

Mistrzostwa Województwa Pomorskiego
Gdynia, 20. - 21.11.2021

Konkurencja 19
20.11.2021 - 15:45

Kobiet, 400m dowolny

12 lat i starsi
Wyniki

Punkty: FINA 2021

Pozycja			Rok ur.					Czas	Pkt.
12 - 13 lat									
1.	Jasi ska Aleksandra		08	Ósemka Starogard Gd				4:47.52	538
	50m: 33.14	33.14	150m: 1:46.92	37.26	250m: 3:01.02	36.97	350m: 4:13.47	35.92	
	100m: 1:09.66	36.52	200m: 2:24.05	37.13	300m: 3:37.55	36.53	400m: 4:47.52	34.05	
2.	Grzech Maja		08	Cartusia Kartuzy				4:50.13	524
	50m: 32.72	32.72	150m: 1:45.57	36.82	250m: 2:59.71	37.23	350m: 4:14.66	37.26	
	100m: 1:08.75	36.03	200m: 2:22.48	36.91	300m: 3:37.40	37.69	400m: 4:50.13	35.47	
3.	Ka mierska Barbara		09	TRI-Team Rumia				4:55.57	495
	50m: 33.37	33.37	150m: 1:48.49	38.11	250m: 3:04.38	38.09	350m: 4:19.32	37.70	
	100m: 1:10.38	37.01	200m: 2:26.29	37.80	300m: 3:41.62	37.24	400m: 4:55.57	36.25	
4.	Gna Nadia		09	TRI-Team Rumia				4:56.22	492
	50m: 34.44	34.44	150m: 1:49.29	37.85	250m: 3:04.75	37.80	350m: 4:19.79	37.47	
	100m: 1:11.44	37.00	200m: 2:26.95	37.66	300m: 3:42.32	37.57	400m: 4:56.22	36.43	
5.	Chabowska Gabriela		08	abianka Gda sk				4:59.80	475
	50m: 34.01	34.01	150m: 1:50.59	38.74	250m: 3:07.96	38.82	350m: 4:24.01	37.62	
	100m: 1:11.85	37.84	200m: 2:29.14	38.55	300m: 3:46.39	38.43	400m: 4:59.80	35.79	
6.	Kowalska Lena		08	TRI-Team Rumia				5:00.65	470
	50m: 35.27	35.27	150m: 1:52.04	38.10	250m: 3:08.73	38.43	350m: 4:25.04	37.59	
	100m: 1:13.94	38.67	200m: 2:30.30	38.26	300m: 3:47.45	38.72	400m: 5:00.65	35.61	
7.	Wilczewska Wiktoria		09	Cartusia Kartuzy				5:00.98	469
	50m: 35.27	35.27	150m: 1:51.53	38.84	250m: 3:09.08	38.76	350m: 4:26.05	38.29	
	100m: 1:12.69	37.42	200m: 2:30.32	38.79	300m: 3:47.76	38.68	400m: 5:00.98	34.93	
14 - 16 lat									
1.	Szalast Karolina		05	TRI-Team Rumia				4:30.96	643
	50m: 31.38	31.38	150m: 1:39.82	34.59	250m: 2:48.44	34.26	350m: 3:57.37	34.52	
	100m: 1:05.23	33.85	200m: 2:14.18	34.36	300m: 3:22.85	34.41	400m: 4:30.96	33.59	
2.	Szachmytowska Lena		06	MTS Kwidzyn				4:40.04	582
	50m: 32.56	32.56	150m: 1:43.11	35.50	250m: 2:54.60	35.76	350m: 4:05.56	35.34	
	100m: 1:07.61	35.05	200m: 2:18.84	35.73	300m: 3:30.22	35.62	400m: 4:40.04	34.48	
3.	Skrobisz Urszula		06	Ósemka Starogard Gd				4:47.51	538
	50m: 33.13	33.13	150m: 1:45.55	36.69	250m: 2:59.22	36.80	350m: 4:12.40	36.52	
	100m: 1:08.86	35.73	200m: 2:22.42	36.87	300m: 3:35.88	36.66	400m: 4:47.51	35.11	
4.	Magda Honorata		06	Delfin Gdynia				4:48.92	530
	50m: 33.25	33.25	150m: 1:45.19	36.31	250m: 2:59.22	37.13	350m: 4:13.23	37.07	
	100m: 1:08.88	35.63	200m: 2:22.09	36.90	300m: 3:36.16	36.94	400m: 4:48.92	35.69	
5.	Tofil Emilia		05	Delfin Gdynia				4:52.01	514
	50m: 33.56	33.56	150m: 1:46.79	36.97	250m: 3:01.01	37.28	350m: 4:15.91	37.54	
	100m: 1:09.82	36.26	200m: 2:23.73	36.94	300m: 3:38.37	37.36	400m: 4:52.01	36.10	
6.	Moczyło Kaja		06	1 Solex L bork				4:57.48	486
	50m: 33.34	33.34	150m: 1:48.86	37.98	250m: 3:05.95	38.43	350m: 4:22.28	37.93	
	100m: 1:10.88	37.54	200m: 2:27.52	38.66	300m: 3:44.35	38.40	400m: 4:57.48	35.20	
7.	Gajewska Maja		07	Cartusia Kartuzy				4:59.63	475
	50m: 33.88	33.88	150m: 1:48.81	37.59	250m: 3:05.36	38.08	350m: 4:22.40	38.49	
	100m: 1:11.22	37.34	200m: 2:27.28	38.47	300m: 3:43.91	38.55	400m: 4:59.63	37.23	
8.	Burdon Paulina		07	Cartusia Kartuzy				5:02.38	462
	50m: 34.18	34.18	150m: 1:49.87	38.43	250m: 3:07.59	38.80	350m: 4:24.92	38.86	
	100m: 1:11.44	37.26	200m: 2:28.79	38.92	300m: 3:46.06	38.47	400m: 5:02.38	37.46	

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Konkurencja 19, Kobiet, 400m dowolny

17 lat i starsi

1.	Molenda Dominika		03	abianka Gda sk		4:27.86	666					
	50m:	31.34	31.34	150m:	1:39.78	34.40	250m:	2:48.40	34.32	350m:	3:55.73	33.25
	100m:	1:05.38	34.04	200m:	2:14.08	34.30	300m:	3:22.48	34.08	400m:	4:27.86	32.13