



Zimowe Mistrzostwa Polski Juniorów 14 letnich w pływaniu
Olsztyn, 17. - 19.12.2021

Konkurencja 11
2021.12.17 - 11:45

Dziewcz t, 400m zmienny

14 lat

Wyniki Eliminacje

Rekord Polski Open	4:31.89	BARANOWSKA Katarzyna	POL	Debrecen (HUN)	2007.12.16
Rekord Polski 14	4:43.77	KNOP Aleksandra	POL	Łódź	2017.12.22

Punkty: FINA 2021

Pozycja			Rok ur.					Czas	Pkt.
1.	PRZYBYLSKA Oliwia		07	MKS Piaseczno				5:03.91	618 A
	50m:	32.21 32.21	150m:	1:47.44	37.42	250m:	3:06.71 42.35	350m:	4:27.23 37.49
	100m:	1:10.02 37.81	200m:	2:24.36	36.92	300m:	3:49.74 43.03	400m:	5:03.91 36.68
2.	POPPE Marta		07	UKS „MANTA” Kochłowice Ruda I ska				5:07.32	598 A
	50m:	32.95 32.95	150m:	1:50.34	39.65	250m:	3:13.09 42.98	350m:	4:32.26 34.84
	100m:	1:10.69 37.74	200m:	2:30.11	39.77	300m:	3:57.42 44.33	400m:	5:07.32 35.06
3.	PLAGA Olga		07	TP Skalar Słupsk				5:08.17	593 A
	50m:	33.72 33.72	150m:	1:50.66	39.76	250m:	3:13.32 43.53	350m:	4:33.32 36.58
	100m:	1:10.90 37.18	200m:	2:29.79	39.13	300m:	3:56.74 43.42	400m:	5:08.17 34.85
4.	GLI SKA Oliwia		07	TP Zielona Góra				5:08.88	589 A
	50m:	33.74 33.74	150m:	1:50.39	37.92	250m:	3:13.38 44.41	350m:	4:33.89 35.75
	100m:	1:12.47 38.73	200m:	2:28.97	38.58	300m:	3:58.14 44.76	400m:	5:08.88 34.99
5.	K DZIOR Pola		07	UKS SP5 Swim				5:13.72	562 A
	50m:	33.70 33.70	150m:	1:50.28	39.29	250m:	3:14.97 45.64	350m:	4:37.11 36.30
	100m:	1:10.99 37.29	200m:	2:29.33	39.05	300m:	4:00.81 45.84	400m:	5:13.72 36.61
6.	JAINTA Sara		07	DOKiS SP Vega Dobrodzie				5:14.77	556 A
	50m:	33.91 33.91	150m:	1:51.91	39.92	250m:	3:17.38 46.83	350m:	4:40.44 36.80
	100m:	1:11.99 38.08	200m:	2:30.55	38.64	300m:	4:03.64 46.26	400m:	5:14.77 34.33
7.	MARCINIAK Aleksandra		07	UKS SMS Galicja Kraków				5:15.39	553 A
	50m:	32.65 32.65	150m:	1:51.78	41.01	250m:	3:16.21 43.96	350m:	4:38.80 38.22
	100m:	1:10.77 38.12	200m:	2:32.25	40.47	300m:	4:00.58 44.37	400m:	5:15.39 36.59
8.	DENISIEWICZ Zuzanna		07	UKS Nawa Skierniewice				5:17.48	542 A
	50m:	36.49 36.49	150m:	1:57.33	39.78	250m:	3:21.08 45.04	350m:	4:41.81 37.12
	100m:	1:17.55 41.06	200m:	2:36.04	38.71	300m:	4:04.69 43.61	400m:	5:17.48 35.67
9.	MIERNIK Hanna		07	MOSM Tychy				5:21.74	521 A
	50m:	34.30 34.30	150m:	1:55.75	41.74	250m:	3:21.94 45.42	350m:	4:45.35 36.61
	100m:	1:14.01 39.71	200m:	2:36.52	40.77	300m:	4:08.74 46.80	400m:	5:21.74 36.39
10.	MICHALIK Weronika		07	UKS Nawa Skierniewice				5:22.31	518 A
	50m:	34.14 34.14	150m:	1:56.25	40.88	250m:	3:19.32 43.27	350m:	4:44.72 39.69
	100m:	1:15.37 41.23	200m:	2:36.05	39.80	300m:	4:05.03 45.71	400m:	5:22.31 37.59
11.	KRÓL Karolina		07	UKS SMS Galicja Kraków				5:26.14	500 B
	50m:	36.10 36.10	150m:	1:56.96	41.33	250m:	3:23.61 46.19	350m:	4:50.36 39.47
	100m:	1:15.63 39.53	200m:	2:37.42	40.46	300m:	4:10.89 47.28	400m:	5:26.14 35.78
12.	KOZIOŁ Gabriela		07	UKS "Feniks" D bica				5:27.54	494 B
	50m:	33.37 33.37	150m:	1:55.80	41.28	250m:	3:22.81 46.07	350m:	4:49.73 39.53
	100m:	1:14.52 41.15	200m:	2:36.74	40.94	300m:	4:10.20 47.39	400m:	5:27.54 37.81
13.	JAROS Aleksandra		07	KS Neptun widnica				5:28.89	488 B
	50m:	33.39 33.39	150m:	1:56.93	44.94	250m:	3:28.21 47.04	350m:	4:53.85 37.70
	100m:	1:11.99 38.60	200m:	2:41.17	44.24	300m:	4:16.15 47.94	400m:	5:28.89 35.04
14.	DRA YK Wiktoria		07	UKS „MANTA” Kochłowice Ruda I ska				5:29.11	487 B
	50m:	35.11 35.11	150m:	1:56.70	41.28	250m:	3:27.69 47.87	350m:	4:54.54 37.24
	100m:	1:15.42 40.31	200m:	2:39.82	43.12	300m:	4:17.30 49.61	400m:	5:29.11 34.57
15.	KURYSIA Anna		07	UKP Unia O wi cim				5:30.32	481 B
	50m:	34.96 34.96	150m:	1:58.40	40.95	250m:	3:25.30 44.52	350m:	4:51.91 39.14
	100m:	1:17.45 42.49	200m:	2:40.78	42.38	300m:	4:12.77 47.47	400m:	5:30.32 38.41
16.	LIPI SKA Julia		07	UKS "Feniks" D bica				5:30.74	479 B
	50m:	34.64 34.64	150m:	1:57.83	43.52	250m:	3:25.45 45.51	350m:	4:52.72 40.97
	100m:	1:14.31 39.67	200m:	2:39.94	42.11	300m:	4:11.75 46.30	400m:	5:30.74 38.02

