

Letnie Mistrzostwa Okręgu Wielkopolskiego w Pływaniu
Poznań, 15-16-6-2018

Konkurencja 17
2018-06-15 - 15:34

Kobiet, 400m dowolny

12 lat i starsi
Wyniki

Punkty: FINA 2018

Pozycja	Rok ur.	Czas	Pkt.	100m	200m	300m	400m	
12 - 16 lat								
1.	RYDY SKA, Marianna SB04	MUKS "Pi tnastrka" Bydgoszcz	4:36.10	628	1:07.75	1:11.27	1:09.87	1:07.21
	50m: 32.39	32.39	150m: 1:43.33	35.58	250m: 2:53.78	34.76	350m: 4:03.34	34.45
	100m: 1:07.75	35.36	200m: 2:19.02	35.69	300m: 3:28.89	35.11	400m: 4:36.10	32.76
2.	SOBIAK, Zuzanna	02 KS Warta Pozna	4:41.43	593	1:06.14	1:11.29	1:12.16	1:11.84
	50m: 31.83	31.83	150m: 1:41.79	35.65	250m: 2:53.71	36.28	350m: 4:05.69	36.10
	100m: 1:06.14	34.31	200m: 2:17.43	35.64	300m: 3:29.59	35.88	400m: 4:41.43	35.74
3.	KRZYSZTOFIAK, Iga	03 KS Warta Pozna	4:51.07	536	1:07.59	1:13.38	1:15.87	1:14.23
	50m: 32.06	32.06	150m: 1:43.82	36.23	250m: 2:58.60	37.63	350m: 4:14.18	37.34
	100m: 1:07.59	35.53	200m: 2:20.97	37.15	300m: 3:36.84	38.24	400m: 4:51.07	36.89
4.	KOPA SKA, Maja	02 KS Warta Pozna	4:53.17	524	1:09.76	1:14.59	1:15.04	1:13.78
	50m: 32.81	32.81	150m: 1:47.06	37.30	250m: 3:01.71	37.36	350m: 4:17.06	37.67
	100m: 1:09.76	36.95	200m: 2:24.35	37.29	300m: 3:39.39	37.68	400m: 4:53.17	36.11
5.	WA KOWSKA, Zofia	04 KS Warta Pozna	4:53.39	523	1:11.13	1:15.47	1:15.18	1:11.61
	50m: 33.72	33.72	150m: 1:48.58	37.45	250m: 3:03.69	37.09	350m: 4:18.71	36.93
	100m: 1:11.13	37.41	200m: 2:26.60	38.02	300m: 3:41.78	38.09	400m: 4:53.39	34.68
6.	MISIAK, Nadia	04 Uks Jedyńka Kórnik	4:59.25	493	1:11.36	1:15.49	1:16.35	1:16.05
	50m: 34.53	34.53	150m: 1:48.92	37.56	250m: 3:04.73	37.88	350m: 4:21.46	38.26
	100m: 1:11.36	36.83	200m: 2:26.85	37.93	300m: 3:43.20	38.47	400m: 4:59.25	37.79
7.	CZECHYRA, Agata	03 KS Warta Pozna	5:01.25	483	1:11.55	1:17.17	1:17.99	1:14.54
	50m: 34.27	34.27	150m: 1:50.26	38.71	250m: 3:08.08	39.36	350m: 4:25.09	38.38
	100m: 1:11.55	37.28	200m: 2:28.72	38.46	300m: 3:46.71	38.63	400m: 5:01.25	36.16
8.	BARANOWSKA, Martyna	03 KS Warta Pozna	5:01.35	483	1:10.35	1:16.78	1:18.32	1:15.90
	50m: 33.10	33.10	150m: 1:48.61	38.26	250m: 3:06.36	39.23	350m: 4:24.38	38.93
	100m: 1:10.35	37.25	200m: 2:27.13	38.52	300m: 3:45.45	39.09	400m: 5:01.35	36.97
9.	LUDWICZAK, Paulina	05 KS Warta Pozna	5:09.15	447	1:12.63	1:18.60	1:19.33	1:18.59
	50m: 34.49	34.49	150m: 1:52.05	39.42	250m: 3:10.84	39.61	350m: 4:30.59	40.03
	100m: 1:12.63	38.14	200m: 2:31.23	39.18	300m: 3:50.56	39.72	400m: 5:09.15	38.56
10.	ORUM, Melissa SB	04 MUKS "Pi tnastrka" Bydgoszcz	5:11.23	438	1:13.97	1:20.27	1:20.13	1:16.86
	50m: 35.13	35.13	150m: 1:54.14	40.17	250m: 3:14.58	40.34	350m: 4:34.45	40.08
	100m: 1:13.97	38.84	200m: 2:34.24	40.10	300m: 3:54.37	39.79	400m: 5:11.23	36.78
11.	KAPITAN, Karolina	03 Uks Jedyńka Kórnik	5:40.72	334	1:18.64	1:27.47	1:28.15	1:26.46
	50m: 37.06	37.06	150m: 2:02.10	43.46	250m: 3:30.47	44.36	350m: 4:58.30	44.04
	100m: 1:18.64	41.58	200m: 2:46.11	44.01	300m: 4:14.26	43.79	400m: 5:40.72	42.42
12.	JASNOCH, Emilia	04 KS Posenania Pozna	5:45.21	321	1:21.87	1:28.82	1:30.22	1:24.30
	50m: 38.86	38.86	150m: 2:05.95	44.08	250m: 3:35.97	45.28	350m: 5:05.34	44.43
	100m: 1:21.87	43.01	200m: 2:50.69	44.74	300m: 4:20.91	44.94	400m: 5:45.21	39.87
13.	KA DUŁA, Zuzanna	02 UKS "3 Wodnik Wolsztyn"	5:59.74	283	1:20.03	1:30.61	1:34.19	1:34.91
	50m: 37.87	37.87	150m: 2:04.70	44.67	250m: 3:37.56	46.92	350m: 5:12.41	47.58
	100m: 1:20.03	42.16	200m: 2:50.64	45.94	300m: 4:24.83	47.27	400m: 5:59.74	47.33
14.	DYMEK, Aleksandra	04 KS Warta Pozna	6:06.17	269	1:25.90	1:31.42	1:34.72	1:34.13
	50m: 40.88	40.88	150m: 2:11.63	45.73	250m: 3:45.24	47.92	350m: 5:19.79	47.75
	100m: 1:25.90	45.02	200m: 2:57.32	45.69	300m: 4:32.04	46.80	400m: 6:06.17	46.38

17 lat i starsi

1.	BŁAJET, Oliwia Sp	00 KS Warta Pozna	4:43.25	581	1:07.10	1:11.41	1:12.40	1:12.34
	50m: 31.97	31.97	150m: 1:42.69	35.59	250m: 2:54.66	36.15	350m: 4:07.70	36.79
	100m: 1:07.10	35.13	200m: 2:18.51	35.82	300m: 3:30.91	36.25	400m: 4:43.25	35.55