



V MI DZYNARODOWE MISTRZOSTWA WARMII I MAZUR  
OLSZTYN, 4. - 5.12.2021

Konkurencja 29

2021.12.05 - 13:36

Kobiet, 400m dowolny

Open

Wyniki

Rekord PL Open	4:05.77	BARZYCKA Paulina	00114	Gorzow	2005.11.26
Rekord PL 19 +	4:05.77	BARZYCKA Paulina	00114	Gorzow	2005.11.26
Rekord PL 18	4:07.14	PIECHOTA Paulina	01605	Lodz	2017.12.20
Rekord PL 17	4:08.41	KILIJA SKA Donata	00612	Ostrowiec Sw.	2012.12.21
Rekord PL 16	4:08.04	KILIJA SKA Donata	00612	Poznan	2011.12.17
Rekord PL 15	4:08.60	GU Wiktoria	01705	Poznan	2019.11.23
Rekord PL 14	4:09.54	GU Wiktoria	01705	Olsztyn	2018.12.15
Rekord PL 13	4:18.09	KNOP Aleksandra	01605	Ostrowiec Sw	2016.06.18
Rekord PL 12	4:33.26	CIERPIAŁOWSKA Paulina	00310	Gdansk	2017.12.09
Rekord PL - 11	4:43.74	RAKOWSKA Marta	00407	Kedzierzyn-Kozle	2017.12.09

Punkty: FINA 2020

Pozycja	Rok ur.	Czas	Pkt.
<b>12 lat i młodszy</b>			
1. SOBÓTKA Oliwia	10	UKS 48 Warszawa ródnie cie <b>4:48.63</b>	532
50m: 32.03 32.03	150m: 1:44.58 36.73	250m: 2:58.88 36.98	350m: 4:13.60 36.83
100m: 1:07.85 35.82	200m: 2:21.90 37.32	300m: 3:36.77 37.89	400m: 4:48.63 35.03
2. KA MIERSKA Barbara	09	UKS Tri-Team Rumia <b>4:49.87</b>	525
50m:	150m:	250m:	350m:
100m:	200m:	300m:	400m: 4:49.87
3. SOBOLAK Gabriela	09	TP Olimpijczyk Aleksandrów Łód <b>4:50.74</b>	520
50m: 33.99 33.99	150m: 1:48.45 37.49	250m: 3:02.70 36.51	350m: 4:16.35 36.97
100m: 1:10.96 36.97	200m: 2:26.19 37.74	300m: 3:39.38 36.68	400m: 4:50.74 34.39
4. WILCZEWSKA Wiktoria	09	GKS „CARTUSIA” w Kartuzach <b>4:56.60</b>	490
50m: 34.55 34.55	150m: 1:49.52 37.85	250m: 3:05.62 37.78	350m: 4:21.20 37.35
100m: 1:11.67 37.12	200m: 2:27.84 38.32	300m: 3:43.85 38.23	400m: 4:56.60 35.40
5. GNA Nadia	09	UKS Tri-Team Rumia <b>4:58.42</b>	481
50m: 34.35 34.35	150m: 1:48.42 37.23	250m: 3:04.27 37.94	350m: 4:20.90 38.12
100m: 1:11.19 36.84	200m: 2:26.33 37.91	300m: 3:42.78 38.51	400m: 4:58.42 37.52
6. GORZKIEWICZ Łucja	09	UKS „GIM 92 Ursynów” <b>5:01.63</b>	466
50m: 34.07 34.07	150m: 1:49.13 38.16	250m: 3:06.12 38.20	350m: 4:24.15 39.89
100m: 1:10.97 36.90	200m: 2:27.92 38.79	300m: 3:44.26 38.14	400m: 5:01.63 37.48
7. CZARNECKA Oliwia	09	UKS Tri-Team Rumia <b>5:01.68</b>	466
50m: 35.34 35.34	150m: 1:52.33 38.60	250m: 3:08.73 38.15	350m: 4:25.04 37.91
100m: 1:13.73 38.39	200m: 2:30.58 38.25	300m: 3:47.13 38.40	400m: 5:01.68 36.64
8. GŁA EWSKA Zofia	09	UKS „GIM 92 Ursynów” <b>5:14.27</b>	412
50m: 35.79 35.79	150m: 1:56.97 40.41	250m: 3:17.17 40.13	350m: 4:35.83 39.09
100m: 1:16.56 40.77	200m: 2:37.04 40.07	300m: 3:56.74 39.57	400m: 5:14.27 38.44
9. DZIK Zoja	09	SWIMLAND Olsztyn <b>5:20.87</b>	387
50m: 37.52 37.52	150m: 2:00.14 41.10	250m: 3:21.66 41.14	350m: 4:44.01 41.19
100m: 1:19.04 41.52	200m: 2:40.52 40.38	300m: 4:02.82 41.16	400m: 5:20.87 36.86
10. MALINOWSKA Matylda	09	GKS „CARTUSIA” w Kartuzach <b>5:24.82</b>	373
50m: 36.71 36.71	150m: 1:58.85 41.99	250m: 3:22.74 42.29	350m: 4:45.33 40.44
100m: 1:16.86 40.15	200m: 2:40.45 41.60	300m: 4:04.89 42.15	400m: 5:24.82 39.49
11. WOJTCZYK Alicja	09	TP Olimpijczyk Aleksandrów Łód <b>5:28.17</b>	362
50m: 35.98 35.98	150m: 1:58.21 42.24	250m: 3:22.56 41.80	350m: 4:47.23 41.81
100m: 1:15.97 39.99	200m: 2:40.76 42.55	300m: 4:05.42 42.86	400m: 5:28.17 40.94
12. WYROSTEK Lena	09	KS Płetwal Szczytno <b>5:59.68</b>	275
50m: 38.81 38.81	150m: 2:09.14 45.95	250m: 3:43.30 47.58	350m: 5:15.90 45.87
100m: 1:23.19 44.38	200m: 2:55.72 46.58	300m: 4:30.03 46.73	400m: 5:59.68 43.78



