

Mi dzywojewódzkie Dru ynowe Mistrzostwa Młodzików 12, 13 lat
Suwałki, 17. - 18.3.2023

Konkurencja 7
17.03.2023 - 17:35

Dziewcz t, 400m dowolny

12 - 13 lat
Wyniki

Punkty: FINA 2022

Pozycja			Rok ur.					Czas	Pkt.
13 lat									
1.	SZKRABA, Julia		10	MTP Kormoran Olsztyn				5:07.09	441
	50m:	32.80 32.80	150m:	1:52.01 40.11	250m:	3:12.15 39.89	350m:	4:30.14 37.73	
	100m:	1:11.90 39.10	200m:	2:32.26 40.25	300m:	3:52.41 40.26	400m:	5:07.09 36.95	
2.	BRECZKO, Paulina		10	UKS OMEGA Sokółka				5:16.17	404
	50m:	36.78 36.78	150m:	1:57.69 40.67	250m:	3:19.43 40.91	350m:	4:39.29 39.34	
	100m:	1:17.02 40.24	200m:	2:38.52 40.83	300m:	3:59.95 40.52	400m:	5:16.17 36.88	
3.	PIETRASZEWICZ, Roksana		10	MKS Juwenia Białystok				5:27.56	364
	50m:	36.56 36.56	150m:	1:57.43 53.01	250m:	3:22.17 42.55	350m:	4:46.95 42.31	
	100m:	1:04.42 27.86	200m:	2:39.62 42.19	300m:	4:04.64 42.47	400m:	5:27.56 40.61	
4.	DZIAPKA, Lena		10	MTP Kormoran Olsztyn				5:30.26	355
	50m:	36.95 36.95	150m:	2:00.66 42.81	250m:	3:25.76 42.98	350m:	4:51.14 42.35	
	100m:	1:17.85 40.90	200m:	2:42.78 42.12	300m:	4:08.79 43.03	400m:	5:30.26 39.12	
5.	MOCZULSKA, Martyna		10	Mi dzyszkołny UKS „Olimpijczyk” Suwałki				5:43.99	314
	50m:	37.27 37.27	150m:	2:04.29 44.41	250m:	3:33.82 44.63	350m:	5:02.23 43.67	
	100m:	1:19.88 42.61	200m:	2:49.19 44.90	300m:	4:18.56 44.74	400m:	5:43.99 41.76	
6.	TRESZCZOTKO, Kinga		10	Mi dzyszkołny UKS „Olimpijczyk” Suwałki				5:46.34	308
	50m:	38.95 38.95	150m:	2:07.81 45.18	250m:	3:37.56 45.26	350m:	5:06.88 44.91	
	100m:	1:22.63 43.68	200m:	2:52.30 44.49	300m:	4:21.97 44.41	400m:	5:46.34 39.46	
7.	ZALEWSKA, Lena		10	UKS „Frog” Gi ycko				5:58.72	277
	50m:	39.55 39.55	150m:	2:11.50 45.97	250m:	3:43.20 45.18	350m:	5:15.34 45.71	
	100m:	1:25.53 45.98	200m:	2:58.02 46.52	300m:	4:29.63 46.43	400m:	5:58.72 43.38	
8.	MY LI SKA, Martyna		10	UKS „Frog” Gi ycko				5:59.28	275
	50m:	38.98 38.98	150m:	2:09.50 46.26	250m:	3:41.81 46.03	350m:		
	100m:	1:23.24 44.26	200m:	2:55.78 46.28	300m:	4:27.90 46.09	400m:	5:59.28	
