



Liga Województwa Pomorskiego Juniorów i Młodzie ovców  
Gda sk, 23.2. - 19.5.2024

Konkurencja 22  
19.05.2024 - 9:05

Kobiet, 400m zmienny

14 - 23 lat  
Wyniki

Punkty: FINA 2023

Pozycja	Rok ur.	Czas	FINA	Pkt
<b>14 lat</b>				
1. Głomska Maja	10 Dwójka Tczew	<b>5:26.83</b>	497	15,00
50m: 36.69 36.69	150m: 2:02.18 42.21	250m: 3:29.41 46.17	350m: 4:52.45 37.18	
100m: 1:19.97 43.28	200m: 2:43.24 41.06	300m: 4:15.27 45.86	400m: 5:26.83 34.38	
2. Głomska Klaudia	10 Dwójka Tczew	<b>5:30.68</b>	480	12,00
50m: 36.29 36.29	150m: 2:03.30 44.33	250m: 3:32.86 46.99	350m: 4:55.61 36.60	
100m: 1:18.97 42.68	200m: 2:45.87 42.57	300m: 4:19.01 46.15	400m: 5:30.68 35.07	
3. Krawiec Selena	10 Dwójka Morena Gda sk	<b>5:39.50</b>	443	11,00
50m: 37.89 37.89	150m: 2:05.86 45.43	250m: 3:35.12 45.63	350m: 5:02.03 40.00	
100m: 1:20.43 42.54	200m: 2:49.49 43.63	300m: 4:22.03 46.91	400m: 5:39.50 37.47	
4. Zemła Agata	10 Siódemka Sopot	<b>6:39.16</b>	272	10,00
50m: 39.83 39.83	150m: 2:14.15 48.36	250m: 4:03.53 1:01.40	350m: 5:52.85 47.77	
100m: 1:25.79 45.96	200m: 3:02.13 47.98	300m: 5:05.08 1:01.55	400m: 6:39.16 46.31	
<b>15 lat</b>				
1. Sosnowska Urszula	09 Delfin Gdynia	<b>6:12.07</b>	337	15,00
50m: 40.91 40.91	150m: 2:16.35 46.24	250m: 3:54.45 52.04	350m: 5:30.04 43.88	
100m: 1:30.11 49.20	200m: 3:02.41 46.06	300m: 4:46.16 51.71	400m: 6:12.07 42.03	
DYSKW. Iefymenko Anna	09 Siódemka Sopot	<b>6:47.45</b>		-
<i>G3 - Pływak obrócił si na piersi (z wyj tkiem momentu wykonania nawrotu)</i>				
50m: 44.23 44.23	150m: 2:30.71 53.55	250m: 4:19.57 58.84	350m: 6:03.13 44.51	
100m: 1:37.16 52.93	200m: 3:20.73 50.02	300m: 5:18.62 59.05	400m: 6:47.45 44.32	
<b>17 - 18 lat</b>				
1. Plaga Olga	07 Skalar Słupsk	<b>5:11.19</b>	576	15,00
50m: 33.80 33.80	150m: 1:52.72 40.61	250m: 3:15.22 42.07	350m: 4:35.41 37.43	
100m: 1:12.11 38.31	200m: 2:33.15 40.43	300m: 3:57.98 42.76	400m: 5:11.19 35.78	
2. Rudomina Agnieszka	06 MKP Gda sk	<b>5:21.19</b>	523	12,00
50m: 36.04 36.04	150m: 1:56.00 40.19	250m: 3:24.25 48.05	350m: 4:46.55 35.52	
100m: 1:15.81 39.77	200m: 2:36.20 40.20	300m: 4:11.03 46.78	400m: 5:21.19 34.64	
3. Sobek Iga	06 MKP Gda sk	<b>5:36.58</b>	455	11,00
50m: 36.99 36.99	150m: 2:04.15 45.24	250m: 3:33.14 43.35	350m: 4:58.12 39.47	
100m: 1:18.91 41.92	200m: 2:49.79 45.64	300m: 4:18.65 45.51	400m: 5:36.58 38.46	
<b>19 - 23 lat</b>				
1. Palicka Wiktoria	05 Skalar Słupsk	<b>5:10.02</b>	582	15,00
50m: 32.09 32.09	150m: 1:49.18 38.23	250m: 3:10.44 44.19	350m: 4:32.64 37.65	
100m: 1:10.95 38.86	200m: 2:26.25 37.07	300m: 3:54.99 44.55	400m: 5:10.02 37.38	

