



Aqua Team Swim Cup III  
Mikołów, 23.03.2024



Konkurencja 28  
23.03.2024 - 17:42

M czynn, 400m dowolny

2012 i starsi  
Wyniki

Punkty: FINA 2023

Pozycja	Rok ur.	Czas	Pkt.
<b>Rocznik 2012</b>			
1. Matuszczyk Mateusz	12	<b>5:05.55</b>	335
50m: 33.70 33.70	150m: 1:50.32 38.78	250m: 3:09.58 39.71	350m: 4:28.54 39.73
100m: 1:11.54 37.84	200m: 2:29.87 39.55	300m: 3:48.81 39.23	400m: 5:05.55 37.01
2. Baran Radosław	12	<b>5:48.12</b>	226
50m: 39.98 39.98	150m: 2:08.78 44.84	250m: 3:38.11 43.94	350m: 5:07.55 44.47
100m: 1:23.94 43.96	200m: 2:54.17 45.39	300m: 4:23.08 44.97	400m: 5:48.12 40.57
3. Kaczmarzyk Igor	12	<b>6:23.13</b>	170
50m: 42.19 42.19	150m: 2:18.10 47.79	250m: 3:56.70 48.69	350m: 5:36.47 49.58
100m: 1:30.31 48.12	200m: 3:08.01 49.91	300m: 4:46.89 50.19	400m: 6:23.13 46.66

**Rocznik 2011**

1. Ignatenko Mykola	11	<b>4:33.43</b>	467
50m: 32.25 32.25	150m: 1:40.34 34.35	250m: 2:49.74 34.66	350m: 3:59.37 34.86
100m: 1:05.99 33.74	200m: 2:15.08 34.74	300m: 3:24.51 34.77	400m: 4:33.43 34.06
2. Lotko Oliwier	11	<b>4:52.00</b>	384
50m: 32.95 32.95	150m: 1:46.64 37.64	250m: 3:00.76 37.13	350m: 4:15.43 36.69
100m: 1:09.00 36.05	200m: 2:23.63 36.99	300m: 3:38.74 37.98	400m: 4:52.00 36.57
3. Robakiewicz Kacper	11	<b>4:53.04</b>	379
50m: 33.14 33.14	150m: 1:46.57 37.33	250m: 3:02.20 37.94	350m: 4:17.29 37.26
100m: 1:09.24 36.10	200m: 2:24.26 37.69	300m: 3:40.03 37.83	400m: 4:53.04 35.75
4. Chromy Kuba	11	<b>4:57.15</b>	364
50m: 32.92 32.92	150m: 1:49.01 38.06	250m: 3:06.01 37.62	350m: 4:22.14 37.56
100m: 1:10.95 38.03	200m: 2:28.39 39.38	300m: 3:44.58 38.57	400m: 4:57.15 35.01
5. Adamiok Jan	11	<b>5:21.51</b>	287
50m: 35.04 35.04	150m: 1:55.24 41.02	250m: 3:17.42 41.40	350m: 4:40.46 41.41
100m: 1:14.22 39.18	200m: 2:36.02 40.78	300m: 3:59.05 41.63	400m: 5:21.51 41.05
6. Dziekan Igor	11	<b>5:42.06</b>	238
50m: 38.55 38.55	150m: 2:06.99 44.09	250m: 3:35.83 44.73	350m: 5:02.00 42.81
100m: 1:22.90 44.35	200m: 2:51.10 44.11	300m: 4:19.19 43.36	400m: 5:42.06 40.06
7. Knapik Jan	11	<b>5:44.30</b>	234
50m: 38.24 38.24	150m: 2:07.24 44.63	250m: 3:35.33 44.34	350m: 5:02.10 43.03
100m: 1:22.61 44.37	200m: 2:50.99 43.75	300m: 4:19.07 43.74	400m: 5:44.30 42.20

**2010 i starsi**

1. Wiszniowski Tymoteusz	10	<b>4:13.33</b>	588
50m: 29.64 29.64	150m: 1:34.31 32.34	250m: 2:38.75 32.08	350m: 3:42.66 31.81
100m: 1:01.97 32.33	200m: 2:06.67 32.36	300m: 3:10.85 32.10	400m: 4:13.33 30.67
2. Lesiak Piotr	09	<b>4:19.79</b>	545
50m: 30.29 30.29	150m: 1:35.53 32.40	250m: 2:40.97 32.81	350m: 3:46.87 32.80
100m: 1:03.13 32.84	200m: 2:08.16 32.63	300m: 3:14.07 33.10	400m: 4:19.79 32.92
3. Jan Głowacki	08	<b>4:39.13</b>	439
50m: 30.15 30.15	150m: 1:39.69 35.25	250m: 2:51.21 36.06	350m: 4:04.52 36.44
100m: 1:04.44 34.29	200m: 2:15.15 35.46	300m: 3:28.08 36.87	400m: 4:39.13 34.61
4. Wróbel Michał	10	<b>4:44.64</b>	414
50m: 31.23 31.23	150m: 1:42.34 36.36	250m: 2:55.13 36.15	350m: 4:07.27 35.90
100m: 1:05.98 34.75	200m: 2:18.98 36.64	300m: 3:31.37 36.24	400m: 4:44.64 37.37

zawody.jczarnecki@gmail.com



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Konkurencja 28, M czynn, 400m dowolny, 2010 i starsi