V MI DZYNARODOWE MISTRZOSTWA WARMII I MAZUR  
OLSZTYN, 4. - 5.12.2021

Konkurencja 29, Dziewcz t, 400m dowolny, 12 lat i młodszy

Pozycja			Rok ur.				Czas	Pkt.
13.	MATYJA Dagmara		09	IKS Konstancin			<b>6:14.51</b>	243
	50m: 39.65 39.65	150m: 2:16.22	49.21	250m: 3:55.23	49.50	350m: 5:32.56	48.24	
	100m: 1:27.01 47.36	200m: 3:05.73	49.51	300m: 4:44.32	49.09	400m: 6:14.51	41.95	
13 lat								
1.	KONDRASIUK Zofia		08	UKS „GIM 92 Ursynów”			<b>4:41.82</b>	571
	50m: 32.74 32.74	150m: 1:43.78	35.92	250m: 2:56.81	36.73	350m: 4:08.12	35.57	
	100m: 1:07.86 35.12	200m: 2:20.08	36.30	300m: 3:32.55	35.74	400m: 4:41.82	33.70	
2.	PAWLAK Lena		08	TP Olimpijczyk Aleksandrów Łód			<b>4:48.79</b>	531
	50m: 32.50 32.50	150m: 1:46.87	37.56	250m: 2:59.96	36.11	350m: 4:13.45	36.67	
	100m: 1:09.31 36.81	200m: 2:23.85	36.98	300m: 3:36.78	36.82	400m: 4:48.79	35.34	
3.	GRZECH Maja		08	GKS „CARTUSIA” w Kartuzach			<b>4:51.34</b>	517
	50m: 33.21 33.21	150m: 1:47.72	37.39	250m: 3:02.21	36.94	350m: 4:15.78	36.49	
	100m: 1:10.33 37.12	200m: 2:25.27	37.55	300m: 3:39.29	37.08	400m: 4:51.34	35.56	
4.	RYCHTER Marta		08	TP Olimpijczyk Aleksandrów Łód			<b>4:53.34</b>	507
	50m: 33.67 33.67	150m: 1:49.04	37.68	250m: 3:03.64	36.87	350m: 4:18.44	36.91	
	100m: 1:11.36 37.69	200m: 2:26.77	37.73	300m: 3:41.53	37.89	400m: 4:53.34	34.90	
5.	CHABOWSKA Gabriela		08	UKS abianka Gda sk			<b>4:54.27</b>	502
	50m: 32.95 32.95	150m: 1:47.81	37.85	250m: 3:03.92	38.27	350m: 4:19.01	37.46	
	100m: 1:09.96 37.01	200m: 2:25.65	37.84	300m: 3:41.55	37.63	400m: 4:54.27	35.26	
6.	TRAFALSKA Antonina		08	TP Olimpijczyk Aleksandrów Łód			<b>4:57.44</b>	486
	50m: 33.13 33.13	150m: 1:47.92	37.79	250m: 3:04.31	37.84	350m: 4:20.61	37.95	
	100m: 1:10.13 37.00	200m: 2:26.47	38.55	300m: 3:42.66	38.35	400m: 4:57.44	36.83	
7.	JABŁO SKA Natalia		08	MTP Kormoran Olsztyn			<b>5:02.55</b>	462
	50m: 35.72 35.72	150m: 1:53.69	39.22	250m: 3:11.47	38.60	350m: 4:28.11	37.64	
	100m: 1:14.47 38.75	200m: 2:32.87	39.18	300m: 3:50.47	39.00	400m: 5:02.55	34.44	
8.	CHAREWICZ Oliwia		08	UKS Pi tka Ostroł ka			<b>5:06.02</b>	446
	50m: 33.86 33.86	150m: 1:51.20	39.14	250m: 3:10.27	39.98	350m: 4:29.84	40.03	
	100m: 1:12.06 38.20	200m: 2:30.29	39.09	300m: 3:49.81	39.54	400m: 5:06.02	36.18	
9.	SKRABOWSKA Karolina		08	UKS „Frog” Gi ycko			<b>5:07.34</b>	440
	50m: 33.99 33.99	150m: 1:51.68	39.49	250m: 3:12.05	40.14	350m: 4:31.48	39.46	
	100m: 1:12.19 38.20	200m: 2:31.91	40.23	300m: 3:52.02	39.97	400m: 5:07.34	35.86	
10.	WALC Alicja		08	KS Płetwal Szczytno			<b>5:21.73</b>	384
	50m: 35.28 35.28	150m: 2:39.08	1:23.63	250m: 4:01.97	41.63	350m:		
	100m: 1:15.45 40.17	200m: 3:20.34	41.26	300m: 4:43.53	41.56	400m: 5:21.73		
11.	ZIELI SKA Małgorzata		08	UKS abianka Gda sk			<b>5:25.09</b>	372
	50m: 35.30 35.30	150m: 1:55.98	40.66	250m: 3:19.21	41.87	350m: 4:43.64	42.72	
	100m: 1:15.32 40.02	200m: 2:37.34	41.36	300m: 4:00.92	41.71	400m: 5:25.09	41.45	
12.	JARMOŁOWICZ Gabriela		08	UKS „Frog” Gi ycko			<b>5:33.30</b>	345
	50m:	150m:		250m: 3:27.87		350m:		
	100m:	200m:		300m:		400m: 5:33.30		



