



IV Międzynarodowe Mistrzostwa Warmii i Mazur o Puchar Prezydenta Olsztyna/ MISTRZOSTWA WOJEWÓDZTWA WM-OZP
Olsztyn, 20.10.2020

Konkurencja 30
2020.10.20 - 17:47

Mężczyźni, 400m dowolny

Open
Wyniki

Punkty: FINA 2018

Pozycja	Rok ur.	Czas	Pkt.
13 lat			
1. ŁOJEWSKI, Adam	07	4:44.83	413
50m: 32.20 32.20	150m: 1:43.52 35.96	250m: 2:56.56 36.83	350m: 4:09.37 36.27
100m: 1:07.56 35.36	200m: 2:19.73 36.21	300m: 3:33.10 36.54	400m: 4:44.83 35.46
2. OLSZY SKI, Maksymilian	07	4:56.04	368
50m: 33.61 33.61	150m: 1:48.93 38.17	250m: 3:04.09 37.65	350m: 4:19.86 38.25
100m: 1:10.76 37.15	200m: 2:26.44 37.51	300m: 3:41.61 37.52	400m: 4:56.04 36.18
3. SZCZEPANIAK, Andrzej	07	4:58.36	360
50m: 33.42 33.42	150m: 1:48.27 37.74	250m: 3:05.55 39.05	350m: 4:22.33 38.35
100m: 1:10.53 37.11	200m: 2:26.50 38.23	300m: 3:43.98 38.43	400m: 4:58.36 36.03
4. SADOLEWSKI, Maciej	07	5:24.40	280
50m: 35.05 35.05	150m: 1:56.96 41.75	250m: 3:20.91 42.23	350m: 4:45.58 42.12
100m: 1:15.21 40.16	200m: 2:38.68 41.72	300m: 4:03.46 42.55	400m: 5:24.40 38.82
14 lat			
1. KAPAŁA, Bartosz	06	4:28.15	495
50m: 31.15 31.15	150m: 1:39.43 34.24	250m: 2:47.25 33.75	350m: 3:55.63 33.96
100m: 1:05.19 34.04	200m: 2:13.50 34.07	300m: 3:21.67 34.42	400m: 4:28.15 32.52
2. GILSKI, Łukasz	06	4:38.09	444
50m: 31.70 31.70	150m: 1:42.38 35.94	250m: 2:53.06 35.55	350m: 4:03.95 35.41
100m: 1:06.44 34.74	200m: 2:17.51 35.13	300m: 3:28.54 35.48	400m: 4:38.09 34.14
3. MICKIEWICZ, Franciszek	06	4:57.89	361
50m: 30.78 30.78	150m: 1:45.38 37.70	250m: 3:02.55 38.29	350m: 4:21.13 38.78
100m: 1:07.68 36.90	200m: 2:24.26 38.88	300m: 3:42.35 39.80	400m: 4:57.89 36.76
4. POKR TOWSKI, Karol	06	5:00.14	353
50m: 33.64 33.64	150m: 1:50.09 38.31	250m: 3:06.04 37.59	350m: 4:23.50 38.68
100m: 1:11.78 38.14	200m: 2:28.45 38.36	300m: 3:44.82 38.78	400m: 5:00.14 36.64
5. CHODA, Maciej	06	5:00.27	353
50m: 34.48 34.48	150m: 1:50.21 37.79	250m: 3:07.25 38.57	350m: 4:23.61 37.74
100m: 1:12.42 37.94	200m: 2:28.68 38.47	300m: 3:45.87 38.62	400m: 5:00.27 36.66
6. KRZYEWSKI, Piotr	06	5:04.72	337
50m: 33.49 33.49	150m: 1:48.92 37.98	250m: 3:06.61 38.91	350m: 4:25.46 39.58
100m: 1:10.94 37.45	200m: 2:27.70 38.78	300m: 3:45.88 39.27	400m: 5:04.72 39.26
15 lat i starsi			
1. KAPAŁA, Szymon	03	4:02.82	667
50m: 27.64 27.64	150m: 1:29.16 30.94	250m: 2:30.88 30.72	350m: 3:32.88 31.14
100m: 58.22 30.58	200m: 2:00.16 31.00	300m: 3:01.74 30.86	400m: 4:02.82 29.94
2. KOZŁOWSKI, Konrad	04	4:13.96	583
50m: 28.43 28.43	150m: 1:32.12 32.48	250m: 2:37.25 32.65	350m: 3:42.40 32.44
100m: 59.64 31.21	200m: 2:04.60 32.48	300m: 3:09.96 32.71	400m: 4:13.96 31.56
3. SULKOWSKI, Oskar	05	4:23.55	522
50m: 30.89 30.89	150m: 1:37.47 33.28	250m: 2:44.37 33.37	350m: 3:51.04 33.08
100m: 1:04.19 33.30	200m: 2:11.00 33.53	300m: 3:17.96 33.59	400m: 4:23.55 32.51



