

Ogólnopolski Sprawdzian Wszechstronno ci i Wytrzymało ci 11 lat
Gda sk, 22.11.2019

Konkurencja 4
22.11.2019 - 11:25

Chłopców, 400m dowolny

11 lat
Wyniki

Punkty: FINA 2019

Pozycja			Rok ur.					Czas	Pkt.
1.	Wasilewski Mateusz		08	TRI-Team Rumia				4:49.89	392
	50m:	33.26 33.26	150m:	1:46.95 37.45	250m:	3:01.59 37.29	350m:	4:16.18 36.93	
	100m:	1:09.50 36.24	200m:	2:24.30 37.35	300m:	3:39.25 37.66	400m:	4:49.89 33.71	
2.	Maistruk Yehor		08	TRI-Team Rumia				4:50.50	390
	50m:	33.54 33.54	150m:	1:47.00 37.23	250m:	3:01.51 37.21	350m:	4:15.98 37.04	
	100m:	1:09.77 36.23	200m:	2:24.30 37.30	300m:	3:38.94 37.43	400m:	4:50.50 34.52	
3.	Drejza Filip		08	Dwójka Morena Gda sk				5:13.66	309
	50m:	36.45 36.45	150m:	1:56.97 40.33	250m:	3:17.79 40.24	350m:	4:36.49 38.93	
	100m:	1:16.64 40.19	200m:	2:37.55 40.58	300m:	3:57.56 39.77	400m:	5:13.66 37.17	
4.	Łuszczyski Krzysztof		08	Dwójka Morena Gda sk				5:17.04	300
	50m:	36.73 36.73	150m:	1:58.07 40.71	250m:	3:19.74 40.65	350m:	4:40.14 39.55	
	100m:	1:17.36 40.63	200m:	2:39.09 41.02	300m:	4:00.59 40.85	400m:	5:17.04 36.90	
5.	Kowalczyk Adam		08	Dwójka Tczew				5:20.27	291
	50m:	36.91 36.91	150m:	1:57.78 40.84	250m:	3:19.75 40.77	350m:	4:41.19 40.38	
	100m:	1:16.94 40.03	200m:	2:38.98 41.20	300m:	4:00.81 41.06	400m:	5:20.27 39.08	
6.	Tredner Konrad		08	Cartusia Kartuzy				5:21.13	288
	50m:	36.65 36.65	150m:	1:59.70 42.06	250m:	3:21.59 40.33	350m:	4:43.13 40.28	
	100m:	1:17.64 40.99	200m:	2:41.26 41.56	300m:	4:02.85 41.26	400m:	5:21.13 38.00	
7.	Cytacki Fabian		08	abianka Gda sk				5:26.93	273
	50m:	37.43 37.43	150m:	2:01.07 42.17	250m:	3:25.68 42.48	350m:	4:48.98 40.76	
	100m:	1:18.90 41.47	200m:	2:43.20 42.13	300m:	4:08.22 42.54	400m:	5:26.93 37.95	
8.	Biekowski Mateusz		08	abianka Gda sk				5:27.90	271
	50m:	36.76 36.76	150m:	1:59.71 42.36	250m:	3:24.70 42.55	350m:	4:48.98 40.97	
	100m:	1:17.35 40.59	200m:	2:42.15 42.44	300m:	4:08.01 43.31	400m:	5:27.90 38.92	
9.	Gumiński Witold		08	Dwójka Morena Gda sk				5:29.77	266
	50m:	37.14 37.14	150m:	2:00.55 42.29	250m:	3:25.53 42.72	350m:	4:49.68 41.68	
	100m:	1:18.26 41.12	200m:	2:42.81 42.26	300m:	4:08.00 42.47	400m:	5:29.77 40.09	
10.	Bober Paweł		08	Dwójka Tczew				5:35.23	253
	50m:	39.53 39.53	150m:	2:07.38 43.65	250m:	3:32.52 42.28	350m:	4:55.76 40.50	
	100m:	1:23.73 44.20	200m:	2:50.24 42.86	300m:	4:15.26 42.74	400m:	5:35.23 39.47	
11.	Janura Tymon		08	Dwójka Morena Gda sk				5:35.41	253
	50m:	39.27 39.27	150m:	2:05.60 43.26	250m:	3:31.07 42.78	350m:	4:56.26 42.12	
	100m:	1:22.34 43.07	200m:	2:48.29 42.69	300m:	4:14.14 43.07	400m:	5:35.41 39.15	
12.	Janiczak Michał		08	Dwójka Morena Gda sk				5:42.13	238
	50m:	39.36 39.36	150m:	2:06.54 43.95	250m:	3:34.18 43.91	350m:	5:01.05 43.33	
	100m:	1:22.59 43.23	200m:	2:50.27 43.73	300m:	4:17.72 43.54	400m:	5:42.13 41.08	
13.	Bak Filip		08	Dwójka Tczew				5:42.30	238
	50m:	38.45 38.45	150m:	2:05.80 45.13	250m:	3:35.31 44.69	350m:	5:02.71 43.81	
	100m:	1:20.67 42.22	200m:	2:50.62 44.82	300m:	4:18.90 43.59	400m:	5:42.30 39.59	
14.	Rosada Szymon		08	TRI-Team Rumia				5:45.54	231
	50m:	38.34 38.34	150m:	2:07.41 44.89	250m:	3:38.68 45.40	350m:	5:05.35 42.04	
	100m:	1:22.52 44.18	200m:	2:53.28 45.87	300m:	4:23.31 44.63	400m:	5:45.54 40.19	
15.	Agin Krzysztof		08	Neptun Gda sk				5:45.93	230
	50m:	38.42 38.42	150m:	2:06.86 45.24	250m:	3:34.91 43.85	350m:	5:04.30 45.07	
	100m:	1:21.62 43.20	200m:	2:51.06 44.20	300m:	4:19.23 44.32	400m:	5:45.93 41.63	
16.	Balcerowicz Ryszard		08	Dwójka Tczew				5:54.72	214
	50m:	39.62 39.62	150m:	2:09.65 45.54	250m:	3:40.51 45.74	350m:	5:11.84 45.07	
	100m:	1:24.11 44.49	200m:	2:54.77 45.12	300m:	4:26.77 46.26	400m:	5:54.72 42.88	
17.	Szcukowski Szymon		08	abianka Gda sk				6:02.59	200
	50m:	39.92 39.92	150m:	2:14.95 48.90	250m:	3:49.11 48.11	350m:	5:21.39 46.49	
	100m:	1:26.05 46.13	200m:	3:01.00 46.05	300m:	4:34.90 45.79	400m:	6:02.59 41.20	

