

Podlaski Sprawdzian Wytrzymałości o Puchar Prezydenta Miasta Suwałk  
Suwałki, 16-11-2012

Konkurencja 11  
2012-11-16 - 13:10

Dziewcząt, 400m dowolny

11 lat i młodszy  
Wyniki

Punkty: FINA 2012

Pozycja			Rok ur.					Czas	Pkt.		
<b>11 lat</b>											
1.	EKAŁO Julia		01	BARRACUDA Białystok				<b>5:24.96</b>	377		
	50m:	36.87 36.87	150m:	2:00.10	41.83	250m:	3:24.36	41.80	350m:	4:46.90	41.58
	100m:	1:18.27 41.40	200m:	2:42.56	42.46	300m:	4:05.32	40.96	400m:	5:24.96	38.06
2.	KOWALCZUK Wiktoria		01	Juwenia Białystok				<b>5:26.18</b>	373		
	50m:	37.70 37.70	150m:	2:00.52	41.80	250m:	3:24.58	41.21	350m:	4:47.54	41.18
	100m:	1:18.72 41.02	200m:	2:43.37	42.85	300m:	4:06.36	41.78	400m:	5:26.18	38.64
3.	ROGOWSKA Paulina		01	Juwenia Białystok				<b>5:40.42</b>	328		
	50m:	38.94 38.94	150m:	2:04.45	43.33	250m:	3:31.86	44.16	350m:	5:00.33	44.47
	100m:	1:21.12 42.18	200m:	2:47.70	43.25	300m:	4:15.86	44.00	400m:	5:40.42	40.09
4.	SZYMBORSKA Dominika		01	Juwenia Białystok				<b>5:44.71</b>	316		
	50m:	36.27 36.27	150m:	2:02.80	44.37	250m:	3:31.07	44.83	350m:	5:00.01	44.35
	100m:	1:18.43 42.16	200m:	2:46.24	43.44	300m:	4:15.66	44.59	400m:	5:44.71	44.70
5.	AUGUSTYNIAK Martyna		01	Juwenia Białystok				<b>5:45.50</b>	314		
	50m:	37.58 37.58	150m:	2:05.19	44.45	250m:	3:34.51	44.86	350m:	5:04.13	44.87
	100m:	1:20.74 43.16	200m:	2:49.65	44.46	300m:	4:19.26	44.75	400m:	5:45.50	41.37
6.	CIRUK Joanna		01	MUKS Olimpijczyk Suwałki				<b>5:51.23</b>	299		
	50m:	39.78 39.78	150m:	2:06.48	44.29	250m:	3:36.88	44.87	350m:	5:08.54	45.66
	100m:	1:22.19 42.41	200m:	2:52.01	45.53	300m:	4:22.88	46.00	400m:	5:51.23	42.69
7.	SERAFIN Julia		01	Juwenia Białystok				<b>5:51.85</b>	297		
	50m:	39.49 39.49	150m:	2:07.96	45.34	250m:	3:38.39	45.30	350m:	5:10.75	46.67
	100m:	1:22.62 43.13	200m:	2:53.09	45.13	300m:	4:24.08	45.69	400m:	5:51.85	41.10
8.	JAKOWICKA Aleksandra		01	BARRACUDA Białystok				<b>5:55.44</b>	288		
	50m:	37.99 37.99	150m:	2:08.61	45.78	250m:	3:39.64	45.53	350m:	5:12.00	46.02
	100m:	1:22.83 44.84	200m:	2:54.11	45.50	300m:	4:25.98	46.34	400m:	5:55.44	43.44
9.	TYMI SKA Rozalia		01	Juwenia Białystok				<b>6:11.30</b>	253		
	50m:	42.36 42.36	150m:	2:17.36	47.89	250m:	3:52.65	47.68	350m:	5:27.59	47.55
	100m:	1:29.47 47.11	200m:	3:04.97	47.61	300m:	4:40.04	47.39	400m:	6:11.30	43.71
10.	CHA KO Dominika		01	Juwenia Białystok				<b>6:25.47</b>	226		
	50m:	43.50 43.50	150m:	2:20.43	49.62	250m:	4:00.39	49.78	350m:	5:39.47	49.46
	100m:	1:30.81 47.31	200m:	3:10.61	50.18	300m:	4:50.01	49.62	400m:	6:25.47	46.00
11.	PETELSKA Julia		01	Juwenia Białystok				<b>6:26.93</b>	223		
	50m:	41.80 41.80	150m:	2:19.28	50.30	250m:	4:00.63	50.28	350m:	5:40.37	49.61
	100m:	1:28.98 47.18	200m:	3:10.35	51.07	300m:	4:50.76	50.13	400m:	6:26.93	46.56
12.	CZERNAWSKA Weronika		01	Juwenia Białystok				<b>6:34.21</b>	211		
	50m:	43.50 43.50	150m:	2:20.70	48.85	250m:	4:03.42	52.38	350m:	5:46.16	51.80
	100m:	1:31.85 48.35	200m:	3:11.04	50.34	300m:	4:54.36	50.94	400m:	6:34.21	48.05
13.	SŁAWI SKA Natalia		01	MUKS Olimpijczyk Suwałki				<b>6:35.02</b>	210		
	50m:	41.97 41.97	150m:	2:22.05	50.50	250m:	4:03.97	50.81	350m:		
	100m:	1:31.55 49.58	200m:	3:13.16	51.11	300m:	4:55.95	51.98	400m:	6:35.02	
14.	MAJEWSKA Matylda		01	Juwenia Białystok				<b>6:35.29</b>	209		
	50m:	45.16 45.16	150m:	2:24.58	50.88	250m:	4:05.76	50.28	350m:		
	100m:	1:33.70 48.54	200m:	3:15.48	50.90	300m:	4:57.77	52.01	400m:	6:35.29	
15.	ONOSZKO KINGA		01	Uks Omega Sokółka				<b>6:38.95</b>	204		
	50m:	42.66 42.66	150m:	2:22.56	50.51	250m:	4:06.28	51.60	350m:	5:51.70	52.76
	100m:	1:32.05 49.39	200m:	3:14.68	52.12	300m:	4:58.94	52.66	400m:	6:38.95	47.25
16.	KOWALEWSKA Natalia		01	MUKS Olimpijczyk Suwałki				<b>6:49.38</b>	188		
	50m:	46.27 46.27	150m:	2:30.69	53.12	250m:	4:15.39	52.65	350m:		
	100m:	1:37.57 51.30	200m:	3:22.74	52.05	300m:	5:08.08	52.69	400m:	6:49.38	
17.	FERENC Zuzanna		01	MUKS Olimpijczyk Suwałki				<b>6:59.52</b>	175		
	50m:	44.73 44.73	150m:	2:32.00	54.61	250m:	4:20.93	55.83	350m:	6:10.10	54.17
	100m:	1:37.39 52.66	200m:	3:25.10	53.10	300m:	5:15.93	55.00	400m:	6:59.52	49.42

