

VI OTWARTE MISTRZOSTWA WARMII I MAZUR  
 OLSZTYN, 28. - 29.5.2022

 Konkurencja 29  
 2022.05.29 - 12:28

Kobiet, 400m dowolny

 12 - 18 lat  
 Wyniki

Punkty: FINA 2022

Pozycja	Rok ur.	Imię i Nazwisko	Club	Time	Pkt.	100m	200m	300m	400m
<b>12 lat</b>									
1.	10	SZKRABA Julia	MTP Kormoran Olsztyn	<b>5:26.11</b>	381	1:16.46	1:25.26	1:24.41	1:19.98
		50m: 35.30	35.30	150m: 1:59.97	43.51	250m: 3:24.64	42.92	350m: 4:47.49	41.36
		100m: 1:16.46	41.16	200m: 2:41.72	41.75	300m: 4:06.13	41.49	400m: 5:26.11	38.62
2.	10	DZIAPKA Lena	MTP Kormoran Olsztyn	<b>5:50.40</b>	307	1:23.34	1:29.86	1:31.03	1:26.17
		50m: 39.58	39.58	150m: 2:07.72	44.38	250m: 3:38.93	45.73	350m: 5:08.97	44.74
		100m: 1:23.34	43.76	200m: 2:53.20	45.48	300m: 4:24.23	45.30	400m: 5:50.40	41.43
<b>13 lat</b>									
1.	09	WILCZEWSKA Wiktoria	GKS „CARTUSIA” w Kartuz	<b>5:04.28</b>	469	1:17.05	1:19.11	1:16.37	1:11.75
		50m: 36.73	36.73	150m: 1:56.84	39.79	250m: 3:13.85	37.69	350m: 4:30.87	38.34
		100m: 1:17.05	40.32	200m: 2:36.16	39.32	300m: 3:52.53	38.68	400m: 5:04.28	33.41
2.	09	SOWI SKA Wiktoria	Klub Pływacki Ciechanów	<b>5:05.03</b>	465	1:11.74	1:18.79	1:19.11	1:15.39
		50m: 34.27	34.27	150m: 1:51.58	39.84	250m: 3:10.46	39.93	350m: 4:28.82	39.18
		100m: 1:11.74	37.47	200m: 2:30.53	38.95	300m: 3:49.64	39.18	400m: 5:05.03	36.21
3.	09	EKIERT Gabriela	MKS Juwenia Białystok	<b>5:05.38</b>	464	1:11.16	1:17.77	1:19.56	1:16.89
		50m: 34.52	34.52	150m: 4:28.41	3:17.25	250m:	350m:	400m:	
		100m: 1:11.16	36.64	200m: 2:28.93		300m: 3:48.49		5:05.38	
4.	09	MALINOWSKA Matylda	GKS „CARTUSIA” w Kartuz	<b>5:18.67</b>	408	1:13.21	1:20.56	1:22.17	1:22.73
		50m: 33.84	33.84	150m: 1:53.48	40.27	250m: 3:14.56	40.79	350m: 4:37.59	41.65
		100m: 1:13.21	39.37	200m: 2:33.77	40.29	300m: 3:55.94	41.38	400m: 5:18.67	41.08
5.	09	DZIK Zoja	SWIMLAND Olsztyn	<b>5:31.04</b>	364	1:17.39	1:25.60	1:25.36	1:22.69
		50m: 36.52	36.52	150m: 1:59.83	42.44	250m: 3:25.49	42.50	350m: 4:49.85	41.50
		100m: 1:17.39	40.87	200m: 2:42.99	43.16	300m: 4:08.35	42.86	400m: 5:31.04	41.19
6.	09	ZDUNIAK Ewa	MTP Kormoran Olsztyn	<b>5:33.88</b>	355	1:16.87	1:26.01	1:26.49	1:24.51
		50m: 35.90	35.90	150m: 2:00.11	43.24	250m: 3:25.58	42.70	350m: 4:52.12	42.75
		100m: 1:16.87	40.97	200m: 2:42.88	42.77	300m: 4:09.37	43.79	400m: 5:33.88	41.76
7.	09	MILEWSKA Dorota	MTP Kormoran Olsztyn	<b>5:39.73</b>	337	1:18.41	1:27.39	1:28.17	1:25.76
		50m: 37.09	37.09	150m: 2:01.77	43.36	250m: 3:30.60	44.80	350m: 4:57.15	43.18
		100m: 1:18.41	41.32	200m: 2:45.80	44.03	300m: 4:13.97	43.37	400m: 5:39.73	42.58
8.	09	CHRZANOWSKA Amelia	MTP Kormoran Olsztyn	<b>5:54.65</b>	296	1:22.15	1:31.99	1:31.77	1:28.74
		50m: 38.33	38.33	150m: 2:07.66	45.51	250m: 3:39.73	45.59	350m: 5:10.89	44.98
		100m: 1:22.15	43.82	200m: 2:54.14	46.48	300m: 4:25.91	46.18	400m: 5:54.65	43.76
<b>14 lat</b>									
1.	08	ORNOWSKA Zuzanna	MKS Juwenia Białystok	<b>4:56.02</b>	509	1:08.22			1:16.04
		50m: 32.17	32.17	150m: 1:45.50	37.28	250m: 3:01.48	38.50	350m: 4:18.82	38.84
		100m: 1:08.22	36.05	200m:		300m: 3:39.98		400m: 4:56.02	37.20
2.	08	SKORYKOW Lena	UKS Ostrobramska	<b>4:56.44</b>	507	1:10.41	1:16.60	1:16.68	1:12.75
		50m: 33.52	33.52	150m: 1:48.58	38.17	250m: 3:05.38	38.37	350m: 4:21.61	37.92
		100m: 1:10.41	36.89	200m: 2:27.01	38.43	300m: 3:43.69	38.31	400m: 4:56.44	34.83
<b>15 - 18 lat</b>									
1.	06	ADAMCZYK Karolina	Mokotowski UKP Warszawa	<b>4:36.82</b>	623	1:04.32	1:09.51	1:11.19	1:11.80
		50m: 30.76	30.76	150m: 1:38.62	34.30	250m: 2:49.05	35.22	350m: 4:01.23	36.21
		100m: 1:04.32	33.56	200m: 2:13.83	35.21	300m: 3:25.02	35.97	400m: 4:36.82	35.59
2.	05	TAKUSEVICIUTE Ugne	Litwa 1	<b>4:45.05</b>	570	1:06.20	1:12.30	1:14.41	1:12.14
		50m: 31.30	31.30	150m: 1:42.04	35.84	250m: 2:55.64	37.14	350m: 4:09.50	36.59
		100m: 1:06.20	34.90	200m: 2:18.50	36.46	300m: 3:32.91	37.27	400m: 4:45.05	35.55

