

Grand Prix Polski w pływaniu Zawody Kwalifikacyjne do Mistrzostw świata w Windsor
Poznań, 19- - 20-11-2016

Konkurencja 23 Mężczyźni, 400m dowolny 13 lat i starsi
2016-11-19 - 21:52 Wyniki

Minimum kwalifikacyjne do M	3:38.01	Wojdak Wojciech	POL	Poznań	2016-11-19
Top Times "Poland" Open	3:37.57	Wojdak Wojciech	POL	Netanya (ISR)	2015-12-02
Top Times "Poland" 13	4:12.84	Bernatowicz Sebastian	POL	Torun	2007-06-16
Top Times "Poland" 14	3:59.77	Zoniuk Maciej	POL	Saint Dizier (FRA)	2008-11-15
Top Times "Poland" 15	3:50.76	Młynarczyk Karol	POL	Lublin	2015-12-17
Top Times "Poland" 16	3:47.70	Wojdak Wojciech	POL	Ostrowiec Sw.	2012-12-19
Top Times "Poland" 17	3:45.26	Wojdak Wojciech	POL	Ostrowiec Sw	2013-12-19
Top Times "Poland" 18	3:41.69	Wojdak Wojciech	POL	Ostrowiec Sw	2014-12-18
Top Times "Poland" 19 +	3:37.57	Wojdak Wojciech	POL	Netanya (ISR)	2015-12-02

Punkty: FINA 2016

Pozycja Rok ur. Czas Pkt.

13 - 14 lat

1. Orlicz Filip	02	UKS G 8 - bielany	4:00.47	687
50m: 27.44 27.44	150m: 1:27.60 30.56	250m: 2:30.20 31.65	350m: 3:31.47 30.27	
100m: 57.04 29.60	200m: 1:58.55 30.95	300m: 3:01.20 31.00	400m: 4:00.47 29.00	
2. Bruzdewicz Hubert SOL	02	MTP KORMORAN Olsztyn	4:14.12	582
50m: 29.29 29.29	150m: 1:34.28 32.67	250m: 2:39.08 32.33	350m: 3:43.74 32.14	
100m: 1:01.61 32.32	200m: 2:06.75 32.47	300m: 3:11.60 32.52	400m: 4:14.12 30.38	
3. Kuba Cielecki	02	WKS I sk Wrocław	4:17.64	559
50m: 28.82 28.82	150m: 1:33.28 32.48	250m: 2:39.26 33.01	350m: 3:45.69 32.96	
100m: 1:00.80 31.98	200m: 2:06.25 32.97	300m: 3:12.73 33.47	400m: 4:17.64 31.95	
4. Knyszyński Maciej SŁ	02	MKS Jedynka Łódź	4:20.42	541
50m: 29.64 29.64	150m: 1:34.77 32.88	250m: 2:41.36 33.40	350m: 3:47.93 33.36	
100m: 1:01.89 32.25	200m: 2:07.96 33.19	300m: 3:14.57 33.21	400m: 4:20.42 32.49	
5. Doroba Michał	02	WKS I sk Wrocław	4:20.98	537
50m: 29.02 29.02	150m: 1:34.46 33.07	250m: 2:41.80 33.66	350m: 3:48.45 33.23	
100m: 1:01.39 32.37	200m: 2:08.14 33.68	300m: 3:15.22 33.42	400m: 4:20.98 32.53	
6. Rajca Wiktor	02	Uks 190 Łódź	4:21.15	536
50m: 30.20 30.20	150m: 1:36.98 33.42	250m: 2:43.62 33.04	350m: 3:49.87 33.29	
100m: 1:03.56 33.36	200m: 2:10.58 33.60	300m: 3:16.58 32.96	400m: 4:21.15 31.28	
7. Dudkiewicz Kacper	02	Uks,, oliborz" Warszawa	4:24.25	518
50m: 30.10 30.10	150m: 1:36.94 33.97	250m: 2:44.98 33.75	350m: 3:52.21 33.06	
100m: 1:02.97 32.87	200m: 2:11.23 34.29	300m: 3:19.15 34.17	400m: 4:24.25 32.04	
8. Porbacki Krystian SOL	02	MTP KORMORAN Olsztyn	4:24.56	516
50m: 30.79 30.79	150m: 1:38.58 33.86	250m: 2:45.99 33.63	350m: 3:52.28 32.94	
100m: 1:04.72 33.93	200m: 2:12.36 33.78	300m: 3:19.34 33.35	400m: 4:24.56 32.28	
9. Sobolewski Dawid SOL	02	MTP KORMORAN Olsztyn	4:24.60	516
50m: 29.15 29.15	150m: 1:35.24 33.67	250m: 2:42.92 33.99	350m: 3:50.78 33.95	
100m: 1:01.57 32.42	200m: 2:08.93 33.69	300m: 3:16.83 33.91	400m: 4:24.60 33.82	
10. Kolańczyk Kacper	02	MKP Kołobrzeg	4:25.32	511
50m: 29.70 29.70	150m: 1:36.01 33.45	250m: 2:43.75 34.05	350m: 3:52.11 34.06	
100m: 1:02.56 32.86	200m: 2:09.70 33.69	300m: 3:18.05 34.30	400m: 4:25.32 33.21	
11. Rybacki Maksymilian	02	K.S.Warta Poznań	4:27.02	502
50m: 29.06 29.06	150m: 1:35.72 33.61	250m: 2:44.08 34.09	350m: 3:52.76 34.43	
100m: 1:02.11 33.05	200m: 2:09.99 34.27	300m: 3:18.33 34.25	400m: 4:27.02 34.26	
12. Sobków Dominik	02	MUKS "Piłastka" Bydgoszcz	4:27.73	498
50m: 29.64 29.64	150m: 1:36.10 33.80	250m: 2:44.64 34.24	350m: 3:53.71 34.37	
100m: 1:02.30 32.66	200m: 2:10.40 34.30	300m: 3:19.34 34.70	400m: 4:27.73 34.02	
13. Abd El Razek Jakub	02	MUKP Warszawianka	4:28.16	495
50m: 30.56 30.56	150m: 1:38.97 34.44	250m: 2:46.71 33.43	350m: 3:54.38 33.97	
100m: 1:04.53 33.97	200m: 2:13.28 34.31	300m: 3:20.41 33.70	400m: 4:28.16 33.78	
14. Lipowski Oskar	02	MKS Polonia Warszawa	4:29.61	487
50m: 29.66 29.66	150m: 1:35.94 33.70	250m: 2:44.63 34.44	350m: 3:55.56 35.87	
100m: 1:02.24 32.58	200m: 2:10.19 34.25	300m: 3:19.69 35.06	400m: 4:29.61 34.05	

Grand Prix Polski w pływaniu Zawody Kwalifikacyjne do Mistrzostw świata w Windsor
Poznań, 19- - 20-11-2016

Konkurencja 23, Chłopców, 400m dowolny, 13 - 14 lat

Pozycja			Rok ur.					Czas	Pkt.		
15.	Szczepanowski Jakub		02	MKP „Słowianka” Gorzów				4:30.94	480		
	50m:	29.33 29.33	150m:	1:37.59	34.47	250m:	2:46.76	34.88	350m:	3:57.08	35.28
	100m:	1:03.12 33.79	200m:	2:11.88	34.29	300m:	3:21.80	35.04	400m:	4:30.94	33.86
16.	Lik Kacper SŁ		02	MKS Jedynka Łódź				4:31.15	479		
	50m:	31.08 31.08	150m:	1:40.43	34.76	250m:	2:49.35	34.50	350m:	3:57.62	33.90
	100m:	1:05.67 34.59	200m:	2:14.85	34.42	300m:	3:23.72	34.37	400m:	4:31.15	33.53
17.	Wyborski Jakub		02	MZOS Płock				4:32.38	473		
	50m:	29.10 29.10	150m:	1:38.74	34.83	250m:	2:48.70	34.84	350m:	3:58.48	35.00
	100m:	1:03.91 34.81	200m:	2:13.86	35.12	300m:	3:23.48	34.78	400m:	4:32.38	33.90
18.	Chelstowski Maciej		02	MKS Polonia Warszawa				4:32.71	471		
	50m:	30.47 30.47	150m:	1:38.74	34.45	250m:	2:48.70	35.00	350m:	3:59.38	35.30
	100m:	1:04.29 33.82	200m:	2:13.70	34.96	300m:	3:24.08	35.38	400m:	4:32.71	33.33
19.	Krzemiński Kacper		02	KS Delfin Gdynia				4:32.91	470		
	50m:	31.61 31.61	150m:	1:42.05	34.93	250m:	2:50.98	34.09	350m:	3:59.69	33.98
	100m:	1:07.12 35.51	200m:	2:16.89	34.84	300m:	3:25.71	34.73	400m:	4:32.91	33.22
20.	Malinowski Paweł		02	MKP „Słowianka” Gorzów				4:34.79	460		
	50m:	30.55 30.55	150m:	1:40.15	35.17	250m:	2:50.82	35.39	350m:	4:01.02	35.01
	100m:	1:04.98 34.43	200m:	2:15.43	35.28	300m:	3:26.01	35.19	400m:	4:34.79	33.77
21.	Kowalczyk Michał		02	Uks „oliborz” Warszawa				4:34.85	460		
	50m:	30.72 30.72	150m:	1:39.53	34.96	250m:	2:49.75	35.26	350m:	4:00.41	35.46
	100m:	1:04.57 33.85	200m:	2:14.49	34.96	300m:	3:24.95	35.20	400m:	4:34.85	34.44
22.	Borzemek Hubert		02	UKS 307 Warszawa-Mokotów				4:39.13	439		
	50m:	32.11 32.11	150m:	2:19.67	35.68	250m:	3:30.98	35.61	350m:		
	100m:	1:43.99 1:11.88	200m:	2:55.37	35.70	300m:	4:06.79	35.81	400m:	4:39.13	
23.	Soból Przemysław		02	MKS Polonia Warszawa				4:39.16	439		
	50m:	30.11 30.11	150m:	1:41.91	36.85	250m:	2:55.10	36.17	350m:	4:06.63	35.31
	100m:	1:05.06 34.95	200m:	2:18.93	37.02	300m:	3:31.32	36.22	400m:	4:39.16	32.53
24.	Tomczak Tymoteusz		02	UKS CITYZEN Poznań				4:42.53	423		
	50m:	31.08 31.08	150m:	1:41.06	35.33	250m:	2:53.19	35.90	350m:	4:06.48	36.78
	100m:	1:05.73 34.65	200m:	2:17.29	36.23	300m:	3:29.70	36.51	400m:	4:42.53	36.05
25.	Kowalski Jakub		02	MKP „Słowianka” Gorzów				4:42.62	423		
	50m:	32.26 32.26	150m:	1:44.86	36.21	250m:	2:58.01	36.87	350m:	4:09.69	35.72
	100m:	1:08.65 36.39	200m:	2:21.14	36.28	300m:	3:33.97	35.96	400m:	4:42.62	32.93
26.	Górski Jakub		02	MKP „Słowianka” Gorzów				4:43.39	420		
	50m:	31.28 31.28	150m:	1:42.69	36.17	250m:	2:55.31	36.43	350m:	4:09.02	37.23
	100m:	1:06.52 35.24	200m:	2:18.88	36.19	300m:	3:31.79	36.48	400m:	4:43.39	34.37
27.	Janiak Karol		02	MKP „Słowianka” Gorzów				4:44.93	413		
	50m:	31.95 31.95	150m:	1:44.64	36.35	250m:	2:56.98	36.33	350m:	4:09.76	36.04
	100m:	1:08.29 36.34	200m:	2:20.65	36.01	300m:	3:33.72	36.74	400m:	4:44.93	35.17
28.	Stanisławski Kacper		02	UKS TRÓJKA rodzina Wlkp.				4:45.88	409		
	50m:	31.89 31.89	150m:	1:43.13	36.02	250m:	2:56.48	36.87	350m:	4:10.30	37.00
	100m:	1:07.11 35.22	200m:	2:19.61	36.48	300m:	3:33.30	36.82	400m:	4:45.88	35.58
29.	Jaroszewski Łukasz		02	Uks „oliborz” Warszawa				5:04.28	339		
	50m:	34.26 34.26	150m:	1:52.36	39.36	250m:	3:10.48	39.07	350m:	4:27.70	38.26
	100m:	1:13.00 38.74	200m:	2:31.41	39.05	300m:	3:49.44	38.96	400m:	5:04.28	36.58
30.	Mrówczyński Kacper		02	Extreme Team Oborniki				5:27.19	272		
	50m:	36.12 36.12	150m:	1:57.71	41.33	250m:	3:21.38	41.63	350m:	4:46.24	41.76
	100m:	1:16.38 40.26	200m:	2:39.75	42.04	300m:	4:04.48	43.10	400m:	5:27.19	40.95

