

Zimowe Mistrzostwa Polski Juniorów 14 letnich w pływaniu  
Olsztyn, 9. - 11.12.2022

Konkurencja 20  
10.12.2022 - 10:25

Chłopców, 400m dowolny

14 lat

Wyniki Eliminacje

Punkty: FINA 2022

Pozycja	Rok ur.				Czas	Pkt.
1. JÓ WIAK Tymoteusz	08	MKS Jedyńka Łód		<b>4:08.41</b>	623	A
50m: 27.81 27.81	150m: 1:30.79 31.85	250m: 2:35.00 31.79	350m: 3:39.17 32.16			
100m: 58.94 31.13	200m: 2:03.21 32.42	300m: 3:07.01 32.01	400m: 4:08.41 29.24			
2. LITOBORSKI Mikołaj	08	KS Warta Pozna		<b>4:10.72</b>	606	A
50m: 28.86 28.86	150m: 1:32.73 32.05	250m: 2:36.63 31.98	350m: 3:40.45 31.62			
100m: 1:00.68 31.82	200m: 2:04.65 31.92	300m: 3:08.83 32.20	400m: 4:10.72 30.27			
3. CISOSKI Hubert	08	CSiR MOS w D browie Górnicej		<b>4:11.50</b>	601	A
50m: 29.24 29.24	150m: 1:32.65 31.96	250m: 2:37.12 32.12	350m: 3:41.29 31.92			
100m: 1:00.69 31.45	200m: 2:05.00 32.35	300m: 3:09.37 32.25	400m: 4:11.50 30.21			
4. BIE KOWSKI Mateusz	08	UKS abianka Gda sk		<b>4:11.62</b>	600	A
50m: 28.65 28.65	150m: 1:32.11 31.97	250m: 2:37.09 32.49	350m: 3:41.68 31.83			
100m: 1:00.14 31.49	200m: 2:04.60 32.49	300m: 3:09.85 32.76	400m: 4:11.62 29.94			
5. STANISZEWSKI Wiktor	08	"Sikret" Gliwice		<b>4:12.80</b>	591	A
50m: 28.67 28.67	150m: 1:32.68 32.18	250m: 2:38.41 33.04	350m: 3:42.79 31.78			
100m: 1:00.50 31.83	200m: 2:05.37 32.69	300m: 3:11.01 32.60	400m: 4:12.80 30.01			
6. PIÓRKOWSKI Adrian	08	MKP Szczecin		<b>4:12.91</b>	591	A
50m: 28.64 28.64	150m: 1:32.40 32.16	250m: 2:37.48 32.74	350m: 3:41.90 32.20			
100m: 1:00.24 31.60	200m: 2:04.74 32.34	300m: 3:09.70 32.22	400m: 4:12.91 31.01			
7. BEKIER Wiktor	08	MUKP Korona-Swim Kielce		<b>4:12.96</b>	590	A
50m: 28.92 28.92	150m: 1:32.38 32.00	250m: 2:36.92 32.26	350m: 3:41.51 32.15			
100m: 1:00.38 31.46	200m: 2:04.66 32.28	300m: 3:09.36 32.44	400m: 4:12.96 31.45			
8. WASILEWSKI Mateusz	08	KU AZS UMCS Lublin		<b>4:14.73</b>	578	A
50m: 28.60 28.60	150m: 1:32.39 32.04	250m: 2:37.51 32.78	350m: 3:43.69 33.11			
100m: 1:00.35 31.75	200m: 2:04.73 32.34	300m: 3:10.58 33.07	400m: 4:14.73 31.04			
