

Mistrzostwa Województwa Podlaskiego
Suwałki, 11- - 12-12-2015

Konkurencja 12
2015-12-11 - 15:00

M czynzn, 400m dowolny

Open
Wyniki

Punkty: FINA 2012

Pozycja			Rok ur.					Czas	Pkt.
9 lat i młodsi									
1.	Andrejuk Jakub		06	MKP Wodnik Bielsk Podlaski				6:48.45	141
	50m:	44.77	44.77	150m:	2:27.66	52.78	250m:	4:13.46	53.89
	100m:	1:34.88	50.11	200m:	3:19.57	51.91	300m:	5:06.23	52.77
				350m:	5:58.00	51.77	400m:	6:48.45	50.45
2.	Krasowski Jakub		06	MKP Wodnik Bielsk Podlaski				6:59.33	130
	50m:	46.71	46.71	150m:	2:31.04	52.92	250m:	4:19.25	54.68
	100m:	1:38.12	51.41	200m:	3:24.57	53.53	300m:	5:13.17	53.92
				350m:			400m:	6:59.33	
10 lat									
1.	Kufel Eryk		05	MKP Wodnik Bielsk Podlaski				5:37.35	250
	50m:	37.75	37.75	150m:	2:03.85	43.40	250m:	3:30.16	43.31
	100m:	1:20.45	42.70	200m:	2:46.85	43.00	300m:	4:14.07	43.91
				350m:	4:57.92	43.85	400m:	5:37.35	39.43
2.	Ruszewski Jakub		05	MUKS Olimpijczyk				8:34.20	70
	50m:	51.57	51.57	150m:	3:01.39	1:07.25	250m:	5:19.45	1:09.28
	100m:	1:54.14	1:02.57	200m:	4:10.17	1:08.78	300m:	6:28.43	1:08.98
				350m:	7:33.78	1:05.35	400m:	8:34.20	1:00.42
11 lat									
1.	Sadowski Kacper		04	MKS Juvenia Białystok				6:02.58	202
	50m:	37.59	37.59	150m:	2:07.00	45.77	250m:	3:42.14	48.13
	100m:	1:21.23	43.64	200m:	2:54.01	47.01	300m:	4:29.27	47.13
				350m:	5:16.84	47.57	400m:	6:02.58	45.74
2.	Ko ciuk Michał		04	Neptun Mo ki				6:06.14	196
	50m:	39.35	39.35	150m:	2:12.29	47.34	250m:	3:46.78	46.80
	100m:	1:24.95	45.60	200m:	2:59.98	47.69	300m:	4:33.91	47.13
				350m:	5:17.48	43.57	400m:	6:06.14	48.66
3.	Piotrowski Emil Krystian		04	MUKS Olimpijczyk				6:16.37	180
	50m:	41.61	41.61	150m:	2:16.79	48.86	250m:	3:53.76	49.18
	100m:	1:27.93	46.32	200m:	3:04.58	47.79	300m:	4:43.77	50.01
				350m:	5:31.99	48.22	400m:	6:16.37	44.38
4.	Marcinkiewicz Norbert		04	MUKS Olimpijczyk				6:17.59	178
	50m:	40.80	40.80	150m:	2:17.32	48.94	250m:	3:54.47	48.63
	100m:	1:28.38	47.58	200m:	3:05.84	48.52	300m:	4:43.97	49.50
				350m:	5:33.49	49.52	400m:	6:17.59	44.10
5.	Niewiarowski Patryk		04	Puszcza Hajnówka				6:26.88	166
	50m:	39.48	39.48	150m:	3:07.78	1:41.78	250m:	4:54.71	54.66
	100m:	1:26.00	46.52	200m:	4:00.05	52.27	300m:	5:49.02	54.31
				350m:	6:43.58	54.56	400m:	6:26.88	
6.	Kuczy ski Maciej		04	Neptun Mo ki				7:00.66	129
	50m:	40.54	40.54	150m:	2:23.13	53.08	250m:	4:11.42	54.92
	100m:	1:30.05	49.51	200m:	3:16.50	53.37	300m:	5:07.56	56.14
				350m:	6:04.31	56.75	400m:	7:00.66	56.35
12 lat									
1.	W grzynowicz Miłosz		03	MUKS Olimpijczyk				5:08.94	326
	50m:	34.27	34.27	150m:	1:51.69	39.19	250m:	3:10.79	39.34
	100m:	1:12.50	38.23	200m:	2:31.45	39.76	300m:	3:50.86	40.07
				350m:	4:30.66	39.80	400m:	5:08.94	38.28
2.	Lenczewski Piotr		03	MUKS Olimpijczyk				5:14.95	308
	50m:	33.05	33.05	150m:	1:49.93	39.34	250m:	3:11.82	40.72
	100m:	1:10.59	37.54	200m:	2:31.10	41.17	300m:	3:53.34	41.52
				350m:	5:14.95		400m:	5:14.95	
3.	Greczan Sebastian		03	MKS Juvenia Białystok				5:17.05	302
	50m:	35.63	35.63	150m:	1:55.26	40.29	250m:	3:17.15	40.97
	100m:	1:14.97	39.34	200m:	2:36.18	40.92	300m:	3:58.09	40.94
				350m:	4:38.62	40.53	400m:	5:17.05	38.43
4.	Michałowski Eryk		03	Uks Omega Sokółka				5:25.53	279
	50m:	34.11	34.11	150m:	1:53.34	41.00	250m:	3:15.60	42.45
	100m:	1:12.34	38.23	200m:	2:33.15	39.81	300m:	4:01.68	46.08
				350m:	4:43.08	41.40	400m:	5:25.53	42.45

