

Aqua Team Swim Cup II
Mikołów, 25.3.2023



Konkurencja 27
25.03.2023 - 17:34

Kobiet, 400m dowolny

2011 i starsi
Wyniki

Punkty: FINA 2022

Pozycja	Rok ur.	Czas	Pkt.
Rocznik 2011			
1. Paj k Agata	11	5:08.88	434
50m: 36.31 36.31	150m: 1:55.34 40.11	250m: 3:14.84 39.52	350m: 4:32.09 38.34
100m: 1:15.23 38.92	200m: 2:35.32 39.98	300m: 3:53.75 38.91	400m: 5:08.88 36.79
2. Rugała Hanna	11	5:12.41	419
50m: 33.89 33.89	150m: 1:52.35 39.86	250m: 3:13.59 41.13	350m: 4:34.60 40.38
100m: 1:12.49 38.60	200m: 2:32.46 40.11	300m: 3:54.22 40.63	400m: 5:12.41 37.81
3. J draszak Hanna	11	5:18.41	396
50m: 36.11 36.11	150m: 1:57.22 41.18	250m: 3:18.74 40.75	350m: 4:39.81 40.91
100m: 1:16.04 39.93	200m: 2:37.99 40.77	300m: 3:58.90 40.16	400m: 5:18.41 38.60
4. D browska Maja	11	5:18.75	395
50m: 38.36 38.36	150m: 2:02.04 41.19	250m: 3:24.30 41.04	350m: 4:42.37 37.11
100m: 1:20.85 42.49	200m: 2:43.26 41.22	300m: 4:05.26 40.96	400m: 5:18.75 36.38
5. Wyle yk Natalia	11	5:25.40	371
50m: 38.70 38.70	150m: 2:02.45 41.82	250m: 3:25.01 41.69	350m: 4:46.99 40.70
100m: 1:20.63 41.93	200m: 2:43.32 40.87	300m: 4:06.29 41.28	400m: 5:25.40 38.41
6. Szarek Nika	11	5:25.64	370
50m: 38.38 38.38	150m: 2:02.47 42.36	250m: 3:27.56 42.33	350m: 4:49.17 39.90
100m: 1:20.11 41.73	200m: 2:45.23 42.76	300m: 4:09.27 41.71	400m: 5:25.64 36.47
7. Pi tkiewicz Martyna	11	5:30.38	354
50m: 38.19 38.19	150m: 2:02.78 43.01	250m: 3:28.55 42.63	350m: 4:51.70 41.54
100m: 1:19.77 41.58	200m: 2:45.92 43.14	300m: 4:10.16 41.61	400m: 5:30.38 38.68
8. Kolanowska Zofia	11	5:51.78	294
50m: 40.77 40.77	150m: 2:10.63 45.18	250m: 3:39.43 44.98	350m: 5:08.73 44.56
100m: 1:25.45 44.68	200m: 2:54.45 43.82	300m: 4:24.17 44.74	400m: 5:51.78 43.05
9. Trubic Wiktoria	11	5:51.80	293
50m: 40.47 40.47	150m: 2:10.05 44.71	250m: 3:38.78 43.68	350m: 5:08.77 44.61
100m: 1:25.34 44.87	200m: 2:55.10 45.05	300m: 4:24.16 45.38	400m: 5:51.80 43.03
10. Gielza Emilia	11	5:55.18	285
50m: 39.31 39.31	150m: 2:08.87 45.23	250m: 3:40.12 47.12	350m: 5:11.25 45.25
100m: 1:23.64 44.33	200m: 2:53.00 44.13	300m: 4:26.00 45.88	400m: 5:55.18 43.93
11. Bachniak Lidia	11	6:05.70	261
50m: 41.07 41.07	150m: 2:12.88 46.49	250m: 3:47.56 47.53	350m: 5:22.58 47.58
100m: 1:26.39 45.32	200m: 3:00.03 47.15	300m: 4:35.00 47.44	400m: 6:05.70 43.12

Rocznik 2010

1. Emerling Diana	10	4:52.53	511
50m: 33.86 33.86	150m: 1:49.63 38.00	250m: 3:04.45 37.50	350m: 4:18.66 36.80
100m: 1:11.63 37.77	200m: 2:26.95 37.32	300m: 3:41.86 37.41	400m: 4:52.53 33.87
2. Kozubowska Paulina	10	4:53.09	508
50m: 34.34 34.34	150m: 1:49.02 37.61	250m: 3:04.15 37.44	350m: 4:18.51 37.13
100m: 1:11.41 37.07	200m: 2:26.71 37.69	300m: 3:41.38 37.23	400m: 4:53.09 34.58
3. Rajca Matylda	10	4:53.36	506
50m: 34.34 34.34	150m: 1:49.09 37.65	250m: 3:04.48 37.49	350m: 4:18.39 36.76
100m: 1:11.44 37.10	200m: 2:26.99 37.90	300m: 3:41.63 37.15	400m: 4:53.36 34.97

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Konkurencja 27, Dziewcz t, 400m dowolny, Roczniak 2010

