



Gdański
Ośrodek Sportu



Liga Województwa Pomorskiego Juniorów i Młodzie owców
Gdańsk, 17.2. - 26.5.2023

Konkurencja 22
26.05.2023 - 9:04

Kobiet, 400m zmienny

14 - 23 lat
Wyniki

Punkty: FINA 2022

Pozycja	Rok ur.	Czas	FINA	Pkt
14 lat				
1. Gna Nadia	09 TRI-Team Rumia	5:31.44	476	15,00
50m: 36.02 36.02	150m: 2:00.33 41.13	250m: 3:28.37 46.66	350m: 4:54.06 39.30	
100m: 1:19.20 43.18	200m: 2:41.71 41.38	300m: 4:14.76 46.39	400m: 5:31.44 37.38	
2. Tatkowska Oliwia	09 Dwójka Morena Gdańsk	6:09.45	344	12,00
50m: 40.76 40.76	150m: 2:14.44 46.41	250m: 3:53.60 50.96	350m: 5:27.47 42.12	
100m: 1:28.03 47.27	200m: 3:02.64 48.20	300m: 4:45.35 51.75	400m: 6:09.45 41.98	
3. Iefymenko Anna	09 Siódemka Sopot	6:19.88	316	11,00
50m: 42.14 42.14	150m: 2:20.71 47.99	250m: 4:04.16 55.47	350m: 5:39.27 41.85	
100m: 1:32.72 50.58	200m: 3:08.69 47.98	300m: 4:57.42 53.26	400m: 6:19.88 40.61	
15 lat				
1. Sobczak Marianna	08 Delfin Gdynia	6:36.85	277	15,00
50m: 46.35 46.35	150m: 2:25.89 47.47	250m: 4:14.16 57.94	350m: 5:55.73 43.64	
100m: 1:38.42 52.07	200m: 3:16.22 50.33	300m: 5:12.09 57.93	400m: 6:36.85 41.12	
16 lat				
1. Plaga Olga	07 Skalar Słupsk	5:08.71	590	15,00
50m: 33.22 33.22	150m: 1:51.58 41.07	250m: 3:13.32 42.08	350m: 4:33.06 37.07	
100m: 1:10.51 37.29	200m: 2:31.24 39.66	300m: 3:55.99 42.67	400m: 5:08.71 35.65	
17 - 18 lat				
1. Palicka Wiktoria	05 Skalar Słupsk	5:01.51	633	15,00
50m: 33.31 33.31	150m: 1:49.18 33.96	250m: 3:06.97 43.37	350m: 4:27.26 35.76	
100m: 1:15.22 41.91	200m: 2:23.60 34.42	300m: 3:51.50 44.53	400m: 5:01.51 34.25	
2. Rudomina Agnieszka	06 MKP Gdańsk	5:10.13	582	12,00
50m: 33.70 33.70	150m: 1:51.38 39.16	250m: 3:16.51 45.96	350m: 4:36.85 34.46	
100m: 1:12.22 38.52	200m: 2:30.55 39.17	300m: 4:02.39 45.88	400m: 5:10.13 33.28	