9. TWARÓG Mateusz	08	UKS "Kro nicka Przysa "		<b>4:16.06</b>	569	A
50m: 28.59 28.59	150m: 1:32.25 32.30	250m: 2:38.30 32.90	350m: 3:44.21 32.77			
100m: 59.95 31.36	200m: 2:05.40 33.15	300m: 3:11.44 33.14	400m: 4:16.06 31.85			
10. CZERWONKA Jan	08	MTKP Delfin Toru		<b>4:16.75</b>	564	A
50m: 29.36 29.36	150m: 1:33.85 32.72	250m: 2:39.98 33.04	350m: 3:45.32 32.19			
100m: 1:01.13 31.77	200m: 2:06.94 33.09	300m: 3:13.13 33.15	400m: 4:16.75 31.43			
11. ACZEK Hubert	08	KS „Wisła" Puławy		<b>4:17.56</b>	559	B
50m: 28.25 28.25	150m: 1:33.50 32.88	250m: 2:40.26 33.58	350m: 3:46.81 33.11			
100m: 1:00.62 32.37	200m: 2:06.68 33.18	300m: 3:13.70 33.44	400m: 4:17.56 30.75			
12. KRAWCZYK Jakub	08	Mokotowski UKP Warszawianka- Wodny		<b>4:18.01</b>	556	B
50m: 28.16 28.16	150m: 1:33.75 33.36	250m: 2:40.89 33.60	350m: 3:47.22 32.60			
100m: 1:00.39 32.23	200m: 2:07.29 33.54	300m: 3:14.62 33.73	400m: 4:18.01 30.79			
13. GWIAZDOWSKI Krzysztof	08	MKS Piaseczno		<b>4:18.03</b>	556	B
50m: 29.11 29.11	150m: 1:33.29 32.65	250m: 2:40.02 33.20	350m: 3:46.97 33.27			
100m: 1:00.64 31.53	200m: 2:06.82 33.53	300m: 3:13.70 33.68	400m: 4:18.03 31.06			
14. ŁUBI SKI Szymon	08	UKS „GIM 92 Ursynów"		<b>4:18.71</b>	552	B
50m: 29.05 29.05	150m: 1:33.83 32.71	250m: 2:40.11 33.36	350m: 3:46.53 33.11			
100m: 1:01.12 32.07	200m: 2:06.75 32.92	300m: 3:13.42 33.31	400m: 4:18.71 32.18			
15. MUNSCH Artur	08	MKS Park Wodny Tarnowskie Góry		<b>4:19.03</b>	550	B
50m: 28.85 28.85	150m: 1:34.18 33.19	250m: 2:41.10 33.21	350m: 3:47.45 32.51			
100m: 1:00.99 32.14	200m: 2:07.89 33.71	300m: 3:14.94 33.84	400m: 4:19.03 31.58			
16. WOJTOWICZ Alan	08	UKP "Na Fali"		<b>4:20.18</b>	542	B
50m: 28.41 28.41	150m: 1:33.31 32.86	250m: 2:40.56 33.70	350m: 3:48.62 33.92			
100m: 1:00.45 32.04	200m: 2:06.86 33.55	300m: 3:14.70 34.14	400m: 4:20.18 31.56			

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Konkurencja 20, Chłopców, 400m dowolny, Eliminacje, 14 lat

Pozycja			Rok ur.							Czas	Pkt.	
