

Ogólnopolski Sprawdzian Wszechstronno ci i Wytrzymało ci 11 lat
Gda sk, 22.11.2019

Konkurencja 3
22.11.2019 - 10:52

Dziewcz t, 400m dowolny

11 lat
Wyniki

Punkty: FINA 2019

Pozycja			Rok ur.					Czas	Pkt.
1.	Błoszyk Antonina		08	TRI-Team Rumia				5:23.21	379
	50m:	38.88 38.88	150m:	2:01.24 41.25	250m:	3:22.65 40.55	350m:	4:44.34 40.37	
	100m:	1:19.99 41.11	200m:	2:42.10 40.86	300m:	4:03.97 41.32	400m:	5:23.21 38.87	
2.	Grzech Maja		08	Cartusia Kartuzy				5:23.30	378
	50m:	36.24 36.24	150m:	1:59.03 42.43	250m:	3:22.64 41.85	350m:	4:45.50 41.14	
	100m:	1:16.60 40.36	200m:	2:40.79 41.76	300m:	4:04.36 41.72	400m:	5:23.30 37.80	
3.	Jasi ska Aleksandra		08	Ósemka Starogard Gda ski				5:27.16	365
	50m:	37.01 37.01	150m:	2:00.64 42.89	250m:	3:26.00 43.04	350m:	4:49.16 40.47	
	100m:	1:17.75 40.74	200m:	2:42.96 42.32	300m:	4:08.69 42.69	400m:	5:27.16 38.00	
4.	Zwara Julia		08	abianka Gda sk				5:41.34	321
	50m:	38.65 38.65	150m:	2:06.65 44.37	250m:	3:35.69 44.67	350m:	5:02.55 42.28	
	100m:	1:22.28 43.63	200m:	2:51.02 44.37	300m:	4:20.27 44.58	400m:	5:41.34 38.79	
5.	Judzi ska Julia		08	Dwójka Morena Gda sk				5:43.68	315
	50m:	39.05 39.05	150m:	2:06.31 44.45	250m:	3:34.68 44.30	350m:	5:02.14 43.07	
	100m:	1:21.86 42.81	200m:	2:50.38 44.07	300m:	4:19.07 44.39	400m:	5:43.68 41.54	
6.	Maciejewska Marta		08	Neptun Gda sk				5:44.55	312
	50m:	39.67 39.67	150m:	2:09.96 45.38	250m:	3:37.03 42.42	350m:	5:04.35 42.88	
	100m:	1:24.58 44.91	200m:	2:54.61 44.65	300m:	4:21.47 44.44	400m:	5:44.55 40.20	
7.	Chabowska Gabriela		08	Dwójka Tczew				5:48.75	301
	50m:	38.14 38.14	150m:	2:07.86 44.23	250m:	3:34.38 43.21	350m:	5:04.32 44.77	
	100m:	1:23.63 45.49	200m:	2:51.17 43.31	300m:	4:19.55 45.17	400m:	5:48.75 44.43	
8.	Firak Lena		08	Neptun Gda sk				5:48.83	301
	50m:	37.81 37.81	150m:	2:05.44 43.04	250m:	3:36.75 44.83	350m:	5:07.47 44.94	
	100m:	1:22.40 44.59	200m:	2:51.92 46.48	300m:	4:22.53 45.78	400m:	5:48.83 41.36	
9.	Wydarty Anna		08	Neptun Gda sk				5:51.94	293
	50m:	39.08 39.08	150m:	2:08.17 45.22	250m:	3:38.86 45.72	350m:	5:08.59 45.55	
	100m:	1:22.95 43.87	200m:	2:53.14 44.97	300m:	4:23.04 44.18	400m:	5:51.94 43.35	
10.	Formela Natalia		08	Cartusia Kartuzy				5:56.43	282
	50m:	39.90 39.90	150m:	2:11.68 45.74	250m:	3:43.02 45.87	350m:	5:13.40 44.86	
	100m:	1:25.94 46.04	200m:	2:57.15 45.47	300m:	4:28.54 45.52	400m:	5:56.43 43.03	
11.	Zieli ska Małgorzata		08	abianka Gda sk				6:04.43	264
	50m:	40.60 40.60	150m:	2:14.30 47.23	250m:	3:49.01 47.14	350m:	5:21.10 44.28	
	100m:	1:27.07 46.47	200m:	3:01.87 47.57	300m:	4:36.82 47.81	400m:	6:04.43 43.33	
12.	wi tek Hanna		08	Neptun Gda sk				6:11.43	249
	50m:	40.12 40.12	150m:	2:15.64 47.90	250m:	3:50.91 46.90	350m:	5:25.95 46.97	
	100m:	1:27.74 47.62	200m:	3:04.01 48.37	300m:	4:38.98 48.07	400m:	6:11.43 45.48	
13.	Lulkiewicz Zuzanna		08	Dwójka Morena Gda sk				6:25.17	223
	50m:	40.43 40.43	150m:	2:20.01 52.08	250m:	4:02.20 51.49	350m:	5:38.98 47.88	
	100m:	1:27.93 47.50	200m:	3:10.71 50.70	300m:	4:51.10 48.90	400m:	6:25.17 46.19	
14.	Wojciechowska Otylia		08	Dwójka Tczew				6:36.62	205
	50m:	41.95 41.95	150m:	2:20.80 51.98	250m:	4:03.54 50.88	350m:	5:48.90 52.02	
	100m:	1:28.82 46.87	200m:	3:12.66 51.86	300m:	4:56.88 53.34	400m:	6:36.62 47.72	
15.	Muchowska Amelia		08	Ósemka Starogard Gda ski				6:45.50	191
	50m:	42.48 42.48	150m:	2:25.28 51.68	250m:	4:10.49 52.26	350m:	5:55.37 52.90	
	100m:	1:33.60 51.12	200m:	3:18.23 52.95	300m:	5:02.47 51.98	400m:	6:45.50 50.13	
16.	Bazylewicz Julia		08	Dwójka Morena Gda sk				6:45.52	191
	50m:	45.72 45.72	150m:	2:27.56 51.43	250m:	4:12.53 52.68	350m:	5:53.43 48.61	
	100m:	1:36.13 50.41	200m:	3:19.85 52.29	300m:	5:04.82 52.29	400m:	6:45.52 52.09	
17.	Dopierała Zofia		08	Neptun Gda sk				6:46.40	190
	50m:	42.36 42.36	150m:	2:29.15 54.24	250m:	4:16.27 53.31	350m:	6:01.63 52.14	
	100m:	1:34.91 52.55	200m:	3:22.96 53.81	300m:	5:09.49 53.22	400m:	6:46.40 44.77	

