

## SPONSORZY GŁÓWNI



## WSPÓŁORGANIZATORZY



### 1. SWIMMING COMPETITION TERM:

- 16-17 December 2011 (Friday and Saturday)
  - Friday  
Session 1: (Afternoon), 3:30 pm
  - Saturday  
Session 2: (Morning), 8:30 am  
Session 3: (Afternoon), 3:30 pm
- Official opening of competition: Friday, 16 December 2011, 3:20 pm
- Technical check: Club Room (on the upper level) Friday, 16 December 2011, 2:30 pm
- The organizer reserves the possibility to transfer warm-up and competition starting hour, depending on the number of registered competitors. About this fact, organizer will inform on the website no later than 13 December 2011 to 22.00 hrs.

### 2. ORGANIZERS:

- The Mayor of Dębica City Mr. Paweł Wolicki
- Interschool Swimming Club Bobry Dębica
- Dębica City Council
- Municipal Sports and Recreation Center in Dębica

### 3. PLACE OF COMPETITION:

- Swimming Pool - Municipal Sports and Recreation Center in Dębica, Piłsudskiego Street 19.

### 4. TECHNICAL INFORMATION:

- Swimming pool: 25 m, water temperature: 27,5 °C
- Time measurement: automatic (Omega)
- Number of tracks: 8

### 5. COMPETITION SPONSORS:

- Olimp-Labs – innovative nutritional supplements and vitamins
- Sport Trend - Shop for swimmers
- Hotel and Restaurant Niagara
- Vantor – Industrial building

### 6. MEDIA PATRONAGE:

- Nowiny – Gazeta codzienna
- Obserwator Lokalny
- Małopolska Telewizja Kablowa
- Radio Rzeszów
- Portal miastodebica.pl

### 7. PARTICIPATION

- In competition can take part swimmers with current medical examination, in the following categories:

Category	Age (years)	Birth year	Finals
Category I	10 years and younger	2001 and younger	Category I
Category II	11	2000	
Category III	12	1999	
Category IV	13	1998	Category II
Category V	14	1997	
Category VI	15 and older	1996 and older	Category III

## 8. COMPETITION SCHEDULE:

<b>SESSION I (3:30 PM – 16 December, 2011) AFTERNOON</b>			
<b>WOMEN</b>		<b>MEN</b>	
1	50 m Freestyle	2	50 m Freestyle
3	50 m Breaststroke	4	50 m Breaststroke
5	100 m Butterfly	6	100 m Butterfly
7	200 m Freestyle	8	200 m Freestyle
9	200 m Backstroke	10	200 m Backstroke
11	400 m Individual medley LIMIT	12	400 m Individual medley LIMIT

<b>SESSION II (8:30 AM – 17 December, 2011) MORNING</b>			
<b>WOMEN</b>		<b>MEN</b>	
13.1	100 m Freestyle ELIM	14.1	100 m Freestyle ELIM
15	50 m Butterfly	16	50 m Butterfly
17.1	200 m Individual medley ELIM	18.1	200 m Individual medley ELIM
19	50 m Backstroke	20	50 m Backstroke
21	400 m Freestyle	22	400 m Freestyle
23	200 m Breaststroke	24	200 m Breaststroke
25	4 x 50 m Freestyle	26	4 x 50 m Freestyle

<b>SESSION III (3:00 PM – 17 December, 2011) AFTERNOON</b>			
<b>WOMEN</b>		<b>MEN</b>	
13.2	100 m Freestyle FINAL	14.2	100 m Freestyle FINAL
27	100 m Backstroke	28	100 m Backstroke
17.2	200 m Individual medley FINAL	18.2	200 m Individual medley FINAL
29	100 m Breaststroke	30	100 m Breaststroke
31	800 m Freestyle LIMIT	32	800 m Freestyle LIMIT
33	4 x 50 m Individual medley	34	4 x 50 m Individual medley

## 9. TECHNICAL REGULATIONS:

- Competitions are played according to the FINA and PZP provisions.
- The competition will be carried out by series for time, starting with the weakest series (according to the times given in the declaration), without division into age categories.
- There is no limit to the number of starts for a swimmer.
- Competition 100 m freestyle and 200 m individual medley will take place by the elimination and the finals system, in the combined categories: I – III, IV - V, VI. The finals A will be played.
- Competitors swimming in categories I and II, who will be swim 800 m freestyle and 400 m individual medley will be treated as a one category (I).

- Track consists of the four following competitions:

Category I - III	Category IV and older
400 m freestyle	800 m freestyle or 400 m individual medley
200 m individual medley	200 m
100 m	100 m
50 m	50 m

Counts the sum of the points scored (FINA 2010). In events 200 m, 100 m and 50 m there is no need to swim one style.

