

ZIMOWE MISTRZOSTWA KLUBU MKP BOBRY DĚBICA  
DĚbica, 11. - 12.12.2010

Konkurencja 34  
2010-12-12 - 11:05

Męczyzn, 400m dowolny

Open  
Wyniki

Punkty: FINA 2008

| Pozycja                         |                  |         | Rok ur. |                    |         |       |       | Czas           | Pkt.  |
|---------------------------------|------------------|---------|---------|--------------------|---------|-------|-------|----------------|-------|
| <b>2000 i m<sup>3</sup>odsi</b> |                  |         |         |                    |         |       |       |                |       |
| 1.                              | KOWALSKI Karol   |         | 00      | Unia Busko-Zdrój   |         |       |       | <b>5:39.75</b> | 264   |
|                                 | 50m:             | 37.27   | 37.27   | 150m:              | 2:03.15 | 43.70 | 250m: | 3:30.08        | 43.36 |
|                                 | 100m:            | 1:19.45 | 42.18   | 200m:              | 2:46.72 | 43.57 | 300m: | 4:14.22        | 44.14 |
|                                 |                  |         |         | 350m:              | 4:59.11 | 44.89 | 400m: | 5:39.75        | 40.64 |
| 2.                              | BANASZAK Patryk  |         | 00      | Toruńczyk Toruń    |         |       |       | <b>5:56.28</b> | 229   |
|                                 | 50m:             | 37.99   | 37.99   | 150m:              | 2:05.59 | 45.20 | 250m: | 3:37.88        | 46.53 |
|                                 | 100m:            | 1:20.39 | 42.40   | 200m:              | 2:51.35 | 45.76 | 300m: | 4:24.61        | 46.73 |
|                                 |                  |         |         | 350m:              | 5:11.13 | 46.52 | 400m: | 5:56.28        | 45.15 |
| 3.                              | KOWALIK Krystian |         | 00      | Korona-Swim Kielce |         |       |       | <b>6:20.50</b> | 188   |
|                                 | 50m:             | 39.81   | 39.81   | 150m:              | 2:16.29 | 48.77 | 250m: | 3:55.32        | 49.17 |
|                                 | 100m:            | 1:27.52 | 47.71   | 200m:              | 3:06.15 | 49.86 | 300m: | 4:43.83        | 48.51 |
|                                 |                  |         |         | 350m:              | 5:32.25 | 48.42 | 400m: | 6:20.50        | 48.25 |
| 4.                              | ROGALA Kewin     |         | 00      | Fala Ropczyce      |         |       |       | <b>6:26.54</b> | 179   |
|                                 | 50m:             | 41.40   | 41.40   | 150m:              | 2:17.39 | 49.43 | 250m: | 3:58.28        | 50.34 |
|                                 | 100m:            | 1:27.96 | 46.56   | 200m:              | 3:07.94 | 50.55 | 300m: | 4:49.65        | 51.37 |
|                                 |                  |         |         | 350m:              | 5:39.31 | 49.66 | 400m: | 6:26.54        | 47.23 |