V MI DZYNARODOWE MISTRZOSTWA WARMII I MAZUR  
OLSZTYN, 4. - 5.12.2021

Konkurencja 29, Kobiet, 400m dowolny

14 lat i starsi

1. CZUBAK Maria	06	IKS Konstancin	<b>4:22.45</b>	708
50m: 28.86 28.86	150m: 1:34.35 33.28	250m: 2:41.69 33.60	350m: 3:49.83 34.10	
100m: 1:01.07 32.21	200m: 2:08.09 33.74	300m: 3:15.73 34.04	400m: 4:22.45 32.62	
2. CIRTAUTAITE Saule	04	Klaipėdos Gintaro Sporto Centras	<b>4:41.86</b>	571
50m: 31.59 31.59	150m: 1:43.18 36.33	250m: 2:55.35 35.91	350m: 4:07.63 36.36	
100m: 1:06.85 35.26	200m: 2:19.44 36.26	300m: 3:31.27 35.92	400m: 4:41.86 34.23	
3. DZIUBA Monika	07	SWIMLAND Olsztyn	<b>4:52.70</b>	510
50m: 32.04 32.04	150m: 1:44.37 36.77	250m: 3:00.54 37.84	350m: 4:16.60 37.95	
100m: 1:07.60 35.56	200m: 2:22.70 38.33	300m: 3:38.65 38.11	400m: 4:52.70 36.10	
4. GAJEWSKA Maja	07	GKS „CARTUSIA” w Kartuzach	<b>4:59.48</b>	476
50m: 32.45 32.45	150m: 1:48.69 38.58	250m: 3:05.50 38.37	350m: 4:22.54 38.33	
100m: 1:10.11 37.66	200m: 2:27.13 38.44	300m: 3:44.21 38.71	400m: 4:59.48 36.94	
5. UCHOWSKA Antonina	07	SWIMLAND Olsztyn	<b>4:59.74</b>	475
50m: 33.10 33.10	150m: 1:47.56 37.51	250m: 3:04.28 38.41	350m: 4:21.98 38.57	
100m: 1:10.05 36.95	200m: 2:25.87 38.31	300m: 3:43.41 39.13	400m: 4:59.74 37.76	
6. MURAWSKA Wiktoria	07	KS Delfin Gdynia	<b>5:05.47</b>	449
50m:	150m:	250m:	350m:	
100m:	200m:	300m: 3:49.63	400m: 5:05.47	
7. GIEROWSKA Antonina	07	UKS „GIM 92 Ursynów”	<b>5:05.91</b>	447
50m: 33.68 33.68	150m: 1:50.84 39.33	250m: 3:09.10 38.68	350m: 4:27.69 39.74	
100m: 1:11.51 37.83	200m: 2:30.42 39.58	300m: 3:47.95 38.85	400m: 5:05.91 38.22	
8. ROJEK Hanna	07	MTP Kormoran Olsztyn	<b>5:23.12</b>	379
50m: 36.37 36.37	150m: 1:58.87 41.70	250m: 3:21.67 40.83	350m: 4:43.81 41.17	
100m: 1:17.17 40.80	200m: 2:40.84 41.97	300m: 4:02.64 40.97	400m: 5:23.12 39.31	
9. PAZIK Dominika	07	SWIMLAND Olsztyn	<b>5:36.73</b>	335
50m: 37.88 37.88	150m: 2:03.76 42.73	250m: 3:30.43 43.50	350m: 4:56.47 42.30	
100m: 1:21.03 43.15	200m: 2:46.93 43.17	300m: 4:14.17 43.74	400m: 5:36.73 40.26	