

SHERATON POZNAŃ CUP International Swim & Masters Meet
Poznań , 6- - 8-2-2015

Konkurencja 6 Mężczyźni, 400m zmienny 12 lat i starsi
2015-02-06 - 17:06 400 IM Wyniki

ISMM 4:27.49 URBANIAK, Jan 2014-01-19

Punkty: FINA 2013

Pozycja			Rok ur.							Czas	Pkt.	
12 lat												
1.	SUSHKO, Tsimur		03	Minsk						5:32.61	354	
	50m:	35.45	35.45	150m:	2:01.25	42.91	250m:	3:28.03	43.23	350m:	4:52.62	40.71
	100m:	1:18.34	42.89	200m:	2:44.80	43.55	300m:	4:11.91	43.88	400m:	5:32.61	39.99
2.	WOLI „SKI, Filip		03	Klub Sportowy REKIN						5:45.60	316	
	50m:	36.79	36.79	150m:	2:03.30	44.42	250m:	3:36.52	50.17	350m:	5:07.66	40.10
	100m:	1:18.88	42.09	200m:	2:46.35	43.05	300m:	4:27.56	51.04	400m:	5:45.60	37.94
3.	KLIMETS, Mikita		03	Region Minsk						5:50.09	304	
	50m:	35.96	35.96	150m:	2:04.95	45.29	250m:	3:42.20	51.78	350m:	5:11.46	39.00
	100m:	1:19.66	43.70	200m:	2:50.42	45.47	300m:	4:32.46	50.26	400m:	5:50.09	38.63
4.	TRYLSKI, Wiktor		03	UKS TRI-Team Rumia						6:07.78	262	
	50m:	41.29	41.29	150m:	2:17.51	47.10	250m:	3:55.38	52.14	350m:	5:29.24	40.17
	100m:	1:30.41	49.12	200m:	3:03.24	45.73	300m:	4:49.07	53.69	400m:	6:07.78	38.54
5.	KARKLELIS, Dziugas		03	Ignalina swimming club						6:12.57	252	
	50m:	42.27	42.27	150m:	2:16.94	45.33	250m:	3:57.23	55.33	350m:	5:33.13	42.02
	100m:	1:31.61	49.34	200m:	3:01.90	44.96	300m:	4:51.11	53.88	400m:	6:12.57	39.44
6.	SZAFRANEK, Gabriel		03	MUKS Rekin Bydgoszcz						6:12.68	252	
	50m:	41.11	41.11	150m:	2:19.25	45.53	250m:	3:58.69	54.20	350m:	5:32.67	41.53
	100m:	1:33.72	52.61	200m:	3:04.49	45.24	300m:	4:51.14	52.45	400m:	6:12.68	40.01
13 lat												
1.	WORONKO, Krzysztof		02	MKS Medyk Giżycko						5:22.80	388	
	50m:	33.96	33.96	150m:	1:54.72	40.48	250m:	3:21.70	48.02	350m:	4:46.38	36.56
	100m:	1:14.24	40.28	200m:	2:33.68	38.96	300m:	4:09.82	48.12	400m:	5:22.80	36.42
2.	SZABLAŁAK, Cypis		02	Legia Warszawa						5:39.96	332	
	50m:	36.43	36.43	150m:	2:01.61	40.96	250m:	3:33.30	51.62	350m:	5:03.31	38.82
	100m:	1:20.65	44.22	200m:	2:41.68	40.07	300m:	4:24.49	51.19	400m:	5:39.96	36.65
3.	KACZMAERK, Filip		02	Klub Sportowy WANKAN						5:53.36	296	
	50m:	36.84	36.84	150m:	2:09.11	44.92	250m:	3:43.83	51.53	350m:	5:15.02	40.28
	100m:	1:24.19	47.35	200m:	2:52.30	43.19	300m:	4:34.74	50.91	400m:	5:53.36	38.34
4.	KAZAPALIANSKI, Mikita		02	Minsk						6:25.92	227	
	50m:	38.91	38.91	150m:	2:20.11	51.37	250m:	4:02.39	52.33	350m:	5:40.86	45.28
	100m:	1:28.74	49.83	200m:	3:10.06	49.95	300m:	4:55.58	53.19	400m:	6:25.92	45.06
5.	PAKHUTA, Pavel		02	Minsk						6:55.49	182	
	50m:	45.29	45.29	150m:	2:31.12	50.70	250m:	4:20.55	59.06	350m:	6:08.73	47.98
	100m:	1:40.42	55.13	200m:	3:21.49	50.37	300m:	5:20.75	1:00.20	400m:	6:55.49	46.76
DYSKW.	YAZVINSKI, Daniil		02	Minsk						5:39.99		
	<i>Z2 - Ukazanie poszczególnych odcinków niezgodnie z przepisami o danym stylu</i>											
	50m:	37.12	37.12	150m:	2:02.10	43.20	250m:	3:35.07	48.82	350m:	5:02.20	38.25
	100m:	1:18.90	41.78	200m:	2:46.25	44.15	300m:	4:23.95	48.88	400m:	5:39.99	37.79
DYSKW.	STACHECKI, Jan		02	UKS CITYZEN Poznań						6:20.61		
	<i>Z2 - Ukazanie poszczególnych odcinków niezgodnie z przepisami o danym stylu</i>											
	50m:	43.26	43.26	150m:	2:22.25	45.96	250m:	4:00.44	53.49	350m:	5:38.65	43.74
	100m:	1:36.29	53.03	200m:	3:06.95	44.70	300m:	4:54.91	54.47	400m:	6:20.61	41.96