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Olsztyn, 20.10.2020

Konkurencja 30, M czynn, 400m dowolny, 15 lat i starsi

Pozycja	Rok ur.	Czas	Pkt.
4. GREGOROWICZ, Paweł	74	4:30.58	482
50m: 31.29 31.29	150m: 1:39.52 34.16	250m: 2:47.91 34.14	350m: 3:56.47 34.40
100m: 1:05.36 34.07	200m: 2:13.77 34.25	300m: 3:22.07 34.16	400m: 4:30.58 34.11
5. KONOPACKI, Piotr	78	4:51.59	385
50m: 31.74 31.74	150m: 1:44.94 37.26	250m: 3:00.64 37.95	350m: 4:15.99 37.72
100m: 1:07.68 35.94	200m: 2:22.69 37.75	300m: 3:38.27 37.63	400m: 4:51.59 35.60
6. D BROWSKI, Paweł	74	5:18.92	294
50m: 35.50 35.50	150m: 1:54.11 39.66	250m: 3:15.79 40.66	350m: 5:18.92 1:21.76
100m: 1:14.45 38.95	200m: 2:35.13 41.02	300m: 3:57.16 41.37	400m: 5:18.92

Open

1. CHMIELEWSKI, Krzysztof	04	3:54.95	737
50m: 26.64 26.64	150m: 1:25.07 29.47	250m: 2:24.50 29.84	350m: 3:25.39 30.73
100m: 55.60 28.96	200m: 1:54.66 29.59	300m: 2:54.66 30.16	400m: 3:54.95 29.56
2. KAPAŁA, Szymon	03	4:02.82	667
50m: 27.64 27.64	150m: 1:29.16 30.94	250m: 2:30.88 30.72	350m: 3:32.88 31.14
100m: 58.22 30.58	200m: 2:00.16 31.00	300m: 3:01.74 30.86	400m: 4:02.82 29.94
3. RODKIEWICZ, Radosław	03	4:05.51	646
50m: 27.90 27.90	150m: 1:29.60 31.20	250m: 2:32.42 31.50	350m: 3:36.18 31.79
100m: 58.40 30.50	200m: 2:00.92 31.32	300m: 3:04.39 31.97	400m: 4:05.51 29.33
4. LARY, Jerzy	06	4:06.11	641
50m: 28.36 28.36	150m: 1:29.43 30.94	250m: 2:32.26 31.45	350m: 3:35.33 31.53
100m: 58.49 30.13	200m: 2:00.81 31.38	300m: 3:03.80 31.54	400m: 4:06.11 30.78
5. MIENICKI, Rafał	06	4:08.08	626
50m: 28.21 28.21	150m: 1:29.80 31.03	250m: 2:33.11 31.75	350m: 3:36.81 31.45
100m: 58.77 30.56	200m: 2:01.36 31.56	300m: 3:05.36 32.25	400m: 4:08.08 31.27
6. KOZŁOWSKI, Konrad	04	4:13.96	583
50m: 28.43 28.43	150m: 1:32.12 32.48	250m: 2:37.25 32.65	350m: 3:42.40 32.44
100m: 59.64 31.21	200m: 2:04.60 32.48	300m: 3:09.96 32.71	400m: 4:13.96 31.56
7. SULKOWSKI, Oskar	05	4:23.55	522
50m: 30.89 30.89	150m: 1:37.47 33.28	250m: 2:44.37 33.37	350m: 3:51.04 33.08
100m: 1:04.19 33.30	200m: 2:11.00 33.53	300m: 3:17.96 33.59	400m: 4:23.55 32.51
8. KAPAŁA, Bartosz	06	4:28.15	495
50m: 31.15 31.15	150m: 1:39.43 34.24	250m: 2:47.25 33.75	350m: 3:55.63 33.96
100m: 1:05.19 34.04	200m: 2:13.50 34.07	300m: 3:21.67 34.42	400m: 4:28.15 32.52
9. KALISZEWSKI, Adrian	04	4:29.05	490
50m: 30.13 30.13	150m: 1:38.28 34.72	250m: 2:47.85 34.84	350m: 3:57.18 34.50
100m: 1:03.56 33.43	200m: 2:13.01 34.73	300m: 3:22.68 34.83	400m: 4:29.05 31.87
10. GREGOROWICZ, Paweł	74	4:30.58	482
50m: 31.29 31.29	150m: 1:39.52 34.16	250m: 2:47.91 34.14	350m: 3:56.47 34.40
100m: 1:05.36 34.07	200m: 2:13.77 34.25	300m: 3:22.07 34.16	400m: 4:30.58 34.11
11. GRZYWIŃSKI, Jakub	07	4:31.82	476
50m: 30.62 30.62	150m: 1:40.37 35.05	250m: 2:50.45 35.15	350m: 3:59.75 34.43
100m: 1:05.32 34.70	200m: 2:15.30 34.93	300m: 3:25.32 34.87	400m: 4:31.82 32.07
12. GAWENDA, Bartłomiej	06	4:35.56	456
50m: 31.15 31.15	150m: 1:39.86 34.84	250m: 2:50.26 35.44	350m: 4:01.33 35.78
100m: 1:05.02 33.87	200m: 2:14.82 34.96	300m: 3:25.55 35.29	400m: 4:35.56 34.23



