

Podlaski Sprawdzian Wytrzymałości o Puchar Prezydenta Miasta Suwałk
Suwałki, 16-11-2012

Konkurencja 12
2012-11-16 - 13:35

Chłopców, 400m dowolny

11 lat i młodsi
Wyniki

Punkty: FINA 2012

Pozycja			Rok ur.					Czas	Pkt.
10 lat i młodsi									
1.	RE KO KONRAD		02	Uks Omega Sokółka				5:40.46	244
	50m: 37.94	37.94	150m: 2:04.40	43.46	250m: 3:33.06	44.20	350m: 5:00.72	43.80	
	100m: 1:20.94	43.00	200m: 2:48.86	44.46	300m: 4:16.92	43.86	400m: 5:40.46	39.74	
2.	WOJGIENICA Michał		02	MKS Medyk Gi ycko				5:58.40	209
	50m: 39.37	39.37	150m: 2:10.44	46.38	250m: 3:42.58	46.39	350m: 5:14.14	45.33	
	100m: 1:24.06	44.69	200m: 2:56.19	45.75	300m: 4:28.81	46.23	400m: 5:58.40	44.26	
3.	WORONKO Krzysztof		02	MKS Medyk Gi ycko				6:01.03	204
	50m: 38.72	38.72	150m: 2:09.16	46.12	250m: 3:43.00	47.24	350m: 5:15.32	46.03	
	100m: 1:23.04	44.32	200m: 2:55.76	46.60	300m: 4:29.29	46.29	400m: 6:01.03	45.71	
4.	BEDENICZUK Szymon		02	Juvenia Białystok				6:11.58	187
	50m: 42.37	42.37	150m: 2:15.44	46.39	250m: 3:50.20	47.33	350m: 5:22.58	46.07	
	100m: 1:29.05	46.68	200m: 3:02.87	47.43	300m: 4:36.51	46.31	400m: 6:11.58	49.00	
11 lat									
1.	SINKIEWICZ Paweł		01	MUKS Olimpijczyk Suwałki				5:31.91	263
	50m: 37.28	37.28	150m: 1:59.45	41.28	250m: 3:24.16	42.47	350m: 4:48.58	42.68	
	100m: 1:18.17	40.89	200m: 2:41.69	42.24	300m: 4:05.90	41.74	400m: 5:31.91	43.33	
2.	SOBOCI SKI Piotr		01	Juvenia Białystok				5:39.53	246
	50m: 38.24	38.24	150m: 2:03.96	43.41	250m: 3:30.37	42.86	350m: 4:56.82	43.15	
	100m: 1:20.55	42.31	200m: 2:47.51	43.55	300m: 4:13.67	43.30	400m: 5:39.53	42.71	
3.	MASŁOWSKI Hubert		01	BARRACUDA Białystok				5:40.26	244
	50m: 39.84	39.84	150m: 2:07.37	44.05	250m: 3:34.49	43.51	350m: 5:01.95	44.00	
	100m: 1:23.32	43.48	200m: 2:50.98	43.61	300m: 4:17.95	43.46	400m: 5:40.26	38.31	
4.	AUGUSTYNOWICZ Michał		01	Juvenia Białystok				5:44.05	236
	50m: 39.84	39.84	150m: 2:07.88	43.96	250m: 3:37.40	44.70	350m: 5:04.90	43.49	
	100m: 1:23.92	44.08	200m: 2:52.70	44.82	300m: 4:21.41	44.01	400m: 5:44.05	39.15	
5.	SIDORCZUK Hubert		01	Juvenia Białystok				5:50.80	223
	50m: 39.22	39.22	150m: 2:05.77	43.91	250m: 3:37.59	45.77	350m: 5:07.76	45.00	
	100m: 1:21.86	42.64	200m: 2:51.82	46.05	300m: 4:22.76	45.17	400m: 5:50.80	43.04	
6.	GARDOCKI Szymon		01	Juvenia Białystok				5:51.85	221
	50m: 38.36	38.36	150m: 2:05.89	44.80	250m: 3:36.59	45.50	350m: 5:06.48	43.72	
	100m: 1:21.09	42.73	200m: 2:51.09	45.20	300m: 4:22.76	46.17	400m: 5:51.85	45.37	
7.	FRONC Jakub		01	BARRACUDA Białystok				5:59.60	207
	50m: 38.49	38.49	150m: 2:09.38	46.24	250m: 3:42.30	46.67	350m: 5:12.78	45.16	
	100m: 1:23.14	44.65	200m: 2:55.63	46.25	300m: 4:27.62	45.32	400m: 5:59.60	46.82	
8.	ZALESKI Kacper		01	Juvenia Białystok				6:03.49	200
	50m: 42.16	42.16	150m: 2:11.96	45.80	250m: 3:45.14	46.47	350m: 5:17.87	45.77	
	100m: 1:26.16	44.00	200m: 2:58.67	46.71	300m: 4:32.10	46.96	400m: 6:03.49	45.62	
9.	SAC Sebastian		01	Juvenia Białystok				6:04.29	199
	50m: 40.95	40.95	150m: 2:12.44	46.50	250m: 3:44.88	46.02	350m: 5:18.72	46.70	
	100m: 1:25.94	44.99	200m: 2:58.86	46.42	300m: 4:32.02	47.14	400m: 6:04.29	45.57	
10.	KALINOWSKI Jakub		01	Juvenia Białystok				6:07.63	193
	50m: 41.58	41.58	150m: 2:15.14	47.19	250m: 3:49.43	47.23	350m: 5:23.79	48.42	
	100m: 1:27.95	46.37	200m: 3:02.20	47.06	300m: 4:35.37	45.94	400m: 6:07.63	43.84	
11.	BORKOWSKI Mateusz		01	MUKS Olimpijczyk Suwałki				6:11.59	187
	50m: 41.19	41.19	150m: 2:14.46	46.63	250m: 3:51.24	48.00	350m: 5:27.59	48.02	
	100m: 1:27.83	46.64	200m: 3:03.24	48.78	300m: 4:39.57	48.33	400m: 6:11.59	44.00	
12.	MARKUSZEWSKI Kacper		01	Juvenia Białystok				6:12.89	185
	50m: 43.06	43.06	150m: 2:18.86	48.29	250m: 3:54.33	47.26	350m: 5:27.60	46.33	
	100m: 1:30.57	47.51	200m: 3:07.07	48.21	300m: 4:41.27	46.94	400m: 6:12.89	45.29	

