

Zimowe Mistrzostwa Polski Juniorów 14 letnich w pływaniu
Olsztyn, 9. - 11.12.2022

Konkurencja 19
10.12.2022 - 9:50

Dziewcz t, 400m dowolny

14 lat

Wyniki Eliminacje

Punkty: FINA 2022

Pozycja					Rok ur.					Czas	Pkt.	
1.	ŁAKOMA Maria				08	UKS „Sokół-Mo cice” Tarnów				4:37.00	602	A
	50m:	31.39	31.39	150m:	1:41.82	35.66	250m:	2:52.53	35.40	350m:	4:02.92	34.97
	100m:	1:06.16	34.77	200m:	2:17.13	35.31	300m:	3:27.95	35.42	400m:	4:37.00	34.08
2.	KONDRASIUK Zofia				08	UKS „GIM 92 Ursynów”				4:37.18	601	A
	50m:	31.07	31.07	150m:	1:41.81	35.56	250m:	2:52.61	35.00	350m:	4:02.49	34.54
	100m:	1:06.25	35.18	200m:	2:17.61	35.80	300m:	3:27.95	35.34	400m:	4:37.18	34.69
3.	JAKUBCZYK Natalia				08	CSiR MOS w D browie Górniczej				4:37.72	597	A
	50m:	30.71	30.71	150m:	1:41.36	35.51	250m:	2:52.23	35.48	350m:	4:03.06	35.38
	100m:	1:05.85	35.14	200m:	2:16.75	35.39	300m:	3:27.68	35.45	400m:	4:37.72	34.66
4.	WI TEK Amelia				08	WKS I sk				4:37.93	596	A
	50m:	31.33	31.33	150m:	1:41.84	35.64	250m:	2:52.70	35.45	350m:	4:03.71	35.39
	100m:	1:06.20	34.87	200m:	2:17.25	35.41	300m:	3:28.32	35.62	400m:	4:37.93	34.22
5.	FERSZT Kornelia				08	KS „Górnik” Sosnowiec				4:38.57	592	A
	50m:	31.76	31.76	150m:	1:42.39	35.91	250m:	2:54.12	35.66	350m:	4:04.88	35.05
	100m:	1:06.48	34.72	200m:	2:18.46	36.07	300m:	3:29.83	35.71	400m:	4:38.57	33.69
6.	ŁUKASIK Zuzanna				08	CSiR MOS w D browie Górniczej				4:38.90	590	A
	50m:	32.17	32.17	150m:	1:42.36	35.41	250m:	2:53.18	35.26	350m:	4:04.28	35.88
	100m:	1:06.95	34.78	200m:	2:17.92	35.56	300m:	3:28.40	35.22	400m:	4:38.90	34.62
7.	WRONA Maria				08	UKP Unia O wi cim				4:39.95	583	A
	50m:	32.32	32.32	150m:	1:43.04	35.70	250m:	2:54.45	35.67	350m:	4:05.36	35.28
	100m:	1:07.34	35.02	200m:	2:18.78	35.74	300m:	3:30.08	35.63	400m:	4:39.95	34.59
8.	FR SZCZAK Antonina				08	Kaliski Klub Sportowy „Włókniarz” 1925				4:41.37	574	A
	50m:	31.39	31.39	150m:	1:43.02	36.42	250m:	2:55.34	36.14	350m:	4:07.53	36.33
	100m:	1:06.60	35.21	200m:	2:19.20	36.18	300m:	3:31.20	35.86	400m:	4:41.37	33.84
9.	WI Wiktoria				08	KS Posnania Pozna				4:44.71	554	A
	50m:	31.20	31.20	150m:	1:42.73	36.38	250m:	2:56.29	36.92	350m:	4:09.41	36.18
	100m:	1:06.35	35.15	200m:	2:19.37	36.64	300m:	3:33.23	36.94	400m:	4:44.71	35.30
10.	TOMASZEWSKA Maria				08	MKP „SŁOWIANKA” Gorzów Wlkp.				4:44.88	553	A
	50m:	31.90	31.90	150m:	1:45.22	36.99	250m:	2:58.34	36.51	350m:	4:11.13	36.21
	100m:	1:08.23	36.33	200m:	2:21.83	36.61	300m:	3:34.92	36.58	400m:	4:44.88	33.75
11.	ORNOWSKA Zuzanna				08	MKS Juwenia Białystok				4:44.91	553	B
	50m:	32.17	32.17	150m:	1:43.41	35.93	250m:	2:56.47	36.88	350m:	4:10.25	36.91
	100m:	1:07.48	35.31	200m:	2:19.59	36.18	300m:	3:33.34	36.87	400m:	4:44.91	34.66
12.	GAJDA Martyna				08	UKS "Feniks" D bica				4:45.21	551	B
	50m:	31.64	31.64	150m:	1:43.69	36.41	250m:	2:56.48	36.24	350m:	4:09.63	37.14
	100m:	1:07.28	35.64	200m:	2:20.24	36.55	300m:	3:32.49	36.01	400m:	4:45.21	35.58
13.	JAŁOWIECKA Gabriela				08	UKS SMS Galicja Kraków				4:45.24	551	B
	50m:	32.80	32.80	150m:	1:45.24	36.67	250m:	2:56.61	35.62	350m:	4:09.07	36.40
	100m:	1:08.57	35.77	200m:	2:20.99	35.75	300m:	3:32.67	36.06	400m:	4:45.24	36.17
14.	GRZECH Maja				08	UKS abianka Gda sk				4:46.90	542	B
	50m:	32.88	32.88	150m:	1:45.14	36.79	250m:	2:58.75	36.72	350m:	4:11.55	36.19
	100m:	1:08.35	35.47	200m:	2:22.03	36.89	300m:	3:35.36	36.61	400m:	4:46.90	35.35
15.	WŁODARCZYK Maja				08	UKP Manta Jelcz-Laskowice				4:47.51	538	B
	50m:	32.43	32.43	150m:	1:45.13	36.96	250m:	2:58.25	36.42	350m:	4:11.66	36.83
	100m:	1:08.17	35.74	200m:	2:21.83	36.70	300m:	3:34.83	36.58	400m:	4:47.51	35.85
16.	SKORYKOW Lena				08	UKS Ostrobramska				4:48.25	534	B
	50m:	32.78	32.78	150m:	1:45.31	36.57	250m:	2:59.46	37.51	350m:	4:13.19	36.37
	100m:	1:08.74	35.96	200m:	2:21.95	36.64	300m:	3:36.82	37.36	400m:	4:48.25	35.06