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Konkurencja 4, Chłopców, 400m dowolny, 11 lat

Pozycja			Rok ur.					Czas	Pkt.
18.	Staro Filip		08	abianka Gda sk				6:03.56	198
	50m:	40.52 40.52	150m:	2:14.06 47.58	250m:	3:50.65 48.47	350m:	5:22.92 45.61	
	100m:	1:26.48 45.96	200m:	3:02.18 48.12	300m:	4:37.31 46.66	400m:	6:03.56 40.64	
19.	Hilbrycht Wiktor		08	Cartusia Kartuzy				6:03.84	198
	50m:	40.63 40.63	150m:	2:14.24 47.14	250m:	3:47.62 46.79	350m:	5:19.58 45.44	
	100m:	1:27.10 46.47	200m:	3:00.83 46.59	300m:	4:34.14 46.52	400m:	6:03.84 44.26	
20.	Borycki Viktor		08	Dwójka Tczew				6:07.53	192
	50m:	41.87 41.87	150m:	2:16.41 48.35	250m:	3:50.31 46.65	350m:	5:23.83 46.11	
	100m:	1:28.06 46.19	200m:	3:03.66 47.25	300m:	4:37.72 47.41	400m:	6:07.53 43.70	
21.	Gromulski Michał		08	1 Solex L bork				6:11.29	186
	50m:	42.49 42.49	150m:	2:20.23 48.44	250m:	3:56.47 48.15	350m:	5:29.75 45.63	
	100m:	1:31.79 49.30	200m:	3:08.32 48.09	300m:	4:44.12 47.65	400m:	6:11.29 41.54	
22.	Mielniczek Jan		08	Ósemka Starogard Gda ski				6:12.64	184
	50m:	40.87 40.87	150m:	2:16.19 48.14	250m:	3:52.48 48.41	350m:	5:27.83 47.85	
	100m:	1:28.05 47.18	200m:	3:04.07 47.88	300m:	4:39.98 47.50	400m:	6:12.64 44.81	
23.	Romanowski Franciszek		08	abianka Gda sk				6:12.70	184
	50m:	41.95 41.95	150m:	2:17.76 47.84	250m:	3:53.77 48.03	350m:	5:30.31 47.41	
	100m:	1:29.92 47.97	200m:	3:05.74 47.98	300m:	4:42.90 49.13	400m:	6:12.70 42.39	
24.	Tomczyk Adrian		08	Dwójka Morena Gda sk				6:13.82	183
	50m:	42.05 42.05	150m:	2:18.23 48.66	250m:	3:56.35 48.91	350m:	5:31.06 45.50	
	100m:	1:29.57 47.52	200m:	3:07.44 49.21	300m:	4:45.56 49.21	400m:	6:13.82 42.76	
25.	Leszczy ski Jakub		08	abianka Gda sk				6:17.50	177
	50m:	43.10 43.10	150m:	2:20.31 48.96	250m:	3:56.26 47.42	350m:	5:33.36 48.35	
	100m:	1:31.35 48.25	200m:	3:08.84 48.53	300m:	4:45.01 48.75	400m:	6:17.50 44.14	
26.	Bie kowski Jakub		08	abianka Gda sk				6:23.44	169
	50m:	45.54 45.54	150m:	2:23.29 49.50	250m:	4:01.70 49.34	350m:	5:37.91 48.16	
