

Konkurencja 31
 14.05.2023 - 12:14

Kobiet, 400m dowolny

 20 lat i starsi
 Wyniki

Punkty: FINA Master 2023

Pozycja			Wiek					Czas	Pkt.
Kategoria "A" 25-29									
1.	NOWAK Sonia		27	UKS TRÓJKA Cz stochowa				5:04.42	592
	50m:	36.58 36.58	150m:	1:53.90 38.74	250m:	3:11.30 38.65	350m:	4:27.92 38.28	
	100m:	1:15.16 38.58	200m:	2:32.65 38.75	300m:	3:49.64 38.34	400m:	5:04.42 36.50	
Kategoria "B" 30-34									
1.	DOLI SKA Aneta		33	Water Squad Warszawa				5:53.37	373
	50m:	37.94 37.94	150m:	2:05.57 44.57	250m:	3:37.66 46.28	350m:	5:09.59 45.55	
	100m:	1:21.00 43.06	200m:	2:51.38 45.81	300m:	4:24.04 46.38	400m:	5:53.37 43.78	
Kategoria "C" 35-39									
1.	JASIK Agata		39	JK TEAM Kraków				6:25.14	316
	50m:	40.10 40.10	150m:	2:13.60 48.31	250m:	3:54.28 50.54	350m:	5:37.09 51.80	
	100m:	1:25.29 45.19	200m:	3:03.74 50.14	300m:	4:45.29 51.01	400m:	6:25.14 48.05	
Kategoria "D" 40-44									
1.	MICHALIK Dominika		44	MKS JUVENIA Białystok				5:07.19	618
	50m:	35.41 35.41	150m:	1:53.52 39.11	250m:	3:11.91 39.33	350m:	4:29.47 38.73	
	100m:	1:14.41 39.00	200m:	2:32.58 39.06	300m:	3:50.74 38.83	400m:	5:07.19 37.72	
2.	DUSZA Agnieszka		40	Swim Club Masters I za				6:08.92	357
	50m:	39.68 39.68	150m:	2:12.16 47.07	250m:	3:47.69 47.69	350m:	5:23.16 47.80	
	100m:	1:25.09 45.41	200m:	3:00.00 47.84	300m:	4:35.36 47.67	400m:	6:08.92 45.76	
3.	MOISEIENKO Kateryna		44	Zawodnik Niezrzeszony Bielsko				8:58.11	115
	50m:	51.50 51.50	150m:	3:03.98 1:08.75	250m:	5:27.35 1:12.51	350m:	7:50.81 1:11.25	
	100m:	1:55.23 1:03.73	200m:	4:14.84 1:10.86	300m:	6:39.56 1:12.21	400m:	8:58.11 1:07.30	
Kategoria "E" 45-49									
1.	KLARECKA Monika		46	MUKS Zgierz				6:54.27	261
	50m:	44.36 44.36	150m:	2:27.77 53.17	250m:	4:15.05 53.85	350m:	6:03.07 54.43	
	100m:	1:34.60 50.24	200m:	3:21.20 53.43	300m:	5:08.64 53.59	400m:	6:54.27 51.20	
Kategoria "F" 50-54									
1.	SULEWSKA Beata		51	WETERAN Zabrze				5:09.23	694
	50m:	36.22 36.22	150m:	1:53.10 38.78	250m:	3:12.40 39.67	350m:	4:31.65 39.59	
	100m:	1:14.32 38.10	200m:	2:32.73 39.63	300m:	3:52.06 39.66	400m:	5:09.23 37.58	
Kategoria "G" 55-59									
1.	KOTECKA Anna		58	KS Warta Pozna				6:27.36	367
	50m:	43.18 43.18	150m:	2:19.21 48.89	250m:	3:59.74 50.76	350m:	5:38.92 49.23	
	100m:	1:30.32 47.14	200m:	3:08.98 49.77	300m:	4:49.69 49.95	400m:	6:27.36 48.44	
Kategoria "H" 60-64									
1.	SZAŁA Ewa		64	KS Warta Pozna				6:05.48	493
	50m:	41.37 41.37	150m:	2:14.15 46.61	250m:	3:47.46 46.61	350m:	5:20.03 46.16	
	100m:	1:27.54 46.17	200m:	3:00.85 46.70	300m:	4:33.87 46.41	400m:	6:05.48 45.45	

Konkurencja 31, Kobiet, 400m dowolny, Kategoria "H" 60-64

Pozycja	Wiek								Czas	Pkt.		
2.	ORLEWICZ- MUSIAŁ Małgorzata 63 KS Korona 1919 Kraków								8:37.87	173		
	50m:	55.06	55.06	150m:	3:03.78	1:04.48	250m:	5:15.01	1:05.82	350m:	7:29.65	1:07.00
	100m:	1:59.30	1:04.24	200m:	4:09.19	1:05.41	300m:	6:22.65	1:07.64	400m:	8:37.87	1:08.22

Kategoria "I" 65-69

1.	RUPP Ewa 67 IKS Druga Strona Sportu Kraków								8:50.51	184		
	50m:	58.62	58.62	150m:	3:11.42	1:08.84	250m:	5:25.93	1:07.38	350m:	7:42.67	1:07.97
	100m:	2:02.58	1:03.96	200m:	4:18.55	1:07.13	300m:	6:34.70	1:08.77	400m:	8:50.51	1:07.84
2.	BE OVÁ Dana 67 PK Masters Ústí nad Labem								9:36.59	143		
	50m:	1:02.77	1:02.77	150m:	3:30.19	1:15.12	250m:	5:59.28	1:13.62	350m:	8:27.23	1:14.05
	100m:	2:15.07	1:12.30	200m:	4:45.66	1:15.47	300m:	7:13.18	1:13.90	400m:	9:36.59	1:09.36

Kategoria "J" 70-74

1.	YLI SKA Teresa 73 WETERAN Zabrze								9:35.50	186		
	50m:	1:01.64	1:01.64	150m:	3:27.23	1:14.65	250m:	5:55.29	1:14.04	350m:	8:23.49	1:13.46
	100m:	2:12.58	1:10.94	200m:	4:41.25	1:14.02	300m:	7:10.03	1:14.74	400m:	9:35.50	1:12.01

Kategoria "K" 75-79

1.	LIPPA Maria 77 Akademia Aktywnego Seniora 60+								13:38.27	91		
	50m:	1:29.35	1:29.35	150m:	4:59.39	1:46.50	250m:	8:27.03	1:43.83	350m:	11:56.55	1:46.33
	100m:	3:12.89	1:43.54	200m:	6:43.20	1:43.81	300m:	10:10.22	1:43.19	400m:	13:38.27	1:41.72