VI OTWARTE MISTRZOSTWA WARMII I MAZUR  
 OLSZTYN, 28. - 29.5.2022

## Konkurencja 29, Kobiet, 400m dowolny, 15 - 18 lat

Pozycja	Rok ur.	Czas	Pkt.	100m	200m	300m	400m				
3. RULEWSKA Julia	06	UKS „Ósemka” Starogard C	<b>4:46.22</b>	563	1:07.95	1:12.48	1:13.98	1:11.81			
50m:	32.32	32.32	150m:	1:44.06	36.11	250m:	2:57.34	36.91	350m:	4:11.11	36.70
100m:	1:07.95	35.63	200m:	2:20.43	36.37	300m:	3:34.41	37.07	400m:	4:46.22	35.11
4. ORASZEK Karolina	07	Mokotowski UKP Warszawi	<b>4:49.84</b>	542	1:07.93	1:14.88	1:14.15	1:12.88			
50m:	32.04	32.04	150m:	1:45.20	37.27	250m:	2:59.55	36.74	350m:	4:13.68	36.72
100m:	1:07.93	35.89	200m:	2:22.81	37.61	300m:	3:36.96	37.41	400m:	4:49.84	36.16
5. TARASZKIEWICZ Zofia	07	Mokotowski UKP Warszawi	<b>4:50.08</b>	541	1:08.01	1:14.33	1:14.79	1:12.95			
50m:	32.14	32.14	150m:	1:45.21	37.20	250m:	2:59.49	37.15	350m:	4:14.69	37.56
100m:	1:08.01	35.87	200m:	2:22.34	37.13	300m:	3:37.13	37.64	400m:	4:50.08	35.39