9.	KOKOSZKA, Anna		10	Mi dzyszkołny UKS „Olimpijczyk” Suwałki				6:04.32	264
	50m:	39.94 39.94	150m:	2:11.21 47.20	250m:	3:46.12 47.37	350m:	5:20.92 46.40	
	100m:	1:24.01 44.07	200m:	2:58.75 47.54	300m:	4:34.52 48.40	400m:	6:04.32 43.40	
10.	ELAZKO, Maja		10	Mi dzyszkołny UKS „Olimpijczyk” Suwałki				6:04.64	264
	50m:	38.78 38.78	150m:	2:08.81 46.51	250m:	3:44.23 47.91	350m:	5:19.27 47.25	
	100m:	1:22.30 43.52	200m:	2:56.32 47.51	300m:	4:32.02 47.79	400m:	6:04.64 45.37	
11.	MAKOWSKA, Nastazja Kinga		10	UKS „Frog” Gi ycko				6:11.36	249
	50m:	40.93 40.93	150m:	2:17.75 48.89	250m:	3:54.58 48.29	350m:	5:28.39 46.41	
	100m:	1:28.86 47.93	200m:	3:06.29 48.54	300m:	4:41.98 47.40	400m:	6:11.36 42.97	
12.	FR CKIEWICZ, Alicja		10	UKS Butterfly Łom a				6:20.87	231
	50m:	41.51 41.51	150m:	2:15.84 47.82	250m:	3:53.81 49.74	350m:	5:32.32 49.63	
	100m:	1:28.02 46.51	200m:	3:04.07 48.23	300m:	4:42.69 48.88	400m:	6:20.87 48.55	
13.	PASZKO, Anastazja		10	UKS OMEGA Sokółka				6:21.13	231
	50m:	41.23 41.23	150m:	2:18.85 49.95	250m:	3:58.52 49.94	350m:	5:38.13 49.32	
	100m:	1:28.90 47.67	200m:	3:08.58 49.73	300m:	4:48.81 50.29	400m:	6:21.13 43.00	
14.	SZMIT, Aleksandra		10	UKS „Frog” Gi ycko				6:22.52	228
	50m:	43.52 43.52	150m:	2:19.84 48.72	250m:	3:58.73 48.82	350m:	5:36.21 48.65	
	100m:	1:31.12 47.60	200m:	3:09.91 50.07	300m:	4:47.56 48.83	400m:	6:22.52 46.31	
15.	NOWOSAD, Gabriela		10	MKP Wodnik Bielsk Podlaski				6:22.60	228
	50m:	42.56 42.56	150m:	2:19.81 49.43	250m:	3:59.54 49.61	350m:	5:37.32 48.40	
	100m:	1:30.38 47.82	200m:	3:09.93 50.12	300m:	4:48.92 49.38	400m:	6:22.60 45.28	
16.	KRAKOWSKA, Lena		10	Mi dzyszkołny UKS „Olimpijczyk” Suwałki				6:22.94	227
	50m:	40.92 40.92	150m:	2:19.07 49.55	250m:	3:58.68 49.60	350m:	5:37.18 48.58	
	100m:	1:29.52 48.60	200m:	3:09.08 50.01	300m:	4:48.60 49.92	400m:	6:22.94 45.76	
17.	MIRONKIEWICZ, Zuzanna		10	MKP Wodnik Bielsk Podlaski				6:32.05	212
	50m:	40.78 40.78	150m:	2:20.19 50.96	250m:	4:02.23 51.05	350m:	5:45.46 51.65	
	100m:	1:29.23 48.45	200m:	3:11.18 50.99	300m:	4:53.81 51.58	400m:	6:32.05 46.59	