Pozycja				Rok ur.					Czas	Pkt.		
5.	Palkij Filip			09	KS Górnik Sosnowiec				<b>4:48.86</b>	396		
	50m:	32.66	32.66	150m:	1:44.54	36.52	250m:	2:58.55	37.11	350m:	4:13.66	37.22
	100m:	1:08.02	35.36	200m:	2:21.44	36.90	300m:	3:36.44	37.89	400m:	4:48.86	35.20
6.	D browski Jakub			10	MKS Park Wodny Tarnowskie Góry				<b>4:49.96</b>	392		
	50m:	34.24	34.24	150m:	1:48.26	37.22	250m:	3:03.97	37.83	350m:	4:16.44	35.94
	100m:	1:11.04	36.80	200m:	2:26.14	37.88	300m:	3:40.50	36.53	400m:	4:49.96	33.52
7.	Witecki Wojciech			10	CSiR MOS D browa Górnicza				<b>4:50.07</b>	391		
	50m:	31.13	31.13	150m:	1:42.83	36.26	250m:	2:55.81	36.50	350m:	4:11.26	38.85
	100m:	1:06.57	35.44	200m:	2:19.31	36.48	300m:	3:32.41	36.60	400m:	4:50.07	38.81
8.	Myszkiewicz Paweł			10	LKS Jedno 32 Przyszowice				<b>4:50.74</b>	389		
	50m:	33.35	33.35	150m:	1:47.83	37.45	250m:	3:02.97	37.23	350m:	4:15.43	36.29
	100m:	1:10.38	37.03	200m:	2:25.74	37.91	300m:	3:39.14	36.17	400m:	4:50.74	35.31
9.	Kamieniorz Kacper			08	UKP Unia O wi cim				<b>4:53.92</b>	376		
	50m:	34.15	34.15	150m:	1:49.17	37.52	250m:	3:03.40	37.08	350m:	4:18.36	37.58
	100m:	1:11.65	37.50	200m:	2:26.32	37.15	300m:	3:40.78	37.38	400m:	4:53.92	35.56
10.	Bem Maksymilian			08	MKS Pałac Młodzie y Katowice				<b>4:57.93</b>	361		
	50m:	34.46	34.46	150m:	1:49.22	37.87	250m:	3:04.08	37.57	350m:	4:20.62	38.04
	100m:	1:11.35	36.89	200m:	2:26.51	37.29	300m:	3:42.58	38.50	400m:	4:57.93	37.31
11.	Pluta Wojciech			10	UKS Jasie Sucha Beskidzka				<b>5:01.53</b>	348		
	50m:	34.44	34.44	150m:	1:50.82	38.23	250m:	3:07.46	38.19	350m:	4:24.17	38.59
	100m:	1:12.59	38.15	200m:	2:29.27	38.45	300m:	3:45.58	38.12	400m:	5:01.53	37.36
12.	Szydłowski Wiktor			10	UKS Delfin Krapkowice				<b>5:05.72</b>	334		
	50m:	33.34	33.34	150m:	1:50.50	39.41	250m:	3:10.78	40.48	350m:	4:29.73	38.91
	100m:	1:11.09	37.75	200m:	2:30.30	39.80	300m:	3:50.82	40.04	400m:	5:05.72	35.99
13.	Sarna Mateusz			08	UKS Jasie Sucha Beskidzka				<b>5:38.83</b>	245		
	50m:	36.54	36.54	150m:	2:02.34	43.44	250m:	3:31.05	43.84	350m:	4:58.31	43.15
	100m:	1:18.90	42.36	200m:	2:47.21	44.87	300m:	4:15.16	44.11	400m:	5:38.83	40.52
14.	Urba czyk Oliwier			10	UKS Jasie Sucha Beskidzka				<b>5:38.96</b>	245		
	50m:	36.68	36.68	150m:	2:02.46	43.66	250m:	3:29.66	44.13	350m:	4:57.22	44.04
	100m:	1:18.80	42.12	200m:	2:45.53	43.07	300m:	4:13.18	43.52	400m:	5:38.96	41.74