17.	CIBA Mateusz		08	MKP Szczecin						<b>4:20.92</b>	538 B	
	50m:	29.98	29.98	150m:	1:35.44	32.62	250m:	2:41.66	33.16	350m:	3:49.16	33.60
	100m:	1:02.82	32.84	200m:	2:08.50	33.06	300m:	3:15.56	33.90	400m:	4:20.92	31.76
18.	TREDER Konrad		08	UKS abianka Gdańsk						<b>4:24.00</b>	519 B	
	50m:	29.01	29.01	150m:	1:35.61	33.45	250m:	2:44.12	34.13	350m:	3:52.16	33.65
	100m:	1:02.16	33.15	200m:	2:09.99	34.38	300m:	3:18.51	34.39	400m:	4:24.00	31.84
19.	JANIEC Mateusz		08	MKP „SŁOWIANKA” Gorzów Wlkp.						<b>4:24.50</b>	516 B	
	50m:	29.54	29.54	150m:	1:35.63	33.43	250m:	2:44.60	34.46	350m:	3:52.88	33.68
	100m:	1:02.20	32.66	200m:	2:10.14	34.51	300m:	3:19.20	34.60	400m:	4:24.50	31.62
20.	SMOSZNA Wiktor		08	MKS Juvenia Wrocław						<b>4:24.79</b>	515 B	
	50m:	30.02	30.02	150m:	1:36.21	33.39	250m:	2:43.43	33.77	350m:	3:51.25	33.96
	100m:	1:02.82	32.80	200m:	2:09.66	33.45	300m:	3:17.29	33.86	400m:	4:24.79	33.54
21.	RYBAK Jakub		08	MKS Park Wodny Tarnowskie Góry						<b>4:25.02</b>	513 R	
	50m:	28.80	28.80	150m:	1:35.68	33.92	250m:	2:44.00	34.15	350m:	3:52.86	34.28
	100m:	1:01.76	32.96	200m:	2:09.85	34.17	300m:	3:18.58	34.58	400m:	4:25.02	32.16
22.	STR K Krystian		08	UKS Ósemka Owiścim						<b>4:25.07</b>	513 R	
	50m:	29.89	29.89	150m:	1:37.13	33.90	250m:	2:45.20	33.91	350m:	3:52.47	33.61
	100m:	1:03.23	33.34	200m:	2:11.29	34.16	300m:	3:18.86	33.66	400m:	4:25.07	32.60
23.	ROLNICKI Maksymilian		08	UKS SMS Galicja Kraków						<b>4:25.36</b>	511	
	50m:	30.89	30.89	150m:	1:38.21	33.83	250m:	2:46.04	33.59	350m:	3:53.63	33.97
	100m:	1:04.38	33.49	200m:	2:12.45	34.24	300m:	3:19.66	33.62	400m:	4:25.36	31.73
24.	MICHAŁOWSKI Jan		08	UKS G-8 Bielany Warszawa						<b>4:25.61</b>	510	
	50m:	29.28	29.28	150m:	1:35.81	34.13	250m:	2:43.76	34.24	350m:	3:52.52	34.51
	100m:	1:01.68	32.40	200m:	2:09.52	33.71	300m:	3:18.01	34.25	400m:	4:25.61	33.09
25.	JURKIEWICZ Juliusz		08	UKS Wodnik Siemianowice Iskie						<b>4:26.64</b>	504	
	50m:	29.77	29.77	150m:	1:38.80	34.89	250m:	2:47.08	34.28	350m:	3:53.81	33.14
	100m:	1:03.91	34.14	200m:	2:12.80	34.00	300m:	3:20.67	33.59	400m:	4:26.64	32.83
26.	PLUTECKI Jakub		08	Stowarzyszenie "OLIMPIJCZYK KRAKÓW"						<b>4:28.71</b>	492	
	50m:	30.40	30.40	150m:	1:37.79	33.93	250m:	2:46.05	34.22	350m:	3:54.65	34.34
	100m:	1:03.86	33.46	200m:	2:11.83	34.04	300m:	3:20.31	34.26	400m:	4:28.71	34.06
27.	RYBAK Grzegorz		08	MKS Park Wodny Tarnowskie Góry						<b>4:30.80</b>	481	
	50m:	30.82	30.82	150m:	1:40.54	35.00	250m:	2:50.26	34.83	350m:	3:58.81	33.93
	100m:	1:05.54	34.72	200m:	2:15.43	34.89	300m:	3:24.88	34.62	400m:	4:30.80	31.99
