

Ogólnopolski Sprawdzian Wszechstronno ci i Wytrzymało ci 11 lat
Gda sk, 24.11.2017

Konkurencja 3
24.11.2017 - 11:21

Dziewcz t, 400m dowolny

11 lat
Wyniki

Punkty: FINA 2017

Pozycja			Rok ur.					Czas	Pkt.
1.	Grabara Wiktoria		06	Delfin Malbork				5:12.68	421
	50m: 36.94	36.94	150m: 1:57.33	40.40	250m: 3:16.76	39.21	350m: 4:35.98	39.29	
	100m: 1:16.93	39.99	200m: 2:37.55	40.22	300m: 3:56.69	39.93	400m: 5:12.68	36.70	
2.	Szargiej Aleksandra		06	abianka Gda sk				5:20.24	392
	50m: 35.50	35.50	150m: 1:58.03	41.50	250m: 3:20.11	40.99	350m: 4:41.34	39.97	
	100m: 1:16.53	41.03	200m: 2:39.12	41.09	300m: 4:01.37	41.26	400m: 5:20.24	38.90	
3.	Rudomina Agnieszka		06	abianka Gda sk				5:29.75	359
	50m: 36.81	36.81	150m: 2:01.79	42.72	250m: 3:27.09	43.24	350m: 4:51.45	41.49	
	100m: 1:19.07	42.26	200m: 2:43.85	42.06	300m: 4:09.96	42.87	400m: 5:29.75	38.30	
4.	Skrobisz Urszula		06	Ósemka Starogard Gda ski				5:30.71	356
	50m: 36.79	36.79	150m: 2:00.28	42.22	250m: 3:26.18	42.96	350m: 4:51.18	42.41	
	100m: 1:18.06	41.27	200m: 2:43.22	42.94	300m: 4:08.77	42.59	400m: 5:30.71	39.53	
5.	Klofczy ska Maja		06	abianka Gda sk				5:39.49	329
	50m: 37.85	37.85	150m: 2:04.31	43.42	250m: 3:30.86	42.96	350m: 4:57.59	43.19	
	100m: 1:20.89	43.04	200m: 2:47.90	43.59	300m: 4:14.40	43.54	400m: 5:39.49	41.90	
6.	Olko Zuzanna		06	Siódemka Gdynia				5:40.83	325
	50m: 38.74	38.74	150m: 2:05.96	43.85	250m: 3:33.31	43.50	350m: 5:00.75	43.22	
	100m: 1:22.11	43.37	200m: 2:49.81	43.85	300m: 4:17.53	44.22	400m: 5:40.83	40.08	
7.	S dej Zuzanna		06	Dwójka Morena Gda sk				5:41.79	323
	50m: 38.60	38.60	150m: 2:04.80	43.33	250m: 3:31.38	43.23	350m: 5:00.60	43.39	
	100m: 1:21.47	42.87	200m: 2:48.15	43.35	300m: 4:17.21	45.83	400m: 5:41.79	41.19	
8.	Rulewska Julia		06	Ósemka Starogard Gda ski				5:44.80	314
	50m: 37.42	37.42	150m: 2:06.59	45.01	250m: 3:36.18	44.54	350m: 5:03.95	42.97	
	100m: 1:21.58	44.16	200m: 2:51.64	45.05	300m: 4:20.98	44.80	400m: 5:44.80	40.85	