Grand Prix Polski w pływaniu Zawody Kwalifikacyjne do Mistrzostw świata w Windsor
Pozna , 19- - 20-11-2016

Konkurencja 23, M czyzn, 400m dowolny

15 lat

1.	Mo cicki Jakub SOL	01	MTP KORMORAN Olsztyn	4:01.93	675
	50m: 27.80 27.80	150m: 1:28.09 30.18	250m: 2:29.48 30.72	350m: 3:31.58 31.11	
	100m: 57.91 30.11	200m: 1:58.76 30.67	300m: 3:00.47 30.99	400m: 4:01.93 30.35	
2.	Piotrowski Kacper	01	WKS I sk Wrocław	4:04.48	654
	50m: 27.92 27.92	150m: 1:29.71 31.18	250m: 2:32.28 31.11	350m: 3:34.61 31.18	
	100m: 58.53 30.61	200m: 2:01.17 31.46	300m: 3:03.43 31.15	400m: 4:04.48 29.87	
3.	Bugała Krzysztof SSz	01	MKP Szczecin	4:07.43	631
	50m: 28.30 28.30	150m: 1:30.19 31.29	250m: 2:33.05 31.54	350m: 3:36.52 31.77	
	100m: 58.90 30.60	200m: 2:01.51 31.32	300m: 3:04.75 31.70	400m: 4:07.43 30.91	
4.	Paj k Bartosz	01	Buks Warszawa	4:07.73	628
	50m: 27.95 27.95	150m: 1:30.08 31.33	250m: 2:33.64 31.84	350m: 3:37.44 32.12	
	100m: 58.75 30.80	200m: 2:01.80 31.72	300m: 3:05.32 31.68	400m: 4:07.73 30.29	
5.	Drozda Jakub	01	MKP „Słowianka” Gorzów	4:09.99	612
	50m: 28.54 28.54	150m: 1:31.19 31.54	250m: 2:35.27 32.22	350m: 3:38.98 31.55	
	100m: 59.65 31.11	200m: 2:03.05 31.86	300m: 3:07.43 32.16	400m: 4:09.99 31.01	
6.	Wilejto Igor	01	Dwójka Tczew	4:10.52	608
	50m: 29.06 29.06	150m: 1:32.29 32.08	250m: 2:36.16 32.28	350m: 3:39.99 31.83	
	100m: 1:00.21 31.15	200m: 2:03.88 31.59	300m: 3:08.16 32.00	400m: 4:10.52 30.53	
7.	Urba ski Michał	01	KS Delfin Gdynia	4:10.85	605
	50m: 29.25 29.25	150m: 1:32.61 31.81	250m: 2:36.84 32.21	350m: 3:40.57 31.69	
	100m: 1:00.80 31.55	200m: 2:04.63 32.02	300m: 3:08.88 32.04	400m: 4:10.85 30.28	
8.	Wo ny Wiktor	01	UKS Shark Rudna	4:13.82	584
	50m: 28.93 28.93	150m: 1:32.42 31.97	250m: 2:37.12 32.17	350m: 3:42.28 32.45	
	100m: 1:00.45 31.52	200m: 2:04.95 32.53	300m: 3:09.83 32.71	400m: 4:13.82 31.54	
9.	Komorowski Jan	01	MKS Trójka Łód	4:13.94	583
	50m: 28.94 28.94	150m: 1:33.37 32.24	250m: 2:38.68 32.36	350m: 3:43.58 31.95	
	100m: 1:01.13 32.19	200m: 2:06.32 32.95	300m: 3:11.63 32.95	400m: 4:13.94 30.36	
10.	Rój Jakub SSz	01	MKP Szczecin	4:14.13	582
	50m: 29.01 29.01	150m: 1:34.08 32.76	250m: 2:39.37 32.69	350m: 3:43.77 31.99	
	100m: 1:01.32 32.31	200m: 2:06.68 32.60	300m: 3:11.78 32.41	400m: 4:14.13 30.36	
11.	Leszega Szymon	01	KS Delfin Gdynia	4:15.68	572
	50m: 29.49 29.49	150m: 1:34.50 32.70	250m: 2:38.55 31.38	350m: 3:44.12 33.34	
	100m: 1:01.80 32.31	200m: 2:07.17 32.67	300m: 3:10.78 32.23	400m: 4:15.68 31.56	
12.	Muszy ski Jakub	01	MUKS "Pi tnastka" Bydgoszcz	4:16.02	569
	50m: 29.86 29.86	150m: 1:35.18 32.66	250m: 2:40.12 32.32	350m: 3:44.73 32.20	
	100m: 1:02.52 32.66	200m: 2:07.80 32.62	300m: 3:12.53 32.41	400m: 4:16.02 31.29	
13.	Rytter Igor	01	WKS I sk Wrocław	4:17.31	561
	50m: 29.39 29.39	150m: 1:33.84 32.63	250m: 2:38.79 32.49	350m: 3:42.83 31.57	
	100m: 1:01.21 31.82	200m: 2:06.30 32.46	300m: 3:11.26 32.47	400m: 4:17.31 34.48	
14.	Korzeniewski Witold	01	MKP „Słowianka” Gorzów	4:19.88	544
	50m: 28.60 28.60	150m: 1:33.85 33.27	250m: 2:40.10 33.30	350m: 3:47.14 33.49	
	100m: 1:00.58 31.98	200m: 2:06.80 32.95	300m: 3:13.65 33.55	400m: 4:19.88 32.74	
15.	Król Mateusz	01	Mks - Astoria Bydgoszcz	4:20.15	543
	50m: 29.36 29.36	150m: 1:35.11 33.05	250m: 2:41.86 33.63	350m: 3:47.69 32.20	
	100m: 1:02.06 32.70	200m: 2:08.23 33.12	300m: 3:15.49 33.63	400m: 4:20.15 32.46	
16.	Gu cin Eryk	01	UKS Shark Rudna	4:20.98	537
	50m: 29.46 29.46	150m: 1:36.15 33.33	250m: 2:42.48 32.63	350m: 3:48.16 32.97	
	100m: 1:02.82 33.36	200m: 2:09.85 33.70	300m: 3:15.19 32.71	400m: 4:20.98 32.82	
17.	migielski Mateusz	01	MKS Jedyńka Łód	4:23.12	524
	50m: 30.07 30.07	150m: 1:37.83 33.95	250m: 2:44.35 32.59	350m: 3:50.46 33.35	
	100m: 1:03.88 33.81	200m: 2:11.76 33.93	300m: 3:17.11 32.76	400m: 4:23.12 32.66	
18.	Zimniak Szymon	01	UKS CITYZEN Pozna	4:25.29	512
	50m: 31.33 31.33	150m: 1:39.67 33.68	250m: 2:46.01 33.01	350m: 3:52.87 32.95	
	100m: 1:05.99 34.66	200m: 2:13.00 33.33	300m: 3:19.92 33.91	400m: 4:25.29 32.42	

Grand Prix Polski w pływaniu Zawody Kwalifikacyjne do Mistrzostw świata w Windsor
Poznań, 19- - 20-11-2016

