

SHERATON POZNAN CUP International Swim & Masters Meet
Pozna , 6 - 8-2-2015

Konkurencja 40
2015-02-07 - 16:57

Kobiet, 400 dowolny/Freestyle Masters
400 Freestyle

20 lat i starsi
Wyniki

Punkty: FINA 2013

Pozycja			Rok ur.					Czas	Pkt.
D									
1.	JARUGA, Kinga		74	UKS CITYZEN Poznan				6:20.05	
	50m:	41.03	41.03	150m:	2:15.97	48.32	250m:	3:54.13	49.33
	100m:	1:27.65	46.62	200m:	3:04.77	48.80	300m:	4:43.73	49.60
							350m:	5:33.06	49.33
							400m:	6:20.05	46.99
E									
1.	KRAKOWIAK, El bieta		69	Warta Pozna				5:06.39	
	50m:	34.11	34.11	150m:	1:49.96	38.38	250m:	3:08.63	39.30
	100m:	1:11.58	37.47	200m:	2:29.33	39.37	300m:	3:48.28	39.65
							350m:	4:27.98	39.70
							400m:	5:06.39	38.41
F									
1.	LEDE, Kerstin		64	KSC Strausberg				7:48.13	
	50m:	49.40	49.40	150m:	2:46.54	1:00.02	250m:	4:47.48	1:00.67
	100m:	1:46.52	57.12	200m:	3:46.81	1:00.27	300m:	5:48.29	1:00.81
							350m:	6:49.27	1:00.98
							400m:	7:48.13	58.86
G									
1.	DEMBECKA, Rusłana		57	Pozna				9:08.98	
	50m:	55.42	55.42	150m:	3:09.31	1:09.17	250m:	5:34.42	1:13.31
	100m:	2:00.14	1:04.72	200m:	4:21.11	1:11.80	300m:	6:47.44	1:13.02
							350m:	7:58.97	1:11.53
							400m:	9:08.98	1:10.01
H									
1.	ORTLOFF, Elke		53	SSV Ostring 93 e.V.				6:59.78	
	50m:	45.66	45.66	150m:	2:31.62	53.68	250m:	4:19.84	54.53
	100m:	1:37.94	52.28	200m:	3:25.31	53.69	300m:	5:14.40	54.56
							350m:	6:08.51	54.11
							400m:	6:59.78	51.27
I									
1.	BOßDORF, Helga		47	KSC Strausberg				9:42.58	
	50m:	53.22	53.22	150m:			250m:		350m:
	100m:	1:57.95	1:04.73	200m:			300m:	7:09.49	400m:
									9:42.58