	100m:	1:33.79 48.25	200m:	3:12.36 49.07	300m:	4:49.75 48.05	400m:	6:23.44 45.53	
27.	Kasyna Bartosz		08	Neptun Gda sk				6:24.22	168
	50m:	41.99 41.99	150m:	2:20.69 50.08	250m:	3:59.81 50.62	350m:	5:38.27 49.77	
	100m:	1:30.61 48.62	200m:	3:09.19 48.50	300m:	4:48.50 48.69	400m:	6:24.22 45.95	
28.	Burzy ski Bartosz		08	Dwójka Morena Gda sk				6:27.42	164
	50m:	43.76 43.76	150m:	2:24.32 49.66	250m:	4:07.09 52.01	350m:	5:43.54 48.77	
	100m:	1:34.66 50.90	200m:	3:15.08 50.76	300m:	4:54.77 47.68	400m:	6:27.42 43.88	
29.	Nadolny Wiktor		08	Cartusia Kartuzy				6:27.89	163
	50m:	43.67 43.67	150m:	2:22.75 49.43	250m:	4:03.61 50.69	350m:	5:42.26 48.08	
	100m:	1:33.32 49.65	200m:	3:12.92 50.17	300m:	4:54.18 50.57	400m:	6:27.89 45.63	
30.	Muchowski Tobiasz		08	Ósemka Starogard Gda ski				6:29.73	161
	50m:	43.04 43.04	150m:	2:22.78 50.28	250m:	4:06.00 51.26	350m:	5:42.90 50.23	
	100m:	1:32.50 49.46	200m:	3:14.74 51.96	300m:	4:52.67 46.67	400m:	6:29.73 46.83	
31.	Piotrowski Jakub		08	TRI-Team Rumia				6:33.01	157
	50m:	44.18 44.18	150m:	2:23.97 50.35	250m:	4:06.35 51.53	350m:	5:46.03 50.06	
	100m:	1:33.62 49.44	200m:	3:14.82 50.85	300m:	4:55.97 49.62	400m:	6:33.01 46.98	
32.	Majchrzak Kamil		08	Dwójka Tczew				6:42.80	146
	50m:	44.86 44.86	150m:	2:26.90 51.61	250m:	4:10.62 51.81	350m:	5:52.39 49.89	
	100m:	1:35.29 50.43	200m:	3:18.81 51.91	300m:	5:02.50 51.88	400m:	6:42.80 50.41	
33.	Wróbel Mikołaj		08	Dwójka Morena Gda sk				6:44.41	144
	50m:	45.34 45.34	150m:	2:25.79 50.61	250m:	4:09.98 52.06	350m:	5:55.01 52.86	
	100m:	1:35.18 49.84	200m:	3:17.92 52.13	300m:	5:02.15 52.17	400m:	6:44.41 49.40	
34.	wikli ski Eryk		08	Ósemka Starogard Gda ski				7:00.18	128
	50m:	45.76 45.76	150m:	2:34.82 55.59	250m:	4:24.44 56.98	350m:	6:13.16 53.93	
	100m:	1:39.23 53.47	200m:	3:27.46 52.64	300m:	5:19.23 54.79	400m:	7:00.18 47.02	
35.	Nowak Mateusz		08	abianka Gda sk				7:00.19	128
	50m:	42.95 42.95	150m:	2:28.65 52.65	250m:	4:19.89 55.28	350m:	6:11.74 55.51	
	100m:	1:36.00 53.05	200m:	3:24.61 55.96	300m:	5:16.23 56.34	400m:	7:00.19 48.45	

