

Grand Prix woj. zachodniopomorskiego i lubuskiego  
Koszalin, 8.11.2012

Konkurencja 12  
2012-11-08 - 15:25

Ch<sup>3</sup>opców, 400m dowolny

13 - 15 lat  
Wyniki

Punkty: FINA 2008

Pozycja			Rok ur.					Czas	Pkt.
<b>13 lat</b>									
1.	REKOWSKI, Bartosz		99	MKS "Neptun"				<b>4:34.81</b>	498
	50m:	30.97 30.97	150m:	1:40.98 34.94	250m:	2:50.55 35.00	350m:	4:01.01 34.69	
	100m:	1:06.04 35.07	200m:	2:15.55 34.57	300m:	3:26.32 35.77	400m:	4:34.81 33.80	
2.	KOŁODZIEJ, Bart <sup>3</sup> omieJ		99	MKS "Neptun"				<b>4:39.48</b>	474
	50m:	30.28 30.28	150m:	1:39.78 35.44	250m:	2:52.03 36.04	350m:	4:04.17 35.85	
	100m:	1:04.34 34.06	200m:	2:15.99 36.21	300m:	3:28.32 36.29	400m:	4:39.48 35.31	
3.	GRYZ, DAWID		99	Mkp Szczecin				<b>4:42.99</b>	456
	50m:	32.22 32.22	150m:	1:42.08 35.12	250m:	2:54.56 36.38	350m:	4:07.96 36.76	
	100m:	1:06.96 34.74	200m:	2:18.18 36.10	300m:	3:31.20 36.64	400m:	4:42.99 35.03	
4.	BOSIAK, Olaf		99	MKP S <sup>3</sup> owianka Gorzów				<b>4:47.07</b>	437
	50m:	31.59 31.59	150m:	1:43.09 36.65	250m:	2:57.00 37.53	350m:	4:11.81 37.43	
	100m:	1:06.44 34.85	200m:	2:19.47 36.38	300m:	3:34.38 37.38	400m:	4:47.07 35.26	
5.	PIETRZAK, WIKTOR		99	Mkp Szczecin				<b>4:50.68</b>	421
	50m:	32.05 32.05	150m:	1:44.05 36.56	250m:	2:58.72 37.04	350m:	4:14.04 37.95	
	100m:	1:07.49 35.44	200m:	2:21.68 37.63	300m:	3:36.09 37.37	400m:	4:50.68 36.64	
6.	SAŁAMAJ, Radek		99	Znicz Koszalin				<b>4:55.68</b>	400
	50m:	32.00 32.00	150m:	1:46.37 37.65	250m:	3:02.48 38.75	350m:	4:19.08 38.38	
	100m:	1:08.72 36.72	200m:	2:23.73 37.36	300m:	3:40.70 38.22	400m:	4:55.68 36.60	
7.	PABICH, Grzegorz		99	MKS "Neptun"				<b>4:57.08</b>	394
	50m:	33.68 33.68	150m:	1:49.82 38.48	250m:	3:06.22 37.83	350m:	4:22.64 37.87	
	100m:	1:11.34 37.66	200m:	2:28.39 38.57	300m:	3:44.77 38.55	400m:	4:57.08 34.44	
8.	LIPIŃSKI, PIOTR		99	Mkp Szczecin				<b>4:58.40</b>	389
	50m:	32.01 32.01	150m:	1:45.80 37.83	250m:	3:03.38 38.96	350m:	4:20.92 38.48	
	100m:	1:07.97 35.96	200m:	2:24.42 38.62	300m:	3:42.44 39.06	400m:	4:58.40 37.48	
9.	KULESZA, Przemysław		99	MKP S <sup>3</sup> owianka Gorzów				<b>4:59.21</b>	386
	50m:	33.35 33.35	150m:	1:49.54 38.68	250m:	3:06.55 38.13	350m:	4:23.35 38.21	
	100m:	1:10.86 37.51	200m:	2:28.42 38.88	300m:	3:45.14 38.59	400m:	4:59.21 35.86	
10.	BLACHARSKI, Maciej		99	MKS "Neptun"				<b>5:04.16</b>	367
	50m:	34.85 34.85	150m:	1:52.51 39.12	250m:	3:11.28 39.23	350m:	4:28.60 37.76	
	100m:	1:13.39 38.54	200m:	2:32.05 39.54	300m:	3:50.84 39.56	400m:	5:04.16 35.56	
11.	WOJCIECHOWSKI, Jakub		99	Znicz Koszalin				<b>5:06.03</b>	361
	50m:	33.60 33.60	150m:	1:49.89 38.70	250m:	3:08.39 39.07	350m:	4:28.09 39.98	
	100m:	1:11.19 37.59	200m:	2:29.32 39.43	300m:	3:48.11 39.72	400m:	5:06.03 37.94	
12.	MACIEJEWSKI, Kacper		99	MKP S <sup>3</sup> owianka Gorzów				<b>5:06.12</b>	360
	50m:	34.02 34.02	150m:	1:52.43 39.58	250m:	3:11.74 39.69	350m:	4:30.07 39.02	
	100m:	1:12.85 38.83	200m:	2:32.05 39.62	300m:	3:51.05 39.31	400m:	5:06.12 36.05	
13.	WOJCIECHOWICZ, Kajetan		99	MKP S <sup>3</sup> owianka Gorzów				<b>5:08.17</b>	353
	50m:	34.67 34.67	150m:	1:52.04 39.03	250m:	3:11.19 39.28	350m:	4:30.38 39.95	
	100m:	1:13.01 38.34	200m:	2:31.91 39.87	300m:	3:50.43 39.24	400m:	5:08.17 37.79	
14.	GLAPA, DAMIAN		99	Mkp Szczecin				<b>5:12.86</b>	338
	50m:	35.88 35.88	150m:	1:54.02 39.53	250m:	3:13.75 39.80	350m:	4:34.73 40.95	
	100m:	1:14.49 38.61	200m:	2:33.95 39.93	300m:	3:53.78 40.03	400m:	5:12.86 38.13	
15.	MARCINKIEWICZ, Maksymilian		99	MKP S <sup>3</sup> owianka Gorzów				<b>5:14.26</b>	333
	50m:	36.14 36.14	150m:	1:59.04 41.48	250m:	3:20.14 40.76	350m:	4:37.49 38.36	
	100m:	1:17.56 41.42	200m:	2:39.38 40.34	300m:	3:59.13 38.99	400m:	5:14.26 36.77	
16.	GRABOWSKI, Maciej		99	MKP S <sup>3</sup> owianka Gorzów				<b>5:20.26</b>	315
	50m:	36.39 36.39	150m:	2:00.41 41.90	250m:	3:22.59 41.30	350m:	4:42.13 39.11	
	100m:	1:18.51 42.12	200m:	2:41.29 40.88	300m:	4:03.02 40.43	400m:	5:20.26 38.13	