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Olsztyn, 20.10.2020

Konkurencja 30, M czynn, 400m dowolny, Open

Pozycja	Rok ur.	Czas	Pkt.
13. GILSKI, Łukasz	06 MTP Kormoran Olsztyn	4:38.09	444
50m: 31.70 31.70	150m: 1:42.38 35.94	250m: 2:53.06 35.55	350m: 4:03.95 35.41
100m: 1:06.44 34.74	200m: 2:17.51 35.13	300m: 3:28.54 35.48	400m: 4:38.09 34.14
14. ŁOJEWSKI, Adam	07 MTP Kormoran Olsztyn	4:44.83	413
50m: 32.20 32.20	150m: 1:43.52 35.96	250m: 2:56.56 36.83	350m: 4:09.37 36.27
100m: 1:07.56 35.36	200m: 2:19.73 36.21	300m: 3:33.10 36.54	400m: 4:44.83 35.46
15. KANCZKOWSKI, Szymon	07 UKS Tri-Team Rumia	4:46.64	406
50m: 33.18 33.18	150m: 1:46.06 36.65	250m: 2:59.38 36.68	350m: 4:11.84 35.91
100m: 1:09.41 36.23	200m: 2:22.70 36.64	300m: 3:35.93 36.55	400m: 4:46.64 34.80
16. CHMIELEWSKI, Franciszek	07 UKS G-8 Bielany Warszawa	4:50.41	390
50m: 31.46 31.46	150m: 1:43.53 36.52	250m: 2:58.46 37.37	350m: 4:13.68 37.49
100m: 1:07.01 35.55	200m: 2:21.09 37.56	300m: 3:36.19 37.73	400m: 4:50.41 36.73
17. KONOPACKI, Piotr	78 AQUASFERA Masters Olsztyn	4:51.59	385
50m: 31.74 31.74	150m: 1:44.94 37.26	250m: 3:00.64 37.95	350m: 4:15.99 37.72
100m: 1:07.68 35.94	200m: 2:22.69 37.75	300m: 3:38.27 37.63	400m: 4:51.59 35.60
18. OLSZY SKI, Maksymilian	07 MTP Kormoran Olsztyn	4:56.04	368
50m: 33.61 33.61	150m: 1:48.93 38.17	250m: 3:04.09 37.65	350m: 4:19.86 38.25
100m: 1:10.76 37.15	200m: 2:26.44 37.51	300m: 3:41.61 37.52	400m: 4:56.04 36.18
19. MICKIEWICZ, Franciszek	06 SWIMLAND Olsztyn	4:57.89	361
50m: 30.78 30.78	150m: 1:45.38 37.70	250m: 3:02.55 38.29	350m: 4:21.13 38.78
100m: 1:07.68 36.90	200m: 2:24.26 38.88	300m: 3:42.35 39.80	400m: 4:57.89 36.76
