

Ogólnopolski Sprawdzian Wszechstronno ci i Wytrzymało ci 11 lat  
Gda sk, 23-11-2018

Konkurencja 3  
23-11-2018 - 11:06

Dziewcz t, 400m dowolny

11 lat  
Wyniki

Punkty: FINA 2018

Pozycja			Rok ur.					Czas	Pkt.
1.	Burzak Martyna		07	Dwójka Morena Gda sk				<b>5:10.81</b>	429
	50m:	34.05 34.05	150m:	1:53.10 40.20	250m:	3:13.71 40.03	350m:	4:33.58 39.66	
	100m:	1:12.90 38.85	200m:	2:33.68 40.58	300m:	3:53.92 40.21	400m:	5:10.81 37.23	
2.	Siedlewska Marcelina		07	Siódemka Gdynia				<b>5:27.02</b>	368
	50m:	36.28 36.28	150m:	1:59.95 42.23	250m:	3:24.39 41.92	350m:	4:48.25 42.37	
	100m:	1:17.72 41.44	200m:	2:42.47 42.52	300m:	4:05.88 41.49	400m:	5:27.02 38.77	
3.	Rosi ska Natalia		07	Dwójka Tczew				<b>5:28.47</b>	363
	50m:	37.15 37.15	150m:	2:01.41 42.69	250m:	3:27.03 42.85	350m:	4:50.69 41.60	
	100m:	1:18.72 41.57	200m:	2:44.18 42.77	300m:	4:09.09 42.06	400m:	5:28.47 37.78	
4.	Górczy ska Martyna		07	abianka Gda sk				<b>5:32.31</b>	351
	50m:	35.35 35.35	150m:	1:59.50 43.53	250m:	3:26.49 43.52	350m:	4:52.83 43.02	
	100m:	1:15.97 40.62	200m:	2:42.97 43.47	300m:	4:09.81 43.32	400m:	5:32.31 39.48	
5.	Gacka Aleksandra		07	Siódemka Gdynia				<b>5:32.84</b>	349
	50m:	37.51 37.51	150m:	2:03.04 42.36	250m:	3:29.82 44.21	350m:	4:54.82 42.74	
	100m:	1:20.68 43.17	200m:	2:45.61 42.57	300m:	4:12.08 42.26	400m:	5:32.84 38.02	
6.	Burdon Paulina		07	Cartusia Kartuzy				<b>5:39.94</b>	328
	50m:	39.34 39.34	150m:	2:06.44 43.35	250m:	3:34.28 43.69	350m:	4:58.86 41.52	
	100m:	1:23.09 43.75	200m:	2:50.59 44.15	300m:	4:17.34 43.06	400m:	5:39.94 41.08	
7.	Lange Aleksandra		07	Dwójka Morena Gda sk				<b>5:41.52</b>	323
	50m:	39.11 39.11	150m:	2:05.02 43.12	250m:	3:31.76 43.42	350m:	4:58.88 42.72	
	100m:	1:21.90 42.79	200m:	2:48.34 43.32	300m:	4:16.16 44.40	400m:	5:41.52 42.64	
8.	Markiewicz Weronika		07	Neptun Gda sk				<b>5:45.62</b>	312
	50m:	40.06 40.06	150m:	2:10.96 45.75	250m:	3:40.00 44.11	350m:	5:06.94 42.10	
	100m:	1:25.21 45.15	200m:	2:55.89 44.93	300m:	4:24.84 44.84	400m:	5:45.62 38.68	
9.	Grzech Michalina		07	Cartusia Kartuzy				<b>5:53.10</b>	292
	50m:	38.26 38.26	150m:	2:05.06 44.31	250m:	3:36.43 46.23	350m:	5:09.26 45.86	
	100m:	1:20.75 42.49	200m:	2:50.20 45.14	300m:	4:23.40 46.97	400m:	5:53.10 43.84	
10.	Kulik Michalina		07	1 Solex L bork				<b>6:04.30</b>	266
	50m:	40.82 40.82	150m:	2:16.39 47.61	250m:	3:50.17 48.09	350m:	5:23.60 46.62	
	100m:	1:28.78 47.96	200m:	3:02.08 45.69	300m:	4:36.98 46.81	400m:	6:04.30 40.70	
11.	Kelsz Magdalena		07	Dwójka Tczew				<b>6:08.25</b>	258
	50m:	42.21 42.21	150m:	2:16.54 47.60	250m:	3:51.59 47.46	350m:	5:26.47 47.68	
	100m:	1:28.94 46.73	200m:	3:04.13 47.59	300m:	4:38.79 47.20	400m:	6:08.25 41.78	
12.	Duszyca Martyna		07	Dwójka Morena Gda sk				<b>6:08.85</b>	257
	50m:	42.92 42.92	150m:	2:16.77 47.25	250m:	3:51.29 47.55	350m:	5:24.72 46.06	
	100m:	1:29.52 46.60	200m:	3:03.74 46.97	300m:	4:38.66 47.37	400m:	6:08.85 44.13	
13.	Konopacka Agata		07	Dwójka Tczew				<b>6:13.57</b>	247
	50m:	42.54 42.54	150m:	2:18.33 48.55	250m:	3:54.68 48.16	350m:	5:29.97 47.47	
	100m:	1:29.78 47.24	200m:	3:06.52 48.19	300m:	4:42.50 47.82	400m:	6:13.57 43.60	
14.	Woły ska Wiktoria		07	Dwójka Tczew				<b>6:13.91</b>	246
	50m:	43.46 43.46	150m:	2:19.45 48.54	250m:	3:55.13 47.41	350m:	5:30.36 47.26	
	100m:	1:30.91 47.45	200m:	3:07.72 48.27	300m:	4:43.10 47.97	400m:	6:13.91 43.55	
15.	Plaga Olga		07	Skalar Słupsk				<b>6:14.47</b>	245
	50m:	42.50 42.50	150m:	2:19.34 48.59	250m:	3:55.60 47.80	350m:	5:31.38 48.10	
	100m:	1:30.75 48.25	200m:	3:07.80 48.46	300m:	4:43.28 47.68	400m:	6:14.47 43.09	
16.	Fial Anna		07	Ósemka Starogard Gda ski				<b>6:17.15</b>	240
	50m:	42.89 42.89	150m:	2:21.06 48.87	250m:	3:58.68 48.76	350m:	5:35.95 47.85	
	100m:	1:32.19 49.30	200m:	3:09.92 48.86	300m:	4:48.10 49.42	400m:	6:17.15 41.20	
17.	Chmielewska Julia		07	Cartusia Kartuzy				<b>6:18.12</b>	238
	50m:	41.67 41.67	150m:	2:17.79 48.50	250m:	3:54.49 48.31	350m:	5:31.61 47.98	
	100m:	1:29.29 47.62	200m:	3:06.18 48.39	300m:	4:43.63 49.14	400m:	6:18.12 46.51	

