



Mistrzostwa Województwa Warmińsko-Mazurskiego OZP 2019
Olsztyn, 23- - 24-11-2019

Konkurencja 11
2019-11-23 - 11:34

Kobiet, 400m dowolny

Open
Wyniki

Rekord Okr gu Open	4:07.59	Czerniak Monika	01113	Ostrowiec Sw	2014-12-19
Rekord Okr gu 19 +	4:07.59	Czerniak Monika	01113	Ostrowiec Sw	2014-12-19
Rekord Okr gu 18	4:26.82	Chodyna Monika	00213	Szczecin	2010-12-03
Rekord Okr gu 17	4:25.44	Chodyna Monika	00213	Olsztyn	2009-12-12
Rekord Okr gu 16	4:20.70	Jaszczuk Ewa	00213	Lodz	2018-11-10
Rekord Okr gu 15	4:23.10	Jaszczuk Ewa	00213	Poznan	2017-11-25
Rekord Okr gu 14	4:28.26	Jaszczuk Ewa		Olsztyn	2016-12-03
Rekord Okr gu 13	4:42.75	Zgiet Karina	00813	Elk	2008-12-14
Rekord Okr gu 12	4:51.45	Maciesza Agata	00813	Elk	2008-12-14
Rekord Okr gu - 11	5:08.22	Łukasik Wiktoria	00713	Gizycko	2010-11-20

Punkty: FINA 2019

Pozycja	Rok ur.	Czas	Pkt.
11 lat i młodszy			
1. Zalech Agata	08 MTP Kormoran Olsztyn	6:09.68	253
50m: 39.68 34.97	150m: 2:13.09 47.21 250m: 3:48.81 48.50	350m: 5:25.23 47.95	
100m: 1:25.88 46.20	200m: 3:00.31 47.22 300m: 4:37.28 48.47	400m: 6:09.68 44.45	
2. Siemińska Zuzanna	08 MTP Kormoran Olsztyn	7:03.75	168
50m: 44.93 44.93	150m: 2:29.78 53.69 250m:	350m: 6:11.58 55.18	
100m: 1:36.09 51.16	200m: 300m: 5:16.40	400m: 7:03.75 52.17	
12 lat			
1. uchowska Antonina	07 MTP Kormoran Olsztyn	5:13.50	415
50m: 34.97 34.97	150m: 1:53.36 39.66 250m: 3:13.60 39.99	350m: 4:34.16 40.60	
100m: 1:13.70 38.73	200m: 2:33.61 40.25 300m: 3:53.56 39.96	400m: 5:13.50 39.34	
2. Cyglicka Maria	07 MTP Kormoran Olsztyn	5:35.96	337
50m: 37.61 37.61	150m: 2:03.15 43.27 250m: 3:30.05 43.34	350m: 4:54.70 41.60	
100m: 1:19.88 42.27	200m: 2:46.71 43.56 300m: 4:13.10 43.05	400m: 5:35.96 41.26	
3. Adamczyk Wiktoria	07 MTP Kormoran Olsztyn	5:37.83	331
50m: 36.60 36.60	150m: 2:02.64 43.76 250m: 3:29.11 42.80	350m: 4:56.86 43.86	
100m: 1:18.88 42.28	200m: 2:46.31 43.67 300m: 4:13.00 43.89	400m: 5:37.83 40.97	
4. Kasztelan Elwira	07 UKS MOS Elk	6:05.19	262
50m: 38.70 38.70	150m: 2:08.73 45.91 250m: 3:43.95 47.33	350m: 5:18.93 47.42	
100m: 1:22.82 44.12	200m: 2:56.62 47.89 300m: 4:31.51 47.56	400m: 6:05.19 46.26	
13 lat			
1. Bałdyga Kamila	06 MTP Kormoran Olsztyn	4:48.73	531
50m: 32.81 32.81	150m: 1:46.16 37.16 250m: 2:59.85 36.88	350m: 4:12.86 36.43	
100m: 1:09.00 36.19	200m: 2:22.97 36.81 300m: 3:36.43 36.58	400m: 4:48.73 35.87	
2. Filipczak Nikola	06 KS Płetwal Szczytno	5:25.42	371
50m: 36.03 36.03	150m: 1:58.18 41.65 250m: 3:21.99 42.12	350m: 4:46.00 42.28	
100m: 1:16.53 40.50	200m: 2:39.87 41.69 300m: 4:03.72 41.73	400m: 5:25.42 39.42	
3. Szczudło Alicja	06 MTP Kormoran Olsztyn	5:35.14	340
50m: 35.53 35.53	150m: 1:59.50 43.05 250m: 3:27.09 43.85	350m: 4:53.75 43.07	
100m: 1:16.45 40.92	200m: 2:43.24 43.74 300m: 4:10.68 43.59	400m: 5:35.14 41.39	



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14 lat

1. Siejak Patrycja	05	MTP Kormoran Olsztyn	4:42.59	567
50m: 32.57 32.57	150m: 1:44.19 36.52	250m: 2:56.95 36.39	350m: 4:09.46 35.70	
100m: 1:07.67 35.10	200m: 2:20.56 36.37	300m: 3:33.76 36.81	400m: 4:42.59 33.13	

15 lat i starsi

1. Wańewska Martyna	04	UKP Jedyńka Elbląg	5:04.86	451
50m: 33.24 33.24	150m: 1:49.79 38.99	250m: 3:08.66 39.73	350m: 4:28.01 39.18	
100m: 1:10.80 37.56	200m: 2:28.93 39.14	300m: 3:48.83 40.17	400m: 5:04.86 36.85	
2. Gutowska Maria	04	UKP Jedyńka Elbląg	5:05.07	450
50m: 33.67 33.67	150m: 1:49.86 38.60	250m: 3:08.92 39.57	350m: 4:28.37 39.52	
100m: 1:11.26 37.59	200m: 2:29.35 39.49	300m: 3:48.85 39.93	400m: 5:05.07 36.70	

PK Maciak Julia	06	IUKS „Muszelka” Warszawa	4:47.12	540
50m: 33.07 33.07	150m: 1:45.80 36.47	250m: 2:58.55 36.08	350m: 4:11.61 36.15	
100m: 1:09.33 36.26	200m: 2:22.47 36.67	300m: 3:35.46 36.91	400m: 4:47.12 35.51	

PK Łąwa Julia	06	UKS 48 Warszawa	5:09.11	433
50m: 34.97 34.97	150m: 1:53.84 39.95	250m: 3:13.16 39.43	350m: 4:31.81 38.97	
100m: 1:13.89 38.92	200m: 2:33.73 39.89	300m: 3:52.84 39.68	400m: 5:09.11 37.30	

PK Stelmaszczyk Hanna	05	UKS 48 Warszawa	5:12.61	418
50m: 34.89 34.89	150m: 1:53.42 39.77	250m: 3:13.89 40.33	350m: 4:34.43 40.12	
100m: 1:13.65 38.76	200m: 2:33.56 40.14	300m: 3:54.31 40.42	400m: 5:12.61 38.18	

PK Dró d Zuzanna	07	KS Barakuda Mińsk Mazowiecki	5:13.25	416
50m: 34.40 34.40	150m: 1:54.09 40.72	250m: 3:16.49 41.51	350m: 4:38.31 40.87	
100m: 1:13.37 38.97	200m: 2:34.98 40.89	300m: 3:57.44 40.95	400m: 5:13.25 34.94	