28.	FEDASZ Alan		08	UKP „Polonia Warszawa"						<b>4:30.87</b>	481	
	50m:	29.80	29.80	150m:	1:37.98	34.54	250m:	2:47.87	34.78	350m:	3:58.11	35.26
	100m:	1:03.44	33.64	200m:	2:13.09	35.11	300m:	3:22.85	34.98	400m:	4:30.87	32.76
29.	SKAŁACKI Igor		08	UKS Ósemka Owiścim						<b>4:31.15</b>	479	
	50m:	30.77	30.77	150m:	1:38.72	33.97	250m:	2:48.45	35.00	350m:	3:58.44	35.03
	100m:	1:04.75	33.98	200m:	2:13.45	34.73	300m:	3:23.41	34.96	400m:	4:31.15	32.71
30.	CIE LIKOWSKI Szymon		08	UKS 307 Warszawa						<b>4:31.41</b>	478	
	50m:	29.01	29.01	150m:	1:37.07	34.47	250m:	2:47.79	35.32	350m:	3:58.04	34.89
	100m:	1:02.60	33.59	200m:	2:12.47	35.40	300m:	3:23.15	35.36	400m:	4:31.41	33.37
31.	Ł DKA Gabriel		08	UKS SMS Galicja Kraków						<b>4:32.11</b>	474	
	50m:	29.95	29.95	150m:	1:38.55	34.95	250m:	2:49.21	35.34	350m:	3:59.23	34.54
	100m:	1:03.60	33.65	200m:	2:13.87	35.32	300m:	3:24.69	35.48	400m:	4:32.11	32.88
32.	OL DZKI Daniel		08	UKP „Polonia Warszawa"						<b>4:33.74</b>	466	
	50m:	30.46	30.46	150m:	1:40.63	35.46	250m:	2:51.26	35.17	350m:	4:01.11	34.13
	100m:	1:05.17	34.71	200m:	2:16.09	35.46	300m:	3:26.98	35.72	400m:	4:33.74	32.63
33.	BIELIENKOV Nikita		08	KS Warta Poznań						<b>4:34.18</b>	463	
	50m:	30.95	30.95	150m:	1:39.47	34.68	250m:	2:50.68	35.87	350m:	4:02.27	35.85
	100m:	1:04.79	33.84	200m:	2:14.81	35.34	300m:	3:26.42	35.74	400m:	4:34.18	31.91

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Pozycja			Rok ur.						Czas	Pkt.	
34.	JA CZAK Michał		08	Dwójka Morena Gdańsk						<b>4:34.52</b>	462
	50m:	30.46	150m:	1:38.60	34.47	250m:	2:49.51	35.32	350m:	4:00.21	35.36
	100m:	1:04.13	200m:	2:14.19	35.59	300m:	3:24.85	35.34	400m:	4:34.52	34.31
35.	SROKA Zoran		08	UKS „Frog” Giżycko						<b>4:34.78</b>	460
	50m:	29.93	150m:	1:38.53	34.85	250m:	2:49.23	35.50	350m:	4:00.57	35.25
	100m:	1:03.68	200m:	2:13.73	35.20	300m:	3:25.32	36.09	400m:	4:34.78	34.21
36.	CIUPEK Dominik		08	UKS Ósemka Owiścim						<b>4:35.01</b>	459
	50m:	31.27	150m:	1:41.43	35.22	250m:	2:53.02	35.91	350m:	4:02.55	34.34
	100m:	1:06.21	200m:	2:17.11	35.68	300m:	3:28.21	35.19	400m:	4:35.01	32.46
37.	POL Witold		08	UKS Fala Nieporęt						<b>4:35.23</b>	458
	50m:	30.44	150m:	1:39.60	35.11	250m:	2:49.99	34.99	350m:	4:00.19	35.39
	100m:	1:04.49	200m:	2:15.00	35.40	300m:	3:24.80	34.81	400m:	4:35.23	35.04
38.	JAWORSKI Krzysztof		08	Akademia Aqua Sport						<b>4:35.27</b>	458
	50m:	31.60	150m:	1:41.30	34.83	250m:	2:52.13	35.33	350m:	4:02.07	34.90
	100m:	1:06.47	200m:	2:16.80	35.50	300m:	3:27.17	35.04	400m:	4:35.27	33.20
39.	SZLACHCIC Jan		08	UKS Ósemka Owiścim						<b>4:35.28</b>	458