9.	Sobek Iga		06	abianka Gda sk				5:45.20	313
	50m: 38.80	38.80	150m: 2:07.57	45.16	250m: 3:36.12	44.61	350m: 5:04.64	43.92	
	100m: 1:22.41	43.61	200m: 2:51.51	43.94	300m: 4:20.72	44.60	400m: 5:45.20	40.56	
10.	Stawicka Matylda		06	abianka Gda sk				5:46.16	310
	50m: 38.82	38.82	150m: 2:05.97	44.36	250m: 3:35.79	44.71	350m: 5:04.05	43.83	
	100m: 1:21.61	42.79	200m: 2:51.08	45.11	300m: 4:20.22	44.43	400m: 5:46.16	42.11	
11.	Bielawa Anna		06	TRI-Team Rumia				5:48.69	304
	50m: 39.79	39.79	150m: 2:09.41	45.17	250m: 3:39.25	44.88	350m: 5:08.10	44.70	
	100m: 1:24.24	44.45	200m: 2:54.37	44.96	300m: 4:23.40	44.15	400m: 5:48.69	40.59	
12.	Olschewska Magdalena		06	Aquarius Słupsk				5:51.10	298
	50m: 38.15	38.15	150m: 2:09.01	46.10	250m: 3:41.03	45.97	350m: 5:11.19	44.25	
	100m: 1:22.91	44.76	200m: 2:55.06	46.05	300m: 4:26.94	45.91	400m: 5:51.10	39.91	
13.	Ziemi ska Aleksandra		06	MAL WOPR Malbork				5:52.91	293
	50m: 40.11	40.11	150m: 2:11.65	45.82	250m: 3:42.49	45.90	350m: 5:11.23	43.67	
	100m: 1:25.83	45.72	200m: 2:56.59	44.94	300m: 4:27.56	45.07	400m: 5:52.91	41.68	
14.	Chrzanowska Julia		06	Dwójka Morena Gda sk				5:54.32	289
	50m: 39.70	39.70	150m: 2:09.60	45.61	250m: 3:39.52	45.77	350m: 5:10.36	44.96	
	100m: 1:23.99	44.29	200m: 2:53.75	44.15	300m: 4:25.40	45.88	400m: 5:54.32	43.96	
15.	A gin Marta		06	Aquastacja Gda sk				6:00.08	276
	50m: 40.92	40.92	150m: 2:15.04	47.82	250m: 3:48.56	46.72	350m: 5:19.66	44.65	
	100m: 1:27.22	46.30	200m: 3:01.84	46.80	300m: 4:35.01	46.45	400m: 6:00.08	40.42	
16.	Zielka Oliwia		06	Dwójka Tczew				6:00.51	275
	50m: 41.99	41.99	150m: 2:14.47	46.60	250m: 3:47.56	46.97	350m: 5:18.25	44.66	
	100m: 1:27.87	45.88	200m: 3:00.59	46.12	300m: 4:33.59	46.03	400m: 6:00.51	42.26	
17.	Stodulska Aleksandra		06	abianka Gda sk				6:01.89	272
	50m: 40.81	40.81	150m: 2:16.13	48.12	250m: 3:50.22	47.31	350m: 5:21.11	44.93	
	100m: 1:28.01	47.20	200m: 3:02.91	46.78	300m: 4:36.18	45.96	400m: 6:01.89	40.78	