wyniki: www.livetiming.pl

obsługa informatyczna: elachodyna@poczta.fm

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Olsztyn, 17. - 19.12.2021

Konkurencja 11, Dziewcz t, 400m zmienny, Eliminacje, 14 lat

Pozycja				Rok ur.						Czas	Pkt.	
17.	BUDZE	Monika		07	MKP Astromal-Leszno					5:31.03	478 B	
	50m:	33.79	33.79	150m:	1:56.63	43.01	250m:	3:26.93	47.50	350m:	4:54.10	38.41
	100m:	1:13.62	39.83	200m:	2:39.43	42.80	300m:	4:15.69	48.76	400m:	5:31.03	36.93
18.	ZARZECKA	Roksana		07	Klub Pływacki Ciechanów					5:32.46	472 B	
	50m:			150m:	1:56.95		250m:	3:25.68		350m:	4:54.14	40.35
	100m:			200m:			300m:	4:13.79	48.11	400m:	5:32.46	38.32
19.	CICHA	Zofia		07	UKS SMS Galicja Kraków					5:32.56	472 B	
	50m:	35.96	35.96	150m:	2:01.35	43.78	250m:	3:30.46	46.51	350m:	4:56.10	38.43
	100m:	1:17.57	41.61	200m:	2:43.95	42.60	300m:	4:17.67	47.21	400m:	5:32.56	36.46
20.	RUTKOWSKA	Aneta		07	UKS SP-149 Łódź					5:34.07	465 B	
	50m:	33.88	33.88	150m:	1:59.02	43.57	250m:	3:27.84	45.40	350m:	4:55.48	40.13
	100m:	1:15.45	41.57	200m:	2:42.44	43.42	300m:	4:15.35	47.51	400m:	5:34.07	38.59
21.	SOSNÓWKA	Milena		07	UKP Fala Kraków					5:34.64	463 R	
	50m:	34.68	34.68	150m:	1:58.87	44.29	250m:	3:30.48	48.85	350m:	4:58.17	39.02
	100m:	1:14.58	39.90	200m:	2:41.63	42.76	300m:	4:19.15	48.67	400m:	5:34.64	36.47
22.	SZOLC	Zuzanna		07	Uks "Aqua Team Mikołów"					5:38.49	447 R	
	50m:	36.51	36.51	150m:	2:03.01	42.69	250m:	3:33.16	46.86	350m:	5:00.69	39.37
	100m:	1:20.32	43.81	200m:	2:46.30	43.29	300m:	4:21.32	48.16	400m:	5:38.49	37.80
23.	MAKOWSKA	Maria		07	UKS „Sokół” Ustronie Morskie					5:51.17	400	
	50m:	38.03	38.03	150m:	2:09.40	46.20	250m:	3:41.56	48.29	350m:	5:13.60	43.00
	100m:	1:23.20	45.17	200m:	2:53.27	43.87	300m:	4:30.60	49.04	400m:	5:51.17	37.57
24.	STANISZEWSKA	Alena		07	Uks "Salmo ory"					6:02.58	364	
	50m:	39.88	39.88	150m:	2:14.31	47.11	250m:	3:48.96	49.19	350m:	5:22.95	42.69
	100m:	1:27.20	47.32	200m:	2:59.77	45.46	300m:	4:40.26	51.30	400m:	6:02.58	39.63
25.	GRITZNER	Marianna		07	MKS Medyk Giżycko					6:02.74	363	
	50m:	35.26	35.26	150m:	2:04.31	46.27	250m:	3:40.20	49.75	350m:	5:17.36	46.20
	100m:	1:18.04	42.78	200m:	2:50.45	46.14	300m:	4:31.16	50.96	400m:	6:02.74	45.38
DYSKW.	KWIATKOWSKA	Amelia		07	MUKS Unia Busko Zdrój							
	<i>K15</i>											
	50m:	34.56	34.56	150m:	1:56.67	41.12	250m:			350m:	4:50.31	
	100m:	1:15.55	40.99	200m:	2:36.46	39.79	300m:			400m:		
DYSKW.	WRÓBLEWSKA	Kaja		07	Swim Team Lubartów							
	<i>Z3/G3</i>											
	50m:	36.22	36.22	150m:			250m:			350m:	5:01.08	
	100m:			200m:			300m:			400m:		
NIE UK.	JACUK	Julia		07	MKS „Astoria” Bydgoszcz							
	50m:	35.56	35.56	150m:	2:00.90	42.21	250m:			350m:		
	100m:	1:18.69	43.13	200m:	2:41.60	40.70	300m:			400m:		