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Konkurencja 19, Dziewcz t, 400m dowolny, Eliminacje, 14 lat

Pozycja					Rok ur.					Czas	Pkt.	
17.	SZPERNALOWSKA Mila				08	CSiR MOS w D browie Górniczej				4:48.34	533 B	
	50m:	33.42	33.42	150m:	1:47.21	37.22	250m:	3:01.65	37.75	350m:	4:14.66	36.23
	100m:	1:09.99	36.57	200m:	2:23.90	36.69	300m:	3:38.43	36.78	400m:	4:48.34	33.68
18.	WI NIEWSKA Maja				08	MKS Ochota Warszawa				4:48.81	531 B	
	50m:	32.76	32.76	150m:	1:45.97	36.98	250m:	2:59.92	37.37	350m:	4:13.14	36.61
	100m:	1:08.99	36.23	200m:	2:22.55	36.58	300m:	3:36.53	36.61	400m:	4:48.81	35.67
19.	FARTUSZY SKA Weronika				08	UKS Junior Kluczbork				4:48.89	530 B	
	50m:	33.26	33.26	150m:	1:46.72	37.12	250m:	3:00.70	36.78	350m:	4:13.52	35.99
	100m:	1:09.60	36.34	200m:	2:23.92	37.20	300m:	3:37.53	36.83	400m:	4:48.89	35.37
20.	NOWAK Izabela				08	UKS G-8 Bielany Warszawa				4:49.75	526 B	
	50m:	32.29	32.29	150m:	1:44.96	36.87	250m:	2:58.77	37.21	350m:	4:12.95	37.15
	100m:	1:08.09	35.80	200m:	2:21.56	36.60	300m:	3:35.80	37.03	400m:	4:49.75	36.80
21.	PÓLKOTYCKA Olga				08	UKS Wodnik Siemianowice I skie				4:50.53	521 R	
	50m:	31.78	31.78	150m:	1:43.17	36.49	250m:	2:58.47	37.79	350m:	4:14.34	38.15
	100m:	1:06.68	34.90	200m:	2:20.68	37.51	300m:	3:36.19	37.72	400m:	4:50.53	36.19
22.	DRAJER Zuzanna				08	Kaliski Klub Sportowy „Włóknarz” 1925				4:51.59	516 R	
	50m:	33.10	33.10	150m:	1:46.58	37.19	250m:	3:01.01	36.86	350m:	4:15.43	37.17
	100m:	1:09.39	36.29	200m:	2:24.15	37.57	300m:	3:38.26	37.25	400m:	4:51.59	36.16
23.	O KA Nina				08	KS Delfin Gdynia				4:51.85	514	
	50m:	32.04	32.04	150m:	1:46.28	37.68	250m:	3:01.27	37.27	350m:	4:15.53	37.58
	100m:	1:08.60	36.56	200m:	2:24.00	37.72	300m:	3:37.95	36.68	400m:	4:51.85	36.32
24.	SPYCHALSKA Dominika				08	KP Aquapark W growiec				4:52.03	513	
	50m:	34.46	34.46	150m:	1:49.64	37.76	250m:	3:04.53	37.40	350m:	4:18.19	36.20
	100m:	1:11.88	37.42	200m:	2:27.13	37.49	300m:	3:41.99	37.46	400m:	4:52.03	33.84