Pozycja			Rok ur.					Czas	Pkt.			
4.	Gaca Izabela		10	UKS MOS Opole				5:00.52	471			
	50m:	34.26	34.26	150m:	1:50.24	38.12	250m:	3:06.72	38.12	350m:	4:23.78	38.65
	100m:	1:12.12	37.86	200m:	2:28.60	38.36	300m:	3:45.13	38.41	400m:	5:00.52	36.74
5.	Rzepka Klara		10	UKS Aqua Team Mikołów				5:01.94	464			
	50m:	34.76	34.76	150m:	1:50.48	38.30	250m:	3:06.88	37.59	350m:	4:23.89	38.88
	100m:	1:12.18	37.42	200m:	2:29.29	38.81	300m:	3:45.01	38.13	400m:	5:01.94	38.05
6.	Ogórek Zofia		10	KS Pi tka Chorzów				5:12.36	419			
	50m:	36.41	36.41	150m:	1:57.35	40.76	250m:	3:17.10	39.58	350m:	4:35.08	38.67
	100m:	1:16.59	40.18	200m:	2:37.52	40.17	300m:	3:56.41	39.31	400m:	5:12.36	37.28
7.	Wrotniak Wiktoria		10	UKS Dragon B dzin				5:18.93	394			
	50m:	33.83	33.83	150m:	1:55.45	41.27	250m:	3:18.72	41.55	350m:	4:41.08	41.40
	100m:	1:14.18	40.35	200m:	2:37.17	41.72	300m:	3:59.68	40.96	400m:	5:18.93	37.85
8.	Ogi ska Laura		10	UKS MANTA Kochłowice Ruda l s				5:22.62	381			
	50m:	36.89	36.89	150m:	1:58.63	40.79	250m:	3:20.27	41.30	350m:	4:42.30	40.88
	100m:	1:17.84	40.95	200m:	2:38.97	40.34	300m:	4:01.42	41.15	400m:	5:22.62	40.32
9.	Zaj c Paulina		10	UKS Aqua Team Mikołów				5:29.60	357			
	50m:	39.26	39.26	150m:	2:05.47	43.43	250m:	3:29.49	40.77	350m:	4:51.57	41.01
	100m:	1:22.04	42.78	200m:	2:48.72	43.25	300m:	4:10.56	41.07	400m:	5:29.60	38.03
10.	Ogi ska Lena		10	UKS MANTA Kochłowice Ruda l s				5:33.03	346			
	50m:	38.14	38.14	150m:	2:03.85	43.02	250m:	3:29.19	42.39	350m:	4:52.80	41.68
	100m:	1:20.83	42.69	200m:	2:46.80	42.95	300m:	4:11.12	41.93	400m:	5:33.03	40.23
11.	Puk Agata		10	Ognisko TKKF Szczygłowice				5:38.33	330			
	50m:	38.92	38.92	150m:	2:06.67	44.54	250m:	3:34.68	43.69	350m:	5:00.75	42.65
	100m:	1:22.13	43.21	200m:	2:50.99	44.32	300m:	4:18.10	43.42	400m:	5:38.33	37.58

2009 i starsi

1.	wito Anna		09	UKS MOS Opole				4:54.94	498			
	50m:	32.76	32.76	150m:	1:46.45	37.34	250m:	3:01.89	38.17	350m:	4:18.51	38.44
	100m:	1:09.11	36.35	200m:	2:23.72	37.27	300m:	3:40.07	38.18	400m:	4:54.94	36.43
2.	Oko Anna		09	LKS Jedno 32 Przyszowice				5:03.01	460			
	50m:	34.32	34.32	150m:	1:50.40	38.44	250m:	3:07.70	38.70	350m:	4:24.98	38.89
	100m:	1:11.96	37.64	200m:	2:29.00	38.60	300m:	3:46.09	38.39	400m:	5:03.01	38.03
3.	Szlaga Liliana		09	UKS Aqua Team Mikołów				5:08.08	437			
	50m:	35.81	35.81	150m:	1:52.81	38.78	250m:	3:13.27	39.93	350m:	4:31.92	39.00
	100m:	1:14.03	38.22	200m:	2:33.34	40.53	300m:	3:52.92	39.65	400m:	5:08.08	36.16
4.	Ja niecka Emilia		09	UKS MOS Opole				5:38.24	330			
	50m:	39.12	39.12	150m:	2:04.33	42.81	250m:	3:32.35	44.25	350m:	4:58.95	42.38
	100m:	1:21.52	42.40	200m:	2:48.10	43.77	300m:	4:16.57	44.22	400m:	5:38.24	39.29
5.	Górny Natalia		08	KS Marbi-Sport Zywiec				5:51.57	294			
	50m:	37.27	37.27	150m:	2:03.24	43.99	250m:	3:33.80	45.77	350m:	5:05.71	46.18
	100m:	1:19.25	41.98	200m:	2:48.03	44.79	300m:	4:19.53	45.73	400m:	5:51.57	45.86