

VI GRAND PRIX WARMII I MAZUR W PŁYWANIU
OLSZTYN, 3. - 4.12.2022

 Konkurencja 29
04.12.2022 - 12:56

Kobiet, 400m dowolny

 12 - 18 lat
Wyniki

Rekord PL Open	4:02.68	POLANSKA Aleksandra	07614	Olsztyn	18.12.2020
Rekord PL 18	4:06.90	KNOP Aleksandra	01605	Bydgoszcz	03.12.2021
Rekord PL 17	4:08.05	GUŚC Wiktoria	01705	Bydgoszcz	03.12.2021
Rekord PL 16	4:08.04	KILIJAŃSKA Donata	00612	Poznań	17.12.2011
Rekord PL 15	4:08.60	GUŚC Wiktoria	01705	Poznań	23.11.2019
Rekord PL 14	4:09.54	GUŚC Wiktoria	01705	Olsztyn	15.12.2018

Punkty: FINA 2022

Pozycja	Rok ur.								Czas		Pkt.
12 lat											
1.	LIPIŃSKA Natalia			10	UKS „Ósemka" Toruń				4:39.11	588	
	50m:	31.42	31.42	150m:	1:40.46	35.15	250m:	2:51.45	35.66	350m: 4:03.60 36.19	
	100m:	1:05.31	33.89	200m:	2:15.79	35.33	300m:	3:27.41	35.96	400m: 4:39.11 35.51	
2.	SOBÓTKA Oliwia			10	UKS „GIM 92 Ursynów"				4:46.09	546	
	50m:	32.02	32.02	150m:	1:44.59	36.56	250m:	2:57.30	36.16	350m: 4:09.84 35.73	
	100m:	1:08.03	36.01	200m:	2:21.14	36.55	300m:	3:34.11	36.81	400m: 4:46.09 36.25	
3.	GŁOMSKA Klaudia			10	UKS „Dwójka" Tczew				4:53.95	503	
	50m:	34.17	34.17	150m:	1:49.16	37.87	250m:	3:04.85	38.11	350m: 4:18.84 36.63	
	100m:	1:11.29	37.12	200m:	2:26.74	37.58	300m:	3:42.21	37.36	400m: 4:53.95 35.11	
4.	ROKICKA Gabriela			10	UKS Manta Warszawa Włochy				5:04.31	454	
	50m:	33.85	33.85	150m:	1:50.04	38.91	250m:	3:07.73	39.39	350m: 4:27.07 39.32	
	100m:	1:11.13	37.28	200m:	2:28.34	38.30	300m:	3:47.75	40.02	400m: 5:04.31 37.24	
5.	KRAWCZYK Aleksandra			10	Dwójka Morena Gdańsk				5:08.24	437	
	50m:	34.79	34.79	150m:	1:53.47	39.98	250m:	3:12.69	39.04	350m: 4:31.04 38.64	
	100m:	1:13.49	38.70	200m:	2:33.65	40.18	300m:	3:52.40	39.71	400m: 5:08.24 37.20	
6.	CZECHMAŃSKA Antonina			10	UKS Manta Warszawa Włochy				5:10.96	425	
	50m:	34.86	34.86	150m:	1:53.99	40.07	250m:	3:14.53	40.40	350m: 4:33.84 39.02	