Mi dzywojewództkie Dru ynowe Mistrzostwa Młodzików 12, 13 lat
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Konkurencja 7, Dziewcz t, 400m dowolny, 13 lat

Pozycja			Rok ur.				Czas		Pkt.		
18.	TROJANOWSKA, Iga		10	UKS Butterfly Łom a			7:08.04	163			
	50m:	45.84 45.84	150m:	2:33.80	55.04	250m:	4:26.16	56.45	350m:	6:18.81	56.20
	100m:	1:38.76 52.92	200m:	3:29.71	55.91	300m:	5:22.61	56.45	400m:	7:08.04	49.23
19.	LIWKA, Maria		10	MKP Wodnik Bielsk Podlaski			7:42.60	129			
	50m:	47.48 47.48	150m:	2:41.57	58.51	250m:	4:42.60	1:00.53	350m:		
	100m:	1:43.06 55.58	200m:	3:42.07	1:00.50	300m:	5:43.32	1:00.72	400m:	7:42.60	

12 lat

1.	KAROLEWSKA, Julia		11	MTP Kormoran Olsztyn			5:18.85	394			
	50m:	35.36 35.36	150m:	1:56.90	41.28	250m:	3:19.06	40.80	350m:	4:41.79	41.28
	100m:	1:15.62 40.26	200m:	2:38.26	41.36	300m:	4:00.51	41.45	400m:	5:18.85	37.06
2.	SULKOWSKA, Hanna		11	Uks Jagiellonia Swim			5:24.27	375			
	50m:	36.99 36.99	150m:	1:58.07	41.09	250m:	3:21.01	41.20	350m:		
	100m:	1:16.98 39.99	200m:	2:39.81	41.74	300m:	4:02.80	41.79	400m:	5:24.27	
3.	BARCZAK, Karolina		11	MTP Kormoran Olsztyn			5:28.72	360			
	50m:	36.85 36.85	150m:	1:59.99	41.97	250m:	3:24.18	42.28	350m:	4:49.89	42.89
	100m:	1:18.02 41.17	200m:	2:41.90	41.91	300m:	4:07.00	42.82	400m:	5:28.72	38.83
4.	KRASOWSKA, Maja		11	Uks Jagiellonia Swim			5:43.90	314			
	50m:	37.55 37.55	150m:	2:05.38	44.66	250m:	3:34.22	44.28	350m:	5:02.79	43.31
	100m:	1:20.72 43.17	200m:	2:49.94	44.56	300m:	4:19.48	45.26	400m:	5:43.90	41.11
5.	GORGOSZ, Julia		11	UKS „Frog” Gi ycko			5:49.45	299			
	50m:	38.66 38.66	150m:	2:10.17	46.62	250m:	3:42.07	46.31	350m:	5:09.01	43.10
	100m:	1:23.55 44.89	200m:	2:55.76	45.59	300m:	4:25.91	43.84	400m:	5:49.45	40.44
6.	KU , Julia		11	Uks Jagiellonia Swim			6:10.61	251			
	50m:	42.75 42.75	150m:	2:16.39	47.60	250m:	3:52.51	47.60	350m:	5:27.98	47.96
	100m:	1:28.79 46.04	200m:	3:04.91	48.52	300m:	4:40.02	47.51	400m:	6:10.61	42.63
7.	ULI SKA, Lena		11	UKS Butterfly Łom a			6:20.89	231			
	50m:	39.03 39.03	150m:	2:16.30	49.63	250m:	3:56.92	50.14	350m:	5:37.33	49.68
	100m:	1:26.67 47.64	200m:	3:06.78	50.48	300m:	4:47.65	50.73	400m:	6:20.89	43.56
8.	WENDA, Klara		11	UKS MOS Ełk			6:24.81	224			
	50m:	39.98 39.98	150m:	2:17.42	50.51	250m:	3:58.86	51.13	350m:		
	100m:	1:26.91 46.93	200m:	3:07.73	50.31	300m:	4:50.29	51.43	400m:	6:24.81	
9.	WASZKIEWICZ, Julia		11	Uks Jagiellonia Swim			6:25.50	223			
	50m:	42.07 42.07	150m:	2:19.64	49.76	250m:	3:57.95	49.48	350m:		
	100m:	1:29.88 47.81	200m:	3:08.47	48.83	300m:	4:48.49	50.54	400m:	6:25.50	
10.	KOZACZY SKA, Maja		11	UKS OMEGA Sokółka			6:40.48	199			
	50m:	42.70 42.70	150m:	2:25.23	52.39	250m:	4:08.90	51.33	350m:		
	100m:	1:32.84 50.14	200m:	3:17.57	52.34	300m:	5:00.38	51.48	400m:	6:40.48	
11.	SOŁOGUB, Nikola		11	UKS Butterfly Łom a			6:56.52	177			
	50m:	44.60 44.60	150m:	2:30.42	54.20	250m:	4:18.77	54.36	350m:	6:06.91	54.27
	100m:	1:36.22 51.62	200m:	3:24.41	53.99	300m:	5:12.64	53.87	400m:	6:56.52	49.61
12.	KORSZAK, Amelia		11	MKP Wodnik Bielsk Podlaski			7:06.28	165			
	50m:	45.25 45.25	150m:	2:34.94	57.00	250m:	4:25.18	57.06	350m:		
	100m:	1:37.94 52.69	200m:	3:28.12	53.18	300m:	5:20.48	55.30	400m:	7:06.28	
13.	NIED WIECKA, Gabriela		11	UKS Butterfly Łom a			7:19.99	150			
	50m:	45.73 45.73	150m:	2:35.17	55.48	250m:	4:29.89	57.97	350m:		
	100m:	1:39.69 53.96	200m:	3:31.92	56.75	300m:	5:27.86	57.97	400m:	7:19.99	