

VII OTWARTE MISTRZOSTWA WARMII I MAZUR W PŁYWANIU
 OLSZTYN, 20. - 21.5.2023

 Konkurencja 29
 21.05.2023 - 11:29

Kobiet, 400m dowolny

 12 lat i starsi
 Wyniki

Punkty: FINA 2022

Pozycja	Rok ur.	Czas	Pkt.	100m	200m	300m	400m
12 lat							
1. KAROLEWSKA Julia	11	5:09.66	445	1:12.94	1:19.41	1:20.00	1:17.31
50m: 34.69	34.69	150m: 1:52.32	39.38	250m: 3:12.20	39.85	350m: 4:32.28	39.93
100m: 1:12.94	38.25	200m: 2:32.35	40.03	300m: 3:52.35	40.15	400m: 5:09.66	37.38
13 lat							
1. LIPI SKA Natalia	10	4:53.88	520	1:08.45	1:14.09	1:15.74	1:15.60
50m: 32.90	32.90	150m: 1:45.36	36.91	250m: 3:00.47	37.93	350m: 4:16.88	38.60
100m: 1:08.45	35.55	200m: 2:22.54	37.18	300m: 3:38.28	37.81	400m: 4:53.88	37.00
2. SZKRABA Julia	10	5:13.03	431	1:15.08	1:21.56	1:21.01	1:15.38
50m: 34.73	34.73	150m: 1:55.73	40.65	250m: 3:17.74	41.10	350m: 4:37.34	39.69
100m: 1:15.08	40.35	200m: 2:36.64	40.91	300m: 3:57.65	39.91	400m: 5:13.03	35.69
3. PETRAUSKAIT Otilija	10	5:21.07	399	1:16.98	1:21.62	1:22.03	1:20.44
50m: 36.83	36.83	150m: 1:57.83	40.85	250m: 3:19.57	40.97	350m: 4:41.36	40.73
100m: 1:16.98	40.15	200m: 2:38.60	40.77	300m: 4:00.63	41.06	400m: 5:21.07	39.71
4. DZIAPKA Lena	10	5:32.29	360	1:18.95	1:24.68	1:25.92	1:22.74
50m: 37.36	37.36	150m: 2:01.37	42.42	250m: 3:26.73	43.10	350m: 4:51.73	42.18
100m: 1:18.95	41.59	200m: 2:43.63	42.26	300m: 4:09.55	42.82	400m: 5:32.29	40.56
5. KLECHA Magdalena	10	5:34.15	354	1:21.54	1:26.73	1:25.31	1:20.57
50m: 38.58	38.58	150m: 2:05.31	43.77	250m: 3:31.25	42.98	350m: 4:54.68	41.10
100m: 1:21.54	42.96	200m: 2:48.27	42.96	300m: 4:13.58	42.33	400m: 5:34.15	39.47
6. GIERS Anna	10	5:37.77	343	1:19.20	1:28.22	1:27.39	1:22.96
50m: 36.91	36.91	150m: 2:02.97	43.77	250m: 3:31.47	44.05	350m: 4:57.89	43.08
100m: 1:19.20	42.29	200m: 2:47.42	44.45	300m: 4:14.81	43.34	400m: 5:37.77	39.88
7. JANKOWSKA Julia	10	5:54.27	297	1:24.01	1:31.64	1:30.58	1:28.04
50m: 39.25	39.25	150m: 2:09.98	45.97	250m: 3:41.17	45.52	350m: 5:11.43	45.20
100m: 1:24.01	44.76	200m: 2:55.65	45.67	300m: 4:26.23	45.06	400m: 5:54.27	42.84
14 lat							
1. DZIK Zoja	09	5:29.41	369	1:17.96	1:25.36	1:25.16	1:20.93
50m: 35.47	35.47	150m: 2:00.75	42.79	250m: 3:24.72	41.40	350m: 4:50.28	41.80
100m: 1:17.96	42.49	200m: 2:43.32	42.57	300m: 4:08.48	43.76	400m: 5:29.41	39.13
2. ZIELI SKA Dominika	09	5:37.54	343	1:15.85	1:24.96	1:28.51	1:28.22
50m: 35.15	35.15	150m: 1:57.80	41.95	250m: 3:24.65	43.84	350m: 4:54.55	45.23
100m: 1:15.85	40.70	200m: 2:40.81	43.01	300m: 4:09.32	44.67	400m: 5:37.54	42.99
3. NASZKIEWICZ Inga	09	5:59.91	283	1:18.46	1:34.52	1:35.24	1:31.69
50m: 36.06	36.06	150m: 2:05.55	47.09	250m: 3:40.79	47.81	350m: 5:16.07	47.85
100m: 1:18.46	42.40	200m: 2:52.98	47.43	300m: 4:28.22	47.43	400m: 5:59.91	43.84
15 lat i starsi							
1. KUCZMAR Zuzanna	07	4:39.55	605	1:05.93	1:12.03	1:11.10	1:10.49
50m: 30.84	30.84	150m: 1:42.36	36.43	250m: 2:53.42	35.46	350m: 4:04.89	35.83
100m: 1:05.93	35.09	200m: 2:17.96	35.60	300m: 3:29.06	35.64	400m: 4:39.55	34.66
2. SUSKA Zuzanna	07	5:28.68	372	1:16.95	1:25.73	1:25.22	1:20.78
50m: 35.80	35.80	150m: 1:59.58	42.63	250m: 3:24.83	42.15	350m: 4:49.38	41.48
100m: 1:16.95	41.15	200m: 2:42.68	43.10	300m: 4:07.90	43.07	400m: 5:28.68	39.30
3. JUCHNIEWICZ Maja	07	6:07.59	266	1:25.12	1:32.91	1:35.61	1:33.95
50m: 40.66	40.66	150m: 2:11.30	46.18	250m: 3:45.99	47.96	350m: 5:20.97	47.33
100m: 1:25.12	44.46	200m: 2:58.03	46.73	300m: 4:33.64	47.65	400m: 6:07.59	46.62

