



Mistrzostwa Województwa Warmińsko-Mazurskiego OZP  
OLSZTYN, 11. - 12.11.2022

Konkurencja 11  
11.11.2022 - 13:05

Kobiet, 400m dowolny

11 lat i starsi  
Wyniki

Punkty: FINA 2022

Pozycja	Rok ur.								Czas	Pkt.
11 lat										
1.	KAROLEWSKA Julia	11	MTP Kormoran Olsztyn						<b>5:38.17</b>	330
	50m: 37.23 37.23	150m: 2:02.45	43.71	250m: 3:29.65	43.44	350m: 4:58.53	44.83			
	100m: 1:18.74 41.51	200m: 2:46.21	43.76	300m: 4:13.70	44.05	400m: 5:38.17	39.64			
2.	KAROLEWSKA Weronika	11	MTP Kormoran Olsztyn						<b>5:57.60</b>	279
	50m: 41.13 41.13	150m: 2:13.35	45.98	250m:		350m:				
	100m: 1:27.37 46.24	200m: 2:58.80	45.45	300m:		400m: 5:57.60				
3.	BARCZAK Karolina	11	MTP Kormoran Olsztyn						<b>5:58.66</b>	277
	50m: 41.11 41.11	150m: 2:13.63	46.39	250m: 3:44.87	45.57	350m: 5:17.52	45.89			
	100m: 1:27.24 46.13	200m: 2:59.30	45.67	300m: 4:31.63	46.76	400m: 5:58.66	41.14			
12 lat										
1.	DZIAPKA Lena	10	MTP Kormoran Olsztyn						<b>5:29.17</b>	358
	50m: 37.72 37.72	150m: 2:02.73	42.74	250m: 3:27.26	41.88	350m: 4:50.42	40.86			
	100m: 1:19.99 42.27	200m: 2:45.38	42.65	300m: 4:09.56	42.30	400m: 5:29.17	38.75			
2.	KOZO Wiktoria	10	UKP Jedyńka Elbl g						<b>5:57.90</b>	279
	50m: 39.06 39.06	150m: 2:10.16	46.62	250m: 3:45.24	47.59	350m: 5:18.45	46.68			
	100m: 1:23.54 44.48	200m: 2:57.65	47.49	300m: 4:31.77	46.53	400m: 5:57.90	39.45			
3.	LECH Michałina	10	MTP Kormoran Olsztyn						<b>6:18.97</b>	235
	50m: 43.38 43.38	150m: 3:11.70	1:39.09	250m: 4:48.90	47.71	350m: 6:18.97	42.05			
	100m: 1:32.61 49.23	200m: 4:01.19	49.49	300m: 5:36.92	48.02	400m: 6:18.97				
13 lat										
1.	STACHEWICZ Magdalena	09	MTP Kormoran Olsztyn						<b>5:03.59</b>	457
	50m: 34.26 34.26	150m: 1:51.21	39.25	250m: 3:08.84	38.92	350m: 4:25.65	38.23			
	100m: 1:11.96 37.70	200m: 2:29.92	38.71	300m: 3:47.42	38.58	400m: 5:03.59	37.94			
2.	DZIK Zoja	09	SWIMLAND Olsztyn						<b>5:17.26</b>	400
	50m: 35.11 35.11	150m: 1:54.16	40.40	250m: 3:16.45	40.91	350m: 4:38.56	41.72			
	100m: 1:13.76 38.65	200m: 2:35.54	41.38	300m: 3:56.84	40.39	400m: 5:17.26	38.70			
3.	MILEWSKA Dorota	09	MTP Kormoran Olsztyn						<b>5:22.82</b>	380
	50m: 36.95 36.95	150m: 1:58.08	40.79	250m: 4:02.71	41.37	350m:				
	100m: 1:17.29 40.34	200m: 3:21.34	1:23.26	300m: 4:44.03	41.32	400m: 5:22.82				
4.	ZDUNIAK Ewa	09	MTP Kormoran Olsztyn						<b>5:26.17</b>	368
	50m: 35.72 35.72	150m: 1:57.32	41.71	250m: 3:21.88	42.25	350m: 4:45.47	40.85			
	100m: 1:15.61 39.89	200m: 2:39.63	42.31	300m: 4:04.62	42.74	400m: 5:26.17	40.70			
5.	CHRZANOWSKA Amelia	09	MTP Kormoran Olsztyn						<b>5:29.07</b>	359
	50m: 36.14 36.14	150m: 1:59.04	42.37	250m: 3:25.03	43.09	350m: 4:49.81	42.15			
	100m: 1:16.67 40.53	200m: 2:41.94	42.90	300m: 4:07.66	42.63	400m: 5:29.07	39.26			
6.	NASZKIEWICZ Inga	09	MUKS Piorun Gołdap						<b>5:35.53</b>	338
	50m: 37.43 37.43	150m: 2:01.86	42.97	250m: 3:28.63	42.88	350m: 4:55.38	42.57			
	100m: 1:18.89 41.46	200m: 2:45.75	43.89	300m: 4:12.81	44.18	400m: 5:35.53	40.15			
7.	GRITZNER Milena	09	MKS Medyk Gi ycko						<b>5:52.35</b>	292
	50m: 37.90 37.90	150m: 2:06.61	45.02	250m: 3:37.69	46.14	350m: 5:52.35	1:28.99			
	100m: 1:21.59 43.69	200m: 2:51.55	44.94	300m: 4:23.36	45.67	400m: 5:52.35				
8.	ZIELI SKA Dominika	09	UKP Jedyńka Elbl g						<b>5:59.97</b>	274
	50m: 40.29 40.29	150m: 2:11.58	46.32	250m: 3:45.32	46.98	350m: 5:18.28	46.13			
	100m: 1:25.26 44.97	200m: 2:58.34	46.76	300m: 4:32.15	46.83	400m: 5:59.97	41.69			