Podlaski Sprawdzian Wytrzymałości o Puchar Prezydenta Miasta Suwałk  
Suwałki, 16-11-2012

Konkurencja 11, Dziewcz. t, 400m dowolny, 11 lat

Pozycja			Rok ur.					Czas	Pkt.		
18.	KOWALEWSKA Aleksandra		01	MUKS Olimpijczyk Suwałki				<b>6:59.77</b>	175		
	50m:	45.94 45.94	150m:	2:32.22	53.86	250m:	4:21.42	54.61	350m:	6:10.88	54.49
	100m:	1:38.36 52.42	200m:	3:26.81	54.59	300m:	5:16.39	54.97	400m:	6:59.77	48.89
19.	BORKOWSKA Bogumiła		01	MUKS Olimpijczyk Suwałki				<b>7:01.77</b>	172		
	50m:	47.57 47.57	150m:	2:34.04	53.64	250m:	4:24.18	55.19	350m:	6:10.12	52.08
	100m:	1:40.40 52.83	200m:	3:28.99	54.95	300m:	5:18.04	53.86	400m:	7:01.77	51.65
20.	PIANKO Wiktoria		01	MUKS Olimpijczyk Suwałki				<b>7:04.45</b>	169		
	50m:	46.97 46.97	150m:	2:34.18	53.59	250m:	4:25.12	54.71	350m:	6:13.16	53.74
	100m:	1:40.59 53.62	200m:	3:30.41	56.23	300m:	5:19.42	54.30	400m:	7:04.45	51.29
21.	URKOWSKA Weronika		01	MUKS Olimpijczyk Suwałki				<b>7:17.70</b>	154		
	50m:	47.84 47.84	150m:	2:39.06	56.22	250m:	4:31.97	56.76	350m:	6:24.03	56.38
	100m:	1:42.84 55.00	200m:	3:35.21	56.15	300m:	5:27.65	55.68	400m:	7:17.70	53.67
22.	LISOWSKA Natalia Kinga		01	MUKS Olimpijczyk Suwałki				<b>7:28.49</b>	143		
	50m:	48.29 48.29	150m:	2:40.42	56.63	250m:	4:35.72	57.79	350m:		
	100m:	1:43.79 55.50	200m:	3:37.93	57.51	300m:	5:34.16	58.44	400m:	7:28.49	
23.	REGUCKA Julia		01	MUKS Olimpijczyk Suwałki				<b>7:51.22</b>	123		
	50m:	50.65 50.65	150m:	2:53.50	1:02.19	250m:	4:59.93	1:04.34	350m:	7:02.39	1:01.52
	100m:	1:51.31 1:00.66	200m:	3:55.59	1:02.09	300m:	6:00.87	1:00.94	400m:	7:51.22	48.83