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Konkurencja 3, Dziewcz t, 400m dowolny, 11 lat

Pozycja			Rok ur.					Czas	Pkt.		
18.	Dy Maria		06	Delfin Gdynia				6:04.69	265		
	50m:	41.22 41.22	150m:	2:13.00	46.13	250m:	3:47.78	47.58	350m:	5:21.68	46.71
	100m:	1:26.87 45.65	200m:	3:00.20	47.20	300m:	4:34.97	47.19	400m:	6:04.69	43.01
19.	Armatowska Kinga		06	Dwójka Tczew				6:08.47	257		
	50m:	40.34 40.34	150m:	2:11.34	46.10	250m:	3:45.67	47.81	350m:	5:23.63	48.92
	100m:	1:25.24 44.90	200m:	2:57.86	46.52	300m:	4:34.71	49.04	400m:	6:08.47	44.84
20.	Koitka Laura		06	Dwójka Tczew				6:10.89	252		
	50m:	40.85 40.85	150m:	2:14.99	48.14	250m:	3:50.05	47.37	350m:	5:25.93	47.76
	100m:	1:26.85 46.00	200m:	3:02.68	47.69	300m:	4:38.17	48.12	400m:	6:10.89	44.96
21.	Kołodziejska Stefania		06	Delfin Gdynia				6:12.80	248		
	50m:	40.20 40.20	150m:	2:13.96	47.67	250m:	3:50.40	48.17	350m:	5:28.25	49.05
	100m:	1:26.29 46.09	200m:	3:02.23	48.27	300m:	4:39.20	48.80	400m:	6:12.80	44.55
22.	Brunejko Natalia		06	Aquastacja Gda sk				6:13.66	247		
	50m:	43.17 43.17	150m:	2:20.73	49.33	250m:	3:58.24	48.45	350m:	5:32.07	44.87
	100m:	1:31.40 48.23	200m:	3:09.79	49.06	300m:	4:47.20	48.96	400m:	6:13.66	41.59
23.	Szymkiewicz Zofia		06	Dwójka Tczew				6:14.09	246		
	50m:	43.67 43.67	150m:	2:20.39	49.18	250m:	3:57.71	47.63	350m:	5:31.86	47.07
	100m:	1:31.21 47.54	200m:	3:10.08	49.69	300m:	4:44.79	47.08	400m:	6:14.09	42.23
24.	Wasylczuk Lena		06	Delfin Gdynia				6:14.22	246		
	50m:	41.33 41.33	150m:	2:17.52	48.61	250m:	3:54.50	48.65	350m:	5:30.63	46.64
	100m:	1:28.91 47.58	200m:	3:05.85	48.33	300m:	4:43.99	49.49	400m:	6:14.22	43.59
25.	Derus Marietta		06	Dwójka Tczew				6:16.25	242		
	50m:	40.69 40.69	150m:	2:14.54	47.86	250m:	3:51.91	48.86	350m:	5:30.79	49.14
	100m:	1:26.68 45.99	200m:	3:03.05	48.51	300m:	4:41.65	49.74	400m:	6:16.25	45.46
26.	Dopierała Maria		06	Aquastacja Gda sk				6:18.54	237		
	50m:	40.55 40.55	150m:	2:17.75	49.17	250m:	3:57.06	49.31	350m:	5:34.72	47.53