Konkurencja 23, Chłopców, 400m dowolny, 15 lat

Pozycja			Rok ur.					Czas	Pkt.
19.	Senkowski Kacper		01	UKS G 8 - bielany			4:25.55	510	
	50m: 30.44	30.44	150m: 1:37.58	33.76	250m: 2:46.25	34.31	350m: 3:53.90	33.74	
	100m: 1:03.82	33.38	200m: 2:11.94	34.36	300m: 3:20.16	33.91	400m: 4:25.55	31.65	
20.	Czerwiński Łukasz		01	UKS JAGIELLONKA Warszawa			4:28.08	496	
	50m: 29.89	29.89	150m: 1:36.96	33.96	250m: 2:46.08	34.60	350m: 3:54.75	34.37	
	100m: 1:03.00	33.11	200m: 2:11.48	34.52	300m: 3:20.38	34.30	400m: 4:28.08	33.33	
21.	Kamiński Dawid		01	MKP Szczecin			4:28.67	493	
	50m: 30.58	30.58	150m: 1:37.66	33.81	250m: 2:46.18	34.65	350m: 3:55.30	34.32	
	100m: 1:03.85	33.27	200m: 2:11.53	33.87	300m: 3:20.98	34.80	400m: 4:28.67	33.37	
22.	Zagrzejewski Tomasz		01	UKS Gim 92 Ursynów W-wa			4:29.99	485	
	50m: 30.45	30.45	150m: 1:37.84	34.20	250m: 2:46.56	34.29	350m: 3:55.60	34.56	
	100m: 1:03.64	33.19	200m: 2:12.27	34.43	300m: 3:21.04	34.48	400m: 4:29.99	34.39	
23.	Ratajczak Mateusz		01	KS Poznań			4:30.36	483	
	50m: 30.90	30.90	150m: 1:39.02	34.05	250m: 2:47.76	33.99	350m: 3:56.80	34.47	
	100m: 1:04.97	34.07	200m: 2:13.77	34.75	300m: 3:22.33	34.57	400m: 4:30.36	33.56	
24.	Jochymek Oskar		01	WKS I sk Wrocław			4:31.42	478	
	50m: 29.30	29.30	150m: 1:37.40	34.55	250m: 2:46.98	34.60	350m: 3:55.92	34.31	
	100m: 1:02.85	33.55	200m: 2:12.38	34.98	300m: 3:21.61	34.63	400m: 4:31.42	35.50	
25.	Kwapisz Arkadiusz		01	UKP MANTA Jelcz-Laskowice			4:31.84	475	
	50m: 30.98	30.98	150m: 1:38.85	34.28	250m: 2:48.09	34.50	350m: 3:57.78	34.97	
	100m: 1:04.57	33.59	200m: 2:13.59	34.74	300m: 3:22.81	34.72	400m: 4:31.84	34.06	
26.	Kotarski Jakub		01	Buks Warszawa			4:35.88	455	
	50m: 30.99	30.99	150m: 1:40.59	35.01	250m: 2:51.11	35.17	350m: 4:01.39	34.89	
	100m: 1:05.58	34.59	200m: 2:15.94	35.35	300m: 3:26.50	35.39	400m: 4:35.88	34.49	
27.	Borsuk Łukasz		01	UKP Fala Krańnik			4:38.71	441	
	50m: 30.35	30.35	150m: 1:39.35	35.43	250m: 2:51.07	36.09	350m: 4:04.73	36.92	
	100m: 1:03.92	33.57	200m: 2:14.98	35.63	300m: 3:27.81	36.74	400m: 4:38.71	33.98	
28.	Skrocki Maciej		01	MZOS Płock			4:39.31	438	
	50m: 30.38	30.38	150m: 1:40.34	35.24	250m: 2:52.19	36.11	350m: 4:04.50	36.22	
	100m: 1:05.10	34.72	200m: 2:16.08	35.74	300m: 3:28.28	36.09	400m: 4:39.31	34.81	
29.	Kacper Wielgus		01	KS Poznań			4:49.15	395	
	50m: 32.70	32.70	150m: 1:45.85	37.08	250m: 2:59.67	36.73	350m: 4:13.54	36.76	
	100m: 1:08.77	36.07	200m: 2:22.94	37.09	300m: 3:36.78	37.11	400m: 4:49.15	35.61	
30.	Pawlak Mateusz		01	KS Poznań			4:53.02	380	
	50m: 31.82	31.82	150m: 1:44.81	36.59	250m: 2:59.76	37.93	350m: 4:16.26	38.40	
	100m: 1:08.22	36.40	200m: 2:21.83	37.02	300m: 3:37.86	38.10	400m: 4:53.02	36.76	
31.	Biliński Szymon		01	MKP „Słowianka” Gorzów			4:56.15	368	
	50m: 34.09	34.09	150m: 1:48.77	37.80	250m: 3:04.62	37.33	350m: 4:19.88	37.32	
	100m: 1:10.97	36.88	200m: 2:27.29	38.52	300m: 3:42.56	37.94	400m: 4:56.15	36.27	

16 lat

1.	Kraska Jakub		00	UKS Piłkarska Konstantynów Łódzki			3:52.07	765
	50m: 26.31	26.31	150m: 1:24.76	29.49	250m: 2:24.36	29.82	350m: 3:23.88	29.31
	100m: 55.27	28.96	200m: 1:54.54	29.78	300m: 2:54.57	30.21	400m: 3:52.07	28.19
2.	Młynarczyk Karol		00	UKS G 8 - bielany			3:53.69	749
	50m: 26.59	26.59	150m: 1:25.87	30.04	250m: 2:25.30	29.54	350m: 3:24.51	29.43
	100m: 55.83	29.24	200m: 1:55.76	29.89	300m: 2:55.08	29.78	400m: 3:53.69	29.18
3.	Koziejko Bartłomiej SOL		00	MTP KORMORAN Olsztyn			3:56.30	724
	50m: 27.00	27.00	150m: 1:26.24	29.90	250m: 2:26.07	29.95	350m: 3:26.71	30.35
	100m: 56.34	29.34	200m: 1:56.12	29.88	300m: 2:56.36	30.29	400m: 3:56.30	29.59
4.	Kiełczewski Amadeusz SSz		00	MKP Szczecin			3:58.20	707
	50m: 26.94	26.94	150m: 1:26.67	30.20	250m: 2:27.28	30.24	350m: 3:28.59	30.61
	100m: 56.47	29.53	200m: 1:57.04	30.37	300m: 2:57.98	30.70	400m: 3:58.20	29.61

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Pozycja			Rok ur.					Czas	Pkt.			
5.	Kalkowski Dawid	SOL	00	MTP KORMORAN Olsztyn				4:04.65	652			
	50m:	28.09	28.09	150m:	1:28.98	30.78	250m:	2:31.42	31.38	350m:	3:34.40	31.69
	100m:	58.20	30.11	200m:	2:00.04	31.06	300m:	3:02.71	31.29	400m:	4:04.65	30.25
6.	Guzior Maciej		00	MZOS Płock				4:06.62	637			
	50m:	28.53	28.53	150m:	1:32.48	32.23	250m:	2:35.43	31.25	350m:	3:36.97	30.51
	100m:	1:00.25	31.72	200m:	2:04.18	31.70	300m:	3:06.46	31.03	400m:	4:06.62	29.65
7.	Topolski Dawid		00	MKS Trójka Łódź				4:07.67	629			
	50m:	28.64	28.64	150m:	1:31.34	31.55	250m:	2:35.13	31.96	350m:	3:38.47	31.52
	100m:	59.79	31.15	200m:	2:03.17	31.83	300m:	3:06.95	31.82	400m:	4:07.67	29.20
8.	Borkowski Kacper	SL	00	CSiR MOS D browa Górnicza				4:08.72	621			
	50m:	29.38	29.38	150m:	1:32.69	32.25	250m:	2:36.67	32.05	350m:	3:39.06	30.65
	100m:	1:00.44	31.06	200m:	2:04.62	31.93	300m:	3:08.41	31.74	400m:	4:08.72	29.66
9.	Fiks Krzysztof		00	Uks 190 Łódź				4:08.86	620			
	50m:	29.22	29.22	150m:	1:32.25	31.87	250m:	2:36.24	31.86	350m:	3:39.35	31.52
	100m:	1:00.38	31.16	200m:	2:04.38	32.13	300m:	3:07.83	31.59	400m:	4:08.86	29.51
10.	Prus Mateusz		00	KP Astromal Akwawit Leszno				4:12.25	595			
	50m:	29.22	29.22	150m:	1:33.24	32.03	250m:	2:36.70	31.40	350m:	3:40.85	32.07
	100m:	1:01.21	31.99	200m:	2:05.30	32.06	300m:	3:08.78	32.08	400m:	4:12.25	31.40
11.	Tarady Jakub	SZG	00	TP Zielona Góra				4:12.90	591			
	50m:	28.68	28.68	150m:	1:33.22	32.29	250m:	2:37.52	31.72	350m:	3:41.83	32.10
	100m:	1:00.93	32.25	200m:	2:05.80	32.58	300m:	3:09.73	32.21	400m:	4:12.90	31.07
12.	Nowak Kacper	SO	00	UKP Unia O wi cim				4:14.48	580			
	50m:	29.22	29.22	150m:	1:33.95	32.51	250m:	2:38.73	32.32	350m:	3:43.39	32.28
	100m:	1:01.44	32.22	200m:	2:06.41	32.46	300m:	3:11.11	32.38	400m:	4:14.48	31.09
13.	Lewandowski Michał		00	Zryw Opole				4:14.91	577			
	50m:	29.13	29.13	150m:	1:33.43	32.28	250m:	2:37.66	31.88	350m:	3:42.34	32.40
	100m:	1:01.15	32.02	200m:	2:05.78	32.35	300m:	3:09.94	32.28	400m:	4:14.91	32.57
14.	Jordan Artur		00	KS Fenix O arów Mazowiecki				4:20.65	539			
	50m:	30.17	30.17	150m:	1:35.41	32.86	250m:	2:41.82	33.36	350m:	3:48.25	33.00
	100m:	1:02.55	32.38	200m:	2:08.46	33.05	300m:	3:15.25	33.43	400m:	4:20.65	32.40
15.	Szynalski Szymon		00	UPKS Wodnik Rawicz				4:23.85	520			
	50m:	29.81	29.81	150m:	1:36.07	32.88	250m:	2:42.81	33.03	350m:	3:51.09	34.17
	100m:	1:03.19	33.38	200m:	2:09.78	33.71	300m:	3:16.92	34.11	400m:	4:23.85	32.76
16.	Plauszta Arnold		00	MUKS Olimpijczyk				4:25.70	509			
	50m:	29.10	29.10	150m:	1:34.97	33.40	250m:	2:43.25	34.45	350m:	3:52.00	34.53
	100m:	1:01.57	32.47	200m:	2:08.80	33.83	300m:	3:17.47	34.22	400m:	4:25.70	33.70

17 - 18 lat

1.	Kasztelan Mateusz	SOL	98	MTP KORMORAN Olsztyn				3:50.24	783			
	50m:	26.33	26.33	150m:	1:24.24	29.14	250m:	2:22.75	29.03	350m:	3:21.42	29.38
	100m:	55.10	28.77	200m:	1:53.72	29.48	300m:	2:52.04	29.29	400m:	3:50.24	28.82
2.	Piszczorowicz Bartosz		99	UKS G 8 - bielany				3:52.06	765			
	50m:	26.32	26.32	150m:	1:24.85	29.34	250m:	2:24.78	29.94	350m:	3:24.39	29.55
	100m:	55.51	29.19	200m:	1:54.84	29.99	300m:	2:54.84	30.06	400m:	3:52.06	27.67
3.	Arndt Mateusz		98	KS Delfin Gdynia				3:54.38	742			
	50m:	27.09	27.09	150m:	1:25.80	29.53	250m:	2:24.69	29.42	350m:	3:24.80	30.31
	100m:	56.27	29.18	200m:	1:55.27	29.47	300m:	2:54.49	29.80	400m:	3:54.38	29.58
4.	Skierka Jakub		98	Trops Kartuzy				3:55.92	728			
	50m:	27.93	27.93	150m:	1:28.38	30.40	250m:	2:29.19	30.18	350m:	3:27.69	28.78
	100m:	57.98	30.05	200m:	1:59.01	30.63	300m:	2:58.91	29.72	400m:	3:55.92	28.23
5.	Katły ski Antoni		99	MUKP Warszawianka				3:57.49	713			
	50m:	26.79	26.79	150m:	1:26.43	30.25	250m:	2:27.05	30.18	350m:	3:28.08	30.59
	100m:	56.18	29.39	200m:	1:56.87	30.44	300m:	2:57.49	30.44	400m:	3:57.49	29.41

