



Mistrzostwa Województwa Warmińsko-Mazurskiego OZP
OLSZTYN, 11. - 12.11.2022

Konkurencja 13
11.11.2022 - 16:00

Kobiet, 400m zmienny

13 lat i starsi
Wyniki

Punkty: FINA 2022

Pozycja				Rok ur.						Czas	Pkt.
13 lat											
1.	STACHEWICZ Aleksandra			09	MTP Kormoran Olsztyn					5:57.90	378
	50m: 38.55	38.55	150m: 2:07.35	45.41	250m: 3:46.38	52.25	350m:				
	100m: 1:21.94	43.39	200m: 2:54.13	46.78	300m: 4:39.32	52.94	400m:			5:57.90	
2.	ZDUNIAK Ewa			09	MTP Kormoran Olsztyn					6:11.65	338
	50m: 40.05	40.05	150m: 2:14.21	45.02	250m: 3:53.93	53.36	350m:			5:30.24	42.01
	100m: 1:29.19	49.14	200m: 3:00.57	46.36	300m: 4:48.23	54.30	400m:			6:11.65	41.41
3.	SO TA Nina			09	MTP Kormoran Olsztyn					6:49.41	253
	50m: 44.31	44.31	150m: 2:31.84	53.34	250m: 4:21.78	57.35	350m:			6:05.51	43.35
	100m: 1:38.50	54.19	200m: 3:24.43	52.59	300m: 5:22.16	1:00.38	400m:			6:49.41	43.90
14 lat											
1.	JABŁO SKA Natalia			08	MTP Kormoran Olsztyn					5:24.54	507
	50m: 35.08	35.08	150m: 1:58.54	42.48	250m: 3:25.18	44.94	350m:			4:48.13	37.68
	100m: 1:16.06	40.98	200m: 2:40.24	41.70	300m: 4:10.45	45.27	400m:			5:24.54	36.41
2.	JARMOŁOWICZ Gabriela			08	UKS „Frog” Gi ycko					5:54.40	390
	50m: 38.83	38.83	150m: 2:08.89	43.86	250m: 3:44.00	50.26	350m:			5:15.11	39.96
	100m: 1:25.03	46.20	200m: 2:53.74	44.85	300m: 4:35.15	51.15	400m:			5:54.40	39.29
15 lat i starsi											
1.	DZIUBA Monika			07	SWIMLAND Olsztyn					5:21.36	523
	50m: 34.23	34.23	150m: 1:58.35	42.67	250m: 3:23.42	43.46	350m:			4:45.53	37.53
	100m: 1:15.68	41.45	200m: 2:39.96	41.61	300m: 4:08.00	44.58	400m:			5:21.36	35.83
2.	CHOJNACKA Kinga			06	MTP Kormoran Olsztyn					5:25.22	504
	50m: 35.53	35.53	150m: 2:01.93	44.02	250m: 3:28.67	43.23	350m:			4:49.97	37.30
	100m: 1:17.91	42.38	200m: 2:45.44	43.51	300m: 4:12.67	44.00	400m:			5:25.22	35.25
3.	GRITZNER Marianna			07	MKS Medyk Gi ycko					6:05.46	355
	50m: 36.41	36.41	150m: 2:08.61	47.77	250m: 3:46.24	50.96	350m:			5:23.91	44.69
	100m: 1:20.84	44.43	200m: 2:55.28	46.67	300m: 4:39.22	52.98	400m:			6:05.46	41.55