	100m:	1:28.58 48.03	200m:	3:07.75	50.00	300m:	4:47.19	50.13	400m:	6:18.54	43.82
27.	Markowska Malwina		06	Dwójka Morena Gda sk				6:19.45	236		
	50m:	43.43 43.43	150m:	2:20.62	49.16	250m:	3:58.32	48.82	350m:	5:34.33	47.79
	100m:	1:31.46 48.03	200m:	3:09.50	48.88	300m:	4:46.54	48.22	400m:	6:19.45	45.12
28.	Kwiatkowska Maja		06	Siódemka Gdynia				6:23.39	228		
	50m:	41.32 41.32	150m:	2:18.90	49.00	250m:	3:57.23	48.67	350m:	5:36.36	49.45
	100m:	1:29.90 48.58	200m:	3:08.56	49.66	300m:	4:46.91	49.68	400m:	6:23.39	47.03
29.	Szcz snia Natalia		06	Dwójka Tczew				6:23.90	227		
	50m:	43.18 43.18	150m:	2:20.12	48.50	250m:	3:58.23	49.84	350m:	5:37.84	49.55
	100m:	1:31.62 48.44	200m:	3:08.39	48.27	300m:	4:48.29	50.06	400m:	6:23.90	46.06
30.	ochowska Liliana		06	Siódemka Gdynia				6:24.40	227		
	50m:	43.64 43.64	150m:	2:21.77	49.41	250m:	4:02.10	50.45	350m:	5:38.79	48.19
	100m:	1:32.36 48.72	200m:	3:11.65	49.88	300m:	4:50.60	48.50	400m:	6:24.40	45.61
31.	Walkusz Hanna		06	1 Solex L bork				6:25.80	224		
	50m:	41.73 41.73	150m:	2:20.98	50.74	250m:	4:00.99	49.59	350m:	5:42.39	51.53
	100m:	1:30.24 48.51	200m:	3:11.40	50.42	300m:	4:50.86	49.87	400m:	6:25.80	43.41
32.	Malinowska Agata		06	Dwójka Tczew				6:26.72	223		
	50m:	43.68 43.68	150m:	2:23.21	51.02	250m:	4:02.28	49.81	350m:	5:40.78	49.14
	100m:	1:32.19 48.51	200m:	3:12.47	49.26	300m:	4:51.64	49.36	400m:	6:26.72	45.94
33.	Łopaci ska Agata		06	Dwójka Morena Gda sk				6:27.31	222		
	50m:	42.26 42.26	150m:	2:20.00	49.53	250m:	3:59.32	49.40	350m:	5:39.84	49.37
	100m:	1:30.47 48.21	200m:	3:09.92	49.92	300m:	4:50.47	51.15	400m:	6:27.31	47.47
34.	Szwichtenberg Julia		06	Aquarius Słupsk				6:27.85	221		
	50m:	1:30.20 1:30.20	150m:			250m:	4:02.47	50.00	350m:	5:41.24	49.48
	100m:	2:21.50 51.30	200m:	3:12.47		300m:	4:51.76	49.29	400m:	6:27.85	46.61
35.	Zaparty Marta		06	Aquastacja Gda sk				6:30.15	217		
	50m:	43.06 43.06	150m:	2:23.46	50.63	250m:	4:05.68	51.42	350m:	5:46.31	49.90
	100m:	1:32.83 49.77	200m:	3:14.26	50.80	300m:	4:56.41	50.73	400m:	6:30.15	43.84