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Konkurencja 6, M czyzn, 400m zmienny

14 - 15 lat

1.	KAPOCIUS, Erikas	00	Ignalina swimming club	4:42.64	578
	50m: 29.74 29.74	150m: 1:40.98	35.27 250m: 2:55.79	38.77 350m: 4:09.62	34.26
	100m: 1:05.71 35.97	200m: 2:17.02	36.04 300m: 3:35.36	39.57 400m: 4:42.64	33.02
2.	BAKHURAU, Roman	00	Region Minsk	4:48.99	541
	50m: 29.81 29.81	150m: 1:42.66	37.52 250m: 2:59.01	39.21 350m: 4:14.44	34.63
	100m: 1:05.14 35.33	200m: 2:19.80	37.14 300m: 3:39.81	40.80 400m: 4:48.99	34.55
3.	WARZOCHA, Albert	01	Warta Pozna	4:56.38	501
	50m: 31.45 31.45	150m: 1:46.19	37.63 250m: 3:06.10	43.05 350m: 4:23.11	34.27
	100m: 1:08.56 37.11	200m: 2:23.05	36.86 300m: 3:48.84	42.74 400m: 4:56.38	33.27
4.	ADAMCZAK, Jakub	01	Uks Shark Rudna	4:57.73	494
	50m: 32.61 32.61	150m: 1:51.73	39.51 250m: 3:09.70	39.70 350m: 4:25.51	35.11
	100m: 1:12.22 39.61	200m: 2:30.00	38.27 300m: 3:50.40	40.70 400m: 4:57.73	32.22
5.	MIKHALKOV, Daniil	01	Minsk	4:58.49	491
	50m: 30.24 30.24	150m: 1:44.24	37.93 250m: 3:07.09	46.31 350m: 4:27.67	34.13
	100m: 1:06.31 36.07	200m: 2:20.78	36.54 300m: 3:53.54	46.45 400m: 4:58.49	30.82
6.	KRZEKOTOWSKI, Karol	00	UKP Torpeda Ole nica	5:04.74	461
	50m: 31.16 31.16	150m: 1:47.65	38.69 250m: 3:12.29	45.51 350m: 4:31.60	34.07
	100m: 1:08.96 37.80	200m: 2:26.78	39.13 300m: 3:57.53	45.24 400m: 5:04.74	33.14
7.	WOZNIAK, Kamil	00	UKS FREGATA Kolbuszowa	5:07.45	449
	50m: 30.93 30.93	150m: 1:48.02	40.09 250m: 3:12.96	45.02 350m: 4:33.19	36.14
	100m: 1:07.93 37.00	200m: 2:27.94	39.92 300m: 3:57.05	44.09 400m: 5:07.45	34.26
8.	MAIORCHYK, Uladzislau	00	Neptun	5:08.08	446
	50m: 32.48 32.48	150m: 1:44.86	36.47 250m: 3:08.34	47.76 350m: 4:31.25	36.95
	100m: 1:08.39 35.91	200m: 2:20.58	35.72 300m: 3:54.30	45.96 400m: 5:08.08	36.83
9.	SOLARSKI, Antoni	01	Klub Pływacki Koziegłowy	5:08.35	445