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14 lat

1.	NOWAK, Mateusz	98	MKS "Neptun"	<b>4:27.07</b>	543
	50m: 30.06 30.06	150m: 1:37.10 33.81	250m: 2:45.78 34.80	350m: 3:54.73 33.84	
	100m: 1:03.29 33.23	200m: 2:10.98 33.88	300m: 3:20.89 35.11	400m: 4:27.07 32.34	
2.	RÓJ, Konrad	98	Mkp Szczecin	<b>4:29.20</b>	530
	50m: 31.07 31.07	150m: 1:38.70 34.22	250m: 2:47.66 34.56	350m: 3:56.69 34.63	
	100m: 1:04.48 33.41	200m: 2:13.10 34.40	300m: 3:22.06 34.40	400m: 4:29.20 32.51	
3.	WASECKI, Gracjan	98	MKP S <sup>3</sup> owianka Gorzów	<b>4:33.56</b>	505
	50m: 30.48 30.48	150m: 1:38.92 34.82	250m: 2:48.88 34.80	350m: 3:58.86 34.96	
	100m: 1:04.10 33.62	200m: 2:14.08 35.16	300m: 3:23.90 35.02	400m: 4:33.56 34.70	
4.	MIKOŁAJCZAK, Kamil	98	Znicz Koszalin	<b>4:35.03</b>	497
	50m: 28.75 28.75	150m: 1:35.86 34.52	250m: 2:47.37 35.88	350m: 4:00.22 36.33	
	100m: 1:01.34 32.59	200m: 2:11.49 35.63	300m: 3:23.89 36.52	400m: 4:35.03 34.81	
5.	BIADUŃ, Micha <sup>3</sup>	98	Mkp Szczecin	<b>4:35.45</b>	495
	50m: 30.35 30.35	150m: 1:40.44 35.87	250m: 2:52.53 36.08	350m: 4:03.27 34.29	
	100m: 1:04.57 34.22	200m: 2:16.45 36.01	300m: 3:28.98 36.45	400m: 4:35.45 32.18	
6.	WIĘCKOWSKI, Jakub	98	Mkp Szczecin	<b>4:37.26</b>	485
	50m: 31.23 31.23	150m: 1:41.05 35.33	250m: 2:51.30 35.00	350m: 4:01.98 35.35	
	100m: 1:05.72 34.49	200m: 2:16.30 35.25	300m: 3:26.63 35.33	400m: 4:37.26 35.28	
7.	SZYMKOWIAK, Krystian	98	MKP S <sup>3</sup> owianka Gorzów	<b>4:37.91</b>	482
	50m: 31.42 31.42	150m: 1:40.57 34.90	250m: 2:52.43 36.04	350m: 4:03.82 35.20	
	100m: 1:05.67 34.25	200m: 2:16.39 35.82	300m: 3:28.62 36.19	400m: 4:37.91 34.09	
8.	ROSIAK, Albert	98	Mkp Szczecin	<b>4:47.71</b>	434
	50m: 32.33 32.33	150m: 1:44.43 36.42	250m: 2:58.66 37.45	350m: 4:12.73 36.45	
	100m: 1:08.01 35.68	200m: 2:21.21 36.78	300m: 3:36.28 37.62	400m: 4:47.71 34.98	
9.	ANTONIEWICZ, Bartosz	98	Mkp Szczecin	<b>4:52.71</b>	412
	50m: 32.69 32.69	150m: 1:45.44 36.73	250m: 3:00.33 37.73	350m: 4:16.06 37.47	
