

Mistrzostw Województwa Podlaskiego w pływaniu o Puchar Prezydenta Suwałk
Suwałki, 2- - 3-12-2016

Konkurencja 10
2016-12-02 - 14:50

M czynn, 400m dowolny

12 lat i starsi
Wyniki

Punkty: FINA 2012

Pozycja			Rok ur.					Czas	Pkt.		
15 lat i starsi											
1.	MIESZCZERIAKOW, Mirosław		98	Mkp Wodnik Bielsk Podlaski				4:27.64	502		
	50m:	29.65 29.65	150m:	1:35.90	33.31	250m:	2:43.45	34.06	350m:	3:52.64	34.86
	100m:	1:02.59 32.94	200m:	2:09.39	33.49	300m:	3:17.78	34.33	400m:	4:27.64	35.00
2.	GARDOCKI, Szymon		01	MKS Juvenia Białystok				4:32.94	473		
	50m:	29.91 29.91	150m:	1:37.08	33.95	250m:	2:46.78	35.26	350m:	3:58.23	35.74
	100m:	1:03.13 33.22	200m:	2:11.52	34.44	300m:	3:22.49	35.71	400m:	4:32.94	34.71
3.	YŁA, Dominik		01	MUKS Olimpijczyk				4:47.13	406		
	50m:	30.92 30.92	150m:	1:41.06	35.87	250m:	2:55.27	37.57	350m:	4:11.19	37.95
	100m:	1:05.19 34.27	200m:	2:17.70	36.64	300m:	3:33.24	37.97	400m:	4:47.13	35.94
4.	MAKAR, Marcin		00	MUKS Olimpijczyk				5:12.58	315		
	50m:	34.40 34.40	150m:	1:52.45	40.46	250m:	3:14.08	40.62	350m:	4:33.79	39.69
	100m:	1:11.99 37.59	200m:	2:33.46	41.01	300m:	3:54.10	40.02	400m:	5:12.58	38.79
14 lat											
1.	SZUTKIEWICZ, Szymon		02	BARRACUDA Białystok				4:29.34	492		
	50m:	30.71 30.71	150m:	1:39.01	34.51	250m:	2:47.85	34.36	350m:	3:56.05	33.93
	100m:	1:04.50 33.79	200m:	2:13.49	34.48	300m:	3:22.12	34.27	400m:	4:29.34	33.29
2.	KWIATKOWSKI, Paweł		02	MKS Juvenia Białystok				4:34.37	466		
	50m:	30.39 30.39	150m:	1:39.09	34.79	250m:	2:49.60	35.42	350m:	4:00.47	35.30
	100m:	1:04.30 33.91	200m:	2:14.18	35.09	300m:	3:25.17	35.57	400m:	4:34.37	33.90
3.	SZERMUSZYN, Hubert		02	BARRACUDA Białystok				4:37.12	452		
	50m:	30.39 30.39	150m:	1:39.31	34.81	250m:	2:50.49	35.89	350m:	4:02.43	36.12
	100m:	1:04.50 34.11	200m:	2:14.60	35.29	300m:	3:26.31	35.82	400m:	4:37.12	34.69
13 lat											
1.	OWSIEJEW, Michał		03	MUKS Olimpijczyk				4:46.05	411		
	50m:	31.45 31.45	150m:	1:42.84	36.12	250m:	2:56.15	36.84	350m:	4:09.87	37.16
	100m:	1:06.72 35.27	200m:	2:19.31	36.47	300m:	3:32.71	36.56	400m:	4:46.05	36.18
2.	PIECHOWSKI, Krzysztof		03	MKS Juvenia Białystok				4:50.49	392		
	50m:	31.77 31.77	150m:	1:45.26	37.44	250m:	3:00.17	37.90	350m:	4:15.17	37.29
	100m:	1:07.82 36.05	200m:	2:22.27	37.01	300m:	3:37.88	37.71	400m:	4:50.49	35.32
3.	YCZKOWSKI, Kamil		03	MUKS Olimpijczyk				4:54.03	378		
	50m:	30.93 30.93	150m:	1:45.21	37.75	250m:	3:01.21	38.47	350m:	4:17.70	38.76
	100m:	1:07.46 36.53	200m:	2:22.74	37.53	300m:	3:38.94	37.73	400m:	4:54.03	36.33
4.	LENCZEWSKI, Piotr		03	MUKS Olimpijczyk				5:00.18	356		
	50m:	33.78 33.78	150m:	1:47.86	37.91	250m:	3:04.64	38.58	350m:	4:22.61	39.02
	100m:	1:09.95 36.17	200m:	2:26.06	38.20	300m:	3:43.59	38.95	400m:	5:00.18	37.57
5.	WRÓBLEWSKI, Michał		03	MUKS Olimpijczyk				5:13.44	312		
	50m:	34.02 34.02	150m:	1:52.56	39.80	250m:	3:13.10	40.40	350m:	4:33.96	40.73
	100m:	1:12.76 38.74	200m:	2:32.70	40.14	300m:	3:53.23	40.13	400m:	5:13.44	39.48
6.	JANUSZANIS, Piotr		03	MUKS Olimpijczyk				5:27.84	273		
	50m:	34.29 34.29	150m:	1:55.62	41.37	250m:	3:22.59	43.36	350m:	4:48.26	42.89
	100m:	1:14.25 39.96	200m:	2:39.23	43.61	300m:	4:05.37	42.78	400m:	5:27.84	39.58