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Pozycja	Rok ur.								Czas	Pkt.	
18. Trelka Zuzanna	08 Dwójka Morena Gda sk								6:46.50	190	
50m:	45.68	45.68	150m:	2:29.68	52.41	250m:	4:16.14	53.60	350m:	6:00.00	50.95
100m:	1:37.27	51.59	200m:	3:22.54	52.86	300m:	5:09.05	52.91	400m:	6:46.50	46.50
19. Pioch Julia	08 abianka Gda sk								7:02.13	170	
50m:	46.91	46.91	150m:	2:35.00	54.77	250m:	4:21.41	53.47	350m:	6:08.96	53.28
100m:	1:40.23	53.32	200m:	3:27.94	52.94	300m:	5:15.68	54.27	400m:	7:02.13	53.17
20. Kunkel Celina	08 Dwójka Morena Gda sk								7:15.04	155	
50m:	50.47	50.47	150m:	2:41.91	56.86	250m:	4:34.56	56.02	350m:	6:24.23	53.78
100m:	1:45.05	54.58	200m:	3:38.54	56.63	300m:	5:30.45	55.89	400m:	7:15.04	50.81
21. Karnath Maria	08 Cartusia Kartuzy								7:38.69	132	
50m:	50.18	50.18	150m:	2:46.15	58.84	250m:	4:45.63	59.58	350m:	6:41.66	57.95
100m:	1:47.31	57.13	200m:	3:46.05	59.90	300m:	5:43.71	58.08	400m:	7:38.69	57.03
22. Kukiz Kelly	08 1 Solex L bork								7:54.77	119	
50m:	46.19	46.19	150m:	2:47.93	1:01.20	250m:	4:50.10	1:00.90	350m:	6:55.22	1:02.74
100m:	1:46.73	1:00.54	200m:	3:49.20	1:01.27	300m:	5:52.48	1:02.38	400m:	7:54.77	59.55
DYSKW. Wojciechowska Zofia	08 Dwójka Tczew								7:16.71		
<i>O1 - Pływak wystartował po komendzie na miejsca i zaj ciu pozycji nieruchomej, a przed sygnałem startu (Czas: 11:05)</i>											
50m:	45.47	45.47	150m:	2:34.37	55.24	250m:	4:27.28	56.62	350m:	6:20.94	56.02
100m:	1:39.13	53.66	200m:	3:30.66	56.29	300m:	5:24.92	57.64	400m:	7:16.71	55.77