	100m: 1:08.71 36.02	200m: 2:22.60 37.16	300m: 3:38.59 38.26	400m: 4:52.71 36.65	

15 lat

1.	OLIWA, MICHAŁ	97	Mkp Szczecin	<b>4:11.01</b>	654
	50m: 28.35 28.35	150m: 1:30.42 31.57	250m: 2:34.96 32.08	350m: 3:40.92 33.01	
	100m: 58.85 30.50	200m: 2:02.88 32.46	300m: 3:07.91 32.95	400m: 4:11.01 30.09	
2.	BRODOWSKI, Jakub	97	MKP S <sup>3</sup> owianka Gorzów	<b>4:11.07</b>	653
	50m: 29.12 29.12	150m: 1:31.68 31.76	250m: 2:36.01 32.45	350m: 3:41.08 32.58	
	100m: 59.92 30.80	200m: 2:03.56 31.88	300m: 3:08.50 32.49	400m: 4:11.07 29.99	
3.	BARTOSZEK, Jarosław	97	MKP S <sup>3</sup> owianka Gorzów	<b>4:17.89</b>	603
	50m: 30.11 30.11	150m: 1:36.31 33.46	250m: 2:42.49 32.64	350m: 3:47.49 32.03	
	100m: 1:02.85 32.74	200m: 2:09.85 33.54	300m: 3:15.46 32.97	400m: 4:17.89 30.40	
4.	MULLER, Maksym	97	MKP S <sup>3</sup> owianka Gorzów	<b>4:20.96</b>	582
	50m: 30.25 30.25	150m: 1:36.53 33.46	250m: 2:42.17 32.58	350m: 3:48.33 32.78	
	100m: 1:03.07 32.82	200m: 2:09.59 33.06	300m: 3:15.55 33.38	400m: 4:20.96 32.63	
5.	ADAMCZYK, Micha <sup>3</sup>	97	MKP S <sup>3</sup> owianka Gorzów	<b>4:21.36</b>	579
	50m: 30.80 30.80	150m: 1:36.09 33.03	250m: 2:42.64 33.30	350m: 3:49.52 33.38	
	100m: 1:03.06 32.26	200m: 2:09.34 33.25	300m: 3:16.14 33.50	400m: 4:21.36 31.84	
6.	SKRZYPCZAK, Filip	97	MKP S <sup>3</sup> owianka Gorzów	<b>4:23.59</b>	565
	50m: 30.25 30.25	150m: 1:36.81 33.62	250m: 2:43.25 33.33	350m: 3:50.41 33.81	
	100m: 1:03.19 32.94	200m: 2:09.92 33.11	300m: 3:16.60 33.35	400m: 4:23.59 33.18	
7.	GÓRSKI, MARCIN	97	Mkp Szczecin	<b>4:24.21</b>	561
	50m: 29.85 29.85	150m: 1:36.93 33.54	250m: 2:43.26 32.83	350m: 3:50.97 34.11	
	100m: 1:03.39 33.54	200m: 2:10.43 33.50	300m: 3:16.86 33.60	400m: 4:24.21 33.24	
8.	SZULGO, FILIP	97	Mkp Szczecin	<b>4:26.20</b>	548
	50m: 31.47 31.47	150m: 1:37.91 33.35	250m: 2:44.56 32.95	350m: 3:52.49 34.20	
	100m: 1:04.56 33.09	200m: 2:11.61 33.70	300m: 3:18.29 33.73	400m: 4:26.20 33.71	

