

Ogólnopolski Sprawdzian Wszechstronno ci i Wytrzymało ci 11 lat
Gda sk, 24.11.2017

Konkurencja 4
24.11.2017 - 12:39

Chłopców, 400m dowolny

11 lat
Wyniki

Punkty: FINA 2017

Pozycja			Rok ur.					Czas	Pkt.		
1.	Markowski Wincenty		06	TRI-Team Rumia				5:08.54	325		
	50m:	34.20 34.20	150m:	1:53.49	40.27	250m:	3:12.67	39.22	350m:	4:31.19	39.76
	100m:	1:13.22 39.02	200m:	2:33.45	39.96	300m:	3:51.43	38.76	400m:	5:08.54	37.35
2.	Kurasi ski Tymon		06	Dwójka Morena Gda sk				5:10.36	319		
	50m:	36.56 36.56	150m:	1:53.85	39.45	250m:	3:13.09	39.38	350m:	4:32.85	38.89
	100m:	1:14.40 37.84	200m:	2:33.71	39.86	300m:	3:53.96	40.87	400m:	5:10.36	37.51
3.	Filipiak Mikołaj		06	Siodemka Sopot				5:13.00	311		
	50m:	35.75 35.75	150m:	1:53.14	39.12	250m:	3:12.83	39.74	350m:	4:33.77	40.02
	100m:	1:14.02 38.27	200m:	2:33.09	39.95	300m:	3:53.75	40.92	400m:	5:13.00	39.23
4.	Maksajda Kacper		06	Skalar Słupsk				5:18.35	296		
	50m:	35.98 35.98	150m:	1:59.39	42.23	250m:	3:22.59	41.33	350m:	4:42.35	39.34
	100m:	1:17.16 41.18	200m:	2:41.26	41.87	300m:	4:03.01	40.42	400m:	5:18.35	36.00
5.	Pierucki Radosław		06	Dwójka Morena Gda sk				5:20.56	290		
	50m:	36.31 36.31	150m:	1:59.16	42.30	250m:	3:22.64	41.65	350m:	4:41.96	37.76
	100m:	1:16.86 40.55	200m:	2:40.99	41.83	300m:	4:04.20	41.56	400m:	5:20.56	38.60
6.	Byzdra Mateusz		06	TRI-Team Rumia				5:26.38	275		
	50m:	35.78 35.78	150m:	1:58.64	41.89	250m:	3:22.30	42.04	350m:	4:46.67	41.81
	100m:	1:16.75 40.97	200m:	2:40.26	41.62	300m:	4:04.86	42.56	400m:	5:26.38	39.71
7.	Krasowski Konrad		06	TRI-Team Rumia				5:30.01	266		
	50m:	39.59 39.59	150m:	2:03.10	41.92	250m:	3:26.79	41.13	350m:	4:50.93	42.65
	100m:	1:21.18 41.59	200m:	2:45.66	42.56	300m:	4:08.28	41.49	400m:	5:30.01	39.08
8.	Tocewicz Jakub		06	Dwójka Tczew				5:32.67	259		
	50m:	37.44 37.44	150m:	2:01.84	42.89	250m:	3:28.17	43.18	350m:	4:53.15	42.27
	100m:	1:18.95 41.51	200m:	2:44.99	43.15	300m:	4:10.88	42.71	400m:	5:32.67	39.52
9.	Chabowski Nathaniel		06	Dwójka Tczew				5:36.81	250		
	50m:	37.86 37.86	150m:	2:02.71	43.05	250m:	3:29.33	42.86	350m:	4:56.39	43.39
	100m:	1:19.66 41.80	200m:	2:46.47	43.76	300m:	4:13.00	43.67	400m:	5:36.81	40.42
10.	Czarnota Kamil		06	MAL WOPR Malbork				5:37.15	249		
	50m:	38.72 38.72	150m:	2:03.93	42.87	250m:	3:29.24	42.49	350m:	4:55.41	43.80
	100m:	1:21.06 42.34	200m:	2:46.75	42.82	300m:	4:11.61	42.37	400m:	5:37.15	41.74
11.	Filipiak Maciej		06	Siodemka Sopot				5:40.10	243		
	50m:	37.39 37.39	150m:	2:02.86	43.82	250m:	3:29.64	44.40	350m:	4:57.54	44.40
	100m:	1:19.04 41.65	200m:	2:45.24	42.38	300m:	4:13.14	43.50	400m:	5:40.10	42.56
12.	Dubiel Wiktor		06	abianka Gda sk				5:43.54	235		
	50m:	36.24 36.24	150m:	2:00.87	42.95	250m:	3:28.44	44.08	350m:	4:54.00	42.08
	100m:	1:17.92 41.68	200m:	2:44.36	43.49	300m:	4:11.92	43.48	400m:	5:43.54	49.54
13.	Popowych Kyrilo		06	TRI-Team Rumia				5:47.27	228		
	50m:	40.10 40.10	150m:	2:09.12	44.59	250m:	3:39.01	45.00	350m:	5:06.93	43.19
	100m:	1:24.53 44.43	200m:	2:54.01	44.89	300m:	4:23.74	44.73	400m:	5:47.27	40.34
14.	Dzi gielewski Jacek		06	TRI-Team Rumia				5:49.87	223		
	50m:	40.37 40.37	150m:	2:10.00	45.58	250m:	3:40.70	44.76	350m:	5:05.30	41.25
	100m:	1:24.42 44.05	200m:	2:55.94	45.94	300m:	4:24.05	43.35	400m:	5:49.87	44.57
15.	Konkel Filip		06	Skalar Słupsk				5:50.33	222		
	50m:	38.89 38.89	150m:			250m:			350m:		
	100m:	1:23.58 44.69	200m:	2:55.08		300m:	4:27.30		400m:	5:50.33	
16.	Dowbor Dominik		06	Dwójka Morena Gda sk				5:51.92	219		
	50m:	37.71 37.71	150m:	2:08.39	46.21	250m:	3:40.46	46.10	350m:	5:10.11	44.97
	100m:	1:22.18 44.47	200m:	2:54.36	45.97	300m:	4:25.14	44.68	400m:	5:51.92	41.81
17.	Plewnicki Jan		06	abianka Gda sk				5:53.96	215		
	50m:	39.47 39.47	150m:	2:09.20	45.76	250m:	3:40.47	46.39	350m:	5:11.13	45.15
	100m:	1:23.44 43.97	200m:	2:54.08	44.88	300m:	4:25.98	45.51	400m:	5:53.96	42.83