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12 lat

1.	JAKUBOWSKI, Kacper	04	MKS Juvenia Białystok	5:09.94	323
	50m: 34.72 34.72	150m: 1:54.68	40.38 250m: 3:14.51 39.99	350m: 4:32.57	38.75
	100m: 1:14.30 39.58	200m: 2:34.52	39.84 300m: 3:53.82 39.31	400m: 5:09.94	37.37
2.	KO CIUK, Michał	04	Neptun Mo ki	5:18.45	298
	50m: 34.55 34.55	150m: 1:56.06	41.30 250m: 3:17.91 41.11	350m: 4:39.38	39.87
	100m: 1:14.76 40.21	200m: 2:36.80	40.74 300m: 3:59.51 41.60	400m: 5:18.45	39.07
3.	KRA NICKI, Bartosz	04	MKS Juvenia Białystok	5:20.91	291
	50m: 36.31 36.31	150m: 1:57.19	40.46 250m: 3:19.26 40.88	350m: 4:41.52	39.93
	100m: 1:16.73 40.42	200m: 2:38.38	41.19 300m: 4:01.59 42.33	400m: 5:20.91	39.39
4.	MARCINKIEWICZ, Norbert	04	MUKS Olimpijczyk	5:30.24	267
	50m: 36.51 36.51	150m: 2:00.45	42.41 250m: 3:25.44 42.54	350m: 4:49.75	42.15
	100m: 1:18.04 41.53	200m: 2:42.90	42.45 300m: 4:07.60 42.16	400m: 5:30.24	40.49
5.	OSTASZEWSKI, Maciej	04	SP "Na Fali" MOSiR Michałowo	5:31.02	265
	50m: 36.10 36.10	150m: 1:59.73	42.60 250m: 3:25.98 43.50	350m: 4:51.33	42.17
	100m: 1:17.13 41.03	200m: 2:42.48	42.75 300m: 4:09.16 43.18	400m: 5:31.02	39.69
6.	LEDACHOWICZ, Paweł	04	MKS Juvenia Białystok	5:31.54	264
	50m: 36.51 36.51	150m: 2:00.66	42.92 250m: 3:26.36 42.94	350m: 4:50.75	41.19
	100m: 1:17.74 41.23	200m: 2:43.42	42.76 300m: 4:09.56 43.20	400m: 5:31.54	40.79
7.	PIOTROWSKI, Emil Krystian	04	MUKS Olimpijczyk	5:44.14	236
	50m: 36.57 36.57	150m: 2:01.42	42.85 250m: 3:30.65 45.20	350m: 5:01.48	45.16
	100m: 1:18.57 42.00	200m: 2:45.45	44.03 300m: 4:16.32 45.67	400m: 5:44.14	42.66
8.	SALEJKO, Maciej	04	MKS Juvenia Białystok	5:45.07	234
	50m: 39.79 39.79	150m: 2:07.47	44.78 250m: 3:37.12 44.92	350m: 5:03.96	42.28
	100m: 1:22.69 42.90	200m: 2:52.20	44.73 300m: 4:21.68 44.56	400m: 5:45.07	41.11
9.	KO CIUCZUK, Jakub	04	Klub Sportowy Puszcza Hajnówka	6:14.53	183
	50m: 38.21 38.21	150m: 2:08.52	46.95 250m: 2:56.87 27.19	350m: 4:36.47	49.14
	100m: 1:21.57 43.36	200m: 2:29.68	21.16 300m: 3:47.33 50.46	400m: 6:14.53	1:38.06
10.	ZIELENKIEWICZ, Konrad	04	Uks Batory Sokółka	6:39.53	151
	50m: 43.65 43.65	150m: 2:21.77	50.47 250m: 4:06.86 52.39	350m: 5:51.80	52.81
	100m: 1:31.30 47.65	200m: 3:14.47	52.70 300m: 4:58.99 52.13	400m: 6:39.53	47.73
PK	TUMIALIS, Maciej	03	MUKS Olimpijczyk	5:01.50	351
	50m: 34.75 34.75	150m: 1:51.85	39.03 250m: 3:10.09 39.47	350m: 4:25.80	37.37
	100m: 1:12.82 38.07	200m: 2:30.62	38.77 300m: 3:48.43 38.34	400m: 5:01.50	35.70