	50m:	31.77	150m:	1:42.27	35.75	250m:	2:52.51	34.52	350m:	4:03.05	35.25
	100m:	1:06.52	200m:	2:17.99	35.72	300m:	3:27.80	35.29	400m:	4:35.28	32.23
40.	GEBAUER Wolfgang		08	MTP Kormoran Olsztyn						<b>4:35.88</b>	455
	50m:	31.19	150m:	1:40.24	34.94	250m:	2:50.98	35.54	350m:	4:01.88	35.58
	100m:	1:05.30	200m:	2:15.44	35.20	300m:	3:26.30	35.32	400m:	4:35.88	34.00
41.	FRONCZEK Miłosz		08	KU AZS UMCS Lublin						<b>4:36.29</b>	453
	50m:	30.66	150m:	1:39.39	34.89	250m:	2:50.03	35.52	350m:	4:01.32	35.70
	100m:	1:04.50	200m:	2:14.51	35.12	300m:	3:25.62	35.59	400m:	4:36.29	34.97
42.	GRZECHOWIAK Antoni		08	KS Poznań Poznań						<b>4:36.30</b>	453
	50m:	30.71	150m:	1:40.93	35.29	250m:	2:51.88	35.78	350m:	4:02.94	35.55
	100m:	1:05.64	200m:	2:16.10	35.17	300m:	3:27.39	35.51	400m:	4:36.30	33.36
43.	B CZYK Maciej		08	KS Poznań Poznań						<b>4:36.76</b>	451
	50m:	30.68	150m:	1:40.10	34.74	250m:	2:51.01	35.36	350m:	4:02.55	36.09
	100m:	1:05.36	200m:	2:15.65	35.55	300m:	3:26.46	35.45	400m:	4:36.76	34.21
44.	KOWOLIK Igor		08	MKS Park Wodny Tarnowskie Góry						<b>4:37.98</b>	445
	50m:	31.35	150m:	1:41.78	35.56	250m:	2:52.53	35.50	350m:	4:03.60	35.29
	100m:	1:06.22	200m:	2:17.03	35.25	300m:	3:28.31	35.78	400m:	4:37.98	34.38
45.	OGAŁA Piotr		08	"Sikret" Gliwice						<b>4:38.36</b>	443
	50m:	31.28	150m:	1:41.88	35.33	250m:	2:52.85	35.20	350m:	4:04.44	35.71
	100m:	1:06.55	200m:	2:17.65	35.77	300m:	3:28.73	35.88	400m:	4:38.36	33.92
46.	HOFMAN Marcel		08	St. KP Olimpia wiecie						<b>4:39.51</b>	437
	50m:	30.38	150m:	1:40.85	36.20	250m:	2:53.34	36.28	350m:	4:06.11	36.16
	100m:	1:04.65	200m:	2:17.06	36.21	300m:	3:29.95	36.61	400m:	4:39.51	33.40
47.	SKWARA Bartłomiej		08	UKS Delfin Tarnobrzeg						<b>4:39.92</b>	435
	50m:	32.13	150m:	1:42.60	35.24	250m:	2:54.75	36.15	350m:	4:05.85	35.45
	100m:	1:07.36	200m:	2:18.60	36.00	300m:	3:30.40	35.65	400m:	4:39.92	34.07
48.	TOBIASZ Jakub		08	UKS Ósemka Owiścim						<b>4:40.35</b>	433
	50m:	31.87	150m:	1:42.33	35.62	250m:	2:53.96	35.68	350m:	4:06.23	36.16
	100m:	1:06.71	200m:	2:18.28	35.95	300m:	3:30.07	36.11	400m:	4:40.35	34.12
49.	SADEK Kacper		08	UKS Ósemka Owiścim						<b>4:40.74</b>	432
	50m:	30.37	150m:	1:40.06	35.19	250m:	2:52.25	36.28	350m:	4:04.80	36.26
	100m:	1:04.87	200m:	2:15.97	35.91	300m:	3:28.54	36.29	400m:	4:40.74	35.94
50.	SZYMA SKI Mikołaj		08	UKS Ósemka Owiścim						<b>4:40.90</b>	431
	50m:	31.29	150m:	1:42.39	36.03	250m:	2:55.18	36.66	350m:	4:06.44	35.37
	100m:	1:06.36	200m:	2:18.52	36.13	300m:	3:31.07	35.89	400m:	4:40.90	34.46

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Pozycja			Rok ur.						Czas	Pkt.
