

Ogólnopolskie Zawody Pływackie Gorące - ciganie na Termach
Poznań, 14-4-2018

Konkurencja 21
2018-04-14 - 17:48

Kobiet, 400m zmienny

Open
Wyniki

Punkty: FINA 2017

Pozycja	Rok ur.	Czas	Pkt.	100m	200m	300m	400m
16 lat i starsi							
1.	GRZEGORCZYK, Izabella 93	KS Warta Poznań	5:09.78 635	1:13.46	1:19.46	1:29.49	1:07.37
	50m: 33.49 33.49	150m: 1:53.59 40.13	250m: 3:17.08	44.16	350m: 4:36.97	34.56	
	100m: 1:13.46 39.97	200m: 2:32.92 39.33	300m: 4:02.41	45.33	400m: 5:09.78	32.81	
2.	SOBIAK, Zuzanna 02	KS Warta Poznań	5:10.14 633	1:10.08	1:18.34	1:32.56	1:09.16
	50m: 32.58 32.58	150m: 1:49.80 39.72	250m: 3:14.54	46.12	350m: 4:36.34	35.36	
	100m: 1:10.08 37.50	200m: 2:28.42 38.62	300m: 4:00.98	46.44	400m: 5:10.14	33.80	
3.	KRYPA, Marta 02	UKS Manta Warszawa Włocławek	5:11.29 626	1:10.33	1:20.91	1:29.15	1:10.90
	50m: 32.58 32.58	150m: 1:50.67 40.34	250m: 3:15.45	44.21	350m: 4:35.95	35.56	
	100m: 1:10.33 37.75	200m: 2:31.24 40.57	300m: 4:00.39	44.94	400m: 5:11.29	35.34	
4.	PROCE, Marta 02	Ks Rekin wiebodzię	5:48.74 445	1:21.49	1:28.41	1:40.64	1:18.20
	50m: 36.70 36.70	150m: 2:05.60 44.11	250m: 3:39.61	49.71	350m: 5:10.99	40.45	
	100m: 1:21.49 44.79	200m: 2:49.90 44.30	300m: 4:30.54	50.93	400m: 5:48.74	37.75	
5.	JADCZAK, Monika 01	KS Krotosz Krotoszyń	6:10.94 370	1:22.05	1:38.44	1:40.17	1:30.28
	50m: 36.08 36.08	150m: 2:11.84 49.79	250m: 3:49.34	48.85	350m: 5:27.16	46.50	
	100m: 1:22.05 45.97	200m: 3:00.49 48.65	300m: 4:40.66	51.32	400m: 6:10.94	43.78	

14 - 15 lat

1.	CIOCH-GRADZIK, Wiktor 03	UKS MANTA Kochłowiec Ruda Śląska	5:22.04 565	1:13.09	1:23.80	1:32.82	1:12.33
	50m: 33.87 33.87	150m: 1:55.74 42.65	250m: 3:23.36	46.47	350m: 4:46.49	36.78	
	100m: 1:13.09 39.22	200m: 2:36.89 41.15	300m: 4:09.71	46.35	400m: 5:22.04	35.55	
2.	CELMER, Wiktoria 03	KS Warta Poznań	5:27.28 539	1:13.82	1:26.51	1:34.21	1:12.74
	50m: 33.60 33.60	150m: 1:57.98 44.16	250m: 3:27.12	46.79	350m: 4:51.77	37.23	
	100m: 1:13.82 40.22	200m: 2:40.33 42.35	300m: 4:14.54	47.42	400m: 5:27.28	35.51	
3.	SOBOLEWSKA, Magdalena 04	UKS MANTA Kochłowiec Ruda Śląska	5:36.40 496	1:15.79	1:25.63	1:38.60	1:16.38
	50m: 34.86 34.86	150m: 1:58.98 43.19	250m: 3:31.41	49.99	350m: 4:58.57	38.55	
	100m: 1:15.79 40.93	200m: 2:41.42 42.44	300m: 4:20.02	48.61	400m: 5:36.40	37.83	
4.	FIGAS, Alicja 04	MKP Szczecin	5:41.56 474	1:23.62	1:26.47	1:36.53	1:14.94
	50m: 39.10 39.10	150m: 2:07.61 43.99	250m: 3:38.10	48.01	350m: 5:04.52	37.90	
	100m: 1:23.62 44.52	200m: 2:50.09 42.48	300m: 4:26.62	48.52	400m: 5:41.56	37.04	
5.	OLECH, Cecylia 03	ródniejszy UKS Polna Warszawa	5:47.54 450	1:18.37	1:33.74	1:34.56	1:20.87
	50m: 36.00 36.00	150m: 2:05.00 46.63	250m: 3:39.10	46.99	350m: 5:08.25	41.58	
	100m: 1:18.37 42.37	200m: 2:52.11 47.11	300m: 4:26.67	47.57	400m: 5:47.54	39.29	

13 lat i młodszy

1.	SZALAST, Karolina 05	UKS TRI-Team Rumia	5:36.94 494	1:17.38	1:25.93	1:38.27	1:15.36
	50m: 35.98 35.98	150m: 2:00.83 43.45	250m: 3:32.45	49.14	350m: 5:00.74	39.16	
	100m: 1:17.38 41.40	200m: 2:43.31 42.48	300m: 4:21.58	49.13	400m: 5:36.94	36.20	
2.	URBA SKA, Patrycja 05	MKS Jedynka Łódź	5:44.16 463	1:20.54	1:27.15	1:40.21	1:16.26
	50m: 36.93 36.93	150m: 2:04.95 44.41	250m: 3:37.43	49.74	350m: 5:06.56	38.66	
	100m: 1:20.54 43.61	200m: 2:47.69 42.74	300m: 4:27.90	50.47	400m: 5:44.16	37.60	
3.	SAMORAJ, Oliwia 05	MKS Piaseczno	5:51.53 435	1:28.96	1:25.41	1:43.35	1:13.81
	50m: 40.58 40.58	150m: 2:12.10 43.14	250m: 3:45.94	51.57	350m: 5:15.29	37.57	
	100m: 1:28.96 48.38	200m: 2:54.37 42.27	300m: 4:37.72	51.78	400m: 5:51.53	36.24	
4.	DUZOWSKA, Martyna 06	"AZALIOWA"Gdańsk	6:11.23 369	1:21.03	1:35.05	1:47.36	1:27.79
	50m: 36.62 36.62	150m: 2:10.26 49.23	250m: 3:49.59	53.51	350m: 5:28.48	45.04	
	100m: 1:21.03 44.41	200m: 2:56.08 45.82	300m: 4:43.44	53.85	400m: 6:11.23	42.75	