	50m: 33.77 33.77	150m: 1:52.67	40.47 250m: 3:13.51	41.47 350m: 4:33.31	37.11
	100m: 1:12.20 38.43	200m: 2:32.04	39.37 300m: 3:56.20	42.69 400m: 5:08.35	35.04
10.	KALINOWSKI, Michał	01	MTKP Delfin Toru	5:11.00	434
	50m: 31.50 31.50	150m: 1:48.34	40.01 250m: 3:12.44	45.76 350m: 4:36.14	36.78
	100m: 1:08.33 36.83	200m: 2:26.68	38.34 300m: 3:59.36	46.92 400m: 5:11.00	34.86
11.	HAŁADAJ, Dawid	01	Iskra Konin	5:15.49	415
	50m: 32.47 32.47	150m: 1:56.25	42.05 250m: 3:20.86	43.99 350m: 4:41.61	36.05
	100m: 1:14.20 41.73	200m: 2:36.87	40.62 300m: 4:05.56	44.70 400m: 5:15.49	33.88
12.	GRZEMSKI, Kamil	01	MKS Nielba Wagrowiec	5:17.21	409
	50m: 34.10 34.10	150m: 1:55.12	40.89 250m: 3:19.95	45.47 350m: 4:41.99	36.31
	100m: 1:14.23 40.13	200m: 2:34.48	39.36 300m: 4:05.68	45.73 400m: 5:17.21	35.22
13.	GU CIN, Eryk	01	Uks Shark Rudna	5:29.29	365
	50m: 34.82 34.82	150m: 1:56.86	41.42 250m: 3:26.98	49.45 350m: 4:55.14	37.84
	100m: 1:15.44 40.62	200m: 2:37.53	40.67 300m: 4:17.30	50.32 400m: 5:29.29	34.15
14.	FRYDRYCHOWICZ, Ignacy	00	Uks Delfinek	5:34.04	350
	50m: 32.74 32.74	150m: 1:54.56	42.24 250m: 3:28.52	51.11 350m: 4:56.62	36.90
	100m: 1:12.32 39.58	200m: 2:37.41	42.85 300m: 4:19.72	51.20 400m: 5:34.04	37.42
15.	KOSTYK, Teodor	00	UKS CITYZEN Poznan	5:49.17	306
	50m: 37.31 37.31	150m: 2:07.81	43.87 250m: 3:38.36	47.54 350m: 5:09.16	41.53
	100m: 1:23.94 46.63	200m: 2:50.82	43.01 300m: 4:27.63	49.27 400m: 5:49.17	40.01
16.	PUSHKIN, Danila	01	Volna	5:51.38	301
	50m: 36.37 36.37	150m: 2:06.30	45.56 250m: 3:41.89	50.34 350m: 5:11.92	39.91
	100m: 1:20.74 44.37	200m: 2:51.55	45.25 300m: 4:32.01	50.12 400m: 5:51.38	39.46
17.	NACHTIGALL, Thomas	00	KSC Strausberg	6:03.28	272
	50m: 33.91 33.91	150m: 2:04.87	48.00 250m: 3:42.63	51.38 350m: 5:21.38	45.55
	100m: 1:16.87 42.96	200m: 2:51.25	46.38 300m: 4:35.83	53.20 400m: 6:03.28	41.90