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Pozycja			Rok ur.						Czas	Pkt.
9.	BURBA, Jakub		97		MKP S <sup>3</sup> owianka Gorzów				<b>4:29.04</b>	531
	50m:	31.68 31.68	150m:	1:39.41 34.05	250m:	2:48.06 34.14	350m:	3:56.06 33.42		
	100m:	1:05.36 33.68	200m:	2:13.92 34.51	300m:	3:22.64 34.58	400m:	4:29.04 32.98		
10.	SZPYRA, Łukasz		97		MKP S <sup>3</sup> owianka Gorzów				<b>4:30.08</b>	525
	50m:	30.52 30.52	150m:	1:37.90 34.36	250m:	2:46.62 34.08	350m:	3:57.43 35.58		
	100m:	1:03.54 33.02	200m:	2:12.54 34.64	300m:	3:21.85 35.23	400m:	4:30.08 32.65		
11.	MARKOWSKI, Jakub		97		MKP S <sup>3</sup> owianka Gorzów				<b>4:30.52</b>	522
	50m:	30.75 30.75	150m:	1:38.87 34.59	250m:	2:49.41 35.16	350m:	3:58.25 33.83		
	100m:	1:04.28 33.53	200m:	2:14.25 35.38	300m:	3:24.42 35.01	400m:	4:30.52 32.27		
12.	KOMISARCZYK, Bartosz		97		MKS "Neptun"				<b>4:55.07</b>	402
	50m:	31.50 31.50	150m:	1:45.80 38.05	250m:	3:01.61 37.88	350m:	4:18.05 37.86		
	100m:	1:07.75 36.25	200m:	2:23.73 37.93	300m:	3:40.19 38.58	400m:	4:55.07 37.02		
PK	CHMIELIŃSKI, Mirosław		00		Znicz Koszalin				<b>5:10.83</b>	344
	50m:	34.74 34.74	150m:	1:55.29 40.28	250m:	3:15.28 39.59	350m:	4:34.08 39.56		
	100m:	1:15.01 40.27	200m:	2:35.69 40.40	300m:	3:54.52 39.24	400m:	5:10.83 36.75		
PK	SUŁKOWSKI, Rafał		00		Znicz Koszalin				<b>5:19.35</b>	317
	50m:	35.89 35.89	150m:	1:59.25 42.04	250m:	3:22.82 41.51	350m:	4:43.65 39.79		
	100m:	1:17.21 41.32	200m:	2:41.31 42.06	300m:	4:03.86 41.04	400m:	5:19.35 35.70		