

Zimowe Mistrzostwa Polski Juniorów 14 letnich w pływaniu  
Olsztyn, 9. - 11.12.2022

Konkurencja 12  
09.12.2022 - 18:48

Chłopców, 400m zmienny

14 lat  
Wyniki Finał

Punkty: FINA 2022

Pozycja			Rok ur.					Czas	Pkt.			
<b>Finał A</b>												
1.	WIDERSKI Miłosz		08	MKS Jedynka Łód				<b>4:33.72</b>	631			
	50m:	27.53	27.53	150m:	1:33.68	33.93	250m:	2:47.15	39.30	350m:	4:02.14	33.45
	100m:	59.75	32.22	200m:	2:07.85	34.17	300m:	3:28.69	41.54	400m:	4:33.72	31.58
2.	JOACHIMOWICZ Patryk		08	KU AZS UMCS Lublin				<b>4:34.29</b>	627			
	50m:	28.48	28.48	150m:	1:38.19	35.59	250m:	2:52.70	39.37	350m:	4:03.72	31.55
	100m:	1:02.60	34.12	200m:	2:13.33	35.14	300m:	3:32.17	39.47	400m:	4:34.29	30.57
3.	PINCZAK Mateusz		08	CSiR MOS w D browie Górniczej				<b>4:41.28</b>	581			
	50m:	28.98	28.98	150m:	1:39.02	36.39	250m:	2:55.03	39.78	350m:	4:08.74	32.93
	100m:	1:02.63	33.65	200m:	2:15.25	36.23	300m:	3:35.81	40.78	400m:	4:41.28	32.54
4.	ACZEK Hubert		08	KS „Wisła” Puławy				<b>4:46.77</b>	548			
	50m:	27.94	27.94	150m:	1:39.74	37.12	250m:	2:59.06	42.90	350m:	4:14.74	32.05
	100m:	1:02.62	34.68	200m:	2:16.16	36.42	300m:	3:42.69	43.63	400m:	4:46.77	32.03
5.	HALKIEWICZ Maciej		08	UKS „Omega” Olkusz				<b>4:48.80</b>	537			
	50m:	29.31	29.31	150m:	1:41.18	37.31	250m:	2:59.41	41.73	350m:	4:16.11	34.33
	100m:	1:03.87	34.56	200m:	2:17.68	36.50	300m:	3:41.78	42.37	400m:	4:48.80	32.69
6.	TWARÓG Mateusz		08	UKS "Kro nicka Przysza "				<b>4:50.14</b>	530			
	50m:	29.78	29.78	150m:	1:43.40	39.51	250m:	3:03.38	42.07	350m:	4:18.79	33.05
	100m:	1:03.89	34.11	200m:	2:21.31	37.91	300m:	3:45.74	42.36	400m:	4:50.14	31.35
7.	PAWLAK Dawid		08	UKS 190 Łód				<b>4:54.09</b>	508			
	50m:	30.89	30.89	150m:	1:46.11	39.21	250m:	3:05.66	41.54	350m:	4:21.45	33.79
	100m:	1:06.90	36.01	200m:	2:24.12	38.01	300m:	3:47.66	42.00	400m:	4:54.09	32.64
8.	CZERWONKA Jan		08	MTKP Delfin Toru				<b>4:54.31</b>	507			
	50m:	30.46	30.46	150m:	1:46.25	40.75	250m:	3:06.56	42.24	350m:	4:23.06	32.97
	100m:	1:05.50	35.04	200m:	2:24.32	38.07	300m:	3:50.09	43.53	400m:	4:54.31	31.25
9.	GÓRSKI Antoni		08	MUKP Korona-Swim Kielce				<b>4:56.17</b>	498			
	50m:	29.90	29.90	150m:	1:46.26	41.70	250m:	3:07.76	41.15	350m:	4:24.30	33.88
	100m:	1:04.56	34.66	200m:	2:26.61	40.35	300m:	3:50.42	42.66	400m:	4:56.17	31.87
10.	TRUDNOS Ignacy		08	UKS 190 Łód				<b>4:56.69</b>	495			
	50m:	31.89	31.89	150m:	1:47.64	38.61	250m:	3:07.26	41.81	350m:	4:23.82	34.87
	100m:	1:09.03	37.14	200m:	2:25.45	37.81	300m:	3:48.95	41.69	400m:	4:56.69	32.87
<b>Finał B</b>												
11.	STR K Krystian		08	UKS Ósemka O wi cim				<b>4:54.55</b>	506			
	50m:	30.54	30.54	150m:	1:43.85	36.87	250m:	3:04.49	43.24	350m:	4:22.47	34.68
	100m:	1:06.98	36.44	200m:	2:21.25	37.40	300m:	3:47.79	43.30	400m:	4:54.55	32.08
12.	FEDERKIEWICZ Hubert		08	MKP „SŁOWIANKA” Gorzów Wlkp.				<b>4:57.13</b>	493			
	50m:	31.63	31.63	150m:	1:46.74	37.73	250m:	3:05.95	42.51	350m:	4:24.06	34.47
	100m:	1:09.01	37.38	200m:	2:23.44	36.70	300m:	3:49.59	43.64	400m:	4:57.13	33.07
13.	GR DZIAK Oskar		08	MKS Park Wodny Tarnowskie Góry				<b>4:59.71</b>	480			
	50m:	31.89	31.89	150m:	1:50.41	41.98	250m:	3:11.00	40.02	350m:	4:27.50	34.47
	100m:	1:08.43	36.54	200m:	2:30.98	40.57	300m:	3:53.03	42.03	400m:	4:59.71	32.21
14.	MASŁOCHA Szymon		08	MKS Neptun Stargard				<b>5:02.03</b>	469			
	50m:	29.74	29.74	150m:	1:46.72	42.46	250m:	3:09.68	42.62	350m:	4:28.83	36.27
	100m:	1:04.26	34.52	200m:	2:27.06	40.34	300m:	3:52.56	42.88	400m:	5:02.03	33.20
15.	JARECKI Bartosz		08	UKS 48 Warszawa ródnie cie				<b>5:02.38</b>	468			
	50m:	32.20	32.20	150m:	1:49.90	38.69	250m:	3:10.56	42.48	350m:	4:28.38	34.51
	100m:	1:11.21	39.01	200m:	2:28.08	38.18	300m:	3:53.87	43.31	400m:	5:02.38	34.00
16.	BROCKOWSKI Bogusz		08	UKS „Dragon” B dzin				<b>5:04.73</b>	457			
	50m:	30.00	30.00	150m:	1:47.58	40.80	250m:	3:12.73	43.59	350m:	4:31.82	34.30
	100m:	1:06.78	36.78	200m:	2:29.14	41.56	300m:	3:57.52	44.79	400m:	5:04.73	32.91