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Pozycja			Rok ur.					Czas	Pkt.
36.	Starzy ska Kaja		06	OSiR Chojnie				6:33.57	211
	50m: 42.81	42.81	150m: 2:21.78	50.30	250m: 4:04.17	50.63	350m: 5:45.42	49.21	
	100m: 1:31.48	48.67	200m: 3:13.54	51.76	300m: 4:56.21	52.04	400m: 6:33.57	48.15	
37.	Moczyło Kaja		06	1 Solex L bork				6:34.18	210
	50m: 42.07	42.07	150m: 2:23.30	52.15	250m: 4:07.79	52.40	350m: 5:48.80	49.63	
	100m: 1:31.15	49.08	200m: 3:15.39	52.09	300m: 4:59.17	51.38	400m: 6:34.18	45.38	
38.	Lewandowska Agnieszka		06	Dwójka Morena Gda sk				6:35.17	209
	50m: 42.31	42.31	150m: 2:25.08	52.83	250m: 4:08.03	51.69	350m: 5:50.54	51.45	
	100m: 1:32.25	49.94	200m: 3:16.34	51.26	300m: 4:59.09	51.06	400m: 6:35.17	44.63	
39.	Miklis Michalina		06	Dwójka Tczew				6:39.97	201
	50m: 43.91	43.91	150m: 2:26.38	52.16	250m: 4:09.45	51.44	350m: 5:51.63	51.19	
	100m: 1:34.22	50.31	200m: 3:18.01	51.63	300m: 5:00.44	50.99	400m: 6:39.97	48.34	
40.	Tomczyk Agata		06	Dwójka Morena Gda sk				6:41.02	200
	50m: 42.53	42.53	150m: 2:28.76	53.41	250m: 4:11.07	51.44	350m: 5:52.83	50.47	
	100m: 1:35.35	52.82	200m: 3:19.63	50.87	300m: 5:02.36	51.29	400m: 6:41.02	48.19	
41.	Kasprzyk Martyna		06	abianka Gda sk				6:43.78	195
	50m: 45.94	45.94	150m: 2:28.87	51.23	250m: 4:14.60	52.89	350m: 5:57.16	51.00	
	100m: 1:37.64	51.70	200m: 3:21.71	52.84	300m: 5:06.16	51.56	400m: 6:43.78	46.62	
42.	Gorjainow Daria		06	MAL WOPR Malbork				6:53.20	182
	50m: 44.97	44.97	150m: 2:28.24	52.05	250m: 4:14.86	53.32	350m: 6:02.29	53.66	
	100m: 1:36.19	51.22	200m: 3:21.54	53.30	300m: 5:08.63	53.77	400m: 6:53.20	50.91	
43.	Murawska Katarzyna		06	Dwójka Tczew				6:54.49	181
	50m: 47.82	47.82	150m: 2:33.97	53.68	250m: 4:20.94	53.52	350m: 6:06.21	52.18	
	100m: 1:40.29	52.47	200m: 3:27.42	53.45	300m: 5:14.03	53.09	400m: 6:54.49	48.28	
44.	Tchórzewska Oliwia		06	Skalar Słupsk				6:58.45	176
	50m: 46.46	46.46	150m: 2:32.10	53.24	250m: 4:19.06	53.82	350m: 6:05.93	53.38	
	100m: 1:38.86	52.40	200m: 3:25.24	53.14	300m: 5:12.55	53.49	400m: 6:58.45	52.52	
45.	Opala Adrianna		06	Dwójka Morena Gda sk				7:00.27	173
	50m: 46.30	46.30	150m: 2:31.74	53.61	250m: 4:18.72	55.58	350m: 6:06.73	52.94	
	100m: 1:38.13	51.83	200m: 3:23.14	51.40	300m: 5:13.79	55.07	400m: 7:00.27	53.54	
46.	Sawaniewska Lena		06	MAL WOPR Malbork				7:07.41	165
	50m: 43.47	43.47	150m: 2:27.73	52.75	250m: 4:15.96	53.80	350m: 6:05.63	54.50	
	100m: 1:34.98	51.51	200m: 3:22.16	54.43	300m: 5:11.13	55.17	400m: 7:07.41	1:01.78	
47.	Boryczko Alicja		06	Dwójka Morena Gda sk				7:11.18	160
	50m: 44.66	44.66	150m: 2:35.75	55.82	250m: 4:27.77	56.81	350m: 6:19.13	56.63	
	100m: 1:39.93	55.27	200m: 3:30.96	55.21	300m: 5:22.50	54.73	400m: 7:11.18	52.05	
48.	Dłu ak Zofia		06	Skalar Słupsk				7:15.48	156
	50m: 45.06	45.06	150m: 2:24.68	50.50	250m: 4:04.10	48.88	350m:		
	100m: 1:34.18	49.12	200m: 3:15.22	50.54	300m: 4:51.79	47.69	400m: 7:15.48		
49.	Miszewska Oliwia		06	Ósemka Starogard Gda ski				7:17.97	153
	50m: 44.96	44.96	150m: 2:25.28	51.05	250m: 4:07.64	51.23	350m:		
	100m: 1:34.23	49.27	200m: 3:16.41	51.13	300m: 4:57.89	50.25	400m: 7:17.97		
50.	Lewandowska Natalia		06	1 Solex L bork				7:22.41	148
	50m: 47.76	47.76	150m: 2:39.77	56.28	250m: 4:32.57	56.63	350m: 6:27.54	57.36	
	100m: 1:43.49	55.73	200m: 3:35.94	56.17	300m: 5:30.18	57.61	400m: 7:22.41	54.87	
51.	Modzelewska Nikola		06	Dwójka Tczew				7:34.26	137
	50m: 47.68	47.68	150m: 2:46.49	1:00.34	250m: 4:45.17	1:01.29	350m:		
	100m: 1:46.15	58.47	200m: 3:43.88	57.39	300m: 5:43.69	58.52	400m: 7:34.26		