25.	MAJEWSKA Martyna				08	MKS Znicz Koszalin				4:52.36	512	
	50m:	31.08	31.08	150m:	1:42.48	36.39	250m:	2:58.41	38.18	350m:	4:15.96	38.55
	100m:	1:06.09	35.01	200m:	2:20.23	37.75	300m:	3:37.41	39.00	400m:	4:52.36	36.40
26.	KRYSTEK Jagoda				08	SKS 137 Delfin Łód				4:52.53	511	
	50m:	32.45	32.45	150m:	1:45.87	37.05	250m:	3:01.20	37.31	350m:	4:16.84	37.47
	100m:	1:08.82	36.37	200m:	2:23.89	38.02	300m:	3:39.37	38.17	400m:	4:52.53	35.69
27.	BEREZAK Milena				08	MKS IKAR Stal Mielec				4:52.62	510	
	50m:	33.12	33.12	150m:	1:46.57	37.16	250m:	3:01.05	37.39	350m:	4:16.08	37.59
	100m:	1:09.41	36.29	200m:	2:23.66	37.09	300m:	3:38.49	37.44	400m:	4:52.62	36.54
28.	LETKIEWICZ Zuzanna				08	TP Zielona Góra				4:52.94	509	
	50m:	31.81	31.81	150m:	1:43.85	36.98	250m:	2:59.26	37.90	350m:	4:16.72	38.72
	100m:	1:06.87	35.06	200m:	2:21.36	37.51	300m:	3:38.00	38.74	400m:	4:52.94	36.22
29.	KOWALSKA Lena				08	UKS abianka Gda sk				4:53.03	508	
	50m:	32.44	32.44	150m:	1:46.54	37.48	250m:	3:01.38	37.27	350m:	4:15.29	36.76
	100m:	1:09.06	36.62	200m:	2:24.11	37.57	300m:	3:38.53	37.15	400m:	4:53.03	37.74
30.	STANKO Khrystyna				08	MUKS "Pi tnastka"				4:53.64	505	
	50m:	32.56	32.56	150m:	1:47.22	38.30	250m:	3:02.49	37.09	350m:	4:18.61	37.41
	100m:	1:08.92	36.36	200m:	2:25.40	38.18	300m:	3:41.20	38.71	400m:	4:53.64	35.03
31.	KUBICZEK Sara				08	UKS Wodnik Siemianowice I skie				4:53.80	504	
	50m:	33.12	33.12	150m:	1:46.89	37.50	250m:	3:02.13	37.62	350m:	4:17.58	37.56
	100m:	1:09.39	36.27	200m:	2:24.51	37.62	300m:	3:40.02	37.89	400m:	4:53.80	36.22
32.	ŁUCZKA Natalia				08	UKS Wodnik Siemianowice I skie				4:55.37	496	
	50m:	32.63	32.63	150m:	1:47.17	37.82	250m:	3:03.40	38.11	350m:	4:19.15	37.71
	100m:	1:09.35	36.72	200m:	2:25.29	38.12	300m:	3:41.44	38.04	400m:	4:55.37	36.22
33.	TOBOŁA PERTKIEWICZ Ewa				08	Uks „Pingwiny”				4:55.95	493	
	50m:	33.10	33.10	150m:	1:48.58	38.08	250m:	3:04.93	38.00	350m:	4:21.46	38.25
	100m:	1:10.50	37.40	200m:	2:26.93	38.35	300m:	3:43.21	38.28	400m:	4:55.95	34.49