51.	O	GA Ignacy		08	UKS "Feniks" D bica			<b>4:41.29</b>	429	
		50m: 30.32	30.32	150m: 1:41.16	36.27	250m: 2:54.35	37.59	350m: 4:08.45	37.21	
		100m: 1:04.89	34.57	200m: 2:16.76	35.60	300m: 3:31.24	36.89	400m: 4:41.29	32.84	
52.		KAUC Franciszek		08	UKS KORAL Wrocław			<b>4:44.78</b>	414	
		50m: 30.53	30.53	150m: 1:42.35	36.40	250m: 2:55.10	36.51	350m: 4:08.88	36.99	
		100m: 1:05.95	35.42	200m: 2:18.59	36.24	300m: 3:31.89	36.79	400m: 4:44.78	35.90	
53.		PASZEK Adam		08	KP Aquapark W growiec			<b>4:45.70</b>	410	
		50m: 31.66	31.66	150m: 1:44.48	37.17	250m: 2:59.03	37.41	350m: 4:12.56	36.95	
		100m: 1:07.31	35.65	200m: 2:21.62	37.14	300m: 3:35.61	36.58	400m: 4:45.70	33.14	
54.		MOSZYK Oskar		08	Swim Team MOSiR K dzierzyn-Ko le			<b>4:46.98</b>	404	
		50m: 32.08	32.08	150m: 1:43.80	36.18	250m: 2:57.24	37.00	350m: 4:11.48	36.94	
		100m: 1:07.62	35.54	200m: 2:20.24	36.44	300m: 3:34.54	37.30	400m: 4:46.98	35.50	
55.		PAWLAK Michał		08	TP Olimpijczyk Aleksandrów Łódzki			<b>4:47.44</b>	402	
		50m: 31.00	31.00	150m: 1:44.08	36.95	250m: 2:58.15	36.97	350m: 4:11.15	35.77	
		100m: 1:07.13	36.13	200m: 2:21.18	37.10	300m: 3:35.38	37.23	400m: 4:47.44	36.29	
56.		SIELICKI Hubert		08	UKP Jedyńka Elbl g			<b>4:47.83</b>	400	
		50m: 31.29	31.29	150m: 1:43.28	36.70	250m: 2:57.93	36.99	350m: 4:12.50	37.51	
		100m: 1:06.58	35.29	200m: 2:20.94	37.66	300m: 3:34.99	37.06	400m: 4:47.83	35.33	
57.		KOZŁOWSKI Oskar		08	MUKS Piorun Gołdap			<b>4:49.32</b>	394	
		50m: 31.09	31.09	150m: 1:43.71	37.37	250m: 2:57.19	36.01	350m: 4:12.45	37.06	
		100m: 1:06.34	35.25	200m: 2:21.18	37.47	300m: 3:35.39	38.20	400m: 4:49.32	36.87	
58.		WICHA Antoni		08	KS KSZO Ostrowiec w.			<b>4:49.52</b>	394	
		50m: 33.25	33.25	150m: 1:46.09	36.72	250m: 3:00.63	37.44	350m: 4:15.51	37.40	
		100m: 1:09.37	36.12	200m: 2:23.19	37.10	300m: 3:38.11	37.48	400m: 4:49.52	34.01	
59.		TOBISZEWSKI Mikołaj		08	KS KSZO Ostrowiec w.			<b>4:49.54</b>	393	
		50m: 32.60	32.60	150m: 1:45.38	36.72	250m: 2:59.01	36.82	350m: 4:12.71	37.17	
		100m: 1:08.66	36.06	200m: 2:22.19	36.81	300m: 3:35.54	36.53	400m: 4:49.54	36.83	