	100m:	1:13.92	39.06	200m:	2:34.13	40.14	300m:	3:54.82	40.29	400m: 5:10.96 37.12	
7.	SZKRABA Julia			10	MTP Kormoran Olsztyn				5:15.33	408	
	50m:	36.09	36.09	150m:	1:58.86	41.57	250m:	3:17.73	39.70	350m: 4:37.13 39.10	
	100m:	1:17.29	41.20	200m:	2:38.03	39.17	300m:	3:58.03	40.30	400m: 5:15.33 38.20	
8.	NIZIO Kamila			10	UKS „GIM 92 Ursynów"				5:16.41	404	
	50m:	35.07	35.07	150m:	1:54.01	39.61	250m:	3:15.30	40.56	350m: 4:36.58 40.26	
	100m:	1:14.40	39.33	200m:	2:34.74	40.73	300m:	3:56.32	41.02	400m: 5:16.41 39.83	
9.	KLECHA Magdalena			10	UKS „Ósemka" Starogard Gdańsk				5:27.19	365	
	50m:	36.30	36.30	150m:	2:00.49	42.61	250m:	3:25.11	42.09	350m: 4:47.04 40.43	
	100m:	1:17.88	41.58	200m:	2:43.02	42.53	300m:	4:06.61	41.50	400m: 5:27.19 40.15	
10.	JAROS Barbara			10	UKS „Skalar" Warszawa				5:30.38	354	
	50m:	35.89	35.89	150m:	1:59.45	42.40	250m:	3:25.66	42.87	350m: 4:50.99 42.11	
	100m:	1:17.05	41.16	200m:	2:42.79	43.34	300m:	4:08.88	43.22	400m: 5:30.38 39.39	
11.	DZIAPKA Lena			10	MTP Kormoran Olsztyn				5:32.35	348	
	50m:	37.44	37.44	150m:	2:01.27	42.38	250m:	3:26.54	42.40	350m: 4:51.26 42.06	
	100m:	1:18.89	41.45	200m:	2:44.14	42.87	300m:	4:09.20	42.66	400m: 5:32.35 41.09	
12.	TRAUTZEL Matylda			10	UKS „GIM 92 Ursynów"				5:49.33	300	
	50m:	37.08	37.08	150m:	2:03.15	44.16	250m:	3:33.23	45.63	350m: 5:05.96 45.97	
	100m:	1:18.99	41.91	200m:	2:47.60	44.45	300m:	4:19.99	46.76	400m: 5:49.33 43.37	
13.	LIUTKEVICIUTE Saule			10	PA Banga				6:00.24	273	
	50m:	38.10	38.10	150m:	2:07.12	45.65	250m:	3:40.50	47.38	350m: 5:14.35 46.11	
	100m:	1:21.47	43.37	200m:	2:53.12	46.00	300m:	4:28.24	47.74	400m: 6:00.24 45.89	
14.	JANKOWSKA Julia			10	UKS „Ósemka" Starogard Gdańsk				6:01.44	271	
	50m:	40.13	40.13	150m:	2:11.26	46.02	250m:	3:44.50	46.79	350m: 5:16.45 45.36	
	100m:	1:25.24	45.11	200m:	2:57.71	46.45	300m:	4:31.09	46.59	400m: 6:01.44 44.99	