Rocznik 1998 - 1999

|    |                   |         |       |                       |         |       |       |                |       |
|----|-------------------|---------|-------|-----------------------|---------|-------|-------|----------------|-------|
| 1. | BUJAK Dominik     |         | 99    | Korona-Swim Kielce    |         |       |       | <b>5:03.41</b> | 370   |
|    | 50m:              | 33.17   | 33.17 | 150m:                 | 1:49.89 | 38.68 | 250m: | 3:07.64        | 39.02 |
|    | 100m:             | 1:11.21 | 38.04 | 200m:                 | 2:28.62 | 38.73 | 300m: | 3:46.78        | 39.14 |
|    |                   |         |       | 350m:                 | 4:25.50 | 38.72 | 400m: | 5:03.41        | 37.91 |
| 2. | KULESZYŃSKI Dawid |         | 98    | MMKS Kędzierzyn-KoŃle |         |       |       | <b>5:16.80</b> | 325   |
|    | 50m:              | 35.28   | 35.28 | 150m:                 | 1:54.48 | 40.23 | 250m: | 3:16.97        | 41.81 |
|    | 100m:             | 1:14.25 | 38.97 | 200m:                 | 2:35.16 | 40.68 | 300m: | 3:57.65        | 40.68 |
|    |                   |         |       | 350m:                 | 4:38.26 | 40.61 | 400m: | 5:16.80        | 38.54 |
| 3. | GAWRON Gerard     |         | 98    | Ikar Mielec           |         |       |       | <b>5:20.73</b> | 313   |
|    | 50m:              | 36.41   | 36.41 | 150m:                 | 1:58.62 | 41.14 | 250m: | 3:20.24        | 40.83 |
|    | 100m:             | 1:17.48 | 41.07 | 200m:                 | 2:39.41 | 40.79 | 300m: | 4:01.60        | 41.36 |
|    |                   |         |       | 350m:                 | 4:42.16 | 40.56 | 400m: | 5:20.73        | 38.57 |
| 4. | KIPA Jakub        |         | 98    | Ikar Mielec           |         |       |       | <b>5:33.63</b> | 278   |
|    | 50m:              | 36.28   | 36.28 | 150m:                 | 1:58.74 | 42.17 | 250m: | 3:24.96        | 43.41 |
|    | 100m:             | 1:16.57 | 40.29 | 200m:                 | 2:41.55 | 42.81 | 300m: | 4:08.57        | 43.61 |
|    |                   |         |       | 350m:                 | 4:51.60 | 43.03 | 400m: | 5:33.63        | 42.03 |
| 5. | CIOŃ Filip        |         | 98    | Bobry Debica          |         |       |       | <b>5:41.39</b> | 260   |
|    | 50m:              | 38.76   | 38.76 | 150m:                 | 2:05.48 | 43.73 | 250m: | 3:33.31        | 43.55 |
|    | 100m:             | 1:21.75 | 42.99 | 200m:                 | 2:49.76 | 44.28 | 300m: | 4:17.27        | 43.96 |
|    |                   |         |       | 350m:                 | 5:01.42 | 44.15 | 400m: | 5:41.39        | 39.97 |
| 6. | WAWRO WOJCIECH    |         | 98    | MOTYL Stalowa Wola    |         |       |       | <b>5:43.69</b> | 255   |
|    | 50m:              | 37.02   | 37.02 | 150m:                 | 2:03.96 | 44.55 | 250m: | 3:33.77        | 44.70 |
|    | 100m:             | 1:19.41 | 42.39 | 200m:                 | 2:49.07 | 45.11 | 300m: | 4:18.25        | 44.48 |
|    |                   |         |       | 350m:                 | 5:02.98 | 44.73 | 400m: | 5:43.69        | 40.71 |
| 7. | PIKIEL Dominik    |         | 98    | ASD Rzeszów           |         |       |       | <b>5:49.54</b> | 242   |
|    | 50m:              | 38.90   | 38.90 | 150m:                 | 2:06.20 | 44.27 | 250m: | 3:34.96        | 44.58 |
|    | 100m:             | 1:21.93 | 43.03 | 200m:                 | 2:50.38 | 44.18 | 300m: | 4:19.89        | 44.93 |
|    |                   |         |       | 350m:                 | 5:05.07 | 45.18 | 400m: | 5:49.54        | 44.47 |

Rocznik 1996 - 1997

|    |                      |         |       |                       |         |       |       |                |       |
|----|----------------------|---------|-------|-----------------------|---------|-------|-------|----------------|-------|
| 1. | KOWALSKI Patryk      |         | 97    | Unia Busko-Zdrój      |         |       |       | <b>4:35.12</b> | 496   |
|    | 50m:                 | 31.24   | 31.24 | 150m:                 | 1:41.27 | 35.34 | 250m: | 2:51.98        | 35.48 |
|    | 100m:                | 1:05.93 | 34.69 | 200m:                 | 2:16.50 | 35.23 | 300m: | 3:27.19        | 35.21 |
|    |                      |         |       | 350m:                 | 4:01.78 | 34.59 | 400m: | 4:35.12        | 33.34 |
| 2. | BUJAK Piotr          |         | 97    | Korona-Swim Kielce    |         |       |       | <b>4:36.37</b> | 490   |
|    | 50m:                 | 31.43   | 31.43 | 150m:                 | 1:41.96 | 35.76 | 250m: | 2:53.84        | 35.84 |
|    | 100m:                | 1:06.20 | 34.77 | 200m:                 | 2:18.00 | 36.04 | 300m: | 3:29.19        | 35.35 |
|    |                      |         |       | 350m:                 | 4:04.17 | 34.98 | 400m: | 4:36.37        | 32.20 |
| 3. | MACHOWSKI Filip      |         | 97    | Ikar Mielec           |         |       |       | <b>4:51.87</b> | 416   |
|    | 50m:                 | 32.02   | 32.02 | 150m:                 | 1:45.60 | 37.23 | 250m: | 3:00.55        | 37.61 |
|    | 100m:                | 1:08.37 | 36.35 | 200m:                 | 2:22.94 | 37.34 | 300m: | 3:38.23        | 37.68 |
|    |                      |         |       | 350m:                 | 4:15.81 | 37.58 | 400m: | 4:51.87        | 36.06 |
| 4. | WAŁKOWSKI Przemysław |         | 96    | MMKS Kędzierzyn-KoŃle |         |       |       | <b>5:01.48</b> | 377   |
|    | 50m:                 | 32.50   | 32.50 | 150m:                 | 1:47.95 | 38.70 | 250m: | 3:06.88        | 39.15 |
|    | 100m:                | 1:09.25 | 36.75 | 200m:                 | 2:27.73 | 39.78 | 300m: | 3:46.38        | 39.50 |
|    |                      |         |       | 350m:                 | 4:26.30 | 39.92 | 400m: | 5:01.48        | 35.18 |