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Pozycja			Rok ur.					Czas	Pkt.			
6.	Rój KONRAD	SSz	98	MKP Szczecin				3:58.01	709			
	50m:	27.84	27.84	150m:	1:27.90	30.08	250m:	2:28.56	30.32	350m:	3:28.97	30.05
	100m:	57.82	29.98	200m:	1:58.24	30.34	300m:	2:58.92	30.36	400m:	3:58.01	29.04
7.	Choda Alan	SOL	98	MTP KORMORAN Olsztyn				3:59.88	692			
	50m:	26.95	26.95	150m:	1:27.23	30.31	250m:	2:28.51	30.62	350m:	3:29.70	30.35
	100m:	56.92	29.97	200m:	1:57.89	30.66	300m:	2:59.35	30.84	400m:	3:59.88	30.18
8.	Bujak Dominik		99	Salos Cortile Kielce				4:00.13	690			
	50m:	27.68	27.68	150m:	1:28.60	30.66	250m:	2:29.94	30.45	350m:	3:30.66	30.20
	100m:	57.94	30.26	200m:	1:59.49	30.89	300m:	3:00.46	30.52	400m:	4:00.13	29.47
9.	Chrzanowski Damian		98	MZOS Płock				4:00.37	688			
	50m:	28.35	28.35	150m:	1:30.51	31.20	250m:	2:32.01	30.16	350m:	3:32.07	29.85
	100m:	59.31	30.96	200m:	2:01.85	31.34	300m:	3:02.22	30.21	400m:	4:00.37	28.30
10.	Krawczyk Paweł		99	BukS Warszawa				4:01.05	682			
	50m:	27.09	27.09	150m:	1:26.96	30.26	250m:	2:28.30	30.71	350m:	3:31.02	31.34
	100m:	56.70	29.61	200m:	1:57.59	30.63	300m:	2:59.68	31.38	400m:	4:01.05	30.03
11.	Bru dziak Maciej	SOL	98	MTP KORMORAN Olsztyn				4:01.31	680			
	50m:	27.66	27.66	150m:	1:28.26	30.67	250m:	2:30.04	30.79	350m:	3:31.84	30.93
	100m:	57.59	29.93	200m:	1:59.25	30.99	300m:	3:00.91	30.87	400m:	4:01.31	29.47
12.	Fr czek Paweł		98	Mkp				4:01.40	679			
	50m:	28.35	28.35	150m:	1:29.47	30.89	250m:	2:31.28	30.93	350m:	3:32.52	30.38
	100m:	58.58	30.23	200m:	2:00.35	30.88	300m:	3:02.14	30.86	400m:	4:01.40	28.88
13.	Popis EMIL	SSz	98	MKP Szczecin				4:01.92	675			
	50m:	27.97	27.97	150m:	1:28.95	30.70	250m:	2:30.73	30.89	350m:	3:32.32	30.77
	100m:	58.25	30.28	200m:	1:59.84	30.89	300m:	3:01.55	30.82	400m:	4:01.92	29.60
14.	D bski DOMINIK	SSz	98	MKP Szczecin				4:06.60	637			
	50m:	28.16	28.16	150m:	1:29.56	30.81	250m:	2:32.36	31.49	350m:	3:35.57	31.65
	100m:	58.75	30.59	200m:	2:00.87	31.31	300m:	3:03.92	31.56	400m:	4:06.60	31.03
15.	Rybak Konrad	SOL	98	PIRANIA Targówek				4:08.58	622			
	50m:	28.78	28.78	150m:	1:31.95	31.68	250m:	2:34.99	31.48	350m:	3:38.13	31.39
	100m:	1:00.27	31.49	200m:	2:03.51	31.56	300m:	3:06.74	31.75	400m:	4:08.58	30.45
16.	Prószy ski Igor		99	MKP Szczecin				4:08.77	621			
	50m:	29.26	29.26	150m:	1:32.46	31.53	250m:	2:35.69	31.81	350m:	3:38.90	31.20
	100m:	1:00.93	31.67	200m:	2:03.88	31.42	300m:	3:07.70	32.01	400m:	4:08.77	29.87
17.	Marczuk Szymon	SL	99	KU AZS UMCS Lublin				4:09.90	612			
	50m:	27.32	27.32	150m:	1:30.46	32.16	250m:	2:34.39	32.04	350m:	3:38.88	32.10
	100m:	58.30	30.98	200m:	2:02.35	31.89	300m:	3:06.78	32.39	400m:	4:09.90	31.02
18.	Macner Michał	SOL	99	MTP KORMORAN Olsztyn				4:10.01	611			
	50m:	28.99	28.99	150m:	1:31.76	31.24	250m:	2:35.02	31.56	350m:	3:38.65	31.92
	100m:	1:00.52	31.53	200m:	2:03.46	31.70	300m:	3:06.73	31.71	400m:	4:10.01	31.36
19.	Szczepa ski Kacper		99	Mks - Astoria Bydgoszcz				4:13.02	590			
	50m:	27.92	27.92	150m:	1:30.61	31.59	250m:	2:35.61	32.64	350m:	3:41.44	33.14
	100m:	59.02	31.10	200m:	2:02.97	32.36	300m:	3:08.30	32.69	400m:	4:13.02	31.58
20.	Bednarz Mateusz	SL	99	UKS Skarpa Lublin				4:18.16	555			
	50m:	30.23	30.23	150m:	1:35.82	33.12	250m:	2:41.72	32.87	350m:	3:46.56	32.21
	100m:	1:02.70	32.47	200m:	2:08.85	33.03	300m:	3:14.35	32.63	400m:	4:18.16	31.60
21.	Walaszek J drzej	SOL	98	MTP KORMORAN Olsztyn				4:19.28	548			
	50m:	28.84	28.84	150m:	1:34.30	32.95	250m:	2:41.29	33.72	350m:	3:47.03	33.27
	100m:	1:01.35	32.51	200m:	2:07.57	33.27	300m:	3:13.76	32.47	400m:	4:19.28	32.25
22.	Stawaruk Michał		99	MKS Jedyńka Łódź				4:21.72	533			
	50m:	29.66	29.66	150m:	1:33.59	31.11	250m:	2:40.13	33.47	350m:	3:47.93	33.67
	100m:	1:02.48	32.82	200m:	2:06.66	33.07	300m:	3:14.26	34.13	400m:	4:21.72	33.79
23.	G sior Sebastian	SL	99	KU AZS UMCS Lublin				4:22.65	527			
	50m:	29.40	29.40	150m:	1:34.84	32.75	250m:	2:41.40	33.17	350m:	3:49.05	33.96
	100m:	1:02.09	32.69	200m:	2:08.23	33.39	300m:	3:15.09	33.69	400m:	4:22.65	33.60

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Pozycja			Rok ur.					Czas	Pkt.
24.	Kostanowicz Artur		98	MUKP Warszawianka				4:22.70	527
	50m:	29.79 29.79	150m:	1:36.37 33.65	250m:	2:43.37 33.55	350m:	3:49.68 33.07	
	100m:	1:02.72 32.93	200m:	2:09.82 33.45	300m:	3:16.61 33.24	400m:	4:22.70 33.02	
25.	Gier Olivier SOL		99	MTP KORMORAN Olsztyn				4:25.60	510
	50m:	29.41 29.41	150m:	1:34.85 32.92	250m:	2:42.30 34.13	350m:	3:51.40 33.82	
	100m:	1:01.93 32.52	200m:	2:08.17 33.32	300m:	3:17.58 35.28	400m:	4:25.60 34.20	
26.	Winiarski Mateusz		99	Legia Warszawa				4:28.76	492
	50m:	28.39 28.39	150m:	1:36.05 34.58	250m:	2:45.79 34.93	350m:	3:55.70 35.02	
	100m:	1:01.47 33.08	200m:	2:10.86 34.81	300m:	3:20.68 34.89	400m:	4:28.76 33.06	
27.	Nowicki Kacper		98	Fala Swarzędz				4:38.72	441
	50m:	29.69 29.69	150m:	1:39.80 35.61	250m:	2:53.35 37.05	350m:	4:05.33 35.78	
	100m:	1:04.19 34.50	200m:	2:16.30 36.50	300m:	3:29.55 36.20	400m:	4:38.72 33.39	