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Pozycja					Rok ur.					Czas	Pkt.	
34.	MAY Matylda				08	MKP Astromal-Leszno				4:58.07	483	
	50m:	33.90	33.90	150m:	1:50.56	38.72	250m:	3:07.71	38.51	350m:	4:23.07	37.03
	100m:	1:11.84	37.94	200m:	2:29.20	38.64	300m:	3:46.04	38.33	400m:	4:58.07	35.00
35.	SŁOMSKA Wiktoria				08	UKS Ósemka O wi cim				5:01.02	469	
	50m:	33.35	33.35	150m:	1:48.55	38.45	250m:	3:05.80	38.75	350m:	4:22.31	38.19
	100m:	1:10.10	36.75	200m:	2:27.05	38.50	300m:	3:44.12	38.32	400m:	5:01.02	38.71
36.	BATYRA Julia				08	Uks Skarpa Lublin				5:01.14	468	
	50m:	33.67	33.67	150m:	1:48.45	38.03	250m:	3:05.29	38.67	350m:	4:23.42	38.99
	100m:	1:10.42	36.75	200m:	2:26.62	38.17	300m:	3:44.43	39.14	400m:	5:01.14	37.72
37.	WYRWAS Julianna				08	UKS SP5 Swim				5:03.77	456	
	50m:	33.50	33.50	150m:	1:50.81	39.23	250m:	3:09.43	39.41	350m:	4:27.16	38.77
	100m:	1:11.58	38.08	200m:	2:30.02	39.21	300m:	3:48.39	38.96	400m:	5:03.77	36.61
38.	MASIEREK Marika				08	Toru Multisport Team				5:04.42	453	
	50m:	32.86	32.86	150m:	1:48.50	38.52	250m:	3:07.12	39.83	350m:	4:27.15	40.08
	100m:	1:09.98	37.12	200m:	2:27.29	38.79	300m:	3:47.07	39.95	400m:	5:04.42	37.27
39.	PAWELA Lena				08	UKS Ósemka O wi cim				5:07.24	441	
	50m:	34.35	34.35	150m:	1:50.92	39.07	250m:	3:09.46	39.48	350m:	4:28.74	39.25
	100m:	1:11.85	37.50	200m:	2:29.98	39.06	300m:	3:49.49	40.03	400m:	5:07.24	38.50
40.	MIELECH Magdalena				08	Stowarzyszenie "OLIMPIJCZYK KRAKÓW"				5:07.93	438	
	50m:	34.68	34.68	150m:	1:51.71	38.92	250m:	3:11.06	39.98	350m:	4:30.43	39.23
	100m:	1:12.79	38.11	200m:	2:31.08	39.37	300m:	3:51.20	40.14	400m:	5:07.93	37.50
41.	DORO Y SKA Zuzanna				08	MTKP Delfin Toru				5:10.29	428	
	50m:	34.83	34.83	150m:	1:53.09	39.57	250m:	3:12.72	40.22	350m:	4:32.31	39.42
	100m:	1:13.52	38.69	200m:	2:32.50	39.41	300m:	3:52.89	40.17	400m:	5:10.29	37.98
42.	PIETRYK Pola				08	KS "Swimmers I za"				5:11.82	422	
	50m:	34.58	34.58	150m:	1:51.94	39.51	250m:	3:12.14	39.98	350m:	4:34.50	41.15
	100m:	1:12.43	37.85	200m:	2:32.16	40.22	300m:	3:53.35	41.21	400m:	5:11.82	37.32
43.	FILIPCZAK Julia				08	Kaliski Klub Sportowy „Włóknierz” 1925				5:12.08	421	
	50m:	34.77	34.77	150m:	1:53.99	40.00	250m:	3:14.12	39.80	350m:	4:34.93	40.84
	100m:	1:13.99	39.22	200m:	2:34.32	40.33	300m:	3:54.09	39.97	400m:	5:12.08	37.15
44.	ROZIEL Natasza				08	UKS KORAL Wrocław				5:12.48	419	
	50m:	32.40	32.40	150m:	1:48.21	39.43	250m:	3:10.04	41.26	350m:	4:32.54	41.19
	100m:	1:08.78	36.38	200m:	2:28.78	40.57	300m:	3:51.35	41.31	400m:	5:12.48	39.94
45.	PR CIK Amelia				08	UKP Bychawa				5:14.50	411	
	50m:	34.64	34.64	150m:	1:53.42	40.03	250m:	3:15.24	40.97	350m:	4:35.78	39.73
	100m:	1:13.39	38.75	200m:	2:34.27	40.85	300m:	3:56.05	40.81	400m:	5:14.50	38.72
46.	WACŁAW Maja				08	KP Sokół Rzeszów				5:18.60	395	
	50m:	34.80	34.80	150m:	1:55.43	41.43	250m:	3:17.51	40.94	350m:	4:41.41	41.54
	100m:	1:14.00	39.20	200m:	2:36.57	41.14	300m:	3:59.87	42.36	400m:	5:18.60	37.19
47.	LEWANDOWSKA Zuzanna				08	MUKS "Pi tnatka"				5:19.44	392	
	50m:	34.83	34.83	150m:	1:54.69	40.25	250m:	3:16.12	40.85	350m:	4:39.88	41.90
	100m:	1:14.44	39.61	200m:	2:35.27	40.58	300m:	3:57.98	41.86	400m:	5:19.44	39.56
48.	IWANOWSKA Zuzanna				08	MUKS "Pi tnatka"				5:20.05	390	
	50m:	34.87	34.87	150m:	1:55.14	40.70	250m:	3:17.74	41.57	350m:	4:40.58	41.15
	100m:	1:14.44	39.57	200m:	2:36.17	41.03	300m:	3:59.43	41.69	400m:	5:20.05	39.47
49.	SŁABIK Nadia				08	KS Swim2Win Krosno				5:20.24	389	
	50m:	35.77	35.77	150m:	1:55.03	39.95	250m:	3:16.79	40.97	350m:	4:39.73	41.80
	100m:	1:15.08	39.31	200m:	2:35.82	40.79	300m:	3:57.93	41.14	400m:	5:20.24	40.51
50.	PAWLAK Jagoda				08	UKS Marato czyk Ostrów Wlkp.				5:21.49	385	
	50m:	35.73	35.73	150m:	1:56.90	41.53	250m:	3:20.44	41.79	350m:	4:43.93	41.50
	100m:	1:15.37	39.64	200m:	2:38.65	41.75	300m:	4:02.43	41.99	400m:	5:21.49	37.56

