

I RUNDA KLUBOWEGO PUCHARU POLSKI – OLECKO 2016  
Olecko, 9- - 10-4-2016

Konkurencja 20  
2016-04-10 - 11:00

M czyzn, 400m SF

Open  
Wyniki

Punkty: FINA 2012

Pozycja	Rok ur.	Czas	Pkt.
<b>Kat.E</b>			
1. Kowalczyk Igor	05 Uks Delfin Jastarnia	<b>4:38.62</b>	
50m: 28.72 28.72	150m: 1:41.04 36.39	250m: 2:54.39 36.13	350m: 4:05.06 35.36
100m: 1:04.65 35.93	200m: 2:18.26 37.22	300m: 3:29.70 35.31	400m: 4:38.62 33.56
NIE UK. Białkowski Jan	05 UKS DELFINEK SP1 Chodzie		
50m: 33.92 33.92	150m:	250m:	350m:
100m: 1:13.07 39.15	200m:	300m:	400m:
<b>Kat.D</b>			
1. Mazurkiewicz Daniel	04 K.S. Laguna 24 Toru	<b>4:49.36</b>	
50m: 32.63 32.63	150m: 1:47.36 37.62	250m: 3:04.07 38.15	350m: 4:20.02 37.95
100m: 1:09.74 37.11	200m: 2:25.92 38.56	300m: 3:42.07 38.00	400m: 4:49.36 29.34
2. Pietruk Michał	03 UKS "Manta" Ko cierzyna	<b>5:07.13</b>	
50m: 30.66 30.66	150m: 1:43.53 37.01	250m: 3:02.55 39.54	350m: 4:24.42 41.28
100m: 1:06.52 35.86	200m: 2:23.01 39.48	300m: 3:43.14 40.59	400m: 5:07.13 42.71
<b>Kat.C</b>			
1. Wrotek Wojciech	01 K.S. Laguna 24 Toru	<b>3:55.44</b>	
50m: 24.26 24.26	150m: 1:21.01 29.38	250m: 2:22.73 31.49	350m: 3:25.54 31.82
100m: 51.63 27.37	200m: 1:51.24 30.23	300m: 2:53.72 30.99	400m: 3:55.44 29.90
2. Paul Jakub	02 K.S. Laguna 24 Toru	<b>4:15.76</b>	
50m: 27.38 27.38	150m: 1:32.71 33.44	250m: 2:39.82 33.80	350m: 3:46.38 32.90
100m: 59.27 31.89	200m: 2:06.02 33.31	300m: 3:13.48 33.66	400m: 4:15.76 29.38
3. Biszewski Bartosz	01 Osn Amfiprion	<b>4:31.43</b>	
50m: 29.46 29.46	150m: 1:38.57 35.25	250m: 2:50.82 35.94	350m: 3:57.17 30.20
100m: 1:03.32 33.86	200m: 2:14.88 36.31	300m: 3:26.97 36.15	400m: 4:31.43 34.26
<b>Kat.B</b>			
1. Drami ski Michał	99 Lotos Olsztyn	<b>3:35.94</b>	
50m: 23.85 23.85	150m: 1:16.93 27.42	250m: 2:11.59 27.38	350m: 3:08.99 28.33
100m: 49.51 25.66	200m: 1:44.21 27.28	300m: 2:40.66 29.07	400m: 3:35.94 26.95
2. Frankowski Dominik	99 Uks Rekin Wrocław	<b>3:38.47</b>	
50m: 24.90 24.90	150m: 1:17.27 26.75	250m: 2:13.86 28.43	350m: 3:11.87 28.97
100m: 50.52 25.62	200m: 1:45.43 28.16	300m: 2:42.90 29.04	400m: 3:38.47 26.60
<b>Kat.A</b>			
1. Michalski Mateusz	96 K.S. Laguna 24 Toru	<b>3:19.31</b>	
50m: 22.19 22.19	150m: 1:10.37 24.85	250m: 2:00.78 25.22	350m: 2:53.34 26.64
100m: 45.52 23.33	200m: 1:35.56 25.19	300m: 2:26.70 25.92	400m: 3:19.31 25.97
2. Kłosi ski Jakub	92 Uks Rekin Wrocław	<b>3:38.11</b>	
50m: 24.27 24.27	150m: 1:16.34 26.46	250m: 2:11.29 27.65	350m: 3:09.43 29.43
100m: 49.88 25.61	200m: 1:43.64 27.30	300m: 2:40.00 28.71	400m: 3:38.11 28.68
3. Guba Adam	Toru czyk Toru	<b>4:35.69</b>	
50m: 27.00 27.00	150m: 1:31.99 33.74	250m: 2:44.83 37.19	350m: 4:00.33 37.76
100m: 58.25 31.25	200m: 2:07.64 35.65	300m: 3:22.57 37.74	400m: 4:35.69 35.36