20. SZCZEPANIAK, Andrzej	07 MTP Kormoran Olsztyn	4:58.36	360
50m: 33.42 33.42	150m: 1:48.27 37.74	250m: 3:05.55 39.05	350m: 4:22.33 38.35
100m: 1:10.53 37.11	200m: 2:26.50 38.23	300m: 3:43.98 38.43	400m: 4:58.36 36.03
21. POKR TOWSKI, Karol	06 MTP Kormoran Olsztyn	5:00.14	353
50m: 33.64 33.64	150m: 1:50.09 38.31	250m: 3:06.04 37.59	350m: 4:23.50 38.68
100m: 1:11.78 38.14	200m: 2:28.45 38.36	300m: 3:44.82 38.78	400m: 5:00.14 36.64
22. CHODA, Maciej	06 MTP Kormoran Olsztyn	5:00.27	353
50m: 34.48 34.48	150m: 1:50.21 37.79	250m: 3:07.25 38.57	350m: 4:23.61 37.74
100m: 1:12.42 37.94	200m: 2:28.68 38.47	300m: 3:45.87 38.62	400m: 5:00.27 36.66
23. CHMIELEWSKI, Jan	07 UKS G-8 Bielany Warszawa	5:01.40	349
50m: 31.56 31.56	150m: 1:44.51 37.25	250m: 3:01.70 38.83	350m: 4:22.36 40.75
100m: 1:07.26 35.70	200m: 2:22.87 38.36	300m: 3:41.61 39.91	400m: 5:01.40 39.04
24. KRZYEWSKI, Piotr	06 MTP Kormoran Olsztyn	5:04.72	337
50m: 33.49 33.49	150m: 1:48.92 37.98	250m: 3:06.61 38.91	350m: 4:25.46 39.58
100m: 1:10.94 37.45	200m: 2:27.70 38.78	300m: 3:45.88 39.27	400m: 5:04.72 39.26
25. NARLOCH, Aleksander	07 Neptun Gdańsk	5:09.78	321
50m: 33.48 33.48	150m: 1:50.21 38.98	250m: 3:10.06 40.14	350m: 4:30.35 40.22
100m: 1:11.23 37.75	200m: 2:29.92 39.71	300m: 3:50.13 40.07	400m: 5:09.78 39.43
26. DUBROWSKI, Paweł	74 AQUASFERA Masters Olsztyn	5:18.92	294
50m: 35.50 35.50	150m: 1:54.11 39.66	250m: 3:15.79 40.66	350m: 5:18.92 1:21.76
100m: 1:14.45 38.95	200m: 2:35.13 41.02	300m: 3:57.16 41.37	400m: 5:18.92
27. SADOLEWSKI, Maciej	07 UKP Jedyńka Elbląg	5:24.40	280
50m: 35.05 35.05	150m: 1:56.96 41.75	250m: 3:20.91 42.23	350m: 4:45.58 42.12
100m: 1:15.21 40.16	200m: 2:38.68 41.72	300m: 4:03.46 42.55	400m: 5:24.40 38.82