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14 lat

1. JABŁO SKA Natalia	08	MTP Kormoran Olsztyn	<b>4:59.09</b>	478
50m: 33.75 33.75	150m: 1:48.89 38.21	250m: 3:06.42 38.37	350m: 4:22.20 37.64	
100m: 1:10.68 36.93	200m: 2:28.05 39.16	300m: 3:44.56 38.14	400m: 4:59.09 36.89	
2. JARMOŁOWICZ Gabriela	08	UKS „Frog” Gi ycko	<b>5:19.02</b>	394
50m: 36.14 36.14	150m: 1:56.95 40.42	250m: 3:19.60 41.40	350m: 4:42.69 42.05	
100m: 1:16.53 40.39	200m: 2:38.20 41.25	300m: 4:00.64 41.04	400m: 5:19.02 36.33	
3. SZOSTAWICKA Karolina	08	MTP Kormoran Olsztyn	<b>5:47.66</b>	304
50m: 38.72 38.72	150m: 2:06.72 44.34	250m: 3:37.65 45.98	350m: 5:04.14 43.95	
100m: 1:22.38 43.66	200m: 2:51.67 44.95	300m: 4:20.19 42.54	400m: 5:47.66 43.52	

15 lat i starsi

1. KRASZEWSKA Martyna	05	MTP Kormoran Olsztyn	<b>4:21.20</b>	718
50m: 30.22 30.22	150m: 1:36.21 33.36	250m: 2:43.27 33.51	350m: 3:49.97 33.01	
100m: 1:02.85 32.63	200m: 2:09.76 33.55	300m: 3:16.96 33.69	400m: 4:21.20 31.23	
2. SZCZUDŁO Alicja	06	SWIMLAND Olsztyn	<b>4:57.00</b>	488
50m: 33.06 33.06	150m: 1:46.52 37.42	250m: 3:03.20 38.59	350m: 4:20.60 38.79	
100m: 1:09.10 36.04	200m: 2:24.61 38.09	300m: 3:41.81 38.61	400m: 4:57.00 36.40	
3. UCHOWSKA Antonina	07	SWIMLAND Olsztyn	<b>5:11.98</b>	421
50m: 33.97 33.97	150m: 1:52.02 39.97	250m: 3:11.93 39.92	350m: 4:33.25 40.68	
100m: 1:12.05 38.08	200m: 2:32.01 39.99	300m: 3:52.57 40.64	400m: 5:11.98 38.73	
4. SUSKA Zuzanna	07	UKP Jedyńka Elbl g	<b>5:12.70</b>	418
50m: 34.72 34.72	150m: 1:54.67 40.50	250m: 3:15.90 40.63	350m: 4:34.96 37.94	
100m: 1:14.17 39.45	200m: 2:35.27 40.60	300m: 3:57.02 41.12	400m: 5:12.70 37.74	
NIE UK. BAŁDYGA Kamila	06	MTP Kormoran Olsztyn		
50m: 32.32 32.32	150m: 1:46.19 37.95	250m:	350m:	
100m: 1:08.24 35.92	200m: 2:25.76 39.57	300m:	400m:	