60.		ŁUCZAK Filip		08	UKS 190 Łód			<b>4:49.98</b>	392	
		50m: 31.73	31.73	150m: 1:45.70	37.41	250m: 3:00.43	37.78	350m: 4:14.19	37.80	
		100m: 1:08.29	36.56	200m: 2:22.65	36.95	300m: 3:36.39	35.96	400m: 4:49.98	35.79	
61.		FERRARETTO Albert		08	UKS SP-149 Łód			<b>4:50.75</b>	389	
		50m: 32.55	32.55	150m: 1:46.77	37.39	250m: 3:00.81	37.27	350m: 4:14.70	37.29	
		100m: 1:09.38	36.83	200m: 2:23.54	36.77	300m: 3:37.41	36.60	400m: 4:50.75	36.05	
62.		STA CZYK Franciszek		08	UKS Kapry-Armexim Pruszków			<b>4:52.70</b>	381	
		50m: 31.21	31.21	150m: 1:44.32	37.36	250m: 2:59.58	38.18	350m: 4:16.26	38.27	
		100m: 1:06.96	35.75	200m: 2:21.40	37.08	300m: 3:37.99	38.41	400m: 4:52.70	36.44	
63.		LIS Jakub		08	KP Sokół Rzeszów			<b>4:52.84</b>	380	
		50m: 32.40	32.40	150m: 1:46.61	37.71	250m: 3:02.39	38.59	350m: 4:19.31	38.74	
		100m: 1:08.90	36.50	200m: 2:23.80	37.19	300m: 3:40.57	38.18	400m: 4:52.84	33.53	
64.		SZCZ SNY Kacper		08	MUKS "Pi tnastka"			<b>4:55.60</b>	370	
		50m: 31.85	31.85	150m: 1:46.68	38.05	250m: 3:03.16	38.35	350m: 4:19.09	37.58	
		100m: 1:08.63	36.78	200m: 2:24.81	38.13	300m: 3:41.51	38.35	400m: 4:55.60	36.51	
65.		NIEMCZURA Wiktor		08	UKP „Polonia Warszawa"			<b>4:56.16</b>	368	
		50m: 34.55	34.55	150m: 1:49.60	37.47	250m: 3:04.85	37.45	350m: 4:20.72	37.96	
		100m: 1:12.13	37.58	200m: 2:27.40	37.80	300m: 3:42.76	37.91	400m: 4:56.16	35.44	
66.		WIECZERNIAK Krzysztof		08	UKS Wodnik Siemianowice I skie			<b>4:57.41</b>	363	
		50m: 33.07	33.07	150m: 1:48.30	38.04	250m: 3:04.79	38.16	350m: 4:21.26	38.06	
		100m: 1:10.26	37.19	200m: 2:26.63	38.33	300m: 3:43.20	38.41	400m: 4:57.41	36.15	
67.		ZAWADKA Antoni		08	UKS Fala Swarz dz			<b>4:57.84</b>	361	
		50m: 32.40	32.40	150m: 1:47.19	37.88	250m: 3:04.20	38.07	350m: 4:22.41	40.02	
		100m: 1:09.31	36.91	200m: 2:26.13	38.94	300m: 3:42.39	38.19	400m: 4:57.84	35.43	

Zimowe Mistrzostwa Polski Juniorów 14 letnich w pływaniu  
Olsztyn, 9. - 11.12.2022

Konkurencja 20, Chłopców, 400m dowolny, Eliminacje, 14 lat

Pozycja	Rok ur.								Czas	Pkt.