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Pozycja	Rok ur.								Czas	Pkt.
17. NOWAK Krzysztof	08 UKP „Polonia Warszawa”								<b>5:05.32</b>	454
50m: 33.67	33.67	150m: 1:52.71	38.65	250m: 3:12.63	41.99	350m: 4:30.68	35.73			
100m: 1:14.06	40.39	200m: 2:30.64	37.93	300m: 3:54.95	42.32	400m: 5:05.32	34.64			
18. TUPALSKI Natan	08 UKP „Polonia Warszawa”								<b>5:11.66</b>	427
50m: 32.87	32.87	150m: 1:52.34	38.74	250m: 3:13.40	43.46	350m: 4:35.27	37.74			
100m: 1:13.60	40.73	200m: 2:29.94	37.60	300m: 3:57.53	44.13	400m: 5:11.66	36.39			
19. LINKE Tomasz	08 UKS SMS Galicja Kraków								<b>5:14.80</b>	414
50m: 32.53	32.53	150m: 1:52.17	41.02	250m: 3:17.38	45.73	350m: 4:39.49	36.95			
100m: 1:11.15	38.62	200m: 2:31.65	39.48	300m: 4:02.54	45.16	400m: 5:14.80	35.31			
20. PORADA Jan	08 UKS SP-149 Łódź								<b>5:16.51</b>	408
50m: 32.76	32.76	150m: 1:53.02	43.17	250m: 3:17.51	43.35	350m: 4:39.86	37.78			
100m: 1:09.85	37.09	200m: 2:34.16	41.14	300m: 4:02.08	44.57	400m: 5:16.51	36.65			