



V Międzynarodowe Grand Prix Warmii i Mazur w pływaniu
Olsztyn, 4.12.2020

Konkurencja 129
2020.12.04 - 19:28

Kobiet, 400m dowolny

13 lat i starsi
Wyniki

Punkty: FINA 2020

Pozycja			Wiek			Czas	Pkt.	
13 lat								
1.	CIECHANOWSKA, Aleksandra		13	UKS 307 Warszawa		4:58.65	480	
	50m:	33.58 33.58	150m:	1:48.38 37.83	250m:	3:05.48 38.59	350m:	4:22.72 38.39
	100m:	1:10.55 36.97	200m:	2:26.89 38.51	300m:	3:44.33 38.85	400m:	4:58.65 35.93
2.	MURAS, Nina		13	UKS 307 Warszawa		5:03.36	458	
	50m:	33.56 33.56	150m:	1:49.99 38.70	250m:	3:08.51 39.05	350m:	4:27.27 38.68
	100m:	1:11.29 37.73	200m:	2:29.46 39.47	300m:	3:48.59 40.08	400m:	5:03.36 36.09
3.	GIEROWSKA, Antonina		13	UKS „GIM 92 Ursynów”		5:20.84	387	
	50m:	36.32 36.32	150m:	1:58.68 41.86	250m:	3:20.34 40.37	350m:	4:42.52 41.37
	100m:	1:16.82 40.50	200m:	2:39.97 41.29	300m:	4:01.15 40.81	400m:	5:20.84 38.32
4.	MIKOŁAJCZUK, Maria		13	UKS H2O Warszawa		5:37.02	334	
	50m:	35.43 35.43	150m:	1:58.45 42.54	250m:	3:24.87 43.63	350m:	4:53.99 44.63
	100m:	1:15.91 40.48	200m:	2:41.24 42.79	300m:	4:09.36 44.49	400m:	5:37.02 43.03
5.	CHRZANOWSKA, Zuzanna		13	MTP Kormoran Olsztyn		5:43.85	314	
	50m:	35.84 35.84	150m:	1:59.54 43.46	250m:	3:30.96 46.49	350m:	4:59.13 44.80
	100m:	1:16.08 40.24	200m:	2:44.47 44.93	300m:	4:14.33 43.37	400m:	5:43.85 44.72
14 lat i starsi								
1.	SZARGIEJ, Aleksandra		14	UKS abianka Gdańsk		4:29.88	651	
	50m:	29.85 29.85	150m:	1:38.07 34.73	250m:	2:47.97 34.73	350m:	3:57.29 34.16
	100m:	1:03.34 33.49	200m:	2:13.24 35.17	300m:	3:23.13 35.16	400m:	4:29.88 32.59
2.	GŁOWACKA, Oliwia		15	Sejwal Rypin		4:40.60	579	
	50m:	30.60 30.60	150m:	1:40.16 35.57	250m:	2:52.94 36.37	350m:	4:05.94 36.18
	100m:	1:04.59 33.99	200m:	2:16.57 36.41	300m:	3:29.76 36.82	400m:	4:40.60 34.66