

Letnie Mistrzostwa Okręgu Wielkopolskiego w Pływaniu
Poznań, 15-16-6-2018

Konkurencja 18
2018-06-15 - 15:48

Mężczyźni, 400m dowolny

12 lat i starsi
Wyniki

Punkty: FINA 2018

Pozycja	Rok ur.	Czas	Pkt.	100m	200m	300m	400m
12 - 16 lat							
1.	PLE NIEROWICZ, Kamil 02	KS Poznań	4:24.55 575	1:05.07	1:07.26	1:06.24	1:05.98
	50m: 31.25 31.25	150m: 1:38.70 33.63	250m: 2:45.45	33.12	350m: 3:52.07 33.50		
	100m: 1:05.07 33.82	200m: 2:12.33 33.63	300m: 3:18.57	33.12	400m: 4:24.55 32.48		
2.	DOPIERAŁA, Tytus 03	KS Warta Poznań	4:24.89 573	1:02.57	1:08.09	1:08.01	1:06.22
	50m: 29.02 29.02	150m: 1:36.26 33.69	250m: 2:44.39	33.73	350m: 3:52.71 34.04		
	100m: 1:02.57 33.55	200m: 2:10.66 34.40	300m: 3:18.67	34.28	400m: 4:24.89 32.18		
3.	DUDEK, Kacper 02	KS Warta Poznań	4:28.26 552	1:01.68	1:07.90	1:10.08	1:08.60
	50m: 29.00 29.00	150m: 1:35.24 33.56	250m: 2:44.32	34.74	350m: 3:54.28 34.62		
	100m: 1:01.68 32.68	200m: 2:09.58 34.34	300m: 3:19.66	35.34	400m: 4:28.26 33.98		
4.	SZUKALSKI, Mikołaj 02	KS Warta Poznań	4:29.43 544	1:04.48	1:09.06	1:09.70	1:06.19
	50m: 30.82 30.82	150m: 1:38.91 34.43	250m: 2:48.32	34.78	350m: 3:58.32 35.08		
	100m: 1:04.48 33.66	200m: 2:13.54 34.63	300m: 3:23.24	34.92	400m: 4:29.43 31.11		
5.	WO NIAK, Hubert 02	MUKS "Piłastka" Bydgoszcz	4:29.69 543	1:05.03	1:09.05	1:08.47	1:07.14
	50m: 30.41 30.41	150m: 1:39.25 34.22	250m: 2:47.96	33.88	350m: 3:56.73 34.18		
	100m: 1:05.03 34.62	200m: 2:14.08 34.83	300m: 3:22.55	34.59	400m: 4:29.69 32.96		
6.	ZIELIŃSKI, Patryk 02	KS Poznań	4:34.24 516	1:02.51	1:09.36	1:11.38	1:10.99
	50m: 29.56 29.56	150m: 1:37.09 34.58	250m: 2:47.63	35.76	350m: 3:59.47 36.22		
	100m: 1:02.51 32.95	200m: 2:11.87 34.78	300m: 3:23.25	35.62	400m: 4:34.24 34.77		
7.	KRUPIŃSKI, Wojciech 03	KS Poznań	4:35.03 512	1:05.07	1:10.68	1:11.06	1:08.22
	50m: 30.48 30.48	150m: 1:40.54 35.47	250m: 2:51.24	35.49	350m: 4:01.65 34.84		
	100m: 1:05.07 34.59	200m: 2:15.75 35.21	300m: 3:26.81	35.57	400m: 4:35.03 33.38		
8.	SOŁTYSKI, Dominik 03	KS Warta Poznań	4:35.71 508	1:06.97	1:11.06	1:10.57	1:07.11
	50m: 31.93 31.93	150m: 1:42.29 35.32	250m: 2:53.44	35.41	350m: 4:03.25 34.65		
	100m: 1:06.97 35.04	200m: 2:18.03 35.74	300m: 3:28.60	35.16	400m: 4:35.71 32.46		
9.	MINISZEWSKI, Sebastian 04	MUKS "Piłastka" Bydgoszcz	4:35.98 507	1:04.89	1:11.09	1:11.77	1:08.23