- In competitions: 400 m individual medley and 800 m freestyle shall be introduced start up minimum:

	WOMEN	MEN
400 m individual medley	6:05.30	5:58.90
800 m freestyle	12:28.00	12:20.40

- After the competition will be published the results divided into age categories
- Relays will be played in the OPEN category

## 10. WARM-UP REGULATIONS:

- Session I 2:30 – 3:20 pm swimming pool 25 m,  
2:30 pm to the end of Session I swimming pool 50 m
- Session II 7:30 – 8:15 am swimming pool 25 m,  
7:30 am to the end of Session II swimming pool 50 m
- Session III 2:00 – 2:45 swimming pool 25 m,  
2:00 pm to the end of Session III swimming pool 50 m

## 11. PRIZES:

- Medals and diplomas for the first three places in each competition
- Medals for the first three places in the final A, diplomas for final A
- Cups for the six best clubs (scoring medal)
- Statues for the best players in the multi-discipline event in each age category, medals for the three best players (total points - FINA 2010)
- Statues for the players for total points 2 best starts (total points - FINA 2010) in each age category, medals for the three best players
- All children aged 10 years and younger receive diplomas for their participation in competitions and badge
- Drinks for competitors from the sponsor: OLIMP-LABS

- Award a surprise for the club for cheering and attire
- Medals for the first three places in relay races
- At the end of competition will be lottery, and will be lottery attractive prizes funded by the sponsor SPORT - TREND
- Personal appearance is requirement for receiving the award

## 12. FINANCIAL RULES:

- Organisational costs are covered by competition organizer
- Competitors/clubs are coming at their own cost
- Starting fee **10 PLN** for each reported start and relay
- Mandatory fee for full results list and starting list - **20 PLN**
- Clubs that will not pay due by transfer payments, they must pay in cash by the end of Session 1

## 13. APPLICATION:

- Applications for competition in electronic form should be sent to:  
[zawody@bobrydebica.wer.pl](mailto:zawody@bobrydebica.wer.pl) before **Saturday 10 December 2011**
- Applications received after this date will not be accepted into account!
- Resignations and corrections are possible to 14 December 2011, after this date fees will be taken in accordance with the application
- Invitation for download at: [www.bobrydebica.wer.pl](http://www.bobrydebica.wer.pl) or [www.omegatiming.pl](http://www.omegatiming.pl)
- The results will be presented on these pages after the completed competition
- Live results will be available on [www.omegatiming.pl](http://www.omegatiming.pl)
- A list of registered competitors for the swimming competition will be published on the above pages after 10 pm on Wednesday, 14 December 2011
- Applications in **Splash Entry Editor**
- Payments can be made to the account: **Alior Bank 80 2490 0005 0000 4500 4263 2281**, the team manager is required to submit receipt of payment to the competition organizer competition until the end of Session 1

## 14. ACCOMMODATION AND BOARD:

- Niagara Hotel – **85 PLN** per person/day (15 places), full board (3,5 km)
- Gold Hotel – **130 PLN** adult/day, **90 zł** swimmer/day, full board (0,3 km)
- Dworek Hotel – **90 PLN** per person/day (34 places), full board (1 km)
- Hotel U Jana – **85 PLN** per person/day (30 places), full board (3 km)
- You can order meals (Friday, Saturday):
- Breakfast **11 PLN**
- Dinner **18 PLN** (It is possible to order a dinner for the pool)
- Supper **11 PLN**

- Orders for accommodation and board through the electronic form, available at <http://bobrydebica.wer.pl/forma/>, please send until Sunday, 04 December 2011, the correction until Tuesday, 12 December 2011. After this date fees will be collected in accordance with the order.
- About accommodation decide order of application

#### **15. CONTACT:**

- Technical issues, application: Tomasz Dąbrowski,  
Phone: +48 600 891 032,  
E-mail: [zawody@bobrydebica.wer.pl](mailto:zawody@bobrydebica.wer.pl)
- Board and accommodation: Robert Kołodziej,  
Phone: +48 661 424 931,  
<http://bobrydebica.wer.pl/forma/>, (e-mail: [robson62-62@o2.pl](mailto:robson62-62@o2.pl))

#### **16. FINAL CLAUSES:**

- The basis for admission to the start are current medical research. For having current medical research are responsible coaches / team managers
- For discipline of the players during the competition are responsible coaches / managers of teams
- Award ceremony will take place during the competition
- The organizer invites all trainers / tutors for integration meeting, which will begin at 20.00 on Friday, 16 December 2011, in the Niagara Restaurant, Kosciuszko Street (next to City Hall)
- Registration for the competition is tantamount to accepting of these Rules
- The organizer reserves the right to use photos and video materials made during the competition to be placed on the club website and for club promotion
- In cases not covered by this communication decide competition organizers.

**MKP Bobry Dębica**  
**President**  
*Robert Kołodziej*