Ogólnopolski Sprawdzian Wszechstronno ci i Wytrzymało ci 11 lat  
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Konkurencja 3, Dziewcz t, 400m dowolny, 11 lat

Pozycja			Rok ur.					Czas	Pkt.
18.	Kłos Zuzanna		07	Ósemka Starogard Gda ski				<b>6:18.87</b>	237
	50m:	41.67 41.67	150m:	2:17.44 48.12	250m:	3:55.51 49.20	350m:	5:33.34 48.52	
	100m:	1:29.32 47.65	200m:	3:06.31 48.87	300m:	4:44.82 49.31	400m:	6:18.87 45.53	
19.	Skorowska Amelia		07	Cartusia Kartuzy				<b>6:20.49</b>	234
	50m:	41.80 41.80	150m:	2:18.80 48.87	250m:	3:57.55 49.04	350m:	5:36.83 49.59	
	100m:	1:29.93 48.13	200m:	3:08.51 49.71	300m:	4:47.24 49.69	400m:	6:20.49 43.66	
20.	Pakieła Adrianna		07	1 Solex L bork				<b>6:20.75</b>	233
	50m:	37.90 37.90	150m:	2:12.38 48.81	250m:	3:53.55 50.51	350m:	5:37.24 51.35	
	100m:	1:23.57 45.67	200m:	3:03.04 50.66	300m:	4:45.89 52.34	400m:	6:20.75 43.51	
21.	Cieka ska Magdalena		07	Dwójka Morena Gda sk				<b>6:25.64</b>	224
	50m:	42.70 42.70	150m:	2:21.75 49.39	250m:	4:00.77 49.04	350m:	5:40.80 50.15	
	100m:	1:32.36 49.66	200m:	3:11.73 49.98	300m:	4:50.65 49.88	400m:	6:25.64 44.84	
22.	Stepan Amelia		07	Dwójka Morena Gda sk				<b>6:27.21</b>	222
	50m:	45.18 45.18	150m:	2:24.57 49.47	250m:	4:01.82 47.81	350m:	5:40.82 49.79	
	100m:	1:35.10 49.92	200m:	3:14.01 49.44	300m:	4:51.03 49.21	400m:	6:27.21 46.39	
23.	Kokot Klaudia		07	Dwójka Tczew				<b>6:28.42</b>	220
	50m:	43.56 43.56	150m:	2:22.27 50.02	250m:	4:01.55 49.49	350m:	5:41.45 49.82	
	100m:	1:32.25 48.69	200m:	3:12.06 49.79	300m:	4:51.63 50.08	400m:	6:28.42 46.97	
24.	Mielewczyk Wiktoria		07	1 Solex L bork				<b>6:35.00</b>	209
	50m:	43.34 43.34	150m:	2:25.17 51.91	250m:	4:05.15 50.47	350m:	5:45.51 50.85	
	100m:	1:33.26 49.92	200m:	3:14.68 49.51	300m:	4:54.66 49.51	400m:	6:35.00 49.49	
25.	Gajewska Maja		07	Cartusia Kartuzy				<b>6:35.50</b>	208
	50m:	42.91 42.91	150m:	2:23.69 51.17	250m:	4:05.38 51.07	350m:	5:47.75 52.05	
	100m:	1:32.52 49.61	200m:	3:14.31 50.62	300m:	4:55.70 50.32	400m:	6:35.50 47.75	
26.	Plutowska Gerda		07	Dwójka Morena Gda sk				<b>6:39.75</b>	201
	50m:	45.20 45.20	150m:	2:26.04 50.23	250m:	4:09.30 49.91	350m:	5:52.27 51.46	
