66	32.66	150m:	1:45.47	36.60	250m:	2:59.24	37.13	350m:	4:14.16	37.39
100m:	1:08.87	36.21	200m:	2:22.11	36.64	300m:	3:36.77	37.53	400m:	4:49.65	35.49
18. SAMORAJ Oliwia	05 MKS Piaseczno								4:50.55	539	
50m:	32.38	32.38	150m:	1:44.81	36.69	250m:	2:59.93	37.52	350m:	4:15.13	37.27
100m:	1:08.12	35.74	200m:	2:22.41	37.60	300m:	3:37.86	37.93	400m:	4:50.55	35.42
19. OLKOWSKA Laura	05 UKS G-8 Bielany Warszawa								4:53.18	524	
50m:	32.81	32.81	150m:	1:45.24	36.40	250m:	3:00.61	37.64	350m:	4:16.29	37.85
100m:	1:08.84	36.03	200m:	2:22.97	37.73	300m:	3:38.44	37.83	400m:	4:53.18	36.89
20. GUZIK Karolina	05 UKS SMS Galicja Kraków								4:55.46	512	
50m:	33.32	33.32	150m:	1:47.50	37.41	250m:	3:03.01	37.62	350m:	4:18.97	37.79
100m:	1:10.09	36.77	200m:	2:25.39	37.89	300m:	3:41.18	38.17	400m:	4:55.46	36.49