



Mistrzostwa Województwa Warmińsko-Mazurskiego OZP
OLSZTYN, 11. - 12.11.2022

Konkurencja 14
11.11.2022 - 16:10

Mężczyzn, 400m zmienny

13 lat i starsi
Wyniki

Punkty: FINA 2022

| Pozycja | | | | Rok ur. | | | | | Czas | Pkt. | | |
|-----------------|-------------------|---------|-------|---------|----------------------|-------|-------|---------|----------------|-------|---------|-------|
| 13 lat | | | | | | | | | | | | |
| 1. | ZDROJEWSKI Michał | | | 09 | MTP Kormoran Olsztyn | | | | 5:59.11 | 279 | | |
| | 50m: | 38.41 | 38.41 | 150m: | 2:11.88 | 48.22 | 250m: | 3:47.71 | 49.58 | 350m: | 5:19.51 | 42.91 |
| | 100m: | 1:23.66 | 45.25 | 200m: | 2:58.13 | 46.25 | 300m: | 4:36.60 | 48.89 | 400m: | 5:59.11 | 39.60 |
| 14 lat | | | | | | | | | | | | |
| 1. | SROKA Zoran | | | 08 | UKS „Frog” Giżycko | | | | 5:21.13 | 390 | | |
| | 50m: | 33.09 | 33.09 | 150m: | 1:56.04 | 41.93 | 250m: | 3:23.13 | 47.10 | 350m: | 4:46.59 | 35.62 |
| | 100m: | 1:14.11 | 41.02 | 200m: | 2:36.03 | 39.99 | 300m: | 4:10.97 | 47.84 | 400m: | 5:21.13 | 34.54 |
| 15 lat i starsi | | | | | | | | | | | | |
| 1. | KAPAŁA Bartosz | | | 06 | MTP Kormoran Olsztyn | | | | 4:26.38 | 684 | | |
| | 50m: | 30.01 | 30.01 | 150m: | 1:37.36 | 33.69 | 250m: | 2:48.75 | 38.24 | 350m: | 3:56.90 | 30.17 |
| | 100m: | 1:03.67 | 33.66 | 200m: | 2:10.51 | 33.15 | 300m: | 3:26.73 | 37.98 | 400m: | 4:26.38 | 29.48 |
| 2. | RYSKI Michał | | | 06 | MTP Kormoran Olsztyn | | | | 4:33.43 | 633 | | |
| | 50m: | 29.36 | 29.36 | 150m: | 1:38.66 | 35.41 | 250m: | 2:52.42 | 38.37 | 350m: | 4:02.15 | 31.16 |
| | 100m: | 1:03.25 | 33.89 | 200m: | 2:14.05 | 35.39 | 300m: | 3:30.99 | 38.57 | 400m: | 4:33.43 | 31.28 |
| 3. | ŁOJEWSKI Adam | | | 07 | MTP Kormoran Olsztyn | | | | 4:46.71 | 549 | | |
| | 50m: | 30.00 | 30.00 | 150m: | 1:41.55 | 37.23 | 250m: | 2:59.33 | 40.65 | 350m: | 4:14.84 | 33.56 |
| | 100m: | 1:04.32 | 34.32 | 200m: | 2:18.68 | 37.13 | 300m: | 3:41.28 | 41.95 | 400m: | 4:46.71 | 31.87 |