68. GAJEK Bartosz	08	KS Barrakuda Gda sk							<b>4:59.13</b>	357
50m: 29.40	29.40	150m: 1:42.81	37.93	250m: 2:59.78	39.18	350m: 4:18.50	38.74			
100m: 1:04.88	35.48	200m: 2:20.60	37.79	300m: 3:39.76	39.98	400m: 4:59.13	40.63			
69. GOLA Filip	08	MKS Park Wodny Tarnowskie Góry							<b>5:00.36</b>	352
50m: 33.25	33.25	150m: 1:49.54	38.46	250m: 3:07.19	39.28	350m: 4:24.58	38.31			
100m: 1:11.08	37.83	200m: 2:27.91	38.37	300m: 3:46.27	39.08	400m: 5:00.36	35.78			
70. ZHADAN Nikolai	08	TP Zielona Góra							<b>5:01.26</b>	349
50m: 33.91	33.91	150m: 1:51.19	38.78	250m: 3:08.83	38.69	350m: 4:24.79	37.30			
100m: 1:12.41	38.50	200m: 2:30.14	38.95	300m: 3:47.49	38.66	400m: 5:01.26	36.47			
71. CZAŁBOWSKI Mikołaj	08	UKS „Frog” Gi ycko							<b>5:01.52</b>	348
50m: 31.88	31.88	150m: 1:46.64	38.04	250m: 3:04.33	39.35	350m: 4:23.95	39.83			
100m: 1:08.60	36.72	200m: 2:24.98	38.34	300m: 3:44.12	39.79	400m: 5:01.52	37.57			
72. MENDYKA Miłosz	08	AZS PWSTE Jarosław							<b>5:02.19</b>	346
50m: 32.72	32.72	150m: 1:47.38	38.04	250m: 3:05.47	39.53	350m: 4:25.20	39.90			
100m: 1:09.34	36.62	200m: 2:25.94	38.56	300m: 3:45.30	39.83	400m: 5:02.19	36.99			
73. CHRZANOWSKI Remigiusz	08	UKS MOS Elk							<b>5:04.11</b>	339
50m: 32.62	32.62	150m: 1:47.86	38.40	250m: 3:05.73	39.27	350m: 4:25.40	40.31			
100m: 1:09.46	36.84	200m: 2:26.46	38.60	300m: 3:45.09	39.36	400m: 5:04.11	38.71			
74. WAWRZOS Dawid	08	UKS „Frog” Gi ycko							<b>5:05.94</b>	333
50m: 31.55	31.55	150m: 1:46.94	39.13	250m: 3:06.18	40.05	350m: 4:27.95	41.45			
100m: 1:07.81	36.26	200m: 2:26.13	39.19	300m: 3:46.50	40.32	400m: 5:05.94	37.99			
75. WŁODARCZAK Wiktor	08	MKP Astromal-Leszno							<b>5:11.00</b>	317
50m: 33.96	33.96	150m: 1:52.56	39.93	250m: 3:12.95	40.30	350m: 4:33.03	40.07			
100m: 1:12.63	38.67	200m: 2:32.65	40.09	300m: 3:52.96	40.01	400m: 5:11.00	37.97			
76. WALERON Łukasz	08	UKS Trójka roda Wlkp.							<b>5:19.53</b>	293
50m: 36.10	36.10	150m: 1:57.99	40.46	250m: 3:19.81	40.54	350m: 4:40.66	39.68			
100m: 1:17.53	41.43	200m: 2:39.27	41.28	300m: 4:00.98	41.17	400m: 5:19.53	38.87			