

Otwarte Mistrzostwa Masters Polski w pływaniu  
D bica, 14- - 16-6-2013

Event 37  
2013-06-16 - 11:00

Women, 400m Freestyle

20 - 94 years  
Results

Points: DSV Masters 04

Rank		YB		Time	Pts	100m	200m	300m	400m
<b>20 - 24 years</b>									
1.	ZADROZNA Karolina	92	Korona Krakow	<b>5:15.32</b>	520	1:15.61	1:19.73	1:21.22	1:18.76
	50m:		150m:	250m:			350m:		
	100m:	1:15.61	200m:	300m:	3:56.56		400m:	5:15.32	
2.	JAMROZIK Aleksandra	91	Korona Krakow	<b>5:32.85</b>	442	1:17.12	1:24.32	1:26.34	1:25.07
	50m:		150m:	250m:			350m:		
	100m:	1:17.12	200m:	300m:	4:07.78		400m:	5:32.85	
3.	KOSTYRA Agnieszka	90	Masters Torun	<b>5:59.43</b>	351	1:25.30	1:33.28	1:32.66	1:28.19
	50m:		150m:	250m:			350m:		
	100m:	1:25.30	200m:	300m:	4:31.24		400m:	5:59.43	
4.	KIESZEK Joanna	91	Korona Krakow	<b>6:00.43</b>	348	1:21.61	1:30.80	1:34.31	1:33.71
	50m:		150m:	250m:			350m:		
	100m:	1:21.61	200m:	300m:	4:26.72		400m:	6:00.43	
<b>25 - 29 years</b>									
1.	ORMIANIN Kamila	86	Sambor Tczew	<b>5:17.50</b>	588	1:15.68	1:21.29	1:21.28	1:19.25
	<i>Wynik lepszy od Rekordu Polski</i>								
	50m:		150m:	250m:			350m:		
	100m:	1:15.68	200m:	300m:	3:58.25		400m:	5:17.50	
2.	PALMOWSKA Paulina	85	Korona Krakow	<b>5:48.02</b>	446	1:21.81	1:30.29	1:31.06	1:24.86
	50m:		150m:	250m:			350m:		
	100m:	1:21.81	200m:	300m:	4:23.16		400m:	5:48.02	
3.	KARAS KAROLINA	87	Masters Elblag	<b>6:49.62</b>	273	1:38.42	1:44.49	1:43.83	1:42.88
	50m:		150m:	250m:			350m:		
	100m:	1:38.42	200m:	300m:	5:06.74		400m:	6:49.62	
4.	STANISLAWSKA Anna	87	Warsaw Masters	<b>6:53.22</b>	266	1:36.74	1:46.36	1:48.27	1:41.85
	50m:		150m:	250m:			350m:		
	100m:	1:36.74	200m:	300m:	5:11.37		400m:	6:53.22	
5.	SOBCZAK Agata	87	Redeco Wroclaw	<b>7:24.34</b>	214	1:41.66	1:53.45	1:56.98	1:52.25
	50m:		150m:	250m:			350m:		
	100m:	1:41.66	200m:	300m:	5:32.09		400m:	7:24.34	
<b>30 - 34 years</b>									
1.	MICHALIK Dominika	79	Masters Bialystok	<b>5:07.67</b>	661	1:13.11	1:18.39	1:19.03	1:17.14
	<i>Wynik lepszy od Rekordu Polski</i>								
	50m:		150m:	250m:			350m:		
	100m:	1:13.11	200m:	300m:	3:50.53		400m:	5:07.67	
2.	PRZYBYSZ Aleksandra	82	Masters Olsztyn	<b>6:14.37</b>	367	1:28.21	1:36.11	1:37.10	1:32.95
	50m:		150m:	250m:			350m:		
	100m:	1:28.21	200m:	300m:	4:41.42		400m:	6:14.37	
3.	MAZURKIEWICZ Agnieszka	82	Warsaw Masters	<b>6:33.27</b>	316	1:36.08	1:41.36	1:41.01	1:34.82
	50m:		150m:	250m:			350m:		
	100m:	1:36.08	200m:	300m:	4:58.45		400m:	6:33.27	
<b>35 - 39 years</b>									
1.	SOLTYK Judyta	74	AZS Almamer	<b>5:16.79</b>	604	1:14.34	1:19.74	1:21.62	1:21.09
	<i>Wynik lepszy od Rekordu Polski</i>								
	50m:		150m:	250m:			350m:		
	100m:	1:14.34	200m:	300m:	3:55.70		400m:	5:16.79	
2.	JAKUBOW Marlena	74	Redeco Wroclaw	<b>7:15.82</b>	232	1:35.21	1:52.35	1:56.82	1:51.44
	50m:		150m:	250m:			350m:		
	100m:	1:35.21	200m:	300m:	5:24.38		400m:	7:15.82	

Otwarte Mistrzostwa Masters Polski w pływaniu  
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Event 37, Women, 400m Freestyle