	100m:	1:35.81 50.61	200m:	3:19.39 53.35	300m:	5:00.81 51.51	400m:	6:39.75 47.48	
27.	Dargacz Paulina		07	abianka Gda sk				<b>6:41.19</b>	199
	50m:	42.45 42.45	150m:	2:22.29 51.08	250m:	4:08.36 52.49	350m:	5:53.72 52.38	
	100m:	1:31.21 48.76	200m:	3:15.87 53.58	300m:	5:01.34 52.98	400m:	6:41.19 47.47	
28.	Kasprzak Amelia		07	1 Solex L bork				<b>6:49.11</b>	188
	50m:	48.20 48.20	150m:	2:40.04 55.74	250m:	4:26.61 52.68	350m:	6:05.52 48.34	
	100m:	1:44.30 56.10	200m:	3:33.93 53.89	300m:	5:17.18 50.57	400m:	6:49.11 43.59	
29.	Rajkowska Zuzanna		07	abianka Gda sk				<b>6:49.56</b>	187
	50m:	47.11 47.11	150m:	2:32.02 53.14	250m:	4:21.34 54.31	350m:	6:01.17 49.01	
	100m:	1:38.88 51.77	200m:	3:27.03 55.01	300m:	5:12.16 50.82	400m:	6:49.56 48.39	
30.	Uleryk Hanna		07	abianka Gda sk				<b>6:49.70</b>	187
	50m:	43.70 43.70	150m:	2:28.04 52.78	250m:	4:15.94 53.81	350m:	5:58.98 50.96	
	100m:	1:35.26 51.56	200m:	3:22.13 54.09	300m:	5:08.02 52.08	400m:	6:49.70 50.72	
31.	Przybylska Ewa		07	1 Solex L bork				<b>6:50.54</b>	186
	50m:	47.15 47.15	150m:	2:33.95 53.48	250m:	4:19.73 52.63	350m:	6:04.77 51.16	
	100m:	1:40.47 53.32	200m:	3:27.10 53.15	300m:	5:13.61 53.88	400m:	6:50.54 45.77	
32.	Dawidowska Wiktoria		07	1 Solex L bork				<b>7:04.25</b>	168
	50m:	48.54 48.54	150m:	2:38.95 55.67	250m:	4:27.56 53.35	350m:	6:14.51 53.50	
	100m:	1:43.28 54.74	200m:	3:34.21 55.26	300m:	5:21.01 53.45	400m:	7:04.25 49.74	
33.	Turska Weronika		07	Dwójka Morena Gda sk				<b>7:11.08</b>	161
	50m:	47.53 47.53	150m:	2:42.05 56.25	250m:	4:33.55 54.45	350m:	6:26.36 55.92	
	100m:	1:45.80 58.27	200m:	3:39.10 57.05	300m:	5:30.44 56.89	400m:	7:11.08 44.72	
34.	Kaczanowska Pola		07	1 Solex L bork				<b>7:14.13</b>	157
	50m:	45.94 45.94	150m:	2:37.07 56.22	250m:	4:27.39 54.71	350m:	6:20.79 57.13	
	100m:	1:40.85 54.91	200m:	3:32.68 55.61	300m:	5:23.66 56.27	400m:	7:14.13 53.34	
35.	Goł biewska Kornelia		07	Skalar Słupsk				<b>7:15.69</b>	155
	50m:	49.63 49.63	150m:	2:38.65 55.86	250m:	4:30.56 55.81	350m:	6:23.34 56.50	
	100m:	1:42.79 53.16	200m:	3:34.75 56.10	300m:	5:26.84 56.28	400m:	7:15.69 52.35	