ZIMOWE MISTRZOSTWA KLUBU MKP BOBRY DĘBICA  
Dębica, 11. - 12.12.2010

Konkurencja 34, Ch<sup>3</sup>opców, 400m dowolny, Roczniak 1996 - 1997

| Pozycja            | Rok ur.                  |       |       |         |       |       |         |       | Czas           | Pkt.    |       |
|--------------------|--------------------------|-------|-------|---------|-------|-------|---------|-------|----------------|---------|-------|
| 5. BUCE Bartłomiej | 97 Ikar Mielec           |       |       |         |       |       |         |       | <b>5:05.88</b> | 361     |       |
| 50m:               | 32.80                    | 32.80 | 150m: | 1:49.55 | 38.57 | 250m: | 3:08.87 | 39.65 | 350m:          | 4:28.70 | 39.93 |
| 100m:              | 1:10.98                  | 38.18 | 200m: | 2:29.22 | 39.67 | 300m: | 3:48.77 | 39.90 | 400m:          | 5:05.88 | 37.18 |
| 6. PŁOSKOŃ RAFAŁ   | 97 MOTYL Stalowa Wola    |       |       |         |       |       |         |       | <b>5:12.60</b> | 338     |       |
| 50m:               | 34.42                    | 34.42 | 150m: | 1:51.97 | 39.17 | 250m: | 3:13.24 | 40.70 | 350m:          | 4:33.85 | 39.97 |
| 100m:              | 1:12.80                  | 38.38 | 200m: | 2:32.54 | 40.57 | 300m: | 3:53.88 | 40.64 | 400m:          | 5:12.60 | 38.75 |
| 7. RYBAK Łukasz    | 96 MMKS Kędzierzyn-Koźle |       |       |         |       |       |         |       | <b>5:13.73</b> | 335     |       |
| 50m:               | 35.40                    | 35.40 | 150m: | 1:55.46 | 40.60 | 250m: | 3:16.64 | 40.60 | 350m:          | 4:37.30 | 40.15 |
| 100m:              | 1:14.86                  | 39.46 | 200m: | 2:36.04 | 40.58 | 300m: | 3:57.15 | 40.51 | 400m:          | 5:13.73 | 36.43 |

Roczniak 1994 - 1995

|                 |                |       |       |         |       |       |         |       |                |         |       |
|-----------------|----------------|-------|-------|---------|-------|-------|---------|-------|----------------|---------|-------|
| 1. ŹUCZEK Piotr | 94 Ikar Mielec |       |       |         |       |       |         |       | <b>4:24.63</b> | 558     |       |
| 50m:            | 29.89          | 29.89 | 150m: | 1:35.30 | 32.81 | 250m: | 2:42.34 | 33.50 | 350m:          | 3:51.04 | 34.38 |
| 100m:           | 1:02.49        | 32.60 | 200m: | 2:08.84 | 33.54 | 300m: | 3:16.66 | 34.32 | 400m:          | 4:24.63 | 33.59 |

1993 i starsi

|                       |                 |       |       |         |       |       |         |       |                |         |       |
|-----------------------|-----------------|-------|-------|---------|-------|-------|---------|-------|----------------|---------|-------|
| 1. SKRZYPCZAK Jakub   | 93 Ikar Mielec  |       |       |         |       |       |         |       | <b>4:15.68</b> | 619     |       |
| 50m:                  | 29.75           | 29.75 | 150m: | 1:35.67 | 33.06 | 250m: | 2:40.94 | 32.14 | 350m:          | 3:45.14 | 31.94 |
| 100m:                 | 1:02.61         | 32.86 | 200m: | 2:08.80 | 33.13 | 300m: | 3:13.20 | 32.26 | 400m:          | 4:15.68 | 30.54 |
| 2. KOŁODZIEJ Szczepan | 93 Bobry Debica |       |       |         |       |       |         |       | <b>4:35.10</b> | 497     |       |
| 50m:                  | 31.35           | 31.35 | 150m: | 1:41.28 | 35.07 | 250m: | 2:51.68 | 35.01 | 350m:          | 4:02.09 | 35.05 |
| 100m:                 | 1:06.21         | 34.86 | 200m: | 2:16.67 | 35.39 | 300m: | 3:27.04 | 35.36 | 400m:          | 4:35.10 | 33.01 |