Ogólnopolski Sprawdzian Wszechstronno ci i Wytrzymało ci 11 lat
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Konkurencja 4, Chłopców, 400m dowolny, 11 lat

Pozycja			Rok ur.					Czas	Pkt.
18.	Netter Maciej		06	TRI-Team Rumia				5:55.86	212
	50m:	39.54 39.54	150m:	2:11.62 46.44	250m:	3:43.12 45.41	350m:	5:14.07 45.33	
	100m:	1:25.18 45.64	200m:	2:57.71 46.09	300m:	4:28.74 45.62	400m:	5:55.86 41.79	
19.	Wierci ski Szymon		06	Dwójka Tczew				5:56.36	211
	50m:	42.18 42.18	150m:	2:14.91 45.89	250m:	3:47.96 45.74	350m:	5:16.74 44.38	
	100m:	1:29.02 46.84	200m:	3:02.22 47.31	300m:	4:32.36 44.40	400m:	5:56.36 39.62	
20.	Wasilewski Bartosz		06	TRI-Team Rumia				5:59.49	205
	50m:	40.16 40.16	150m:	2:13.24 46.78	250m:	3:45.74 46.50	350m:	5:17.54 46.01	
	100m:	1:26.46 46.30	200m:	2:59.24 46.00	300m:	4:31.53 45.79	400m:	5:59.49 41.95	
21.	Michalski Dominik		06	Dwójka Tczew				6:02.63	200
	50m:	41.22 41.22	150m:	2:14.02 46.24	250m:	3:46.82 46.99	350m:	5:18.09 44.82	
	100m:	1:27.78 46.56	200m:	2:59.83 45.81	300m:	4:33.27 46.45	400m:	6:02.63 44.54	
22.	Zie kowicz Jan		06	Aquastacja Gda sk				6:05.13	196
	50m:	39.78 39.78	150m:	2:13.20 47.15	250m:	3:47.65 47.18	350m:	5:20.70 45.72	
	100m:	1:26.05 46.27	200m:	3:00.47 47.27	300m:	4:34.98 47.33	400m:	6:05.13 44.43	
23.	Łomi ski Daniel		06	Delfin Gdynia				6:11.13	187
	50m:	41.59 41.59	150m:	2:15.88 47.62	250m:	3:53.65 48.42	350m:	5:28.85 46.84	
	100m:	1:28.26 46.67	200m:	3:05.23 49.35	300m:	4:42.01 48.36	400m:	6:11.13 42.28	
24.	Jaranowski Adam		06	abianka Gda sk				6:15.45	180
	50m:	41.20 41.20	150m:	2:16.18 48.05	250m:	3:53.44 48.26	350m:	5:30.26 47.83	
	100m:	1:28.13 46.93	200m:	3:05.18 49.00	300m:	4:42.43 48.99	400m:	6:15.45 45.19	
25.	Kuliga Krzysztof		06	Dwójka Morena Gda sk				6:16.15	179
	50m:	39.30 39.30	150m:	2:16.62 49.66	250m:	3:53.16 48.00	350m:	5:30.83 48.23	
	100m:	1:26.96 47.66	200m:	3:05.16 48.54	300m:	4:42.60 49.44	400m:	6:16.15 45.32	
26.	Ołdziejewski Wiktor		06	MAL WOPR Malbork				6:17.29	178
	50m:	38.06 38.06	150m:	2:14.17 49.72	250m:	3:52.55 48.85	350m:	5:31.37 50.12	