40 - 44 years

1. SCIBIOREK MALGORZAT/71	WOPR Ozorkow	<b>5:34.74</b> 536	1:17.21	1:24.50	1:26.97	1:26.06
50m:	150m:	250m:	350m:			
100m: 1:17.21	200m: 2:41.71	300m: 4:08.68	400m: 5:34.74			
2. JANECZKO Anna	72 Korona Krakow	<b>6:43.14</b> 307	1:33.00	1:43.70	1:45.74	1:40.70
50m:	150m:	250m:	350m:			
100m: 1:33.00	200m: 3:16.70	300m: 5:02.44	400m: 6:43.14			
3. GROCHOWSKA Agata	69 Redeco Wroclaw	<b>7:39.28</b> 207	1:46.49	2:00.30	2:00.04	1:52.45
50m:	150m:	250m:	350m:			
100m: 1:46.49	200m: 3:46.79	300m: 5:46.83	400m: 7:39.28			
4. PIECHURA Malgorzata	73 niezrzeszeni.pl	<b>8:24.99</b> 156	1:54.21	2:07.22	2:14.58	2:08.98
50m:	150m:	250m:	350m:			
100m: 1:54.21	200m: 4:01.43	300m: 6:16.01	400m: 8:24.99			
5. WYTRWAL Barbara	70 Tarnowskie WOPR Master	<b>11:31.64</b> 60	2:52.93	2:58.43	2:59.95	2:40.33
50m:	150m:	250m:	350m:			
100m: 2:52.93	200m: 5:51.36	300m: 8:51.31	400m: 11:31.64			

45 - 49 years

1. SERBIN Malgorzata	66 MKP Szczecin	<b>5:16.50</b> 793	1:14.41	1:19.35	1:21.57	1:21.17
50m:	150m:	250m:	350m:			
100m: 1:14.41	200m: 2:33.76	300m: 3:55.33	400m: 5:16.50			
2. GOZDZIEJEWSKA Anna	67 Masters Olsztyn	<b>6:04.64</b> 518	1:26.23	1:34.52	1:34.03	1:29.86
50m:	150m:	250m:	350m:			
100m: 1:26.23	200m: 3:00.75	300m: 4:34.78	400m: 6:04.64			
3. KOTECKA ANNA	65 Warta Poznan	<b>6:17.11</b> 468	1:27.97	1:34.74	1:37.72	1:36.68
50m:	150m:	250m:	350m:			
100m: 1:27.97	200m: 3:02.71	300m: 4:40.43	400m: 6:17.11			

50 - 54 years

1. SZALA Ewa	59 KP Kozioglowy	<b>6:13.79</b> 565	1:26.96	1:36.25	1:36.41	1:34.17
50m:	150m:	250m:	350m:			
100m: 1:26.96	200m: 3:03.21	300m: 4:39.62	400m: 6:13.79			
2. MYSIK Katarzyna	61 Gdynia Masters	<b>6:52.02</b> 422	1:35.35	1:46.86	1:48.44	1:41.37
50m:	150m:	250m:	350m:			
100m: 1:35.35	200m: 3:22.21	300m: 5:10.65	400m: 6:52.02			
3. WASILEWICZ Joanna	59 Masters Bialystok	<b>7:05.64</b> 382	1:38.48	1:49.85	1:50.16	1:47.15
50m:	150m:	250m:	350m:			
100m: 1:38.48	200m: 3:28.33	300m: 5:18.49	400m: 7:05.64			
4. WAWER Matylda Katarzyn	60 niezrzeszeni.pl	<b>7:38.06</b> 307	1:43.60	1:56.37	2:00.07	1:58.02
50m:	150m:	250m:	350m:			
100m: 1:43.60	200m: 3:39.97	300m: 5:40.04	400m: 7:38.06			

55 - 59 years

1. LEGUTKO Miroslawa	57 Korona Krakow	<b>7:03.37</b> 488	1:36.93	1:49.70	1:50.12	1:46.62
50m:	150m:	250m:	350m:			
100m: 1:36.93	200m: 3:26.63	300m: 5:16.75	400m: 7:03.37			
2. BENOVA Dana	56 Triva Praha	<b>9:14.12</b> 218	2:11.40	2:20.89	2:23.53	2:18.30
50m:	150m:	250m:	350m:			
100m: 2:11.40	200m: 4:32.29	300m: 6:55.82	400m: 9:14.12			

65 - 69 years

1. YLIENE Aleksandra	48 Takas	<b>8:40.91</b> 316	2:02.10	2:15.57	2:15.17	2:08.07
50m:	150m:	250m:	350m:			
100m: 2:02.10	200m: 4:17.67	300m: 6:32.84	400m: 8:40.91			
2. MLECZKO Maria	46 Korona Krakow	<b>11:35.68</b> 132	2:45.06	3:01.98	3:02.90	2:45.74
50m:	150m:	250m:	350m:			
100m: 2:45.06	200m: 5:47.04	300m: 8:49.94	400m: 11:35.68			

Otwarte Mistrzostwa Masters Polski w pływaniu  
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Event 37, Women, 400m Freestyle

80 - 84 years

1. WALKOWICZ Urszula	32	Wodnik 29 Katowice	<b>11:48.54</b>	285	2:47.54	3:01.30	3:06.14	2:53.56
50m:		150m:	250m:		350m:			
100m: 2:47.54		200m: 5:48.84	300m: 8:54.98		400m: 11:48.54			