13 lat i starsi

1.	Wojdak Wojciech		96	UKP Unia Olimpijczyków				3:38.01	922
	<i>Minimum Mistrzostw świata</i>								
	50m:	25.15 25.15	150m:	1:19.12 27.06	250m:	2:14.01 27.58	350m:	3:10.29 28.37	
	100m:	52.06 26.91	200m:	1:46.43 27.31	300m:	2:41.92 27.91	400m:	3:38.01 27.72	
2.	Majchrzak Kacper		92	K.S.Warta Poznań				3:43.93	851
	50m:	25.89 25.89	150m:	1:22.42 28.40	250m:	2:18.86 28.06	350m:	3:15.68 28.37	
	100m:	54.02 28.13	200m:	1:50.80 28.38	300m:	2:47.31 28.45	400m:	3:43.93 28.25	
3.	Zaborowski Filip		94	MKP Szczecin				3:46.86	818
	50m:	26.18 26.18	150m:	1:23.24 28.54	250m:	2:20.49 28.61	350m:	3:18.39 29.09	
	100m:	54.70 28.52	200m:	1:51.88 28.64	300m:	2:49.30 28.81	400m:	3:46.86 28.47	
4.	Kasztelan Mateusz SOL		98	MTP KORMORAN Olsztyn				3:50.24	783
	50m:	26.33 26.33	150m:	1:24.24 29.14	250m:	2:22.75 29.03	350m:	3:21.42 29.38	
	100m:	55.10 28.77	200m:	1:53.72 29.48	300m:	2:52.04 29.29	400m:	3:50.24 28.82	
5.	Piszczorowicz Bartosz		99	UKS G 8 - bielany				3:52.06	765
	50m:	26.32 26.32	150m:	1:24.85 29.34	250m:	2:24.78 29.94	350m:	3:24.39 29.55	
	100m:	55.51 29.19	200m:	1:54.84 29.99	300m:	2:54.84 30.06	400m:	3:52.06 27.67	
6.	Kraska Jakub		00	UKS Piłkarzy Konstantynów Łódzki				3:52.07	765
	50m:	26.31 26.31	150m:	1:24.76 29.49	250m:	2:24.36 29.82	350m:	3:23.88 29.31	
	100m:	55.27 28.96	200m:	1:54.54 29.78	300m:	2:54.57 30.21	400m:	3:52.07 28.19	
7.	Młynarczyk Karol		00	UKS G 8 - bielany				3:53.69	749
	50m:	26.59 26.59	150m:	1:25.87 30.04	250m:	2:25.30 29.54	350m:	3:24.51 29.43	
	100m:	55.83 29.24	200m:	1:55.76 29.89	300m:	2:55.08 29.78	400m:	3:53.69 29.18	
8.	Arndt Mateusz		98	KS Delfin Gdynia				3:54.38	742
	50m:	27.09 27.09	150m:	1:25.80 29.53	250m:	2:24.69 29.42	350m:	3:24.80 30.31	
	100m:	56.27 29.18	200m:	1:55.27 29.47	300m:	2:54.49 29.80	400m:	3:54.38 29.58	
9.	Kaczmarski Marcin		94	Azs Awf Warszawa				3:54.90	737
	50m:	26.58 26.58	150m:	1:26.12 30.12	250m:	2:26.34 29.90	350m:	3:25.99 29.75	
	100m:	56.00 29.42	200m:	1:56.44 30.32	300m:	2:56.24 29.90	400m:	3:54.90 28.91	
10.	Klich Kacper		94	WKS Łódź Wrocław				3:55.88	728
	50m:	26.50 26.50	150m:	1:24.31 29.02	250m:	2:24.11 30.12	350m:	3:25.78 30.96	
	100m:	55.29 28.79	200m:	1:53.99 29.68	300m:	2:54.82 30.71	400m:	3:55.88 30.10	
11.	Skierka Jakub		98	Trops Kartuszy				3:55.92	728
	50m:	27.93 27.93	150m:	1:28.38 30.40	250m:	2:29.19 30.18	350m:	3:27.69 28.78	
	100m:	57.98 30.05	200m:	1:59.01 30.63	300m:	2:58.91 29.72	400m:	3:55.92 28.23	
12.	Koziejko Bartłomiej SOL		00	MTP KORMORAN Olsztyn				3:56.30	724
	50m:	27.00 27.00	150m:	1:26.24 29.90	250m:	2:26.07 29.95	350m:	3:26.71 30.35	
	100m:	56.34 29.34	200m:	1:56.12 29.88	300m:	2:56.36 30.29	400m:	3:56.30 29.59	
13.	Kałużycki Antoni		99	MUKP Warszawianka				3:57.49	713
	50m:	26.79 26.79	150m:	1:26.43 30.25	250m:	2:27.05 30.18	350m:	3:28.08 30.59	
	100m:	56.18 29.39	200m:	1:56.87 30.44	300m:	2:57.49 30.44	400m:	3:57.49 29.41	

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Pozycja			Rok ur.					Czas	Pkt.		
14.	Rój KONRAD SSz		98	MKP Szczecin				3:58.01	709		
	50m:	27.84 27.84	150m:	1:27.90	30.08	250m:	2:28.56	30.32	350m:	3:28.97	30.05
	100m:	57.82 29.98	200m:	1:58.24	30.34	300m:	2:58.92	30.36	400m:	3:58.01	29.04
15.	Kiełczewski Amadeusz SSz		00	MKP Szczecin				3:58.20	707		
	50m:	26.94 26.94	150m:	1:26.67	30.20	250m:	2:27.28	30.24	350m:	3:28.59	30.61
	100m:	56.47 29.53	200m:	1:57.04	30.37	300m:	2:57.98	30.70	400m:	3:58.20	29.61
16.	Jura Maciej		96	WKS I sk Wrocław				3:58.21	707		
	50m:	26.85 26.85	150m:	1:25.13	29.44	250m:	2:25.83	30.62	350m:	3:27.50	30.90
	100m:	55.69 28.84	200m:	1:55.21	30.08	300m:	2:56.60	30.77	400m:	3:58.21	30.71
17.	Głyk Wojciech		92	AZS AWF Katowice				3:59.51	695		
	50m:	27.25 27.25	150m:	1:26.74	29.93	250m:	2:26.99	30.24	350m:	3:28.78	31.02
	100m:	56.81 29.56	200m:	1:56.75	30.01	300m:	2:57.76	30.77	400m:	3:59.51	30.73
18.	Choda Alan SOL		98	MTP KORMORAN Olsztyn				3:59.88	692		
	50m:	26.95 26.95	150m:	1:27.23	30.31	250m:	2:28.51	30.62	350m:	3:29.70	30.35
	100m:	56.92 29.97	200m:	1:57.89	30.66	300m:	2:59.35	30.84	400m:	3:59.88	30.18
19.	Bujak Dominik		99	Salos Cortile Kielce				4:00.13	690		
	50m:	27.68 27.68	150m:	1:28.60	30.66	250m:	2:29.94	30.45	350m:	3:30.66	30.20
	100m:	57.94 30.26	200m:	1:59.49	30.89	300m:	3:00.46	30.52	400m:	4:00.13	29.47
20.	Chrzanowski Damian		98	MZOS Płock				4:00.37	688		
	50m:	28.35 28.35	150m:	1:30.51	31.20	250m:	2:32.01	30.16	350m:	3:32.07	29.85
	100m:	59.31 30.96	200m:	2:01.85	31.34	300m:	3:02.22	30.21	400m:	4:00.37	28.30
21.	Orlicz Filip		02	UKS G 8 - bielany				4:00.47	687		
	50m:	27.44 27.44	150m:	1:27.60	30.56	250m:	2:30.20	31.65	350m:	3:31.47	30.27
	100m:	57.04 29.60	200m:	1:58.55	30.95	300m:	3:01.20	31.00	400m:	4:00.47	29.00
22.	Krawczyk Paweł		99	Buks Warszawa				4:01.05	682		
	50m:	27.09 27.09	150m:	1:26.96	30.26	250m:	2:28.30	30.71	350m:	3:31.02	31.34
	100m:	56.70 29.61	200m:	1:57.59	30.63	300m:	2:59.68	31.38	400m:	4:01.05	30.03
23.	Kaczorowski Jakub		97	UKS G 8 - bielany				4:01.26	680		
	50m:	27.37 27.37	150m:	1:27.60	30.40	250m:	2:28.85	30.57	350m:	3:31.02	31.11
	100m:	57.20 29.83	200m:	1:58.28	30.68	300m:	2:59.91	31.06	400m:	4:01.26	30.24
24.	Bru dziak Maciej SOL		98	MTP KORMORAN Olsztyn				4:01.31	680		
	50m:	27.66 27.66	150m:	1:28.26	30.67	250m:	2:30.04	30.79	350m:	3:31.84	30.93
	100m:	57.59 29.93	200m:	1:59.25	30.99	300m:	3:00.91	30.87	400m:	4:01.31	29.47
25.	Smeja Sławomir		94	AZS AWF Katowice				4:01.33	680		
	50m:	27.14 27.14	150m:	1:28.24	30.93	250m:	2:30.35	31.18	350m:	3:31.81	30.71
	100m:	57.31 30.17	200m:	1:59.17	30.93	300m:	3:01.10	30.75	400m:	4:01.33	29.52
26.	Fr czek Paweł		98	Mkp				4:01.40	679		
	50m:	28.35 28.35	150m:	1:29.47	30.89	250m:	2:31.28	30.93	350m:	3:32.52	30.38
	100m:	58.58 30.23	200m:	2:00.35	30.88	300m:	3:02.14	30.86	400m:	4:01.40	28.88
27.	Popis EMIL SSz		98	MKP Szczecin				4:01.92	675		
	50m:	27.97 27.97	150m:	1:28.95	30.70	250m:	2:30.73	30.89	350m:	3:32.32	30.77
	100m:	58.25 30.28	200m:	1:59.84	30.89	300m:	3:01.55	30.82	400m:	4:01.92	29.60
28.	Mo cicki Jakub SOL		01	MTP KORMORAN Olsztyn				4:01.93	675		
	50m:	27.80 27.80	150m:	1:28.09	30.18	250m:	2:29.48	30.72	350m:	3:31.58	31.11
	100m:	57.91 30.11	200m:	1:58.76	30.67	300m:	3:00.47	30.99	400m:	4:01.93	30.35
29.	Bujak Piotr		97	Salos Cortile Kielce				4:02.69	668		
	50m:	27.95 27.95	150m:	1:28.59	30.26	250m:	2:30.34	30.77	350m:	3:32.26	30.75
	100m:	58.33 30.38	200m:	1:59.57	30.98	300m:	3:01.51	31.17	400m:	4:02.69	30.43
30.	Piotrowski Kacper		01	WKS I sk Wrocław				4:04.48	654		
	50m:	27.92 27.92	150m:	1:29.71	31.18	250m:	2:32.28	31.11	350m:	3:34.61	31.18
	100m:	58.53 30.61	200m:	2:01.17	31.46	300m:	3:03.43	31.15	400m:	4:04.48	29.87
31.	Kalkowski Dawid SOL		00	MTP KORMORAN Olsztyn				4:04.65	652		
	50m:	28.09 28.09	150m:	1:28.98	30.78	250m:	2:31.42	31.38	350m:	3:34.40	31.69
	100m:	58.20 30.11	200m:	2:00.04	31.06	300m:	3:02.71	31.29	400m:	4:04.65	30.25