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Konkurencja 3, Dziewcz t, 400m dowolny, 11 lat

Pozycja			Rok ur.					Czas	Pkt.			
36.	Jagodzi ska	Zofia	07	Ósemka Starogard Gda ski				<b>7:16.51</b>	155			
	50m:	46.27	46.27	150m:	2:36.04	56.24	250m:	4:31.32	57.83	350m:	6:24.98	56.28
	100m:	1:39.80	53.53	200m:	3:33.49	57.45	300m:	5:28.70	57.38	400m:	7:16.51	51.53
37.	Wojtas	Maja	07	Skalar Słupsk				<b>7:17.53</b>	153			
	50m:	47.63	47.63	150m:	2:36.04	55.05	250m:	4:28.73	55.69	350m:	6:20.39	55.46
	100m:	1:40.99	53.36	200m:	3:33.04	57.00	300m:	5:24.93	56.20	400m:	7:17.53	57.14
38.	Dymerska	Magdalena	07	Dwójka Morena Gda sk				<b>7:23.32</b>	148			
	50m:	46.73	46.73	150m:	2:39.92	57.28	250m:	4:37.17	57.88	350m:	6:32.18	56.21
	100m:	1:42.64	55.91	200m:	3:39.29	59.37	300m:	5:35.97	58.80	400m:	7:23.32	51.14
39.	Zydel	Wiktoria	07	Skalar Słupsk				<b>8:12.87</b>	107			
	50m:	50.94	50.94	150m:	2:54.29	1:03.24	250m:	5:00.86	1:04.61	350m:	7:11.83	1:06.61
	100m:	1:51.05	1:00.11	200m:	3:56.25	1:01.96	300m:	6:05.22	1:04.36	400m:	8:12.87	1:01.04
DYSKW.	Szymichowska	Wiktoria	07	Cartusia Kartuzy				<b>6:21.21</b>				
	<i>O1 - Pływak wystartował po komendzie na miejsca i zaj ciu pozycji nieruchomej, a przed sygnałem startu (Czas: 11:51)</i>											
	50m:	42.26	42.26	150m:	2:18.07	48.05	250m:	3:56.41	49.55	350m:	5:34.37	49.10
	100m:	1:30.02	47.76	200m:	3:06.86	48.79	300m:	4:45.27	48.86	400m:	6:21.21	46.84
DYSKW.	Turowska	Zofia	07	Cartusia Kartuzy				<b>6:22.07</b>				
	<i>O1 - Pływak wystartował po komendzie na miejsca i zaj ciu pozycji nieruchomej, a przed sygnałem startu (Czas: 11:40)</i>											
	50m:	42.58	42.58	150m:	2:22.04	49.98	250m:	4:00.20	48.47	350m:	5:36.53	47.09
	100m:	1:32.06	49.48	200m:	3:11.73	49.69	300m:	4:49.44	49.24	400m:	6:22.07	45.54