

Konkurencja 32  
 11.05.2024 - 18:57

M czynn, 400m dowolny

 20 lat i starsi  
 Wyniki

Punkty: FINA Master 2024

Pozycja			Wiek							Czas	Pkt.
Kategoria "A" 25-29											
1.	LÓSARCZYK Sebastian		26	WSSiRN Start Katowice						<b>6:28.87</b>	214
	50m:	42.53 42.53	150m:	2:22.77	50.73	250m:	4:03.19	50.29	350m:	5:43.78	50.91
	100m:	1:32.04 49.51	200m:	3:12.90	50.13	300m:	4:52.87	49.68	400m:	6:28.87	45.09
Kategoria "B" 30-34											
1.	GROCHOWSKI Łukasz		33	Zawodnik Niezrzeszony Warszawa						<b>5:04.05</b>	424
	50m:	34.97 34.97	150m:	1:52.40	39.08	250m:	3:10.03	38.89	350m:	4:27.23	38.56
	100m:	1:13.32 38.35	200m:	2:31.14	38.74	300m:	3:48.67	38.64	400m:	5:04.05	36.82
2.	KUREK Mateusz		30	UKS Trójka Cz stochowa						<b>5:16.53</b>	376
	50m:	33.45 33.45	150m:	1:51.62	39.89	250m:	3:13.56	41.29	350m:	4:37.51	42.44
	100m:	1:11.73 38.28	200m:	2:32.27	40.65	300m:	3:55.07	41.51	400m:	5:16.53	39.02
Kategoria "C" 35-39											
1.	KORNAGA Bła ej		38	Kopalnia Sportowych Diamentów						<b>5:46.24</b>	323
	50m:	38.22 38.22	150m:	2:03.71	43.59	250m:	3:35.05	45.97	350m:	5:05.65	44.70
	100m:	1:20.12 41.90	200m:	2:49.08	45.37	300m:	4:20.95	45.90	400m:	5:46.24	40.59
Kategoria "D" 40-44											
1.	WACHOWSKI Bła ej		44	KS Warta Pozna						<b>5:02.86</b>	501
	50m:	35.11 35.11	150m:	1:52.27	38.68	250m:	3:10.56	39.42	350m:	4:27.52	38.54
	100m:	1:13.59 38.48	200m:	2:31.14	38.87	300m:	3:48.98	38.42	400m:	5:02.86	35.34
Kategoria "E" 45-49											
1.	GOGACZ Sebastian		48	UKS Trójka Puławy						<b>5:11.67</b>	474
	50m:	36.58 36.58	150m:	1:55.04	39.39	250m:	3:13.76	39.38	350m:	4:32.84	39.44
	100m:	1:15.65 39.07	200m:	2:34.38	39.34	300m:	3:53.40	39.64	400m:	5:11.67	38.83
2.	BIELSKI Dymitr		47	Warsaw Masters Team						<b>5:28.53</b>	405
	50m:	36.05 36.05	150m:	1:57.70	41.32	250m:	4:04.99	1:24.49	350m:		
	100m:	1:16.38 40.33	200m:	2:40.50	42.80	300m:	4:48.00	43.01	400m:	5:28.53	
Kategoria "F" 50-54											
1.	BERWECKI Arkadiusz		51	MOTYL MOSIR Stalowa Wola						<b>4:37.29</b>	685
	50m:	31.91 31.91	150m:	1:42.06	35.26	250m:	2:52.69	35.24	350m:	4:02.90	34.98
	100m:	1:06.80 34.89	200m:	2:17.45	35.39	300m:	3:27.92	35.23	400m:	4:37.29	34.39
2.	K DZIOR Mateusz		51	KS Warta Pozna						<b>6:00.53</b>	311
	50m:	39.52 39.52	150m:	2:08.50	45.15	250m:	3:41.78	46.99	350m:	5:14.90	46.97
	100m:	1:23.35 43.83	200m:	2:54.79	46.29	300m:	4:27.93	46.15	400m:	6:00.53	45.63
Kategoria "G" 55-59											
1.	POKORNÝ Ji í		55	KPS Ostrava						<b>5:45.39</b>	407
	50m:	39.05 39.05	150m:	2:06.72	44.72	250m:	3:35.53	44.35	350m:	5:03.73	44.25
	100m:	1:22.00 42.95	200m:	2:51.18	44.46	300m:	4:19.48	43.95	400m:	5:45.39	41.66
2.	ZADRO NY Jarosław		58	KS Korona 1919 Kraków						<b>6:35.28</b>	271
	50m:	45.02 45.02	150m:	2:23.85	49.93	250m:	4:06.65	52.23	350m:	5:48.66	51.23
	100m:	1:33.92 48.90	200m:	3:14.42	50.57	300m:	4:57.43	50.78	400m:	6:35.28	46.62

## Konkurencja 32, M czynn, 400m dowolny

## Kategoria "I" 65-69

1. KORPETTA Wojciech	65	Water Squad Warszawa	<b>6:22.03</b>	344
50m: 44.25 44.25	150m: 2:22.98	50.19 250m: 4:02.79	50.00 350m: 5:38.32	47.01
100m: 1:32.79 48.54	200m: 3:12.79	49.81 300m: 4:51.31	48.52 400m: 6:22.03	43.71
2. TWARDYSKO Stanisław	68	Weteran Zabrze	<b>6:24.32</b>	338
50m: 44.29 44.29	150m: 2:19.80	48.21 250m: 3:59.56	49.97 350m: 5:38.70	49.19
100m: 1:31.59 47.30	200m: 3:09.59	49.79 300m: 4:49.51	49.95 400m: 6:24.32	45.62

## Kategoria "J" 70-74

1. DUBI SKI Bogdan	71	SP Legia Warszawa	<b>7:18.91</b>	278
50m: 46.41 46.41	150m: 2:34.86	54.62 250m: 4:28.61	57.10 350m: 6:23.67	58.34
100m: 1:40.24 53.83	200m: 3:31.51	56.65 300m: 5:25.33	56.72 400m: 7:18.91	55.24
2. MAJCHER Wiesław	74	UKS Wodnik Katowice	<b>11:57.25</b>	63
50m: 1:02.87 1:02.87	150m: 4:00.59	1:25.64 250m: 8:50.84	1:37.57 350m:	
100m: 2:34.95 1:32.08	200m: 7:13.27	3:12.68 300m:	400m: 11:57.25	

## Kategoria "K" 75-79

1. BARTKOWIAK Roman	75	KS Warta Pozna	<b>7:31.19</b>	324
50m: 48.16 48.16	150m: 2:40.98	57.75 250m: 4:39.04	59.03 350m: 6:38.45	1:00.20
100m: 1:43.23 55.07	200m: 3:40.01	59.03 300m: 5:38.25	59.21 400m: 7:31.19	52.74
2. WOLNIEWICZ Janusz	76	KS Extreme Team Oborniki	<b>8:19.21</b>	239
50m: 53.50 53.50	150m: 2:56.83	1:02.97 250m: 5:06.12	1:05.37 350m: 7:16.93	1:05.02
100m: 1:53.86 1:00.36	200m: 4:00.75	1:03.92 300m: 6:11.91	1:05.79 400m: 8:19.21	1:02.28