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OLSZTYN, 3. - 4.12.2022

Konkurencja 29, Kobiet, 400m dowolny

13 lat

1. GNAŚ Nadia	09	UKS Tri-Team Rumia	4:45.67	549
50m: 33.06 33.06	150m: 1:45.19 36.56	250m: 2:58.34 36.43	350m: 4:11.11 36.22	
100m: 1:08.63 35.57	200m: 2:21.91 36.72	300m: 3:34.89 36.55	400m: 4:45.67 34.56	
2. SOBOLAK Gabriela	09	TP Olimpijczyk Aleksandrów Łódzki	4:53.88	504
50m: 31.77 31.77	150m: 1:45.57 37.50	250m: 3:00.69 37.46	350m: 4:16.92 37.97	
100m: 1:08.07 36.30	200m: 2:23.23 37.66	300m: 3:38.95 38.26	400m: 4:53.88 36.96	
3. GŁĄŻEWSKA Zofia	09	UKS „GIM 92 Ursynów”	4:53.94	503
50m: 32.57 32.57	150m: 1:44.95 37.27	250m: 3:00.79 37.94	350m: 4:16.97 37.97	
100m: 1:07.68 35.11	200m: 2:22.85 37.90	300m: 3:39.00 38.21	400m: 4:53.94 36.97	
4. KOSTYŁA Kaja	09	UKS SP5 Swim	4:56.88	489
50m: 33.46 33.46	150m: 1:48.35 37.68	250m: 3:04.25 37.98	350m: 4:20.45 38.29	
100m: 1:10.67 37.21	200m: 2:26.27 37.92	300m: 3:42.16 37.91	400m: 4:56.88 36.43	
5. IDZKIEWICZ Hanna	09	UKS „GIM 92 Ursynów”	5:01.31	467
50m: 36.61 36.61	150m: 1:56.24 39.81	250m: 3:14.09 38.01	350m: 4:27.51 36.03	
100m: 1:16.43 39.82	200m: 2:36.08 39.84	300m: 3:51.48 37.39	400m: 5:01.31 33.80	
6. SADŁOWSKA Maja	09	Dwójka Morena Gdańsk	5:09.80	430
50m: 35.39 35.39	150m: 1:53.67 39.46	250m: 3:14.07 40.20	350m: 4:32.93 38.78	
100m: 1:14.21 38.82	200m: 2:33.87 40.20	300m: 3:54.15 40.08	400m: 5:09.80 36.87	
7. MAJDURY Maja	09	St. KP Olimpia Świecie	5:10.48	427
50m: 32.88 32.88	150m: 1:48.27 38.70	250m: 3:09.12 40.79	350m: 4:30.97 40.96	
100m: 1:09.57 36.69	200m: 2:28.33 40.06	300m: 3:50.01 40.89	400m: 5:10.48 39.51	
8. JAŚLANEK Martyna	09	Stowarzyszenie UKS Siódemka S5	5:13.63	414
50m: 34.74 34.74	150m: 1:51.72 39.29	250m: 3:12.58 40.89	350m: 4:34.18 40.78	
100m: 1:12.43 37.69	200m: 2:31.69 39.97	300m: 3:53.40 40.82	400m: 5:13.63 39.45	
9. MILEWSKA Dorota	09	MTP Kormoran Olsztyn	5:16.79	402
50m: 35.92 35.92	150m: 1:56.01 40.71	250m: 3:18.03 40.97	350m: 4:38.74 39.79	
100m: 1:15.30 39.38	200m: 2:37.06 41.05	300m: 3:58.95 40.92	400m: 5:16.79 38.05	
10. PATYRA Joanna	09	UKS SP-149 Łódź	5:17.41	400
50m: 36.36 36.36	150m: 1:56.14 40.26	250m: 3:17.63 40.53	350m: 4:39.05 40.49	
100m: 1:15.88 39.52	200m: 2:37.10 40.96	300m: 3:58.56 40.93	400m: 5:17.41 38.36	
11. ADAMCZYK Zofia	09	SKS 137 Delfin Łódź	5:18.80	395
50m: 35.72 35.72	150m: 1:56.22 40.83	250m: 3:18.90 41.43	350m: 4:40.15 40.54	
100m: 1:15.39 39.67	200m: 2:37.47 41.25	300m: 3:59.61 40.71	400m: 5:18.80 38.65	
12. WOŹNIAK Zuzanna	09	SKS 137 Delfin Łódź	5:23.49	378
50m: 35.47 35.47	150m: 1:56.59 40.97	250m: 3:19.88 41.80	350m: 4:43.03 41.07	
100m: 1:15.62 40.15	200m: 2:38.08 41.49	300m: 4:01.96 42.08	400m: 5:23.49 40.46	
13. NASZKIEWICZ Inga	09	MUKS Piorun Gołdap	5:32.41	348
50m: 37.42 37.42	150m: 2:01.43 42.25	250m: 3:26.83 42.51	350m: 4:52.38 42.53	
100m: 1:19.18 41.76	200m: 2:44.32 42.89	300m: 4:09.85 43.02	400m: 5:32.41 40.03	
14. ROZWADOWSKA Karolina	09	SKS 137 Delfin Łódź	5:36.24	336
50m: 36.84 36.84	150m: 2:04.17 43.72	250m: 3:32.36 45.47	350m: 4:57.73 39.53	
100m: 1:20.45 43.61	200m: 2:46.89 42.72	300m: 4:18.20 45.84	400m: 5:36.24 38.51	
15. CHRZANOWSKA Amelia	09	MTP Kormoran Olsztyn	5:39.00	328
50m: 37.10 37.10	150m: 2:01.33 43.22	250m: 3:29.39 44.08	350m: 4:57.16 42.98	
100m: 1:18.11 41.01	200m: 2:45.31 43.98	300m: 4:14.18 44.79	400m: 5:39.00 41.84	

14 - 18 lat

1. SUSKA Zuzanna	07	UKP Jedyńka Elbląg	5:23.12	379
50m: 34.43 34.43	150m: 1:57.50 42.14	250m: 3:22.68 42.39	350m: 4:44.73	
100m: 1:15.36 40.93	200m: 2:40.29 42.79	300m:	400m: 5:23.12 38.39	