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Pozycja			Rok ur.					Czas	Pkt.			
32.	Olender Karol		96	AZS-AWFIS Gdańsk				4:05.14	649			
	50m:	28.31	28.31	150m:	1:29.56	30.73	250m:	2:31.64	31.16	350m:	3:34.48	31.45
	100m:	58.83	30.52	200m:	2:00.48	30.92	300m:	3:03.03	31.39	400m:	4:05.14	30.66
33.	Sobczyk Maciej		95	AZS-AGH Kraków				4:05.23	648			
	50m:	28.89	28.89	150m:	1:30.92	31.13	250m:	2:33.08	31.02	350m:	3:35.19	31.04
	100m:	59.79	30.90	200m:	2:02.06	31.14	300m:	3:04.15	31.07	400m:	4:05.23	30.04
34.	Urbański Michał		97	Azs Awf Warszawa				4:05.38	647			
	50m:	28.61	28.61	150m:	1:30.21	30.99	250m:	2:32.34	30.80	350m:	3:34.61	31.28
	100m:	59.22	30.61	200m:	2:01.54	31.33	300m:	3:03.33	30.99	400m:	4:05.38	30.77
35.	Brzostowski Axel		96	AZS AWF Katowice				4:05.64	645			
	50m:	27.71	27.71	150m:	1:28.62	30.80	250m:	2:30.65	30.85	350m:	3:33.27	31.67
	100m:	57.82	30.11	200m:	1:59.80	31.18	300m:	3:01.60	30.95	400m:	4:05.64	32.37
36.	Dobski DOMINIK SSz		98	MKP Szczecin				4:06.60	637			
	50m:	28.16	28.16	150m:	1:29.56	30.81	250m:	2:32.36	31.49	350m:	3:35.57	31.65
	100m:	58.75	30.59	200m:	2:00.87	31.31	300m:	3:03.92	31.56	400m:	4:06.60	31.03
37.	Guzior Maciej		00	MZOS Płock				4:06.62	637			
	50m:	28.53	28.53	150m:	1:32.48	32.23	250m:	2:35.43	31.25	350m:	3:36.97	30.51
	100m:	1:00.25	31.72	200m:	2:04.18	31.70	300m:	3:06.46	31.03	400m:	4:06.62	29.65
38.	Bugała Krzysztof SSz		01	MKP Szczecin				4:07.43	631			
	50m:	28.30	28.30	150m:	1:30.19	31.29	250m:	2:33.05	31.54	350m:	3:36.52	31.77
	100m:	58.90	30.60	200m:	2:01.51	31.32	300m:	3:04.75	31.70	400m:	4:07.43	30.91
39.	Topolski Dawid		00	MKS Trójka Łódź				4:07.67	629			
	50m:	28.64	28.64	150m:	1:31.34	31.55	250m:	2:35.13	31.96	350m:	3:38.47	31.52
	100m:	59.79	31.15	200m:	2:03.17	31.83	300m:	3:06.95	31.82	400m:	4:07.67	29.20
40.	Pajdak Bartosz		01	Bukis Warszawa				4:07.73	628			
	50m:	27.95	27.95	150m:	1:30.08	31.33	250m:	2:33.64	31.84	350m:	3:37.44	32.12
	100m:	58.75	30.80	200m:	2:01.80	31.72	300m:	3:05.32	31.68	400m:	4:07.73	30.29
41.	Rybak Konrad SOL		98	PIRANIA Targówek				4:08.58	622			
	50m:	28.78	28.78	150m:	1:31.95	31.68	250m:	2:34.99	31.48	350m:	3:38.13	31.39
	100m:	1:00.27	31.49	200m:	2:03.51	31.56	300m:	3:06.74	31.75	400m:	4:08.58	30.45
42.	Borkowski Kacper SL		00	CSiR MOS Dębrowa Górnicza				4:08.72	621			
	50m:	29.38	29.38	150m:	1:32.69	32.25	250m:	2:36.67	32.05	350m:	3:39.06	30.65
	100m:	1:00.44	31.06	200m:	2:04.62	31.93	300m:	3:08.41	31.74	400m:	4:08.72	29.66
43.	Prószyński Igor		99	MKP Szczecin				4:08.77	621			
	50m:	29.26	29.26	150m:	1:32.46	31.53	250m:	2:35.69	31.81	350m:	3:38.90	31.20
	100m:	1:00.93	31.67	200m:	2:03.88	31.42	300m:	3:07.70	32.01	400m:	4:08.77	29.87
44.	Fiks Krzysztof		00	Uks 190 Łódź				4:08.86	620			
	50m:	29.22	29.22	150m:	1:32.25	31.87	250m:	2:36.24	31.86	350m:	3:39.35	31.52
	100m:	1:00.38	31.16	200m:	2:04.38	32.13	300m:	3:07.83	31.59	400m:	4:08.86	29.51
45.	Marczuk Szymon SL		99	KU AZS UMCS Lublin				4:09.90	612			
	50m:	27.32	27.32	150m:	1:30.46	32.16	250m:	2:34.39	32.04	350m:	3:38.88	32.10
	100m:	58.30	30.98	200m:	2:02.35	31.89	300m:	3:06.78	32.39	400m:	4:09.90	31.02
46.	Drozda Jakub		01	MKP „Słowianka” Gorzów				4:09.99	612			
	50m:	28.54	28.54	150m:	1:31.19	31.54	250m:	2:35.27	32.22	350m:	3:38.98	31.55
	100m:	59.65	31.11	200m:	2:03.05	31.86	300m:	3:07.43	32.16	400m:	4:09.99	31.01
47.	Macner Michał SOL		99	MTP KORMORAN Olsztyn				4:10.01	611			
	50m:	28.99	28.99	150m:	1:31.76	31.24	250m:	2:35.02	31.56	350m:	3:38.65	31.92
	100m:	1:00.52	31.53	200m:	2:03.46	31.70	300m:	3:06.73	31.71	400m:	4:10.01	31.36
48.	Wilejto Igor		01	Dwójka Tczew				4:10.52	608			
	50m:	29.06	29.06	150m:	1:32.29	32.08	250m:	2:36.16	32.28	350m:	3:39.99	31.83
	100m:	1:00.21	31.15	200m:	2:03.88	31.59	300m:	3:08.16	32.00	400m:	4:10.52	30.53
49.	Urbański Michał		01	KS Delfin Gdynia				4:10.85	605			
	50m:	29.25	29.25	150m:	1:32.61	31.81	250m:	2:36.84	32.21	350m:	3:40.57	31.69
	100m:	1:00.80	31.55	200m:	2:04.63	32.02	300m:	3:08.88	32.04	400m:	4:10.85	30.28

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Pozycja			Rok ur.					Czas	Pkt.
50.	Prus Mateusz		00	KP Astromal Akwawit Leszno			4:12.25	595	
	50m: 29.22	29.22	150m: 1:33.24	32.03	250m: 2:36.70	31.40	350m: 3:40.85	32.07	
	100m: 1:01.21	31.99	200m: 2:05.30	32.06	300m: 3:08.78	32.08	400m: 4:12.25	31.40	
51.	Tarady Jakub SZG		00	TP Zielona Góra			4:12.90	591	
	50m: 28.68	28.68	150m: 1:33.22	32.29	250m: 2:37.52	31.72	350m: 3:41.83	32.10	
	100m: 1:00.93	32.25	200m: 2:05.80	32.58	300m: 3:09.73	32.21	400m: 4:12.90	31.07	
52.	Szczepa ski Kacper		99	Mks - Astoria Bydgoszcz			4:13.02	590	
	50m: 27.92	27.92	150m: 1:30.61	31.59	250m: 2:35.61	32.64	350m: 3:41.44	33.14	
	100m: 59.02	31.10	200m: 2:02.97	32.36	300m: 3:08.30	32.69	400m: 4:13.02	31.58	
53.	Woźny Wiktor		01	UKS Shark Rudna			4:13.82	584	
	50m: 28.93	28.93	150m: 1:32.42	31.97	250m: 2:37.12	32.17	350m: 3:42.28	32.45	
	100m: 1:00.45	31.52	200m: 2:04.95	32.53	300m: 3:09.83	32.71	400m: 4:13.82	31.54	
54.	Komorowski Jan		01	MKS Trójka Łódź			4:13.94	583	
	50m: 28.94	28.94	150m: 1:33.37	32.24	250m: 2:38.68	32.36	350m: 3:43.58	31.95	
	100m: 1:01.13	32.19	200m: 2:06.32	32.95	300m: 3:11.63	32.95	400m: 4:13.94	30.36	
55.	Bruzdewicz Hubert SOL		02	MTP KORMORAN Olsztyn			4:14.12	582	
	50m: 29.29	29.29	150m: 1:34.28	32.67	250m: 2:39.08	32.33	350m: 3:43.74	32.14	
	100m: 1:01.61	32.32	200m: 2:06.75	32.47	300m: 3:11.60	32.52	400m: 4:14.12	30.38	
56.	Rój Jakub SSz		01	MKP Szczecin			4:14.13	582	
	50m: 29.01	29.01	150m: 1:34.08	32.76	250m: 2:39.37	32.69	350m: 3:43.77	31.99	
	100m: 1:01.32	32.31	200m: 2:06.68	32.60	300m: 3:11.78	32.41	400m: 4:14.13	30.36	
57.	Nowak Kacper SO		00	UKP Unia Opole			4:14.48	580	
	50m: 29.22	29.22	150m: 1:33.95	32.51	250m: 2:38.73	32.32	350m: 3:43.39	32.28	
	100m: 1:01.44	32.22	200m: 2:06.41	32.46	300m: 3:11.11	32.38	400m: 4:14.48	31.09	
58.	Lewandowski Michał		00	Zryw Opole			4:14.91	577	
	50m: 29.13	29.13	150m: 1:33.43	32.28	250m: 2:37.66	31.88	350m: 3:42.34	32.40	
	100m: 1:01.15	32.02	200m: 2:05.78	32.35	300m: 3:09.94	32.28	400m: 4:14.91	32.57	
59.	Leszega Szymon		01	KS Delfin Gdynia			4:15.68	572	
	50m: 29.49	29.49	150m: 1:34.50	32.70	250m: 2:38.55	31.38	350m: 3:44.12	33.34	
	100m: 1:01.80	32.31	200m: 2:07.17	32.67	300m: 3:10.78	32.23	400m: 4:15.68	31.56	
60.	Muszyński Jakub		01	MUKS "Piłastka" Bydgoszcz			4:16.02	569	
	50m: 29.86	29.86	150m: 1:35.18	32.66	250m: 2:40.12	32.32	350m: 3:44.73	32.20	
	100m: 1:02.52	32.66	200m: 2:07.80	32.62	300m: 3:12.53	32.41	400m: 4:16.02	31.29	
61.	Rytter Igor		01	WKS Łódź Wrocław			4:17.31	561	
	50m: 29.39	29.39	150m: 1:33.84	32.63	250m: 2:38.79	32.49	350m: 3:42.83	31.57	
	100m: 1:01.21	31.82	200m: 2:06.30	32.46	300m: 3:11.26	32.47	400m: 4:17.31	34.48	
62.	Kuba Cielecki		02	WKS Łódź Wrocław			4:17.64	559	
	50m: 28.82	28.82	150m: 1:33.28	32.48	250m: 2:39.26	33.01	350m: 3:45.69	32.96	
	100m: 1:00.80	31.98	200m: 2:06.25	32.97	300m: 3:12.73	33.47	400m: 4:17.64	31.95	
63.	Bednarz Mateusz SL		99	UKS Skarpa Lublin			4:18.16	555	
	50m: 30.23	30.23	150m: 1:35.82	33.12	250m: 2:41.72	32.87	350m: 3:46.56	32.21	
	100m: 1:02.70	32.47	200m: 2:08.85	33.03	300m: 3:14.35	32.63	400m: 4:18.16	31.60	
64.	Walaszek Jędrzej SOL		98	MTP KORMORAN Olsztyn			4:19.28	548	
	50m: 28.84	28.84	150m: 1:34.30	32.95	250m: 2:41.29	33.72	350m: 3:47.03	33.27	
	100m: 1:01.35	32.51	200m: 2:07.57	33.27	300m: 3:13.76	32.47	400m: 4:19.28	32.25	
65.	Korzeniewski Witold		01	MKP „Słowianka” Gorzów			4:19.88	544	
	50m: 28.60	28.60	150m: 1:33.85	33.27	250m: 2:40.10	33.30	350m: 3:47.14	33.49	
	100m: 1:00.58	31.98	200m: 2:06.80	32.95	300m: 3:13.65	33.55	400m: 4:19.88	32.74	
66.	Król Mateusz		01	Mks - Astoria Bydgoszcz			4:20.15	543	
	50m: 29.36	29.36	150m: 1:35.11	33.05	250m: 2:41.86	33.63	350m: 3:47.69	32.20	
	100m: 1:02.06	32.70	200m: 2:08.23	33.12	300m: 3:15.49	33.63	400m: 4:20.15	32.46	
67.	Knyszyński Maciej SŁ		02	MKS Jedynka Łódź			4:20.42	541	
	50m: 29.64	29.64	150m: 1:34.77	32.88	250m: 2:41.36	33.40	350m: 3:47.93	33.36	
	100m: 1:01.89	32.25	200m: 2:07.96	33.19	300m: 3:14.57	33.21	400m: 4:20.42	32.49	

