

Mi dzywojewódzkie Dru ynowe Mistrzostwa Młodzików 12, 13 lat
Suwałki, 22. - 23.3.2024

Konkurencja 7
22.03.2024 - 16:25

Dziewcz t, 400m dowolny

12 - 13 lat
Wyniki

Punkty: FINA 2022

Pozycja	Rok ur.	Czas	Pkt.
13 lat			
1. BARCZAK Karolina	11	4:53.42	506
50m: 33.52 33.52	150m: 1:47.68 37.22	250m: 3:02.95 37.42	350m: 4:17.93 37.38
100m: 1:10.46 36.94	200m: 2:25.53 37.85	300m: 3:40.55 37.60	400m: 4:53.42 35.49
2. SULKOWSKA Hanna	11	4:58.57	480
50m: 33.83 33.83	150m: 1:48.94 38.07	250m: 3:05.42 38.46	350m: 4:21.48 38.11
100m: 1:10.87 37.04	200m: 2:26.96 38.02	300m: 3:43.37 37.95	400m: 4:58.57 37.09
3. BOROWSKA Natalia	11	5:20.37	389
50m: 36.19 36.19	150m: 1:56.49 40.81	250m: 3:18.25 41.13	350m: 4:40.59 41.29
100m: 1:15.68 39.49	200m: 2:37.12 40.63	300m: 3:59.30 41.05	400m: 5:20.37 39.78
4. PROCHOWICZ Hanna	11	5:32.92	346
50m: 36.85 36.85	150m: 2:01.55 43.61	250m: 3:25.03 41.01	350m: 4:52.21 44.10
100m: 1:17.94 41.09	200m: 2:44.02 42.47	300m: 4:08.11 43.08	400m: 5:32.92 40.71
5. JARMOCEWICZ Nikola	11	5:33.57	344
50m: 37.10 37.10	150m: 2:00.27 42.00	250m: 3:26.40 43.25	350m: 4:52.51 42.77
100m: 1:18.27 41.17	200m: 2:43.15 42.88	300m: 4:09.74 43.34	400m: 5:33.57 41.06
6. WASZKIEWICZ Julia	11	5:35.04	340
50m: 37.01 37.01	150m: 2:01.04 43.15	250m: 3:26.85 42.65	350m: 4:53.92 43.43
100m: 1:17.89 40.88	200m: 2:44.20 43.16	300m: 4:10.49 43.64	400m: 5:35.04 41.12
7. KU Julia	11	5:36.10	337
50m: 36.42 36.42	150m: 1:59.20 42.61	250m: 3:26.69 44.10	350m: 4:53.97 43.34
100m: 1:16.59 40.17	200m: 2:42.59 43.39	300m: 4:10.63 43.94	400m: 5:36.10 42.13
8. KOZACZY SKA Maja	11	6:01.85	270
50m: 38.88 38.88	150m: 2:08.06 46.71	250m: 3:42.00 47.17	350m: 5:17.89 47.95
100m: 1:21.35 42.47	200m: 2:54.83 46.77	300m: 4:29.94 47.94	400m: 6:01.85 43.96
9. NIED WIECKA Gabriela	11	6:09.69	253
50m: 38.55 38.55	150m: 2:10.63 47.95	250m: 3:47.24 48.73	350m: 5:17.89 47.95
100m: 1:22.68 44.13	200m: 2:58.51 47.88	300m: 4:35.93 48.69	400m: 6:09.69 43.96
10. KOŁAKOWSKA Amelia	11	6:40.77	198
50m: 43.86 43.86	150m: 2:26.03 51.51	250m: 4:10.26 52.12	350m: 5:17.89 47.95
100m: 1:34.52 50.66	200m: 3:18.14 52.11	300m: 5:01.85 51.59	400m: 6:40.77 43.96
DYSKW. SZYDLIK Antonina	11	5:30.77	
50m: 41.46 41.46	150m: 2:15.50 47.91	250m: 3:52.33 49.06	350m: 5:17.89 47.95
100m: 1:27.59 46.13	200m: 3:03.27 47.77	300m: 4:41.59 49.26	400m: 5:30.77 43.96
12 lat			
1. KRYSZTOF Alicja	12	5:03.79	456
50m: 34.53 34.53	150m: 1:51.85 38.95	250m: 3:09.81 39.18	350m: 4:27.18 38.62
100m: 1:12.90 38.37	200m: 2:30.63 38.78	300m: 3:48.56 38.75	400m: 5:03.79 36.61
2. GALEWSKA Isabella	12	5:35.02	340
50m: 37.13 37.13	150m: 2:03.87 43.45	250m: 3:29.99 42.76	350m: 4:54.91 42.43
100m: 1:20.42 43.29	200m: 2:47.23 43.36	300m: 4:12.48 42.49	400m: 5:35.02 40.11
3. GŁ BOCKA Elena	12	5:37.57	332
50m: 37.95 37.95	150m: 2:04.59 43.60	250m: 3:33.38 44.28	350m: 4:58.74 42.33
100m: 1:20.99 43.04	200m: 2:49.10 44.51	300m: 4:16.41 43.03	400m: 5:37.57 38.83
4. ACKIEWICZ Dominika	12	5:47.47	305
50m: 38.58 38.58	150m: 2:07.26 44.80	250m: 3:38.74 45.79	350m: 5:07.75 43.94
100m: 1:22.46 43.88	200m: 2:52.95 45.69	300m: 4:23.81 45.07	400m: 5:47.47 39.72
5. CHOROMA SKA Blanka	12	5:59.00	276
50m: 39.92 39.92	150m: 2:12.02 46.90	250m: 3:46.28 46.87	350m: 5:17.45 44.67
100m: 1:25.12 45.20	200m: 2:59.41 47.39	300m: 4:32.78 46.50	400m: 5:59.00 41.55