	100m:	1:24.45 46.39	200m:	3:03.70 49.53	300m:	4:41.25 48.70	400m:	6:17.29 45.92	
27.	Ciskowski Aleksander		06	Dwójka Tczew				6:17.32	177
	50m:	41.07 41.07	150m:	2:16.42 49.06	250m:	3:52.33 47.77	350m:	5:29.34 48.61	
	100m:	1:27.36 46.29	200m:	3:04.56 48.14	300m:	4:40.73 48.40	400m:	6:17.32 47.98	
28.	Szkuat- ytkowiak Jakub		06	Dwójka Tczew				6:18.36	176
	50m:	43.80 43.80	150m:	2:19.23 48.06	250m:	3:54.43 46.91	350m:	5:33.06 49.30	
	100m:	1:31.17 47.37	200m:	3:07.52 48.29	300m:	4:43.76 49.33	400m:	6:18.36 45.30	
29.	Borycki Borys		06	Dwójka Tczew				6:18.39	176
	50m:	41.71 41.71	150m:	2:17.70 48.74	250m:	3:56.01 49.48	350m:	5:32.23 47.02	
	100m:	1:28.96 47.25	200m:	3:06.53 48.83	300m:	4:45.21 49.20	400m:	6:18.39 46.16	
30.	Kubisiak Igor		06	1 Solex L bork				6:18.60	176
	50m:	42.16 42.16	150m:	2:19.77 48.67	250m:	3:54.34 50.15	350m:	5:31.48 49.34	
	100m:	1:31.10 48.94	200m:	3:04.19 44.42	300m:	4:42.14 47.80	400m:	6:18.60 47.12	
31.	Jurczyk Dawid		06	Dwójka Tczew				6:20.92	172
	50m:	42.55 42.55	150m:	2:19.00 48.37	250m:	3:59.31 50.54	350m:	5:37.06 48.91	
	100m:	1:30.63 48.08	200m:	3:08.77 49.77	300m:	4:48.15 48.84	400m:	6:20.92 43.86	
32.	Hendrysiak Przemysław		06	Dwójka Tczew				6:21.04	172
	50m:	43.04 43.04	150m:	2:19.31 47.81	250m:	3:56.69 49.09	350m:	5:34.24 48.93	
	100m:	1:31.50 48.46	200m:	3:07.60 48.29	300m:	4:45.31 48.62	400m:	6:21.04 46.80	
33.	B k Oscar		06	Dwójka Morena Gda sk				6:24.50	168
	50m:	40.01 40.01	150m:	2:18.93 50.50	250m:	3:59.03 49.95	350m:	5:37.59 48.60	
	100m:	1:28.43 48.42	200m:	3:09.08 50.15	300m:	4:48.99 49.96	400m:	6:24.50 46.91	
34.	Gołofit Karol		06	Aquastacja Gda sk				6:26.15	166
	50m:	41.31 41.31	150m:	2:19.23 49.38	250m:	3:59.17 49.71	350m:	5:39.66 49.71	
	100m:	1:29.85 48.54	200m:	3:09.46 50.23	300m:	4:49.95 50.78	400m:	6:26.15 46.49	
35.	Karmowski Dominik		06	abianka Gda sk				6:26.33	165
	50m:	44.18 44.18	150m:	2:23.81 50.32	250m:	4:03.76 49.83	350m:	5:41.54 48.39	
	100m:	1:33.49 49.31	200m:	3:13.93 50.12	300m:	4:53.15 49.39	400m:	6:26.33 44.79	