Mistrzostwa Województwa Podlaskiego
Suwałki, 11- - 12-12-2015

Konkurencja 12, Chłopców, 400m dowolny, 12 lat

Pozycja			Rok ur.					Czas	Pkt.
5.	Januszanis Piotr		03	MUKS Olimpijczyk				5:36.42	252
	50m:	36.41 36.41	150m:	2:01.04 42.92	250m:	3:31.56 45.92	350m:	4:56.51 40.01	
	100m:	1:18.12 41.71	200m:	2:45.64 44.60	300m:	4:16.50 44.94	400m:	5:36.42 39.91	
6.	Jaworski Bartosz		03	Seksja Pływacka "Na Fali" MOSi				6:10.66	189
	50m:	41.56 41.56	150m:	2:15.85 47.69	250m:	3:52.45 48.34	350m:		
	100m:	1:28.16 46.60	200m:	3:04.11 48.26	300m:	4:39.38 46.93	400m:	6:10.66	

13 lat

1.	Szutkiewicz Szymon		02	BARRACUDA Białystok				4:48.45	401
	50m:	34.28 34.28	150m:	1:48.15 37.21	250m:	3:01.75 36.39	350m:	4:14.81 36.41	
	100m:	1:10.94 36.66	200m:	2:25.36 37.21	300m:	3:38.40 36.65	400m:	4:48.45 33.64	
2.	Kwiatkowski Paweł		02	MKS Juwenia Białystok				4:53.25	381
	50m:	31.78 31.78	150m:	1:46.39 38.00	250m:	3:02.11 37.64	350m:	4:17.03 37.74	
	100m:	1:08.39 36.61	200m:	2:24.47 38.08	300m:	3:39.29 37.18	400m:	4:53.25 36.22	
3.	Re ko Konrad		02	Uks Omega Sokółka				5:05.02	339
	50m:	32.59 32.59	150m:	1:49.16 38.85	250m:	3:08.50 39.82	350m:	4:27.45 39.02	
	100m:	1:10.31 37.72	200m:	2:28.68 39.52	300m:	3:48.43 39.93	400m:	5:05.02 37.57	
4.	Osmólski Hubert		02	MKS Juwenia Białystok				5:10.17	322
	50m:	34.25 34.25	150m:	1:54.72 40.57	250m:	3:15.92 40.44	350m:	4:34.14 38.99	
	100m:	1:14.15 39.90	200m:	2:35.48 40.76	300m:	3:55.15 39.23	400m:	5:10.17 36.03	
5.	Sawicki Marcin		02	MKS Juwenia Białystok				5:27.86	273
	50m:	35.36 35.36	150m:	1:57.16 41.28	250m:	3:21.94 42.62	350m:	4:47.36 43.05	
	100m:	1:15.88 40.52	200m:	2:39.32 42.16	300m:	4:04.31 42.37	400m:	5:27.86 40.50	