	50m: 30.90 30.90	150m: 1:40.23 35.34	250m: 2:51.92	35.94	350m: 4:03.01 35.26		
	100m: 1:04.89 33.99	200m: 2:15.98 35.75	300m: 3:27.75	35.83	400m: 4:35.98 32.97		
10.	WYSOCKI, Piotr 04	Uks Cityzen Poznań	4:39.80 486	1:06.77	1:10.89	1:11.24	1:10.90
	50m: 31.90 31.90	150m: 1:42.25 35.48	250m: 2:53.14	35.48	350m: 4:04.54 35.64		
	100m: 1:06.77 34.87	200m: 2:17.66 35.41	300m: 3:28.90	35.76	400m: 4:39.80 35.26		
11.	WOJTKOWIAK, Mateusz 03	KS Warta Poznań	4:41.07 479	1:05.71	1:12.01	1:12.14	1:11.21
	50m: 30.67 30.67	150m: 1:41.25 35.54	250m: 2:53.74	36.02	350m: 4:05.88 36.02		
	100m: 1:05.71 35.04	200m: 2:17.72 36.47	300m: 3:29.86	36.12	400m: 4:41.07 35.19		
12.	WŁOCH, Jakub 03	KS Poznań	4:49.59 438	1:06.45	1:14.25	1:15.09	1:13.80
	50m: 30.89 30.89	150m: 1:43.26 36.81	250m:	350m:			
	100m: 1:06.45 35.56	200m: 2:20.70 37.44	300m: 3:35.79	400m: 4:49.59			
13.	BIAŁY, Mikołaj 03	KS Warta Poznań	5:09.95 357	1:11.76	1:19.63	1:20.43	1:18.13
	50m: 33.44 33.44	150m: 1:51.77 40.01	250m: 3:12.23	40.84	350m: 4:31.07 39.25		
	100m: 1:11.76 38.32	200m: 2:31.39 39.62	300m: 3:51.82	39.59	400m: 5:09.95 38.88		
14.	BIELEWICZ, Jan 05	KS Warta Poznań	5:11.32 353	1:13.88	1:18.94	1:20.25	1:18.25
	50m: 34.97 34.97	150m: 1:53.14 39.26	250m: 3:13.51	40.69	350m: 4:32.94 39.87		
	100m: 1:13.88 38.91	200m: 2:32.82 39.68	300m: 3:53.07	39.56	400m: 5:11.32 38.38		
15.	GÓRKA, Tomasz 04	UPKS Wodnik Rawicz	5:14.54 342	1:14.81	1:21.48	1:20.77	1:17.48
	50m: 35.13 35.13	150m: 1:55.22 40.41	250m: 3:16.68	40.39	350m: 4:37.11 40.05		
	100m: 1:14.81 39.68	200m: 2:36.29 41.07	300m: 3:57.06	40.38	400m: 5:14.54 37.43		
16.	DEPA, Mateusz 04	KS Poznań	5:17.89 331	1:14.26	1:22.93	1:23.52	1:17.18
	50m: 33.83 33.83	150m: 1:55.79 41.53	250m: 3:19.07	41.88	350m: 4:40.96 40.25		
	100m: 1:14.26 40.43	200m: 2:37.19 41.40	300m: 4:00.71	41.64	400m: 5:17.89 36.93		
17.	PAWLAK, Wojciech 03	KS Poznań	5:40.33 270	1:16.82	1:27.03	1:29.38	1:27.10
	50m: 35.29 35.29	150m: 2:00.02 43.20	250m: 3:28.30	44.45	350m: 4:58.08 44.85		
	100m: 1:16.82 41.53	200m: 2:43.85 43.83	300m: 4:13.23	44.93	400m: 5:40.33 42.25		
18.	TOMCZAK, Michał 05	Uks Osowa Góra Bydgoszcz	6:25.06 186	1:33.44	1:41.62	1:38.06	1:31.94
	50m: 44.04 44.04	150m: 2:23.60 50.16	250m: 4:03.83	48.77	350m: 5:41.78 48.66		
	100m: 1:33.44 49.40	200m: 3:15.06 51.46	300m: 4:53.12	49.29	400m: 6:25.06 43.28		

