

Konkurencja 31
 11.05.2024 - 18:15

Kobiet, 400m dowolny

 20 lat i starsi
 Wyniki

Punkty: FINA Master 2024

Pozycja			Wiek					Czas	Pkt.
Kategoria "0" 20-24									
1.	ZIELI SKA Oliwia		23	KS Warta Pozna				5:15.48	520
	50m:	34.28 34.28	150m:	1:52.23 39.62	250m:	3:13.13 40.91	350m:	4:34.67 40.91	
	100m:	1:12.61 38.33	200m:	2:32.22 39.99	300m:	3:53.76 40.63	400m:	5:15.48 40.81	
Kategoria "C" 35-39									
1.	COCCO Valeria		39	Masters Zdieszowice				6:29.44	297
	50m:	41.51 41.51	150m:	2:15.68 48.26	250m:	3:54.61 49.37	350m:	5:38.77 54.03	
	100m:	1:27.42 45.91	200m:	3:05.24 49.56	300m:	4:44.74 50.13	400m:	6:29.44 50.67	
Kategoria "D" 40-44									
1.	DUSZA Agnieszka		41	Swim Club Masters I za				6:03.81	372
	50m:	39.57 39.57	150m:	2:10.66 46.40	250m:	3:44.62 47.12	350m:	5:19.18 47.32	
	100m:	1:24.26 44.69	200m:	2:57.50 46.84	300m:	4:31.86 47.24	400m:	6:03.81 44.63	
Kategoria "E" 45-49									
1.	SZEL GOWSKA Katarzyna		45	Zawodnik Niezrzeszony Kielce				5:48.69	438
	50m:	37.42 37.42	150m:	2:02.11 43.18	250m:	3:31.37 45.11	350m:	5:03.45 46.23	
	100m:	1:18.93 41.51	200m:	2:46.26 44.15	300m:	4:17.22 45.85	400m:	5:48.69 45.24	
2.	RYBAK-STARCZAK Agnieszka		49	UKS Cityzen Pozna				6:00.91	395
	50m:	41.48 41.48	150m:	2:12.22 45.75	250m:	3:44.98 46.44	350m:	5:16.91 45.77	
	100m:	1:26.47 44.99	200m:	2:58.54 46.32	300m:	4:31.14 46.16	400m:	6:00.91 44.00	
3.	KLARECKA Monika		47	MUKS Zgierz				6:56.38	257
	50m:	45.23 45.23	150m:	2:30.29 52.92	250m:	4:18.41 53.47	350m:	6:06.47 53.77	
	100m:	1:37.37 52.14	200m:	3:24.94 54.65	300m:	5:12.70 54.29	400m:	6:56.38 49.91	
Kategoria "F" 50-54									
1.	SULEWSKA Beata		52	Weteran Zabrze				5:15.26	655
	50m:	36.22 36.22	150m:	1:55.16 40.11	250m:	3:16.23 40.86	350m:	4:37.20 40.42	
	100m:	1:15.05 38.83	200m:	2:35.37 40.21	300m:	3:56.78 40.55	400m:	5:15.26 38.06	
Kategoria "G" 55-59									
1.	KOTECKA Anna		59	KS Warta Pozna				6:36.66	341
	50m:	43.58 43.58	150m:	2:20.91 49.30	250m:	4:02.71 51.56	350m:	5:46.33 51.93	
	100m:	1:31.61 48.03	200m:	3:11.15 50.24	300m:	4:54.40 51.69	400m:	6:36.66 50.33	
Kategoria "H" 60-64									
1.	ORLEWICZ-MUSIAŁ Małgorzata		64	KS Korona 1919 Kraków				8:40.82	170
	50m:	54.87 54.87	150m:	3:03.23 1:05.23	250m:	5:15.56 1:07.19	350m:	7:33.00 1:09.64	
	100m:	1:58.00 1:03.13	200m:	4:08.37 1:05.14	300m:	6:23.36 1:07.80	400m:	8:40.82 1:07.82	
Kategoria "J" 70-74									
1.	LIPI SKA Jolanta		73	Zawodnik Niezrzeszony Kozy				15:33.76	39
	50m:	2:10.31 2:10.31	150m:	6:07.26 1:54.87	250m:	9:56.10 1:55.83	350m:	13:44.99 1:53.61	
	100m:	4:12.39 2:02.08	200m:	8:00.27 1:53.01	300m:	11:51.38 1:55.28	400m:	15:33.76 1:48.77	



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Kategoria "K" 75-79

1. LIPPA Maria				78	Akademia Aktywnego Seniora 60+			15:20.63	64		
50m:	1:44.43	1:44.43	150m:	5:42.97	2:02.01	250m:	9:36.05	1:55.83	350m:	13:28.88	1:52.22
100m:	3:40.96	1:56.53	200m:	7:40.22	1:57.25	300m:	11:36.66	2:00.61	400m:	15:20.63	1:51.75