

Młodzie owa Liga Województwa Pomorskiego 2019
Gda sk, 1.2. - 29.5.2019

Konkurencja 23 M czyzn, 400m zmienny 14 - 23 lat
29.05.2019 - 9:47 Wyniki

Punkty: FINA 2018

Pozycja			Rok ur.					Czas	FINA	Pkt
14 lat										
1.	Zdybel Adam		05	Delfin Gdynia			4:47.42	550	15,00	
	50m: 30.17	30.17	150m: 1:43.21	39.10	250m: 3:03.28	43.08	350m: 4:16.74	31.68		
	100m: 1:04.11	33.94	200m: 2:20.20	36.99	300m: 3:45.06	41.78	400m: 4:47.42	30.68		
2.	Góral Piotr		05	Dwójka Tczew			4:57.85	494	12,00	
	50m: 32.11	32.11	150m: 1:46.63	38.33	250m: 3:06.52	43.13	350m: 4:24.81	33.97		
	100m: 1:08.30	36.19	200m: 2:23.39	36.76	300m: 3:50.84	44.32	400m: 4:57.85	33.04		
3.	Nowacki Bła ej		05	Ósemka Starogard Gd			4:58.38	491	11,00	
	50m: 31.40	31.40	150m: 1:44.24	36.19	250m: 3:04.89	44.73	350m: 4:24.59	34.96		
	100m: 1:08.05	36.65	200m: 2:20.16	35.92	300m: 3:49.63	44.74	400m: 4:58.38	33.79		
4.	Rzepka Jakub		05	Dwójka Tczew			5:28.21	369	10,00	
	50m: 36.80	36.80	150m: 2:03.36	44.76	250m: 3:31.28	44.93	350m: 4:53.24	35.70		
	100m: 1:18.60	41.80	200m: 2:46.35	42.99	300m: 4:17.54	46.26	400m: 5:28.21	34.97		
15 lat										
1.	Wieczorkowski Nikodem		04	Dwójka Tczew			4:52.37	522	15,00	
	50m: 31.83	31.83	150m: 1:46.38	38.03	250m: 3:06.54	43.58	350m: 4:21.44	32.32		
	100m: 1:08.35	36.52	200m: 2:22.96	36.58	300m: 3:49.12	42.58	400m: 4:52.37	30.93		
2.	Wierci ski Kacper		04	Dwójka Tczew			5:05.28	459	12,00	
	50m: 32.88	32.88	150m: 1:52.09	40.99	250m: 3:11.25	41.58	350m: 4:30.23	36.70		
	100m: 1:11.10	38.22	200m: 2:29.67	37.58	300m: 3:53.53	42.28	400m: 5:05.28	35.05		
3.	Walkowiak Marcel		04	Dwójka Tczew			5:17.49	408	11,00	
	50m: 34.07	34.07	150m: 1:55.47	41.24	250m: 3:22.55	47.57	350m: 4:43.89	34.84		
	100m: 1:14.23	40.16	200m: 2:34.98	39.51	300m: 4:09.05	46.50	400m: 5:17.49	33.60		
4.	Hendrysiak Bartek		04	Dwójka Tczew			5:28.88	367	10,00	
	50m: 34.00	34.00	150m: 1:56.49	43.62	250m: 3:27.22	48.11	350m: 4:53.25	36.68		
	100m: 1:12.87	38.87	200m: 2:39.11	42.62	300m: 4:16.57	49.35	400m: 5:28.88	35.63		
16 lat										
1.	Olejniak Adam		03	Skalar Słupsk			4:54.80	509	15,00	
	50m: 31.54	31.54	150m: 1:49.33	39.49	250m: 3:07.06	39.38	350m: 4:21.43	34.96		
	100m: 1:09.84	38.30	200m: 2:27.68	38.35	300m: 3:46.47	39.41	400m: 4:54.80	33.37		
2.	Ziółek Piotr		03	Dwójka Tczew			4:59.77	484	12,00	
	50m: 30.78	30.78	150m: 1:45.18	38.54	250m: 3:06.45	41.98	350m: 4:25.48	35.11		
	100m: 1:06.64	35.86	200m: 2:24.47	39.29	300m: 3:50.37	43.92	400m: 4:59.77	34.29		
17 - 18 lat										
1.	Boboryk Wojciech		02	Delfin Gdynia			4:34.81	629	15,00	
	50m: 30.47	30.47	150m: 1:40.36	35.36	250m: 2:52.88	38.15	350m: 4:04.02	31.68		
	100m: 1:05.00	34.53	200m: 2:14.73	34.37	300m: 3:32.34	39.46	400m: 4:34.81	30.79		

Młodzieżowa Liga Województwa Pomorskiego 2019
Gdańsk, 1.2. - 29.5.2019

Konkurencja 23, Mężczyźni, 400m zmienny

19 - 23 lat

1. Arndt Mateusz			98	Delfin Gdynia				4:28.74	672	15,00	
50m:	28.45	28.45	150m:	1:37.46	34.83	250m:	2:49.97	37.03	350m:	3:59.18	30.54
100m:	1:02.63	34.18	200m:	2:12.94	35.48	300m:	3:28.64	38.67	400m:	4:28.74	29.56