Letnie Mistrzostwa Okręgu Wielkopolskiego w Pływaniu
Poznań, 15-16-6-2018

Konkurencja 18, Mężczyźni, 400m dowolny

17 lat i starsi

1.	GRINDALEN SVENDSEN, 00	Kongstenvommerne Fredrikstad	4:05.45	720	59.10	1:03.40	1:02.32	1:00.63
	50m: 28.41	28.41	150m: 1:30.74	31.64	250m: 2:33.65	31.15	350m: 3:36.67	31.85
	100m: 59.10	30.69	200m: 2:02.50	31.76	300m: 3:04.82	31.17	400m: 4:05.45	28.78
2.	URBANIAK, Jan 95	KS Warta Poznań	4:05.50	720	1:00.47	1:01.84	1:02.18	1:01.01
	50m: 29.17	29.17	150m: 1:31.68	31.21	250m: 2:33.38	31.07	350m: 3:36.33	31.84
	100m: 1:00.47	31.30	200m: 2:02.31	30.63	300m: 3:04.49	31.11	400m: 4:05.50	29.17
3.	WARZOCHA, Albert 01	Uks Cityzen Poznań	4:10.73	676	1:00.68	1:03.35	1:03.48	1:03.22
	50m: 28.94	28.94	150m: 1:32.46	31.78	250m: 2:35.41	31.38	350m: 3:39.45	31.94
	100m: 1:00.68	31.74	200m: 2:04.03	31.57	300m: 3:07.51	32.10	400m: 4:10.73	31.28
4.	MUSZY SKI, Jakub 01	MUKS "Piłastka" Bydgoszcz	4:16.68	630	1:02.99	1:05.61	1:05.32	1:02.76
	50m: 30.33	30.33	150m: 1:35.46	32.47	250m: 2:41.38	32.78	350m: 3:46.23	32.31
	100m: 1:02.99	32.66	200m: 2:08.60	33.14	300m: 3:13.92	32.54	400m: 4:16.68	30.45
5.	GŁUSZKOWSKI, Mateusz 01	Uks Cityzen Poznań	4:17.28	625	1:02.83	1:05.65	1:05.47	1:03.33
	50m: 30.36	30.36	150m: 1:35.42	32.59	250m: 2:41.17	32.69	350m: 3:46.42	32.47
	100m: 1:02.83	32.47	200m: 2:08.48	33.06	300m: 3:13.95	32.78	400m: 4:17.28	30.86
6.	RATAJCZAK, Mateusz Sp 01	KS Posnania Poznań	4:26.32	564	1:05.39	1:08.79	1:08.15	1:03.99
	50m: 31.33	31.33	150m: 1:39.44	34.05	250m: 2:48.20	34.02	350m: 3:55.07	32.74
	100m: 1:05.39	34.06	200m: 2:14.18	34.74	300m: 3:22.33	34.13	400m: 4:26.32	31.25
7.	GRZEMSKI, Kamil Sp 01	KS Warta Poznań	4:32.85	524	1:06.15	1:09.35	1:09.85	1:07.50
	50m: 31.64	31.64	150m: 1:40.72	34.57	250m: 2:50.37	34.87	350m: 3:59.82	34.47
	100m: 1:06.15	34.51	200m: 2:15.50	34.78	300m: 3:25.35	34.98	400m: 4:32.85	33.03