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68.	Jordan Artur		00	KS Fenix Oarów Mazowiecki			4:20.65	539	
	50m: 30.17	30.17	150m: 1:35.41	32.86	250m: 2:41.82	33.36	350m: 3:48.25	33.00	
	100m: 1:02.55	32.38	200m: 2:08.46	33.05	300m: 3:15.25	33.43	400m: 4:20.65	32.40	
69.	Doroba Michał		02	WKS I sk Wrocław			4:20.98	537	
	50m: 29.02	29.02	150m: 1:34.46	33.07	250m: 2:41.80	33.66	350m: 3:48.45	33.23	
	100m: 1:01.39	32.37	200m: 2:08.14	33.68	300m: 3:15.22	33.42	400m: 4:20.98	32.53	
	Gućcin Eryk		01	UKS Shark Rudna			4:20.98	537	
	50m: 29.46	29.46	150m: 1:36.15	33.33	250m: 2:42.48	32.63	350m: 3:48.16	32.97	
	100m: 1:02.82	33.36	200m: 2:09.85	33.70	300m: 3:15.19	32.71	400m: 4:20.98	32.82	
71.	Rajca Wiktor		02	Uks 190 Łódź			4:21.15	536	
	50m: 30.20	30.20	150m: 1:36.98	33.42	250m: 2:43.62	33.04	350m: 3:49.87	33.29	
	100m: 1:03.56	33.36	200m: 2:10.58	33.60	300m: 3:16.58	32.96	400m: 4:21.15	31.28	
72.	Stawaruk Michał		99	MKS Jedyńka Łódź			4:21.72	533	
	50m: 29.66	29.66	150m: 1:33.59	31.11	250m: 2:40.13	33.47	350m: 3:47.93	33.67	
	100m: 1:02.48	32.82	200m: 2:06.66	33.07	300m: 3:14.26	34.13	400m: 4:21.72	33.79	
73.	Gósior Sebastian SL		99	KU AZS UMCS Lublin			4:22.65	527	
	50m: 29.40	29.40	150m: 1:34.84	32.75	250m: 2:41.40	33.17	350m: 3:49.05	33.96	
	100m: 1:02.09	32.69	200m: 2:08.23	33.39	300m: 3:15.09	33.69	400m: 4:22.65	33.60	
74.	Kostanowicz Artur		98	MUKP Warszawianka			4:22.70	527	
	50m: 29.79	29.79	150m: 1:36.37	33.65	250m: 2:43.37	33.55	350m: 3:49.68	33.07	
	100m: 1:02.72	32.93	200m: 2:09.82	33.45	300m: 3:16.61	33.24	400m: 4:22.70	33.02	
75.	migielski Mateusz		01	MKS Jedyńka Łódź			4:23.12	524	
	50m: 30.07	30.07	150m: 1:37.83	33.95	250m: 2:44.35	32.59	350m: 3:50.46	33.35	
	100m: 1:03.88	33.81	200m: 2:11.76	33.93	300m: 3:17.11	32.76	400m: 4:23.12	32.66	
76.	Szynalski Szymon		00	UPKS Wodnik Rawicz			4:23.85	520	
	50m: 29.81	29.81	150m: 1:36.07	32.88	250m: 2:42.81	33.03	350m: 3:51.09	34.17	
	100m: 1:03.19	33.38	200m: 2:09.78	33.71	300m: 3:16.92	34.11	400m: 4:23.85	32.76	
77.	Dudkiewicz Kacper		02	Uks,, oliborz" Warszawa			4:24.25	518	
	50m: 30.10	30.10	150m: 1:36.94	33.97	250m: 2:44.98	33.75	350m: 3:52.21	33.06	
	100m: 1:02.97	32.87	200m: 2:11.23	34.29	300m: 3:19.15	34.17	400m: 4:24.25	32.04	
78.	Porbacki Krystian SOL		02	MTP KORMORAN Olsztyn			4:24.56	516	
	50m: 30.79	30.79	150m: 1:38.58	33.86	250m: 2:45.99	33.63	350m: 3:52.28	32.94	
	100m: 1:04.72	33.93	200m: 2:12.36	33.78	300m: 3:19.34	33.35	400m: 4:24.56	32.28	
79.	Sobolewski Dawid SOL		02	MTP KORMORAN Olsztyn			4:24.60	516	
	50m: 29.15	29.15	150m: 1:35.24	33.67	250m: 2:42.92	33.99	350m: 3:50.78	33.95	
	100m: 1:01.57	32.42	200m: 2:08.93	33.69	300m: 3:16.83	33.91	400m: 4:24.60	33.82	
80.	Zimniak Szymon		01	UKS CITYZEN Poznań			4:25.29	512	
	50m: 31.33	31.33	150m: 1:39.67	33.68	250m: 2:46.01	33.01	350m: 3:52.87	32.95	
	100m: 1:05.99	34.66	200m: 2:13.00	33.33	300m: 3:19.92	33.91	400m: 4:25.29	32.42	
81.	Kolańczyk Kacper		02	MKP Kołobrzeg			4:25.32	511	
	50m: 29.70	29.70	150m: 1:36.01	33.45	250m: 2:43.75	34.05	350m: 3:52.11	34.06	
	100m: 1:02.56	32.86	200m: 2:09.70	33.69	300m: 3:18.05	34.30	400m: 4:25.32	33.21	
82.	Senkowski Kacper		01	UKS G 8 - bielany			4:25.55	510	
	50m: 30.44	30.44	150m: 1:37.58	33.76	250m: 2:46.25	34.31	350m: 3:53.90	33.74	
	100m: 1:03.82	33.38	200m: 2:11.94	34.36	300m: 3:20.16	33.91	400m: 4:25.55	31.65	
83.	Gier Olivier SOL		99	MTP KORMORAN Olsztyn			4:25.60	510	
	50m: 29.41	29.41	150m: 1:34.85	32.92	250m: 2:42.30	34.13	350m: 3:51.40	33.82	
	100m: 1:01.93	32.52	200m: 2:08.17	33.32	300m: 3:17.58	35.28	400m: 4:25.60	34.20	
84.	Plauszta Arnold		00	MUKS Olimpijczyk			4:25.70	509	
	50m: 29.10	29.10	150m: 1:34.97	33.40	250m: 2:43.25	34.45	350m: 3:52.00	34.53	
	100m: 1:01.57	32.47	200m: 2:08.80	33.83	300m: 3:17.47	34.22	400m: 4:25.70	33.70	
85.	Rybacki Maksymilian		02	K.S.Warta Poznań			4:27.02	502	
	50m: 29.06	29.06	150m: 1:35.72	33.61	250m: 2:44.08	34.09	350m: 3:52.76	34.43	
	100m: 1:02.11	33.05	200m: 2:09.99	34.27	300m: 3:18.33	34.25	400m: 4:27.02	34.26	