14 lat

1.	Gardocki Szymon		01	MKS Juwenia Białystok				4:40.61	435
	50m:	31.71 31.71	150m:	1:41.97 35.46	250m:	2:53.99 36.28	350m:	4:06.17 36.14	
	100m:	1:06.51 34.80	200m:	2:17.71 35.74	300m:	3:30.03 36.04	400m:	4:40.61 34.44	
2.	Masłowski Hubert		01	BARRACUDA Białystok				4:48.16	402
	50m:	31.52 31.52	150m:	1:43.95 36.55	250m:	2:58.88 37.86	350m:	4:13.98 37.43	
	100m:	1:07.40 35.88	200m:	2:21.02 37.07	300m:	3:36.55 37.67	400m:	4:48.16 34.18	
3.	yła Dominik		01	MUKS Olimpijczyk				4:52.59	384
	50m:	32.73 32.73	150m:	1:46.39 37.27	250m:	3:01.80 37.97	350m:	4:17.71 37.77	
	100m:	1:09.12 36.39	200m:	2:23.83 37.44	300m:	3:39.94 38.14	400m:	4:52.59 34.88	
4.	Kryszpiniuk Gabriel		01	MKP Wodnik Bielsk Podlaski				5:11.13	319
	50m:	32.42 32.42	150m:	1:49.17 39.45	250m:	3:10.76 41.09	350m:	4:31.81 40.26	
	100m:	1:09.72 37.30	200m:	2:29.67 40.50	300m:	3:51.55 40.79	400m:	5:11.13 39.32	
5.	Bondaruk Kacper		01	Puszcza Hajnówka				6:45.18	144
	50m:	38.93 38.93	150m:	2:14.07 49.48	250m:	3:53.60 49.19	350m:	5:36.91 49.99	
	100m:	1:24.59 45.66	200m:	3:04.41 50.34	300m:	4:46.92 53.32	400m:	6:45.18 1:08.27	

15 lat i starsi

1.	Danilewski Maciej		98	MKS Juwenia Białystok				4:02.65	674
	50m:	28.22 28.22	150m:	1:30.23 31.04	250m:	2:32.10 30.65	350m:	3:33.15 30.06	
	100m:	59.19 30.97	200m:	2:01.45 31.22	300m:	3:03.09 30.99	400m:	4:02.65 29.50	
2.	Sadłowski Piotr		00	MUKS Olimpijczyk				4:10.09	615
	50m:	28.15 28.15	150m:	1:31.50 31.74	250m:	2:35.20 31.99	350m:	3:39.40 32.02	
	100m:	59.76 31.61	200m:	2:03.21 31.71	300m:	3:07.38 32.18	400m:	4:10.09 30.69	
3.	Kisielewski Marcin		97	MKS Juwenia Białystok				4:14.57	583
	50m:	28.02 28.02	150m:	1:31.67 32.33	250m:	2:36.75 32.74	350m:	3:42.79 32.87	
	100m:	59.34 31.32	200m:	2:04.01 32.34	300m:	3:09.92 33.17	400m:	4:14.57 31.78	

Mistrzostwa Województwa Podlaskiego
Suwałki, 11- - 12-12-2015

Konkurencja 12, M czynn, 400m dowolny, 15 lat i starsi

Pozycja				Rok ur.					Czas	Pkt.		
4.	Mieszczeriakow Mirosław			98	MKP Wodnik Bielsk Podlaski				4:24.66	519		
	50m:	28.88	28.88	150m:	1:35.38	33.56	250m:	2:42.99	34.12	350m:	3:51.38	33.94
	100m:	1:01.82	32.94	200m:	2:08.87	33.49	300m:	3:17.44	34.45	400m:	4:24.66	33.28
5.	Makar Marcin			00	MUKS Olimpijczyk				5:37.16	251		
	50m:	36.49	36.49	150m:	1:58.42	42.03	250m:	3:24.96	43.00	350m:	4:54.05	44.70
	100m:	1:16.39	39.90	200m:	2:41.96	43.54	300m:	4:09.35	44.39	400m:	5:37.16	43.11