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Konkurencja 4, Chłopców, 400m dowolny, 11 lat

Pozycja			Rok ur.					Czas	Pkt.			
36.	Borski Mikołaj		06	TRI-Team Rumia				6:30.90	160			
	50m:	42.84	42.84	150m:	2:20.71	49.15	250m:	3:58.59	50.25	350m:	5:40.74	51.31
	100m:	1:31.56	48.72	200m:	3:08.34	47.63	300m:	4:49.43	50.84	400m:	6:30.90	50.16
37.	Hlavaty Jakub		06	Delfin Gdynia				6:34.69	155			
	50m:	42.14	42.14	150m:	2:19.45	48.76	250m:	4:03.56	52.82	350m:	5:46.63	52.66
	100m:	1:30.69	48.55	200m:	3:10.74	51.29	300m:	4:53.97	50.41	400m:	6:34.69	48.06
38.	Oczki Michał		06	abianka Gda sk				6:35.64	154			
	50m:	42.18	42.18	150m:	2:22.30	51.15	250m:	4:03.95	51.21	350m:	5:44.93	51.36
	100m:	1:31.15	48.97	200m:	3:12.74	50.44	300m:	4:53.57	49.62	400m:	6:35.64	50.71
39.	Daraszkiwicz Szymon		06	Aquastacja Gda sk				6:35.81	154			
	50m:	42.66	42.66	150m:	2:22.15	50.33	250m:	4:05.37	51.58	350m:	5:45.42	48.92
	100m:	1:31.82	49.16	200m:	3:13.79	51.64	300m:	4:56.50	51.13	400m:	6:35.81	50.39
40.	Dombrowski Jan		06	1 Solex L bork				6:39.10	150			
	50m:	42.63	42.63	150m:	2:24.42	50.28	250m:	4:09.61	50.34	350m:	5:51.42	52.88
	100m:	1:34.14	51.51	200m:	3:19.27	54.85	300m:	4:58.54	48.93	400m:	6:39.10	47.68
41.	Hlavaty Kacper		06	Delfin Gdynia				6:40.01	149			
	50m:	42.25	42.25	150m:	2:23.10	51.34	250m:	4:07.88	52.13	350m:	5:52.12	51.88
	100m:	1:31.76	49.51	200m:	3:15.75	52.65	300m:	5:00.24	52.36	400m:	6:40.01	47.89
42.	Rusiecki Szymon		06	Aquastacja Gda sk				6:46.52	142			
	50m:	45.18	45.18	150m:	2:28.73	51.62	250m:	4:12.64	52.59	350m:	5:57.76	53.03
	100m:	1:37.11	51.93	200m:	3:20.05	51.32	300m:	5:04.73	52.09	400m:	6:46.52	48.76
43.	Rolbiecki Hubert		06	1 Solex L bork				6:52.74	135			
	50m:	45.28	45.28	150m:	2:31.57	53.09	250m:	4:19.37	53.49	350m:	6:02.45	51.42
	100m:	1:38.48	53.20	200m:	3:25.88	54.31	300m:	5:11.03	51.66	400m:	6:52.74	50.29
44.	Skrzy ski Julian		06	1 Solex L bork				6:54.20	134			
	50m:	44.48	44.48	150m:	2:29.63	53.49	250m:	4:15.11	54.88	350m:	6:06.29	55.32