Międzywojewódzkie Drużynowe Mistrzostwa Młodzików 12, 13 lat
Suwałki, 22. - 23.3.2024

Konkurencja 7, Dziewcząt, 400m dowolny, 12 lat

Pozycja			Rok	ur.					Czas	Pkt.		
6.	PIA CIK	Zuzanna	12	UKS Butterfly Łom a					5:59.59	275		
	50m:	40.00	40.00	150m:	2:12.26	47.26	250m:	3:44.32	45.94	350m:	5:16.78	45.82
	100m:	1:25.00	45.00	200m:	2:58.38	46.12	300m:	4:30.96	46.64	400m:	5:59.59	42.81
7.	SZLEJTER	Zuzanna	12	UKS „Frog” Gi ycko					6:01.71	270		
	50m:	41.61	41.61	150m:	2:16.05	47.02	250m:	3:49.34	46.73	350m:	5:20.06	44.67
	100m:	1:29.03	47.42	200m:	3:02.61	46.56	300m:	4:35.39	46.05	400m:	6:01.71	41.65
8.	PI TKOWSKA	Maja	12	UKS „Frog” Gi ycko					6:01.98	269		
	50m:	38.97	38.97	150m:	2:11.64	46.25	250m:	3:47.21	47.58	350m:	5:20.41	45.83
	100m:	1:25.39	46.42	200m:	2:59.63	47.99	300m:	4:34.58	47.37	400m:	6:01.98	41.57
9.	SAWICKA	Marcelina	12	UKS Juwenia iSwim Białystok					6:02.69	268		
	50m:	39.43	39.43	150m:	2:11.72	46.86	250m:	3:46.04	47.31	350m:	5:19.68	46.90
	100m:	1:24.86	45.43	200m:	2:58.73	47.01	300m:	4:32.78	46.74	400m:	6:02.69	43.01
10.	ZALEWSKA	Amelia	12	UKS Juwenia iSwim Białystok					6:09.72	253		
	50m:	40.71	40.71	150m:	2:13.27	46.70	250m:	3:48.85	47.76	350m:	5:23.12	46.81
	100m:	1:26.57	45.86	200m:	3:01.09	47.82	300m:	4:36.31	47.46	400m:	6:09.72	46.60
11.	OLSZEWSKA	Maja	12	UKS Juwenia iSwim Białystok					6:19.72	233		
	50m:	43.42	43.42	150m:	2:18.56	47.89	250m:	3:55.04	48.42	350m:	5:32.51	48.85
	100m:	1:30.67	47.25	200m:	3:06.62	48.06	300m:	4:43.66	48.62	400m:	6:19.72	47.21
12.	DEPTUŁA	Julia	12	MUKS Piorun Gołdap					6:27.81	219		
	50m:	43.55	43.55	150m:	2:23.50	50.22	250m:	4:03.23	50.39	350m:		
	100m:	1:33.28	49.73	200m:	3:12.84	49.34	300m:	4:52.48	49.25	400m:	6:27.81	
13.	GAWRYLUK	Nina	12	MKP Wodnik Bielsk Podlaski					6:44.98	192		
	50m:	42.46	42.46	150m:	2:22.79	51.89	250m:	4:07.72	52.55	350m:	5:54.42	52.98
	100m:	1:30.90	48.44	200m:	3:15.17	52.38	300m:	5:01.44	53.72	400m:	6:44.98	50.56
14.	LIWKA	Zofia	12	MKP Wodnik Bielsk Podlaski					6:46.27	190		
	50m:	44.64	44.64	150m:	2:25.75	50.84	250m:	4:09.81	50.42	350m:	5:53.98	52.63
	100m:	1:34.91	50.27	200m:	3:19.39	53.64	300m:	5:01.35	51.54	400m:	6:46.27	52.29
15.	WOLI SKA	Victoria	12	UKS Butterfly Łom a					7:09.20	161		
	50m:	41.94	41.94	150m:	2:28.94	55.74	250m:	4:23.50	57.33	350m:	6:17.88	56.75
	100m:	1:33.20	51.26	200m:	3:26.17	57.23	300m:	5:21.13	57.63	400m:	7:09.20	51.32