

I RUNDA KLUBOWEGO PUCHARU POLSKI – OLECKO 2016
Olecko, 9- - 10-4-2016

Konkurencja 19
2016-04-10 - 10:45

Kobiet, 400m SF

Open
Wyniki

Punkty: FINA 2012

Pozycja			Rok ur.					Czas	Pkt.
Kat.D									
1.	Gronowska Agata		03	K.S. Laguna 24 Toru				4:14.80	
	50m:	27.67	27.67	150m:	1:30.10	31.98	250m:	2:36.58	33.47
	100m:	58.12	30.45	200m:	2:03.11	33.01	300m:	3:10.23	33.65
							350m:	3:43.60	33.37
							400m:	4:14.80	31.20
2.	Oszkiel Wiktoria		04	KS Nautilus				4:38.38	
	50m:	31.09	31.09	150m:	1:42.02	36.21	250m:	2:54.89	36.22
	100m:	1:05.81	34.72	200m:	2:18.67	36.65	300m:	3:31.77	36.88
							350m:	4:07.39	35.62
							400m:	4:38.38	30.99
3.	Dreger Maria		04	UKS DELFINEK SP1 Chodzie				4:46.04	
	50m:	31.45	31.45	150m:	1:43.27	36.42	250m:	2:57.76	37.43
	100m:	1:06.85	35.40	200m:	2:20.33	37.06	300m:	3:35.45	37.69
							350m:	4:11.45	36.00
							400m:	4:46.04	34.59
4.	Dopierała Nadia		03	UKS "Manta" Ko cierzyna				5:12.12	
	50m:	34.01	34.01	150m:	1:54.21	41.03	250m:	3:17.06	41.25
	100m:	1:13.18	39.17	200m:	2:35.81	41.60	300m:	3:57.94	40.88
							350m:	4:37.17	39.23
							400m:	5:12.12	34.95
Kat.C									
1.	Nowak Julia		01	UKS DELFINEK SP1 Chodzie				3:56.53	
	50m:	26.34	26.34	150m:	1:26.59	30.36	250m:	2:26.78	29.31
	100m:	56.23	29.89	200m:	1:57.47	30.88	300m:	2:56.64	29.86
							350m:	3:27.22	30.58
							400m:	3:56.53	29.31
2.	Płazi ska Wiktoria		01	Osn Amfiprion				4:00.10	
	50m:	24.61	24.61	150m:	1:23.52	30.44	250m:	2:26.37	31.33
	100m:	53.08	28.47	200m:	1:55.04	31.52	300m:	2:57.79	31.42
							350m:	3:29.62	31.83
							400m:	4:00.10	30.48
3.	Kloc Natalia		01	Uks Rekin Wrocław				4:25.45	
	50m:	29.49	29.49	150m:	1:34.53	33.39	250m:	2:43.80	34.63
	100m:	1:01.14	31.65	200m:	2:09.17	34.64	300m:	3:17.54	33.74
							350m:	3:52.70	35.16
							400m:	4:25.45	32.75
Kat.B									
1.	Rettig Agata		00	UKS DELFINEK SP1 Chodzie				3:43.79	
	50m:	23.99	23.99	150m:	1:18.34	27.74	250m:	2:16.19	29.11
	100m:	50.60	26.61	200m:	1:47.08	28.74	300m:	2:45.36	29.17
							350m:	3:14.84	29.48
							400m:	3:43.79	28.95
2.	Jagielska Agata		99	K.S. Laguna 24 Toru				3:50.65	
	50m:	23.58	23.58	150m:	1:20.09	28.84	250m:	2:19.82	29.59
	100m:	51.25	27.67	200m:	1:50.23	30.14	300m:	2:50.28	30.46
							350m:	3:21.10	30.82
							400m:	3:50.65	29.55
3.	Jopp Matylda		99	Uks Rekin Wrocław				3:57.70	
	50m:	25.30	25.30	150m:	1:24.91	30.78	250m:	2:28.10	31.39
	100m:	54.13	28.83	200m:	1:56.71	31.80	300m:	2:58.89	30.79
							350m:	3:28.60	29.71
							400m:	3:57.70	29.10
4.	Strachanowska Helena		99	Uks Delfin Jastarnia				4:04.88	
	50m:	25.96	25.96	150m:	1:26.06	30.95	250m:	2:29.42	31.67
	100m:	55.11	29.15	200m:	1:57.75	31.69	300m:	3:01.84	32.42
							350m:	3:34.16	32.32
							400m:	4:04.88	30.72
Kat.A									
1.	Truszczyska Katarzyna		90	Toru czyk Toru				3:33.14	
	50m:	24.35	24.35	150m:	1:16.43	26.45	250m:	2:10.86	27.40
	100m:	49.98	25.63	200m:	1:43.46	27.03	300m:	2:38.76	27.90
							350m:	3:06.55	27.79
							400m:	3:33.14	26.59
2.	Sarna Joanna		96	Uks Rekin Wrocław				3:55.04	
	50m:	25.78	25.78	150m:	1:23.12	29.04	250m:	2:24.26	30.58
	100m:	54.08	28.30	200m:	1:53.68	30.56	300m:	2:54.92	30.66
							350m:	3:25.18	30.26
							400m:	3:55.04	29.86