



IV OPEN BALTIC FINSWIMMING CHAMPIONSHIP



12th - 14th March 2021

The Polish Underwater Federation PZPn invite all interested Federations and Clubs to participate on the **IV OPEN Baltic Finswimming Championship** for categories A, B, C, D, E organized in the period from 12th to 14th of March 2021 in Olsztyn.

Categories and races:

The competition is governed by the Finswimming International Rules, that every athlete affirms to know and to follow.

Categories are the following:

category A – 2003 and older

category B – 2004 - 2005

category C – 2006 - 2007

category D – 2008 - 2009

category E – 2010 and younger

CATEGORY: A, B, C

50 m ap

100 m im, 400 m im

50 m sf, 100 m sf, 200 m sf, 400 m sf, 800 m sf

50 m bf, 100 m bf, 200 m bf, 400 m bf

CATEGORY: D

100 m im

50 m sf, 100 m sf, 200 m sf, 400 m sf, 800 m sf

50 m bf, 100 m bf, 200 m bf, 400 m bf

CATEGORY: E

50 m sf, 100 m sf, 200 m sf, 400 m sf

50 m bf, 100 m bf, 200 m bf, 400 m bf

Relays:

4 x 100 m BF mikst JUNIOR and OPEN

4 x 100 m SF mikst JUNIOR and OPEN

IMPORTANT:

1. In mikst relay must swim 2 boys and 2 girls.
2. In relay JUNIOR can swim athletes younger than 2008 (DDDD/DDDE/DDEE/DEEE/EEEE)
3. In relay OPEN can swim athletes from all categories.
4. There is no limit for athletes from one club on each distance.
5. An athlete can swim in 2 individual races in each block, that means an athlete can swim max. 6 individual races and 2 relays.
6. The start lists will be according to the reported times – category E and D apart from C,B,A. We will start from girls the youngest categories.
7. There will be electronic timer system – Omega.
8. Finswimmers category E have to swim in “small” monofins, maximum size: 625mm x 690 mm without **any** modifications (side wings etc.)
9. Points will be given according to Table 50 points.

Swimming pool:

The competition will take place in the “AQUASFERA Swimming Pool” in Olsztyn.

The pool has a length of 50m, a width of ten lanes and a depth of 2m.

The temperature of the water is 26⁰C (± 1⁰C).

Address: Aleja Piłsudskiego 69b – Olsztyn.



Preliminary and registration procedures:

1. **Preliminary entry** - application must be filled and sent before **28. February 2021** to email address: biuro@pzp-n.pl (Enclosure 1)
2. **Final entry with distances** has to be completed in the Splash program before **7. March 2021**. The instructions about Splash final entry will be provided after receiving the preliminary entry.
3. **Competition Office** will be open on 12th March 2021 from 16.00 to 20.00 at the swimming pool Aquasfera, address: Aleja Piłsudskiego 69 b in Olsztyn.

Checking equipment and bottles:

The judges are authorized to control swimmers' equipment at any time during the competitions. All bottles must have passed a hydrostatic test less than 2 years before the competition or even less if it is required by the local legislation. Filling bottles will be able before and during competition.

Prizes:

Individual prizes:

- medals will be given to the first 3 athletes in every individual race in all categories A, B, C, D and E
- there will be 2 categories in relays – JUNIOR and OPEN
- points will be given according to Table 50 points
- individual classification – points for three the best starts - cups for the best athlete in each category

Teams prizes:

- cups for the best three clubs - points for the best two athletes in each category and each distance and the best relay in each category according to Table 50 points

Awarding ceremonies will take place during the competition. Athletes must wear official uniforms of their teams.

Responsibility:

The Polish Underwater Federation PZPn, CMAS, the Competition Director, Competition Officers and the Chief Judge are not responsible for accidents or damage caused to people and personal effects before, during or after the competition.

Accommodation and fee:

Organizers offer accommodation possibility during the competition with enrolment deadline of **28th February 2021 (Enclosure 2_Booking Form):**

140 euro/person for full accommodation in hotel***

from Friday 12th - dinner till Sunday 14th - breakfast

The price include all individual starting fees !

- Club fee **20 euro**
- Extra day **40 euro /day /person**
- Single room **25euro /day /person**
- If you don't want an accommodation from us, we will not take any fee, **but** then the starting cost is **50 euro/athlete**.

Payment in cash will be able in Competition Office on 12.03.2021
or by bank transfer:

Name of the Bank : Santander Consumer Bank

Beneficiary: Polski Związek Płetwonurkowania
ul. Hallera 2
83-400 Kościerzyna, Poland

Bank account no: SWIFT (BIC CODE) : **WBKPPLPP**
IBAN: PL9310901102000000115588285

Transport:

If You need any transport please inform us by e-mail.



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12th - 14th March 2021

PROGRAM

Friday 12th March 2021

16.00 – 20.00	Arriving of teams, checking of documents, payment of participant fee and accommodation fee in the Competition Office
18.00 - 20.00	Training time
19.30	Technical meeting at the swimming pool Aquasfera

Saturday 13th March 2021

8.00 – 8.50	Warm up
9.00	50 m sf W/M cat. E D C B A
	400 m sf W/M cat. E D C B A
	100 m bf W/M cat. E D C B A
	100 m im W/M cat. D C B A
14.00 – 14.50	Warm up
15.00	Opening Ceremony
15.30	50 m ap W/M cat. C B A
	200 m bf W/ M cat. E D C B A
	200 m sf W/ M cat. E D C B A
	4 x 100 m bf mikst relay Junior
	4 x 100 m bf mikst relay Open

Sunday 14th February 2021

8.00 – 8.50	Warm up
9.00	50 m bf W/M cat. E D C B A
	100 m sf W/M cat. E D C B A
	400 m im W/M cat. C B A
	800 m sf W/M cat. D C B A
	400 m bf W/M cat. E D C B A
	4 x 100 m sf mikst relay Junior
	4 x 100 m sf mikst relay Open
	Awarding Ceremony