Podlaski Sprawdzian Wytrzymałości o Puchar Prezydenta Miasta Suwałk
Suwałki, 16-11-2012

Konkurencja 12, Chłopców, 400m dowolny, 11 lat

Pozycja	Rok ur.								Czas	Pkt.
13.	WRONOWSKI Igor		01	MUKS Olimpijczyk Suwałki				6:18.03	178	
	50m:	43.15 43.15	150m:	2:17.59	47.82	250m:	3:54.45 47.44	350m:	5:30.46 48.03	
	100m:	1:29.77 46.62	200m:	3:07.01	49.42	300m:	4:42.43 47.98	400m:	6:18.03 47.57	
14.	MOCZYDŁOWSKI Maciej		01	Juvenia Białystok				6:19.29	176	
	50m:	42.05 42.05	150m:	2:18.65	48.81	250m:	3:55.98 47.14	350m:	5:30.99 48.71	
	100m:	1:29.84 47.79	200m:	3:08.84	50.19	300m:	4:42.28 46.30	400m:	6:19.29 48.30	
15.	CIE LUKOWSKI Wojciech		01	MUKS Olimpijczyk Suwałki				6:21.39	173	
	50m:	43.17 43.17	150m:	2:22.44	49.56	250m:	4:00.22 49.33	350m:	5:36.14 47.33	
	100m:	1:32.88 49.71	200m:	3:10.89	48.45	300m:	4:48.81 48.59	400m:	6:21.39 45.25	
16.	BIAŁOSZEWSKI Jakub		01	Juvenia Białystok				6:26.70	166	
	50m:	41.62 41.62	150m:	2:19.15	49.34	250m:	3:58.50 49.77	350m:	5:37.65 49.13	
	100m:	1:29.81 48.19	200m:	3:08.73	49.58	300m:	4:48.52 50.02	400m:	6:26.70 49.05	
17.	WRÓBLEWSKI Jakub		01	MUKS Olimpijczyk Suwałki				6:37.85	152	
	50m:	42.16 42.16	150m:	2:20.72	50.00	250m:	4:06.63 52.78	350m:	5:52.09 53.14	
	100m:	1:30.72 48.56	200m:	3:13.85	53.13	300m:	4:58.95 52.32	400m:	6:37.85 45.76	
18.	DOJLIDO Jakub		01	MUKS Olimpijczyk Suwałki				6:43.76	146	
	50m:	45.71 45.71	150m:	2:27.76	52.25	250m:	4:11.94 51.67	350m:	5:53.91 50.52	
	100m:	1:35.51 49.80	200m:	3:20.27	52.51	300m:	5:03.39 51.45	400m:	6:43.76 49.85	
19.	BUTKIEWICZ Jakub		01	MUKS Olimpijczyk Suwałki				7:00.32	129	
	50m:	46.41 46.41	150m:	2:32.24	53.30	250m:	4:19.08 54.06	350m:	6:10.70 57.03	
	100m:	1:38.94 52.53	200m:	3:25.02	52.78	300m:	5:13.67 54.59	400m:	7:00.32 49.62	
20.	PODZIEWSKI Mateusz		01	MUKS Olimpijczyk Suwałki				7:03.60	126	
	50m:	46.79 46.79	150m:	2:33.13	52.93	250m:	4:22.77 53.75	350m:	6:12.30 53.72	
	100m:	1:40.20 53.41	200m:	3:29.02	55.89	300m:	5:18.58 55.81	400m:	7:03.60 51.30	
21.	KAMI SKI Karol		01	MUKS Olimpijczyk Suwałki				7:04.45	125	
	50m:	47.62 47.62	150m:	2:42.21	58.67	250m:	4:38.49 58.01	350m:	6:21.33 51.34	
	100m:	1:43.54 55.92	200m:	3:40.48	58.27	300m:	5:29.99 51.50	400m:	7:04.45 43.12	