

Puchar Dyrektora OSiR w Suwałkach
Suwałki, 10-6-2016

Konkurencja 12
2016-06-10 - 10:45

M czyzn, 400m zmienny

13 lat i starsi
Wyniki

Punkty: FINA 2012

Pozycja			Rok ur.					Czas	Pkt.
13 lat									
1.	W grzynowicz Miłosz		03	MUKS Olimpijczyk				5:44.30	320
	50m:	35.84 35.84	150m:	2:02.42 43.84	250m:	3:37.63 49.88	350m:	5:06.40 39.31	
	100m:	1:18.58 42.74	200m:	2:47.75 45.33	300m:	4:27.09 49.46	400m:	5:44.30 37.90	
2.	Milewski Paweł		03	MUKS Olimpijczyk				5:51.90	299
	50m:	40.09 40.09	150m:	2:09.80 45.71	250m:	3:42.61 48.63	350m:	5:12.52 41.85	
	100m:	1:24.09 44.00	200m:	2:53.98 44.18	300m:	4:30.67 48.06	400m:	5:51.90 39.38	
3.	Januszanis Piotr		03	MUKS Olimpijczyk				6:16.15	245
	50m:	42.18 42.18	150m:	2:22.84 48.93	250m:	4:02.93 50.01	350m:	5:35.74 41.94	
	100m:	1:33.91 51.73	200m:	3:12.92 50.08	300m:	4:53.80 50.87	400m:	6:16.15 40.41	
14 - 15 lat									
1.	Kamandulis Ugnius		02	Alytus SRC				5:25.41	379
	50m:	32.40 32.40	150m:	1:55.53 43.47	250m:	3:22.92 45.24	350m:	4:48.22 39.70	
	100m:	1:12.06 39.66	200m:	2:37.68 42.15	300m:	4:08.52 45.60	400m:	5:25.41 37.19	
2.	Duchnowski Szymon		02	MKS Juvenia Białystok				5:26.71	374
	50m:	34.47 34.47	150m:	1:57.77 42.99	250m:	3:27.23 50.10	350m:	4:53.14 36.85	
	100m:	1:14.78 40.31	200m:	2:37.13 39.36	300m:	4:16.29 49.06	400m:	5:26.71 33.57	
16 lat i starsi									
1.	Sadłowski Piotr		00	MUKS Olimpijczyk				4:40.11	594
	50m:	29.83 29.83	150m:	1:41.06 37.89	250m:	2:58.53 39.99	350m:	4:09.37 30.64	
	100m:	1:03.17 33.34	200m:	2:18.54 37.48	300m:	3:38.73 40.20	400m:	4:40.11 30.74	
2.	Krzyżaniak Krystian		00	MKS Juvenia Białystok				4:55.02	508
	50m:	30.94 30.94	150m:	1:44.96 37.52	250m:	3:04.87 40.89	350m:	4:21.38 34.60	
	100m:	1:07.44 36.50	200m:	2:23.98 39.02	300m:	3:46.78 41.91	400m:	4:55.02 33.64	