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Konkurencja 6, Chłopców, 400m zmienny, 14 - 15 lat

Pozycja			Rok ur.					Czas	Pkt.			
DYSKW.	WO NY, Wiktor		01	Uks Shark Rudna				5:33.67				
	<i>Z1 - Nieprawidłowa kolejno stylów pływania (prawidłowa: motylkowy, grzbietowy, klasyczny, dowolny)</i>											
	50m:	33.68	33.68	150m:	2:01.09	43.89	250m:	3:32.41	48.82	350m:	5:00.10	38.11
	100m:	1:17.20	43.52	200m:	2:43.59	42.50	300m:	4:21.99	49.58	400m:	5:33.67	33.57
DYSKW.	VASHKEVICH, Uladzislau		00	Minsk				5:51.71				
	<i>Z2 - Uko czenie poszczególnych odcinków niezgodnie z przepisami o danym stylu</i>											
	50m:	36.35	36.35	150m:	2:09.25	45.21	250m:	3:38.88	45.55	350m:	5:11.10	43.86
	100m:	1:24.04	47.69	200m:	2:53.33	44.08	300m:	4:27.24	48.36	400m:	5:51.71	40.61

16 - 17 lat

1.	ST PNIAK, Kacper	99	KORONA SWIM Kielce				4:40.55	591				
	50m:	29.35	29.35	150m:	1:40.25	36.05	250m:	2:56.84	39.97	350m:	4:09.38	30.44
	100m:	1:04.20	34.85	200m:	2:16.87	36.62	300m:	3:38.94	42.10	400m:	4:40.55	31.17
2.	BIERNACKI, Kacper	98	Znicz Koszalin				4:50.50	532				
	50m:	28.62	28.62	150m:	1:39.57	37.40	250m:	2:58.79	43.02	350m:	4:18.24	35.47
	100m:	1:02.17	33.55	200m:	2:15.77	36.20	300m:	3:42.77	43.98	400m:	4:50.50	32.26
3.	KORBANEK, Piotr	98	Warta Pozna				5:18.61	403				
	50m:	30.81	30.81	150m:	1:50.65	42.99	250m:	3:19.75	47.93	350m:	4:43.90	36.66
	100m:	1:07.66	36.85	200m:	2:31.82	41.17	300m:	4:07.24	47.49	400m:	5:18.61	34.71

18 - 19 lat

1.	ARENTEWICZ, Jcek	97	Uks Shark Rudna				4:34.22	633				
	50m:	28.78	28.78	150m:	1:41.09	38.21	250m:	2:53.53	35.02	350m:	4:02.47	33.50
	100m:	1:02.88	34.10	200m:	2:18.51	37.42	300m:	3:28.97	35.44	400m:	4:34.22	31.75
2.	KAMINIARZ, Jakub	96	Astromal Akwawit Leszno				4:35.60	623				
	50m:	30.09	30.09	150m:	1:41.07	36.58	250m:	2:54.14	37.50	350m:	4:03.79	31.84
	100m:	1:04.49	34.40	200m:	2:16.64	35.57	300m:	3:31.95	37.81	400m:	4:35.60	31.81
3.	ZIBOROV, Daniels	96	Delfins				4:38.27	606				
	50m:	30.30	30.30	150m:	1:41.83	36.86	250m:	2:54.75	35.85	350m:	4:05.67	33.81
	100m:	1:04.97	34.67	200m:	2:18.90	37.07	300m:	3:31.86	37.11	400m:	4:38.27	32.60
4.	ZYBAŁA, Krystian	97	Marato czyk Ostrów Wlkp.				4:59.28	487				
	50m:	29.22	29.22	150m:	1:43.92	39.50	250m:	3:05.66	43.80	350m:	4:26.96	37.04
	100m:	1:04.42	35.20	200m:	2:21.86	37.94	300m:	3:49.92	44.26	400m:	4:59.28	32.32
5.	PIASECKI, Kamil SP	97	Warta Pozna				5:10.29	437				
	50m:	30.17	30.17	150m:	1:49.56	43.89	250m:	3:16.21	44.22	350m:	4:35.76	35.82
	100m:	1:05.67	35.50	200m:	2:31.99	42.43	300m:	3:59.94	43.73	400m:	5:10.29	34.53
6.	CHRO CINSKI, Jan	96	Warta Pozna				5:10.64	435				
	50m:	30.36	30.36	150m:	1:49.56	43.08	250m:	3:14.77	43.13	350m:	4:35.18	36.79
	100m:	1:06.48	36.12	200m:	2:31.64	42.08	300m:	3:58.39	43.62	400m:	5:10.64	35.46
7.	MOREIKE, Maximilian	97	SSV Ostring 93 e.V.				5:39.84	332				
	50m:	34.88	34.88	150m:	1:59.29	41.95	250m:	3:32.21	51.27	350m:	5:02.58	40.21
	100m:	1:17.34	42.46	200m:	2:40.94	41.65	300m:	4:22.37	50.16	400m:	5:39.84	37.26
8.	STALLMACH, Florian	97	KSC Strausberg				5:44.52	319				
	50m:	34.41	34.41	150m:	1:57.87	42.49	250m:	3:32.78	52.21	350m:	5:05.54	39.22
	100m:	1:15.38	40.97	200m:	2:40.57	42.70	300m:	4:26.32	53.54	400m:	5:44.52	38.98
DYSKW.	WERTEPNY, Damian		96	Uks Shark Rudna				4:39.55				
	<i>Z2 - Uko czenie poszczególnych odcinków niezgodnie z przepisami o danym stylu</i>											
	50m:	29.68	29.68	150m:	1:41.52	37.58	250m:	2:55.21	37.98	350m:	4:07.29	33.55
	100m:	1:03.94	34.26	200m:	2:17.23	35.71	300m:	3:33.74	38.53	400m:	4:39.55	32.26

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Konkurencja 6, M czyzn, 400m zmienny

20 lat i starsi

1. DUDEK, Michal			94	Ukp Gryf Debica				4:51.32	528		
50m:	31.12	31.12	150m:	1:47.21	39.60	250m:	3:03.44	37.99	350m:	4:17.86	35.84
100m:	1:07.61	36.49	200m:	2:25.45	38.24	300m:	3:42.02	38.58	400m:	4:51.32	33.46