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Pozycja	Rok ur.								Czas	Pkt.	
36. Suwalski Piotr	08 Ósemka Starogard Gda ski								7:05.43	124	
50m:	42.45	42.45	150m:	2:31.00	55.25	250m:	4:23.99	58.00	350m:	6:15.18	56.77
100m:	1:35.75	53.30	200m:	3:25.99	54.99	300m:	5:18.41	54.42	400m:	7:05.43	50.25
37. Kunkel Mikołaj	08 Dwójka Morena Gda sk								7:17.71	114	
50m:	49.08	49.08	150m:	2:43.77	58.29	250m:	4:37.91	56.69	350m:	6:27.68	54.95
100m:	1:45.48	56.40	200m:	3:41.22	57.45	300m:	5:32.73	54.82	400m:	7:17.71	50.03
38. Król Tomasz	08 Dwójka Morena Gda sk								7:20.69	111	
50m:	48.30	48.30	150m:	2:41.75	58.36	250m:	4:37.64	58.65	350m:	6:29.79	55.95
100m:	1:43.39	55.09	200m:	3:38.99	57.24	300m:	5:33.84	56.20	400m:	7:20.69	50.90
39. Deptulski Mikołaj	08 Dwójka Tczew								7:22.08	110	
50m:	49.81	49.81	150m:	2:41.78	55.67	250m:	4:37.36	57.88	350m:	6:29.91	54.98
100m:	1:46.11	56.30	200m:	3:39.48	57.70	300m:	5:34.93	57.57	400m:	7:22.08	52.17
40. Denkiewicz Adam	08 Dwójka Morena Gda sk								7:25.41	108	
50m:	49.16	49.16	150m:	2:44.67	58.94	250m:	4:37.73	56.12	350m:	6:30.73	52.81
100m:	1:45.73	56.57	200m:	3:41.61	56.94	300m:	5:37.92	1:00.19	400m:	7:25.41	54.68
41. Kukiz Mike	08 1 Solex L bork								8:01.36	85	
50m:	48.11	48.11	150m:	2:48.87	1:01.46	250m:	4:53.55	1:01.45	350m:	6:55.49	1:00.24
100m:	1:47.41	59.30	200m:	3:52.10	1:03.23	300m:	5:55.25	1:01.70	400m:	8:01.36	1:05.87