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86.	Sobków Dominik				02	MUKS "Piłastka" Bydgoszcz				4:27.73	498	
	50m:	29.64	29.64	150m:	1:36.10	33.80	250m:	2:44.64	34.24	350m:	3:53.71	34.37
	100m:	1:02.30	32.66	200m:	2:10.40	34.30	300m:	3:19.34	34.70	400m:	4:27.73	34.02
87.	Czerwiński Łukasz				01	UKS JAGIELLONKA Warszawa				4:28.08	496	
	50m:	29.89	29.89	150m:	1:36.96	33.96	250m:	2:46.08	34.60	350m:	3:54.75	34.37
	100m:	1:03.00	33.11	200m:	2:11.48	34.52	300m:	3:20.38	34.30	400m:	4:28.08	33.33
88.	Abd El Razek Jakub				02	MUKP Warszawianka				4:28.16	495	
	50m:	30.56	30.56	150m:	1:38.97	34.44	250m:	2:46.71	33.43	350m:	3:54.38	33.97
	100m:	1:04.53	33.97	200m:	2:13.28	34.31	300m:	3:20.41	33.70	400m:	4:28.16	33.78
89.	Kamiński Dawid				01	MKP Szczecin				4:28.67	493	
	50m:	30.58	30.58	150m:	1:37.66	33.81	250m:	2:46.18	34.65	350m:	3:55.30	34.32
	100m:	1:03.85	33.27	200m:	2:11.53	33.87	300m:	3:20.98	34.80	400m:	4:28.67	33.37
90.	Winiarski Mateusz				99	Legia Warszawa				4:28.76	492	
	50m:	28.39	28.39	150m:	1:36.05	34.58	250m:	2:45.79	34.93	350m:	3:55.70	35.02
	100m:	1:01.47	33.08	200m:	2:10.86	34.81	300m:	3:20.68	34.89	400m:	4:28.76	33.06
91.	Lipowski Oskar				02	MKS Polonia Warszawa				4:29.61	487	
	50m:	29.66	29.66	150m:	1:35.94	33.70	250m:	2:44.63	34.44	350m:	3:55.56	35.87
	100m:	1:02.24	32.58	200m:	2:10.19	34.25	300m:	3:19.69	35.06	400m:	4:29.61	34.05
92.	Zagrzejewski Tomasz				01	UKS Gim 92 Ursynów W-wa				4:29.99	485	
	50m:	30.45	30.45	150m:	1:37.84	34.20	250m:	2:46.56	34.29	350m:	3:55.60	34.56
	100m:	1:03.64	33.19	200m:	2:12.27	34.43	300m:	3:21.04	34.48	400m:	4:29.99	34.39
93.	Ratajczak Mateusz				01	KS Poznań				4:30.36	483	
	50m:	30.90	30.90	150m:	1:39.02	34.05	250m:	2:47.76	33.99	350m:	3:56.80	34.47
	100m:	1:04.97	34.07	200m:	2:13.77	34.75	300m:	3:22.33	34.57	400m:	4:30.36	33.56
94.	Szczepanowski Jakub				02	MKP „Słowianka” Gorzów				4:30.94	480	
	50m:	29.33	29.33	150m:	1:37.59	34.47	250m:	2:46.76	34.88	350m:	3:57.08	35.28
	100m:	1:03.12	33.79	200m:	2:11.88	34.29	300m:	3:21.80	35.04	400m:	4:30.94	33.86
95.	Lik Kacper SŁ				02	MKS Jedynka Łódź				4:31.15	479	
	50m:	31.08	31.08	150m:	1:40.43	34.76	250m:	2:49.35	34.50	350m:	3:57.62	33.90
	100m:	1:05.67	34.59	200m:	2:14.85	34.42	300m:	3:23.72	34.37	400m:	4:31.15	33.53
96.	Jochymek Oskar				01	WKS I sk Wrocław				4:31.42	478	
	50m:	29.30	29.30	150m:	1:37.40	34.55	250m:	2:46.98	34.60	350m:	3:55.92	34.31
	100m:	1:02.85	33.55	200m:	2:12.38	34.98	300m:	3:21.61	34.63	400m:	4:31.42	35.50
97.	Kwapisz Arkadiusz				01	UKP MANTA Jelcz-Laskowice				4:31.84	475	
	50m:	30.98	30.98	150m:	1:38.85	34.28	250m:	2:48.09	34.50	350m:	3:57.78	34.97
	100m:	1:04.57	33.59	200m:	2:13.59	34.74	300m:	3:22.81	34.72	400m:	4:31.84	34.06
98.	Wyborski Jakub				02	MZOS Płock				4:32.38	473	
	50m:	29.10	29.10	150m:	1:38.74	34.83	250m:	2:48.70	34.84	350m:	3:58.48	35.00
	100m:	1:03.91	34.81	200m:	2:13.86	35.12	300m:	3:23.48	34.78	400m:	4:32.38	33.90
99.	Chełstowski Maciej				02	MKS Polonia Warszawa				4:32.71	471	
	50m:	30.47	30.47	150m:	1:38.74	34.45	250m:	2:48.70	35.00	350m:	3:59.38	35.30
	100m:	1:04.29	33.82	200m:	2:13.70	34.96	300m:	3:24.08	35.38	400m:	4:32.71	33.33
100.	Krzemiński Kacper				02	KS Delfin Gdynia				4:32.91	470	
	50m:	31.61	31.61	150m:	1:42.05	34.93	250m:	2:50.98	34.09	350m:	3:59.69	33.98
	100m:	1:07.12	35.51	200m:	2:16.89	34.84	300m:	3:25.71	34.73	400m:	4:32.91	33.22
101.	Malinowski Paweł				02	MKP „Słowianka” Gorzów				4:34.79	460	
	50m:	30.55	30.55	150m:	1:40.15	35.17	250m:	2:50.82	35.39	350m:	4:01.02	35.01
	100m:	1:04.98	34.43	200m:	2:15.43	35.28	300m:	3:26.01	35.19	400m:	4:34.79	33.77
102.	Kowalczyk Michał				02	Uks „oliborz” Warszawa				4:34.85	460	
	50m:	30.72	30.72	150m:	1:39.53	34.96	250m:	2:49.75	35.26	350m:	4:00.41	35.46
	100m:	1:04.57	33.85	200m:	2:14.49	34.96	300m:	3:24.95	35.20	400m:	4:34.85	34.44
103.	Kotarski Jakub				01	BukS Warszawa				4:35.88	455	
	50m:	30.99	30.99	150m:	1:40.59	35.01	250m:	2:51.11	35.17	350m:	4:01.39	34.89
	100m:	1:05.58	34.59	200m:	2:15.94	35.35	300m:	3:26.50	35.39	400m:	4:35.88	34.49

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104.	Borsuk Łukasz		01	UKP Fala Krańcowa				4:38.71	441			
	50m:	30.35	30.35	150m:	1:39.35	35.43	250m:	2:51.07	36.09	350m:	4:04.73	36.92
	100m:	1:03.92	33.57	200m:	2:14.98	35.63	300m:	3:27.81	36.74	400m:	4:38.71	33.98
105.	Nowicki Kacper		98	Fala Szwarcowa				4:38.72	441			
	50m:	29.69	29.69	150m:	1:39.80	35.61	250m:	2:53.35	37.05	350m:	4:05.33	35.78
	100m:	1:04.19	34.50	200m:	2:16.30	36.50	300m:	3:29.55	36.20	400m:	4:38.72	33.39
106.	Borzemek Hubert		02	UKS 307 Warszawa-Mokotów				4:39.13	439			
	50m:	32.11	32.11	150m:	2:19.67	35.68	250m:	3:30.98	35.61	350m:		
	100m:	1:43.99	1:11.88	200m:	2:55.37	35.70	300m:	4:06.79	35.81	400m:	4:39.13	
107.	Soból Przemysław		02	MKS Polonia Warszawa				4:39.16	439			
	50m:	30.11	30.11	150m:	1:41.91	36.85	250m:	2:55.10	36.17	350m:	4:06.63	35.31
	100m:	1:05.06	34.95	200m:	2:18.93	37.02	300m:	3:31.32	36.22	400m:	4:39.16	32.53
108.	Skrocki Maciej		01	MZOS Płock				4:39.31	438			
	50m:	30.38	30.38	150m:	1:40.34	35.24	250m:	2:52.19	36.11	350m:	4:04.50	36.22
	100m:	1:05.10	34.72	200m:	2:16.08	35.74	300m:	3:28.28	36.09	400m:	4:39.31	34.81
109.	Tomczak Tymoteusz		02	UKS CITYZEN Poznań				4:42.53	423			
	50m:	31.08	31.08	150m:	1:41.06	35.33	250m:	2:53.19	35.90	350m:	4:06.48	36.78
	100m:	1:05.73	34.65	200m:	2:17.29	36.23	300m:	3:29.70	36.51	400m:	4:42.53	36.05
110.	Kowalski Jakub		02	MKP „Słowianka” Gorzów				4:42.62	423			
	50m:	32.26	32.26	150m:	1:44.86	36.21	250m:	2:58.01	36.87	350m:	4:09.69	35.72
	100m:	1:08.65	36.39	200m:	2:21.14	36.28	300m:	3:33.97	35.96	400m:	4:42.62	32.93
111.	Górski Jakub		02	MKP „Słowianka” Gorzów				4:43.39	420			
	50m:	31.28	31.28	150m:	1:42.69	36.17	250m:	2:55.31	36.43	350m:	4:09.02	37.23
	100m:	1:06.52	35.24	200m:	2:18.88	36.19	300m:	3:31.79	36.48	400m:	4:43.39	34.37
112.	Janiak Karol		02	MKP „Słowianka” Gorzów				4:44.93	413			
	50m:	31.95	31.95	150m:	1:44.64	36.35	250m:	2:56.98	36.33	350m:	4:09.76	36.04
	100m:	1:08.29	36.34	200m:	2:20.65	36.01	300m:	3:33.72	36.74	400m:	4:44.93	35.17
113.	Stanisławski Kacper		02	UKS TRÓJKA Roda Wilk.				4:45.88	409			
	50m:	31.89	31.89	150m:	1:43.13	36.02	250m:	2:56.48	36.87	350m:	4:10.30	37.00
	100m:	1:07.11	35.22	200m:	2:19.61	36.48	300m:	3:33.30	36.82	400m:	4:45.88	35.58
114.	Kacper Wielgus		01	KS Poznań				4:49.15	395			
	50m:	32.70	32.70	150m:	1:45.85	37.08	250m:	2:59.67	36.73	350m:	4:13.54	36.76
	100m:	1:08.77	36.07	200m:	2:22.94	37.09	300m:	3:36.78	37.11	400m:	4:49.15	35.61
115.	Pawlak Mateusz		01	KS Poznań				4:53.02	380			
	50m:	31.82	31.82	150m:	1:44.81	36.59	250m:	2:59.76	37.93	350m:	4:16.26	38.40
	100m:	1:08.22	36.40	200m:	2:21.83	37.02	300m:	3:37.86	38.10	400m:	4:53.02	36.76
116.	Biliński Szymon		01	MKP „Słowianka” Gorzów				4:56.15	368			
	50m:	34.09	34.09	150m:	1:48.77	37.80	250m:	3:04.62	37.33	350m:	4:19.88	37.32
	100m:	1:10.97	36.88	200m:	2:27.29	38.52	300m:	3:42.56	37.94	400m:	4:56.15	36.27
117.	Jaroszewski Łukasz		02	Uks „oliborz” Warszawa				5:04.28	339			
	50m:	34.26	34.26	150m:	1:52.36	39.36	250m:	3:10.48	39.07	350m:	4:27.70	38.26
	100m:	1:13.00	38.74	200m:	2:31.41	39.05	300m:	3:49.44	38.96	400m:	5:04.28	36.58
118.	Mrówczyński Kacper		02	Extreme Team Oborniki				5:27.19	272			
	50m:	36.12	36.12	150m:	1:57.71	41.33	250m:	3:21.38	41.63	350m:	4:46.24	41.76
	100m:	1:16.38	40.26	200m:	2:39.75	42.04	300m:	4:04.48	43.10	400m:	5:27.19	40.95