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Pozycja	Rok ur.								Czas	Pkt.	
51. JARMOŁOWICZ Gabriela	08	UKS „Frog” Gi ycko							5:24.26	375	
50m:	35.42	35.42	150m:	1:56.78	41.61	250m:	3:20.98	42.53	350m:	4:45.51	42.23
100m:	1:15.17	39.75	200m:	2:38.45	41.67	300m:	4:03.28	42.30	400m:	5:24.26	38.75
52. ZAGRODNIK Hanna	08	MKS SP 63 Bydgoszcz							5:24.71	373	
50m:	35.43	35.43	150m:	1:57.20	41.52	250m:	3:21.11	41.95	350m:	4:44.98	41.63
100m:	1:15.68	40.25	200m:	2:39.16	41.96	300m:	4:03.35	42.24	400m:	5:24.71	39.73
53. OBŁÓJ Zuzanna	08	KS Swim2Win Krosno							5:31.58	351	
50m:	37.74	37.74	150m:	2:01.61	43.08	250m:	3:28.09	43.62	350m:	4:53.74	43.20
100m:	1:18.53	40.79	200m:	2:44.47	42.86	300m:	4:10.54	42.45	400m:	5:31.58	37.84
54. GÓRNY Natalia	08	KS Marbi-Sport Zywiec							5:46.85	306	
50m:	36.86	36.86	150m:	2:01.11	43.14	250m:	3:30.55	45.11	350m:	5:02.49	45.79
100m:	1:17.97	41.11	200m:	2:45.44	44.33	300m:	4:16.70	46.15	400m:	5:46.85	44.36
55. STARCZAŁA Maja	08	KS Marbi-Sport Zywiec							6:07.51	257	
50m:	40.19	40.19	150m:	2:10.73	46.20	250m:	3:46.91	48.74	350m:	5:21.84	47.25
100m:	1:24.53	44.34	200m:	2:58.17	47.44	300m:	4:34.59	47.68	400m:	6:07.51	45.67
PK BOBROVSKA Alina	08	KS KSZO Ostrowiec w.							4:33.76	623	
50m:	30.99	30.99	150m:	1:39.79	34.73	250m:	2:50.59	35.24	350m:	4:00.33	34.85
100m:	1:05.06	34.07	200m:	2:15.35	35.56	300m:	3:25.48	34.89	400m:	4:33.76	33.43