	100m:	1:36.14	51.66	200m:	3:20.23	50.60	300m:	5:10.97	55.86	400m:	6:54.20	47.91
45.	Raczkowski Mateusz		06	1 Solex L bork				6:54.96	133			
	50m:	44.23	44.23	150m:	2:28.04	53.00	250m:	4:17.34	55.14	350m:	6:01.68	51.71
	100m:	1:35.04	50.81	200m:	3:22.20	54.16	300m:	5:09.97	52.63	400m:	6:54.96	53.28
46.	Makarowski Olaf		06	abianka Gda sk				6:57.63	131			
	50m:	42.90	42.90	150m:	2:28.49	53.51	250m:	4:17.26	54.79	350m:	6:03.99	53.01
	100m:	1:34.98	52.08	200m:	3:22.47	53.98	300m:	5:10.98	53.72	400m:	6:57.63	53.64
47.	Sokołowski Franciszek		06	Aquastacja Gda sk				7:00.92	128			
	50m:	49.33	49.33	150m:	2:38.36	54.68	250m:	4:26.82	54.60	350m:	6:13.06	52.79
	100m:	1:43.68	54.35	200m:	3:32.22	53.86	300m:	5:20.27	53.45	400m:	7:00.92	47.86
48.	Kinowski Gerard		06	Aquastacja Gda sk				7:14.92	116			
	50m:	44.40	44.40	150m:	2:33.68	56.81	250m:	4:31.96	59.89	350m:	6:24.28	51.63
	100m:	1:36.87	52.47	200m:	3:32.07	58.39	300m:	5:32.65	1:00.69	400m:	7:14.92	50.64
49.	Kosłowski Karol		06	abianka Gda sk				7:15.65	115			
	50m:	47.65	47.65	150m:	2:43.72	59.99	250m:	4:37.32	57.92	350m:	6:25.49	54.02
	100m:	1:43.73	56.08	200m:	3:39.40	55.68	300m:	5:31.47	54.15	400m:	7:15.65	50.16
50.	Dunowski Adam		06	abianka Gda sk				7:20.75	111			
	50m:	50.32	50.32	150m:	2:43.70	56.77	250m:	4:36.60	54.98	350m:	6:26.72	55.77
	100m:	1:46.93	56.61	200m:	3:41.62	57.92	300m:	5:30.95	54.35	400m:	7:20.75	54.03
51.	Lis Oliwier		06	1 Solex L bork				7:29.70	105			
	50m:	47.24	47.24	150m:	2:41.26	57.73	250m:	4:38.07	58.61	350m:	6:33.61	57.11
	100m:	1:43.53	56.29	200m:	3:39.46	58.20	300m:	5:36.50	58.43	400m:	7:29.70	56.09
52.	Mejer Karol		06	1 Solex L bork				8:17.50	77			
	50m:	52.01	52.01	150m:	2:59.53	1:06.40	250m:	5:12.29	1:05.57	350m:		
	100m:	1:53.13	1:01.12	200m:	4:06.72	1:07.19	300m:	6:17.10	1:04.81	400m:	8:17.50	
53.	Rutkowski Kamil		06	abianka Gda sk				8:45.85	65			
	50m:	52.23	52.23	150m:	3:07.67	1:10.91	250m:	5:23.98	1:08.15	350m:	7:43.13	1:12.66
	100m:	1:56.76	1:04.53	200m:	4:15.83	1:08.16	300m:	6:30.47	1:06.49	400m:	8:45.85	1:02.72